


Meals on Wheels delivers to those who
Can't joins us at the center
Call 388-4711 for more in information

Belgrade Senior Center
April 2018 Activities

92 Cameron Ave
Belgrade, MT 59714
388-4711

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 9AM MOVEMENT IN MOTION 12:30 PM HAND & FOOT	3 9 AM YOGA 10 AM FULL BODY AARP TAX HELP	4 9 AM MOVEMENT IN MOTION w/Tiffani 9 AM NEEDLEAIRES FOOD PANTRY 1 PM MOVIE	5 8:30 AM PINOCHLE 12:45 PM BINGO	6 8 AM YOGA 9AM MOVEMENT IN MOTION 12:30 PM PINOCHLE	7
8	9 9AM MOVEMENT IN MOTION 12:30 PM HAND & FOOT	10 9 AM YOGA 10 AM FULL BODY RED ROCKERS @ BROADWAY DINER AARP TAX HELP	11 9 AM MOVEMENT IN MOTION w/ Tiffani 9 AM NEEDLEAIRES FOOD PANTRY 1 PM MOVIE	12 8:30 AM PINOCHLE 12:45 PM BINGO	13 8 AM YOGA 9AM MOVEMENT IN MOTION 12:30 PM PINOCHLE 4-8 PM GAME NIGHT & POT LUCK	14
15	16 9AM MOVEMENT IN MOTION 1 PM BOARD MEETING	17 9 AM YOGA 10 AM FULL BODY 12:30 PM HAND & FOOT	18 HAPPY BIRTHDAY 9 AM MOVEMENT IN MOTION w/ Tiffani 9 AM NEDLEAIRES FOOD PANTRY 1 PM MOVIE	19 8:30 AM PINOCHLE 12:45 PM BINGO BLOOD PRESSURE CK	20 8 AM YOGA 9AM MOVEMENT IN MOTION 12:30 PM PINOCHLE	21
22	23 9AM MOVEMENT IN MOTION	24 9 AM YOGA 10 AM FULL BODY 12:30 PM HAND & FOOT	25 9 AM MOVEMENT IN MOTION w/ Tiffani 9 AM NEEDLEAIRES 1 PM MOVIE	26 8:30 AM PINOCHLE 12:45 PM BINGO	27 8 AM YOGA 9AM MOVEMENT IN MOTION 12:30 PM PINOCHLE	28
29	30 9AM MOVEMENT IN MOTION					31