



**St. Andrew's
Children's Clinic**

La Clínica

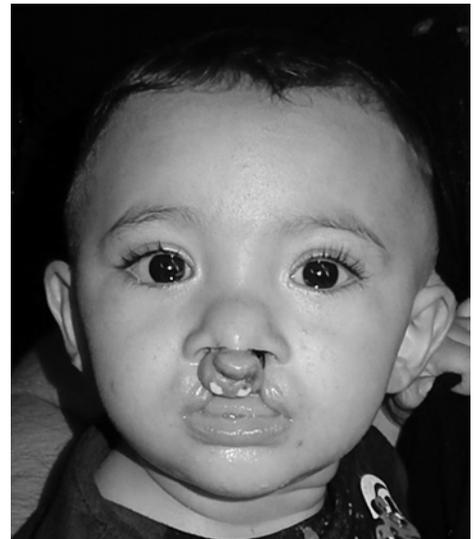
Nogales, Arizona Fall 2016

Cleft Palate/Cleft Lip Mission—October 2016

October 15-19 we will again journey to Hermosillo for our Annual Cleft Palate/Cleft Lip Mission. This is our 12th year of bringing life-changing surgery to children living in Mexico.

His mother is very appreciative of everything that The Clinic and the Annual Cleft Palate/Cleft Lip Mission do for her son. Now that he is beginning to speak, Liahm is a pa-

tients this year who hopes to have surgery in October. He lives in Esqueda, Sonora, a small town south of Agua Prieta, Sonora, and Douglas, AZ. He is 1 year old.



Liahm Vega Moroqui was 10 months old when he went to Hermosillo for surgery. He was born with a double cleft lip and cleft palate.

Doctors repaired both clefts in the lip last year. He will need several more surgeries for the cleft palate; The Clinic is committed to seeing that he gets these surgeries. Please note the beautiful work our surgeons do. On the left, Liahm before surgery at 10 months old. On the right, Liahm at one year, nine months at our September Clinic.

Liahm lives in Imuris, Sonora.

tient in our **Speech Department** where the speech therapists will work with him in pronouncing sounds.

It's not too late to donate for this year's surgeries. Each surgery costs \$1,000, but any amount that you can contribute is greatly appreciated. Your funds will help to pay hospital costs, food and lodging for the medical team, patients and accompanying parents, orthodonture procedures, medical tests, nutritional supplements, speech therapy, and whatever else the patients need.

Brayan Gutierrez is one of our

If you make a donation for the Annual Cleft Palate/Cleft Lip Mission, please write "cleft palate/lip" on the memo line of your check. ¡Gracias!

Like us on Facebook! See more photos and get more news at: St. Andrew's Children's Clinic.

Patients Need Different Services

Jesus Verdugo Gastellum, age 2 years, 11 months, lives in



Navajoa, Sonora. His family traveled 10 hours to see the doctor in the **Orthopedics Department**. No wonder he is sleeping so peacefully on the examination table!

Dr. Francisco Valencia ordered an x-ray of his spine at a local hospital in Nogales, AZ before examining him further. An x-ray costs us about \$55. Jesus has achondroplasia, a form of dwarfism.

Yukary Saidth Vega, age 7, examines her x-ray. She is a patient in the **Orthopedics Department**. She lives in Caborca, Sonora.



Yukary has an underlying bone problem that leaves her susceptible to bone fractures. As a result, she has a deformed hip. She is at Shriners Hospital for surgery.

Shriners Hospitals in Spokane and Sacramento provide free surgeries for our patients. They also send a medical team to our monthly clinic to assess patients and to follow-up after surgery. The Clinic pays air transport-

ation for the patient and accompanying parent. Cost is \$1,000 round-trip for both.

The first stop at each clinic for children age 5 and under is the **Dental Hygiene** table. A fluoride treatment is applied. Children receive a toothbrush and toothpaste. Donations of these are greatly appreciated!



Here dental hygienist Pat Karlsrud applied fluoride to Julie Lopez, age 4. Julie lives in Imuris, Sonora. This project is funded by the program, First Things First.

