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Starting Block

WDA teams will be in the Capital City this weekend taking part in the Bismarck Multi-Dual and Bismarck Invite.

Cool down

Minot has won its first three duals...Several Jamestown and Minot swimmers reached state qualifying standards in their dual on Dec. 17...Dickinson competed in its first-ever varsity event as an independent program.

Team of the Week

Minot got off to a quick start with dual wins over Bismarck High, Legacy and Jamestown last week.

Past WDA Champions

2014-15: Minot
2013-14: Minot
2012-13: Minot
2011-12: Minot
2010-11: Minot
2009-10: Minot
2008-09: Minot
2007-08: Minot
2006-07: No Meet
2005-06: Minot

By the numbers

That is the number of individual events Minot won out of 12 in its season-opening win over Bismarck High and Legacy on Dec. 12.

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For more game boxscores and other information, log on to wdasports.org

2015-16 SEASON SCHEDULE/RESULTS

This week's schedule

Friday, Dec. 18

Bismarck Multi-Dual, 5 p.m.

Saturday, Dec. 19

Bismarck Invite, 10:30 a.m.

Tuesday, Dec. 22

Minot @Williston, 6:30 p.m.

Last week

Dec. 12

Century 122, Dickinson 39
Williston 101, Dickinson 60
Century 112, Williston 60
Minot 141, Bismarck High 39
Minot 153, Legacy 22

Dec. 17

Minot 112, Jamestown 74

BISMARCK HIGH: The Demons will host a multi-dual on Friday, Dec. 18 and then compete at the Bismarck Invite the following day. Last week, the squad opened its season with a dual loss to Minot. Josh Kaelberer won the 200 freestyle.

Minot-Legacy Triangular

100 freestyle: 3. Eric Krug, :57.30; 4. Josh Kuhn, :57.48
200 freestyle: 1. Josh Kaelberer, 1:59.14; 5. Damon Ahlgren, 2:12.90
500 freestyle: 4. Josiah Penn, 7:00.05
100 backstroke: 2. Josh Kaelberer, 1:00.83; 5. Josh Kuhn, Bismarck, 1:08.55
200 individual medley: 3. Aaron Sagsveen, Bismarck, 1:14.92; 4. Patrick Malnaa, Minot, 1:15.29. 5. Shawn Holweger, Legacy, 1:19.66. 6. Rucker Glenn, Legacy, 1:19.76
100 butterfly: 5. Joey McGarvey, 1:50.38
200 individual medley: 4. Aaron Sagsveen, 2:33.04
200 medley relay: 2. Bismarck A, 1:51.88; 6. Bismarck B, 2:25.59
200 freestyle relay: 3. Bismarck A 1:52.85
400 freestyle relay: 3. Bismarck A, 3:53.15; 6. Bismarck B, 4:53.37

CENTURY: The Patriots return to the pool on Friday, Dec. 18 for a multi-dual before competing in the Bismarck Invite on Dec. 19. The squad opened its season on Dec. 12 with a triangular with Dickinson and Williston.

Dickinson-Williston Triangular

200 freestyle: 1. Taylor Hedge, 1:57.43; 2. Jayden Porter, 1:59.52; 3. Chris Birnbaum, 2:04.55
200 individual medley: 1. Eric Bergeson, 2:15.17; 2. Malcolm Hunter, 2:21.70; 4. Charles Koebele, 2:23.10; 8. Andrew Peterson, 2:51.23
50 freestyle: 1. Sam Artz, :24.01; 3. Tyler Alme, :25.10; 6. Jaden Rittenbach, :28.09; 8. Trysten Ruhland, :26.85
100 butterfly: 2. Hunter, :59.04; 3. Adam Nodland, 1:01.74; 5. Andrew Peterson, 1:10.30; 6. Will Dorhman, 1:14.04
100 freestyle: 1. Artz, :52.75; 2. Hedge, :52.89; 6. Rittenbach, 1:03.17
500 freestyle: 1. Jayden Porter, 5:24.74; 2. Birnbaum, 5:43.75; 5. Ruhland, 6:26.30
100 backstroke: 1. Koebele, 1:00.90; 2. Ryan Johnson, 1:02.48; 4. Nodland, 1:08.60
100 breaststroke: 1. Alme, 1:04.17; 2. Bergeson, 1:06.45; 5. Lauden Gums, 1:19.57
1M diving: 2. Gage Martin, 179.5 points
400 freestyle relay: 1. Century, 3:39.88 (Artz, Jayden Porter, Chris Birnbaum, Hedge); 3. Century B, 3:58.99 (Koebele, Johnson, Ruhland, Bergeson)
200 freestyle relay: 1. Century, 1:39.30 (Adam Nodland, Eric Bergeson, Chris Birnbaum, Hedge); 4. Century B, 1:47.63 (Hunter, Rittenbach, Ruhland, Alme); 5. Century C, 1:53.92 (Huff Towle, Lauden Gums, Andrew Peterson, Tyler Paczkowski)
200 medley relay: 1. Century, 1:47.88 (Koebele, Alme, Hunter, Artz); 2. Century B, 1:52.32 (Johnson, J. Porter, Nodland, Rittenbach)

