








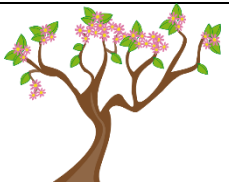




Belgrade Senior Center – MARCH 2019 Menu

Meals are served at noon, 12 pm, Suggested donation for 60+ years young is \$4.00 and for those under 60 years is \$6.00

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Salad Baked Potato Bar Dessert	2 
3	4 Salad Oven Fried Chicken Cheesy Grits Vegetables Dessert	5 Salad Pork Roast Potatoes Vegetables Dessert	6 Salad Goulash Vegetables Dessert	7 Salad Chicken Chow Mein Egg Rolls Dessert	8 Salad Burgers Tator Tots Vegetables dessert	9
	11 Salad Turkey Pot Pie Vegetables Dessert	12 Salad Pulled Pork Sandwiches Chips Vegetables Dessert	13 Salad Hot Beef Sandwiches Mashed Potatoes Vegetables dessert	14 Taco Salad Dessert	15 Salad Fish & Chips Vegetables Dessert	16 
17 	18 "St Patrick's Day" Corned Beef & Cabbage Vegetables Dessert	19 Salad Pizza Vegetables Dessert	20 First Day of Spring "Birthday Celebration" Salad Meatloaf Potatoes Dessert	21 "Breakfast Club" Salad Chicken Strips Potatoes Vegetables Dessert	22 "Around the World" Russia Salad: Olivier Solyanka- Hardy Stew Dessert: Russian Cream	23 
24	25 Salad Chicken Fried Steak Potatoes Vegetables Dessert	26 Salad Tuna & Noodle Casserole Vegetables Dessert	27 Salad Ham Sweet Potatoes Vegetables Dessert	28 Salad Shepherd's Pie Vegetables Dessert	29 Salad Clam Chowder Grilled Cheese Sandwich Dessert	30
						

BE SURE TO CALL BEFORE 10:30 AM TO SIGN UP FOR LUNCH