Pablo Hernandez lives in an orphanage in Nogales, Sonora. He

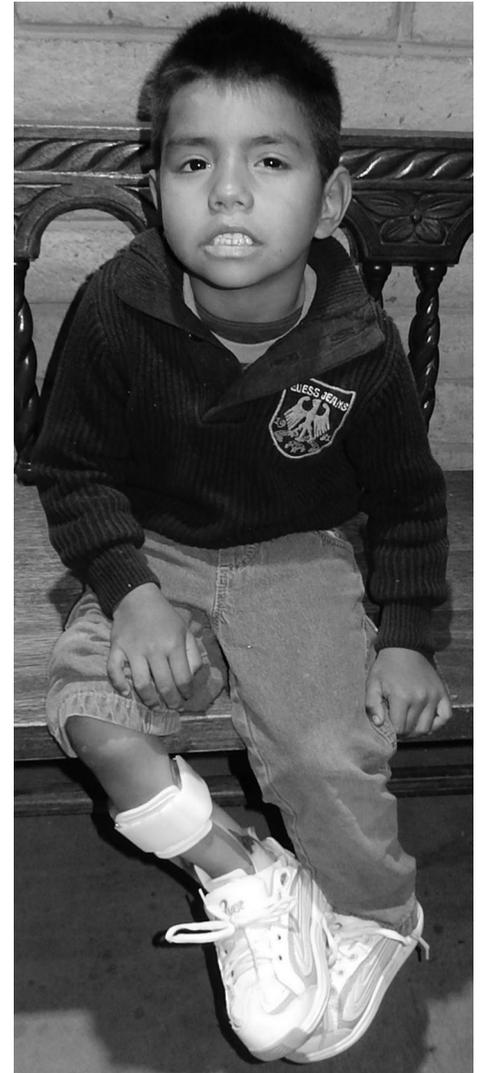


has cerebral palsy and is a neurological patient in the **Pediatrics Department**. Pablo is 7 years old.

Pablo is accompanied by Sister Jacinta of the orphanage.

Manuel Oswaldo Cabrera Lopez is a patient in the **Orthotics & Prosthetics Department**. He wears ankle-foot orthoses (AFOs) on both legs for stability. At the April Clinic he received his first walker, and he was delighted to be more mobile.

Manuel is 5 years old. He lives in Nogales, Sonora.



The AFOs and walker cost \$200-400, depending on type that is needed.

Then and Now

Eduardo Adargo was 4 years old when we snapped this photo of him playing in the rocks in the Church yard as he waited his turn to see a doctor.



Eduardo was born with Down syndrome. He lives in Nogales, Sonora. Through the years he has been coming to The Clinic, he has been a patient in several departments including the **Vision Department** where he was fitted with free eye glasses.

Eduardo is now a patient in the **Augmentative/Alternative Communication Department** since he has limited speech ability. Here, he has learned to use communication devices which



can “talk” for him when he presses the appropriate icon.

At age 15, Eduardo received his first iPad with special communication software in Spanish. He uses it to “talk” to his best friend, Manuel, his mother, teachers, other family and friends. You can see how happy he is as he displays his iPad for all to see!



Above, Eduardo with his best friend Manuel Campos. Manuel is 15, lives in Nogales, Sonora, and has Down syndrome. He, too, is a patient in the **Augmentative/Alternative Communication Department**.

An iPad 4 with sturdy case and beginning software costs about \$500. For more advanced children, we install software upgrades costing about \$200 per child. Because of software incompatibilities, we cannot use iPads that are second hand.

Clinic Wish List

To donate any of the items below, please call the Clinic office in Green Valley at: (520) 648-3242 or e-mail office@standrewsclinic.org

- AA Batteries for speech/language devices
- Bacitracin ointment
- Benefiber, Fibersure or Unifiber (non-gelling)
- Blenders
- Breakfast drinks
- Coloring books and crayons
- Clorox wipes
- Disposable diapers (esp. newborn size)
- Eyeglass frames (children’s, used)
- Hand sanitizers
- Hearing aids (used) and batteries, pref. #13 & #675
- Hydrocortisone (1% ointment)
- Peanut butter
- PediaSure (generic okay)
- Physical therapy (exercise) balls (45 cm & 55 cm)
- Physio rolls “peanut balls” (30 cm & 40 cm)
- Powdered milk
- Prune juice—small cans only
- Simple picture books in Spanish
- Small mirrors & small toys/prizes for homework rewards
- Toys
- Trash bags with drawstring
- Umbrella strollers (available at Wal-Mart)
- Vitamins, children’s chewable with iron
- Wipes
- Ziploc bags—quart size only

Volunteer drivers are needed to transport patients from the Border to the Tucson airport and return.