DICKINSON: The Midgets will take part in a multi-dual on Dec. 18 and then compete in the Bismarck Invite on Dec. 19. Dickinson hosted Century and Williston in a triangular on Dec. 12. The Midgets dropped both duals.

Williston-Century Triangular

200 freestyle: 5. Legend Jankowski, 1:10.00; 8. Bailey Decker, 2:15.00
200 individual medley: 3. Jacob Ellerkamp, 2:15.92
50 freestyle: 4. Steven Bratten, :25.02; 7. Taven Wilson, :29.27
100 freestyle: 3. Bratten, :55.19; 7. Garrett Brown, 1:17.47
500 freestyle: 6. Decker, 6:41.75; 7. Wilson, 6:50.92
100 backstroke: 6. Jankowski, 1:10.49; 8. Jesse Avina, 1:28.82
100 breaststroke: 3. J. Ellerkamp, 1:07.63; 4. Isaac Ellerkamp, 1:18.63; 8. Liam Williams, 1:34.95
400 freestyle relay: 4. Dickinson, 3:55.00 (Bratten, Jankowski, J. Ellerkamp, Avina)
200 freestyle relay: 6. Dickinson, 1:57.09 (I. Ellerkamp, Liam Williams, Alvina, Brown)
200 medley relay: 3. Dickinson, 1:58.68 (I. Ellerkamp, J. Ellerkamp, Jankowski, Bratten)

JAMESTOWN: The Blue Jays will compete at the Bismarck Invite on Saturday, Dec. 19. The squad opened its season with a strong performance against perennial power Minot on Dec. 17, winning seven events. Cayden won two events, the 200 freestyle and the 100 butterfly.

Minot Dual

50 freestyle: 3. Dan Reimers, :25.17; 5. Jake Lorig, :25.47; 6. Colton Carlson, :25.76.
100 freestyle: 4. Reimers, :58.12; 4. Carlson, :59.58; 6. Lorig, 1:00.42
200 freestyle: 1. Cayden Hare, 1:58.06; 5. Dayden Renwick, 2:09.36; 6. Cole Rasmusson, 2:09.61
500 freestyle: 1. Tyler Bjorgaard, 5:42.61; 5. Renwick, 5:55.95; 6. Cody Lange, 6:03.94.
100 backstroke: 3. J. Flann, 1:03.48; 4. Bjorgaard, 1:10.59; 6. Cameron Winstead, 1:28.61
100 breaststroke: 1. Lange, 1:05.15; 4. L. Flann, 1:24.48; 6. Noah Haglund, 1:34.85
100 butterfly: 1. Hare, 1:00.07; 4. Rasmusson, 1:11.12; 5. Anteau, 1:17.33.
200 individual medley: 2. Jonas Flann, 2:19.4; 5. Luca Flann, 2:37.22; 6. Jacob Anteau, 2:38.39.
200 medley relay: 1. Jamestown, 1:49.20 (Jonas Flann, Cody Lange, Cayden Hare, Jake Lorig)
200 freestyle relay: 1. Jamestown, 1:39.40, (Hare, Lorig, J. Flann, Reimers), 1:39.40; 2. Minot A, 1:43.30; 3. Minot B, 1:43.92.
1-meter diving: 1. Cody Lutman, 259.75 points; 4. Dylan Murchie, 154.35

LEGACY: The Sabers return to the pool this weekend, competing in the Bismarck multi-dual and Bismarck Invite. Legacy opened its first varsity season with a dual loss at Minot.

Minot-BHS Triangular

50 freestyle: 5. Carter Scott, :27.24; 6. Derek Freborg, :30.68
100 freestyle: 6. Shawn Holweger, 1:01.22
200 freestyle: 6. Noah Osborn, 2:27.68
100 backstroke: 6. Carter Scott, 1:18.27
100 breaststroke: 5. Shawn Holweger, 1:19.66. 6. Rucker Glenn, 1:19.76
100 butterfly: 4. Tucker Glenn, Legacy, 1:19.93
200 medley relay: 5. Legacy, 2:21.82
200 freestyle relay: 4. Legacy A, 2:07.78
400 freestyle relay: 5. Legacy A, 4:24.77

MANDAN: The Braves open their season at a multi-dual at Bismarck on Friday, Dec. 18. Mandan will compete at the Bismarck Invite the following day.

MINOT: The Magicians will compete at the Bismarck Invite on Dec. 19 and then take on Williston in a road dual on Dec. 22. Last week, the squad won duals over Bismarck High, Legacy and Jamestown. In the triangular with BHS and Legacy, Gerald Brown won two events, the 200 IM and 100 backstroke. Ben Opozda won the 100 breaststroke and 100 freestyle.

Legacy-BHS Triangular

50 freestyle: 1. Alana Palda, :25.04; 2. Steve Novak, :25.11; 3. Eric Krug, :25.45; 4. Luke Kobes, :25.65
100 freestyle: 1. Ben Opozda, :53.29; 2. Steve Novak, :56.88. 3. Eric Krug, Bismarck, 57.30. 5. Alan Palda, :59.83
200 freestyle: 2. Charlie Wentz, 1:59.49; 3. Taylor Miller, 2:04.86; 4. Easton Evanoff, 2:05.35
500 freestyle: 1. Easton Evanoff, 5:45.56. 2. Taylor Miller, 5:51.77. 3. Connor Templeton, 5:42.59
100 backstroke: 1. Gerald Brown, :53.75; 3. Jordan Hamilton, 1:01.24; 4. Charlie Wentz, 1:03.98
100 breaststroke: 1. Ben Opozda, 1:09.85; 2. Griffin Schaeffer, 1:10.90; 4. Patrick Malnaa, 1:15.29
100 butterfly: 1. Peyton Huss, 1:01.73; 2. Jake Otto, 1:03.63; 3. Griffin Schaeffer, 1:05.72
200 individual medley: 1. G. Brown, 2:03.14; 2. Jordan Hamilton, 2:21.63; 3. C. Templeton, 2:22.70
1-meter diving: 1. Cole Armagost, 223 points; 2. Hudson Wilkerson, 186.5; 3. Trey Krumweide, 165.4
200 medley relay: 1. Minot, 1:48.20, (Brown, Templeton, Palda, Hamilton), 1:48.20; 3. Minot B, 1:55.43; 4. Minot C, 2:03.86.
200 freestyle relay: 1. Minot, 1:41.70 (Opozda, Novak, Palda, Miller); 2. Minot C, 1:47.02
400 freestyle relay: 1. Minot, 3:41.65 (Brown, Miller, Wentz, Opozda), 3:41.65; 2. Minot B, 3:52.89; 3. 4. Minot C, 4:00.01

WILLISTON: The Coyotes will take part in the Bismarck Invite on Saturday, Dec. 19. Williston opened its season on Dec. 12 in Dickinson with a triangular with the Midgets and Century. Williston lost to Century and def. Dickinson.