We also need volunteers for special projects.

To volunteer, call The Clinic office at (520) 648-3242.

Patients Need Different Services

Christopher Moctezuma Guardado of Nogales, So-



nora, shows off his new glasses. He is 7, and the glasses mean he can see the board at school. He is a patient in the **Vision Department** and **Nutrition Department**.

Eyeglasses with donated frames cost \$22. We take donations of children's frames only.



Jocelyn Gaxiola is having her hearing aids checked in the **Audiology Department**. She is 13 and lives in Nogales, Sonora. Some children do poorly in school because they can't hear the teacher. Through our Audiology

Department, we try to find these children and help them.

An ear mold costs \$40. An adapted (used) hearing aid costs \$100. We welcome donations of used hearing aids and new hearing aid batteries, preferably # 13 and 675.

Luz Hernandez is a patient in the **Orthopedics Department** and **Physical Therapy Department**. She has osteogenesis imperfecta, more commonly known as brittle bones disease. Her bones break very easily. She has had several surgeries at Shriners Hospital to have rods placed in her long bones to help stabilize them.

Usually Luz uses a special wheel chair, costing \$500 and up. Recently, she was fitted with a walker in our Physical Therapy Department. The walker costs about \$200. The physical therapist demonstrates how to use the walker. The walker will give Luz greater mobility options.



Alesandra Cecena Gil is blind. She is a patient in the **Vision De-**



partment. She is 3 and lives in Nogales, Sonora.

Above, Alesandra engages in interactive play as she tactually explores beads in a variety of shapes. She slides the beads across tangled wires. This activity helps her to develop fine motor coordination and critical thinking skill.

Patients Need Different Services

Here, physical therapist Nanette Burnett works with Christian Brean from Caborca, Sonora. Both Christian and his twin brother, Bryan are patients in



the **Physical Therapy Department**. They are 7 years old. Both boys have cerebral palsy.

The Physical Therapy Department appreciates donations of physical therapy balls costing about \$20. Balls should be 45 cm and 55 cm. They can also use physio rolls "peanut balls" (30 cm & 40 cm). With donated balls, they can send them with patients to use at home. Our parents are very good at working with their children at home between Clinic visits.

Angel Metzger is 3 and lives in Hermosillo, Sonora. This is about a four-hour trip for him and



his family. He is trying out his first walker in the **Physical Therapy Department**.

Angel has arthrogryposis where the patient has no real knee, elbow, or wrist joints. These children are very bright and figure out ways to eat, drink, and navigate through their lives. He will

need larger walkers as he grows, and these will be provided at no cost to the family.

Kylie Sanchez, age 3, lives in Nogales, Sonora. She has a repaired cleft lip. Here she works with a special software program on a Tablet in the **Speech Department**. Children with repaired cleft



lips need help in learning to pronounce sounds with their repaired lips.

Small mirrors and toys for homework rewards in the Speech Department are appreciated.

Please Visit Us

Clinic Day tours for groups of 4-6 people are offered to the public (please see our calendar on the last page). The Clinic takes place at St. Andrew's Episcopal Church, 969 W. Country Club Drive, Nogales, Arizona. Take exit 8 off I-19 to Country Club Drive (the first traffic light) and turn right. You'll see the Church on the left.

Reservations are needed

for tours. To reserve your place on a morning tour, please call The Clinic office in Green Valley at: **(520) 648-3242** or e-mail: office@standrewsclinic.org

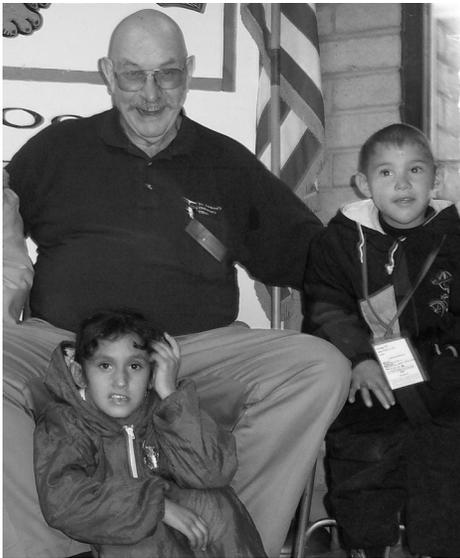
Each tour will begin with a video overview of The Clinic in operation. Then, a volunteer guide will lead the tour through The Clinic. Visitors are asked to refrain from taking photographs without permission.