Dickinson-Century Triangular

200 freestyle: 4. Christian Pfau, 2:10.50; 6. Trevor White, 2:14.00; 7. Parker Krom, 2:16
200 individual medley: 5. Jaxen Bratcher, 2:24.00; 6. Kyle Horob, 2:43; 7. Alex Nelson, 3:59.1
50 freestyle: 2. Logan Senior, :24.63; 5. Tanner Germundson, :26.42
100 butterfly: 1. Rhys Enget, :58.26; 4. Bratcher, 1:05.10
100 freestyle: 4. Senior, :56.09; 5. Nathan Jorgenson, :56.22
500 freestyle: 3. Pfau, 5:55.31; 4. Germundson, 6:10.42
100 backstroke: 3. Enget, 1:04.82; 5. Jorgenson, 1:09.25; 7. Horob, 1:10.77
100 breaststroke: 6. Krom, 1:26.51; 7. White, 1:27.20
1M diving: 1. Josh Pikarski, 204.65 points
400 freestyle relay: 2. Williston, 3:52.02 (Bratcher, Senior, Jorgenson, Enget)
200 freestyle relay: 2. Williston, 1:42.22 (Bratcher, Enget, Jorgenson, Senior); 3. Williston, 1:45.60 (Germundson, Tayder Jones, Krom, White)
200 medley relay: 4. Williston, 2:10.05 (Horob, Pfau, Germundson, Krom)



B SWIM-DIVE WEEKLY RELEASE - DEC. 11

Contact: Matt Mullally, director of sports information - E-mail: wdasports@wdasports.org - Cell: 701.776-5836 - Twitter: @WDAsports

Starting Block

The 2015-16 season gets underway on Saturday, Dec. 12 with triangulars in Dickinson and Minot.

Cool down

Dickinson and Legacy are fielding its own varsity programs...Century has won the last three state titles...The WDA Championships and State Meet are hosted by Bismarck.

Team of the Week

Past WDA Champions

2014-15: Minot
2013-14: Minot
2012-13: Minot
2011-12: Minot
2010-11: Minot
2009-10: Minot
2008-09: Minot
2007-08: Minot
2006-07: No Meet
2005-06: Minot

By the numbers

The WDA begins its 40th season of sponsoring boys swimming-diving.

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For more game boxscores and other information, log on to wdasports.org

2015-16 SEASON SCHEDULE/RESULTS

This week's schedule

Saturday, Dec. 12

Century, Williston @ Dickinson, 10 a.m.
Bismarck High, Legacy @Minot, 1:30 p.m.

Thursday, Dec. 17

Minot @ Jamestown, 5 p.m.

Friday, Dec. 18

Bismarck Multi-Dual, 5 p.m.

Saturday, Dec. 19

Bismarck Invite, 10:30 a.m.

BISMARCK HIGH: The Demons begin their season on Saturday, Dec. 12 with a dual against WDA rival Minot. BHS will then take part in a multi-dual on Dec. 18 and then host the Bismarck Invite on Dec. 19. BHS was 10th at last year's state meet and sixth at the WDA Meet.

CENTURY: The three-time defending state champion Patriots will begin their season on Saturday, Dec. 12 at WDA newcomer Dickinson. Williston will also take part in the triangular. Century will then take part in a multi-dual on Dec. 18 and the Bismarck Invite on Dec. 19.

DICKINSON: The Midgets will begin their first varsity season by hosting defending state champion Century on Saturday, Dec. 12. Dickinson, which co-oped with Williston, is fielding its own program. The squad will take part in a multi-dual on Dec. 18 and then compete in the Bismarck Invite on Dec. 19.

JAMESTOWN: The Blue Jays open their season on Thursday, Dec. 17 by hosting perennial power Minot. Jamestown will then take part in the Bismarck Invite on Dec. 19. The Blue Jays placed ninth at last year's state meet and were fifth at the WDA Meet.

LEGACY: The Sabers will be competing in their first full varsity season. The squad will open its season taking part in a triangular at perennial power Minot on Saturday, Dec. 12.

MANDAN: The Braves open their season at a multi-dual at Bismarck on Friday, Dec. 18. Mandan will compete at the Bismarck Invite the following day. Mandan placed 12th at last year's state meet and third at the WDA Meet.

MINOT: The Magicians open their season at home on Saturday, Dec. 12 hosting Bismarck High and Legacy in a triangular. The squad will then be on the road for a dual at Jamestown on Thursday, Dec. 17 before going to the Bismarck Invite on Dec. 19. The Magi finished second at the 2015 state meet and won the WDA title.

WILLISTON: The Coyotes begin their season on Saturday, Dec. 12 with a triangular at Dickinson. Williston will then compete in a mini-dual at Bismarck on Friday, Dec. 18 and then take part in the Bismarck Invite on Saturday, Dec. 19. The Coyotes were 11th at last year's state meet and fourth at the WDA Meet.