Please note: From the Welcome Table, you will need to walk several hundred yards over our unpaved, uneven and slightly uphill driveway to the Ramada for the video and beginning of the tour. You will find that there are several congested areas in The Clinic. Please give right-of-way to Clinic patients and volunteers. Thank you!

Vaya con dios Father Ed, our First Executive Director

The Reverend Ed Gustafson died June 28, 2016 in North Las Vegas, NV where he had retired. He suffered from COPD.

When people asked Father Ed about St. Andrew's Children's Clinic, he said, "It was my most important ministry."



Ordained an Episcopal priest, Father Ed came to Nogales, AZ as the Rector of St. Andrew's Episcopal Church. He was told there was a small children's clinic associated with the church, but he didn't have to get involved with it. "Well, I went the first month, and I was hooked." Patient Coordinator, then volunteer, Coca Romero states, "What I noticed about Father Ed was that he talked to all the patients and families. Other people just came and ignored the families."

The first year he drove a van to and from the Border to transport patients and parents who did not have transportation to the Church.

"One day a resident from the University of Arizona College of Medicine asked for my help in getting an MRI for a child. That's when I discovered there was no

formal budget for this organization.

I called together some people active in The Clinic, including some who were members of St. Andrew's Episcopal Church, and suggested they form a Board of Directors and incorporate. That way we could start asking for donations. About that time I applied for 501(c)3 status with the IRS.

I sent out letters to all the Episcopal Churches in the Diocese of Arizona telling them about The Clinic and asking for donations. The money started coming in. We received some nice articles in area newspapers which helped. Then, the Board decided they needed an Executive Director and I accepted without hesitation."

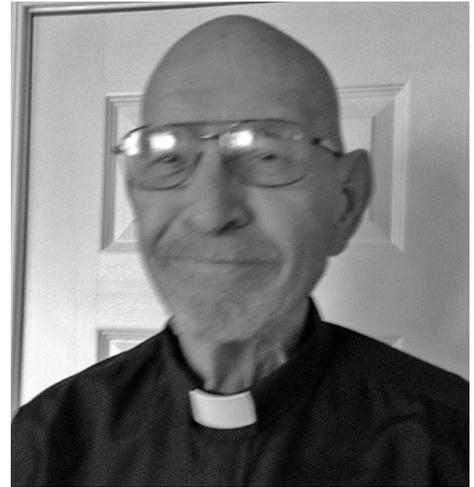
Father Ed was Executive Director from 1993-2003. During that time The Clinic grew from a small two-room clinic with a handful of medical personnel and about 30-40 patients to almost 30-50 medical personnel to handle 225-250 patients at each clinic.

Father Ed began writing grants as well as reaching out to individuals. A newsletter was developed to get the news out to donors. The Clinic developed a Web site.

When the need for surgeries outpaced the hospital and surgeon resources available to The Clinic, he explored setting up a relationship with Shriners Hospitals. Today, a team from Shriners Spokane and Shriners Sacramento alternate months in coming to The Clinic to assess patients for surgery and to follow up on past surgery patients.

During this time, more things were done to help more children. He considered that his legacy. But, he touched the lives of every volunteer involved with The Clinic.

Our Patient Coordinator Coca Romero is the mother of one of



the first seven patients of The Clinic. She enthusiastically joined the volunteers to see that children crossed the Border for their appointments, interpreted, and did whatever was needed to "help the kids." Father Ed saw the important work she was doing, and when the budget allowed, he formalized the Patient Coordinator position and hired her. "He gave me my lifelong career," says Coca.

Dr. Francisco Valencia, who began volunteering as a teenage interpreter, remembers one of Father Ed's favorite sayings, "I am a rich man and someday I'll have money." That was a direct reflection of how fortunate he felt and how much he got back personally from The Clinic. "That had a profound impact on me and helped me to see the treasure returned from working with these children."

Father Ed gave summer employment to Coca's daughter, Laura Romero when she was 16. He taught her important job skills. "More importantly, he had faith in my ability to do the work of The Clinic, then and later when I was asked to be the Executive Director. He never wavered in his faith in me."

¡Vaya con dios, Father Ed!

Patients Need Different Services

Allison Lozano Chaidze is 7 and lives in Guaymas, Sonora. She is a patient in the **Physical Therapy Department**. She has cerebral palsy.



Here, Allison is seated on her father's lap as reassurance while the physical therapist gains her trust to begin the therapy. Also, her father will be observing so he can do the therapy with his daughter at home.

Lizmariana Gonzeles Amador is 10 years old. Her hands are deformed and she is confined to a wheelchair. She is shown here with Dr. Michelle James, a hand specialist at Shriners Hospital, Sacramento.

Lizmariana will go to Shriners Hospital in January or February for hand surgery. While there she will have a consultation with an orthopedic surgeon about her legs.

Lizmariana is a patient in the **Orthopedics Department**. She is 10 years old and lives in Her-



mosillo, Sonora. She is bilingual and speaks English very well. After her time in Sacramento, her English will be even better!

Ways to Give to St. Andrew's Children's Clinic

There are several ways you can give to St. Andrew's Children's Clinic, either directly or indirectly.

- Enclosed envelope; send check or we will charge to your credit card.
- PayPal from our web site: www.standrewsclinic.org. Click on the **Make a donation** button on the Home page and again on the Donation page.
- e-Scrip program; register St. Andrew's Children's Clinic with your e-Scrip account and a percentage of your purchases will be donated to The Clinic. Online, go to: www.escrip.com and click on: **Make a Difference**.
- AmazonSmile; a portion of your purchases will be donated to the charitable organization of your choice. Web address: smile.amazon.com. Choose St. Andrew's Children's Clinic.
- Win a new 2016 Ford Mustang Shelby GT350. Raffle tickets are \$25 or 5 for \$100. Money goes directly to The Clinic. Order from The Clinic office: (520) 648-3242 or e-mail: office@standrewsclinic.org. Compliments of Jim Click Ford of Tucson. Entries must be received by December 9, 2016.

Remember the Clinic with Planned Giving and for Memorials

We now have a Planned Giving brochure that you can request which will give you ideas for how to include St. Andrew's Children's Clinic in your future plans. Contact our business office for a copy: (520) 648-3248; office@standrewsclinic.org. Looking for a way to honor

someone special in your life? A contribution to The Clinic is a nice way to honor someone special—to say thank you, happy birthday, happy anniversary, etc. It will also help patients who need The Clinic's services.

Send your check in the envelope enclosed with this newsletter.

Include the information about the memorial or honoring. The Clinic office will send the person notice of the memorial or honoring. For memorials listed in obituaries, please include our correct name and address: St. Andrew's Children's Clinic, P.O. Box 67, Green Valley, AZ 85622.



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Children's Clinic**

La Clínica

NONPROFIT
ORGANIZATION
US POSTAGE
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www.standrewsclinic.org

Clinic Calendar

The Clinic meets on the first Thursday of every month except July.

- October 6 (Clinic)
- November 3 (Clinic)
- November 18, 9am-noon
(Arizona Hearing Specialists Donation Drive, Tucson & Green Valley)*
- December 1 (Clinic)
- December 4, 2-6 pm (Wine & Cheese Among the Trees, Nogales, AZ)*

*Read more about these events on our Web site.

Publisher: St. Andrew's Children's Clinic
Editor, Writer, Photographer & Layout:
Vicki R. Fitzsimmons

Additional Photographers: Dorothy Sturges
Design/print production: Christina Murrietta,
Busy Bee Printers, Green Valley

The mission of St. Andrew's Children's Clinic in Nogales, Arizona is to provide free, specialized medical care to children living in Mexico who cannot get the care or afford the care they need in their home country.

Juan Carlos Gutierrez, age 7, from Nogales, Sonora. He is pictured with his mother, Lucia Lozano. He had meningitis and suffers from paralysis.

Juan is one of several patients on our Clinic waiting list. We see 225-250 patients each month but cannot accommodate all of those on the waiting list.

We have partnered with American Wheelchair Mission to provide wheelchairs to children on our waiting list. We also receive wheelchairs from this organization for our current patients.



St. Andrew's Children's Clinic receives funding from individuals, churches, organizations, corporations, and foundations. No government funding is received from either the United States or Mexico. Of donations received, 98% goes to direct patient care.

Cruzando fronteras para ayudar a niños minusvalidos de México