



Message from our CEO

Behind the scenes, ACTS has been working on plans to renovate our Firemen's Hall Drop-In Center to become the first Clubhouse in Hillsborough County. The Clubhouse Model was established on the belief that all members can recover from mental illness and lead successful and meaningful lives in the community. Clubhouses are a restorative community that believe in the power of work and relationship building as an integral part of one's recovery. Our goal is to have the Clubhouse open in Spring 2022. The Hillsborough County Clubhouse would not be possible without the support of Central Florida Behavioral Health Network, Hillsborough County Social Services, ACTS Board of Directors and HOPE. In the last several months, I have visited other Clubhouses in the area including the Vincent House in Pasco County and the Academy at Glengary in Sarasota. I saw firsthand how Clubhouses help members become productive citizens of society and I can't wait for Hillsborough County to have its own Clubhouse. Check out [this short video](#) which shows our renovated design concept and a little background about the Clubhouse Model.



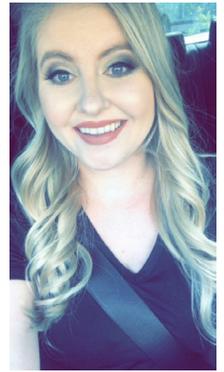
Hidden Springs Ale Works Donates to ACTS

In May, during Mental Health Awareness Month, local brewery Hidden Springs Ale Works in Tampa selected ACTS and Hope for the Day to be recipients of a percentage of proceeds from the sale of "Things We Don't Say" IPA. Founders, Josh and Jacqui Garman, chose to be a part of the "Things We Don't Say" beer project because they believe mental wellness matters. This project reminds everyone that we all have something we might hold back or choose not to say. "It's okay to not be okay" sometimes. "Thank you to Hidden Springs Ale Works for selecting ACTS as one of the nonprofits this month," said Asha Terminello, ACTS CEO. "It's important to know that there is help out there for mental health and substance use issues – it's OK to not be OK and ACTS is here to help you."



Meet Jessica Wolff

Jessica Wolff is the Program Director of the Hillsborough County Juvenile Assessment Center, which serves as the central receiving for law enforcement to bring youth who offend. The typical age for a youth brought to the JAC is 12 – 17. After COVID and revisions to the civil citation program in Hillsborough County, about 150-180 youth are brought in monthly now by law enforcement. Charges run the gamut from battery and burglary all the way to homicide and youth are typically at the JAC for less than 6 hours. Previously, she has held many other positions at the JAC. “I started as an intern and have held every other role at the center but two in the nine years I have worked at ACTS.” In her current position, she performs mostly administrative task and she is also a certified trainer in several different areas. “One of my favorite parts of my jobs is having the opportunity to train staff so they are able to do their job to the best of their ability,” Jessica said. Since Jessica has been at the JAC, she helped pilot the health coach program and served as the first program supervisor. “I enjoyed helping start a program with health coaches providing HIV/STD Screenings to youth who want to take it. Through that program, our coaches also counsel clients and give them resources to hopefully prevent future STDs.” Thank you, Jessica for all that you do for ACTS!



June is Post Traumatic Stress Disorder Month

Any experience that threatens your life or someone else’s can cause Post Traumatic Stress Disorder (PTSD). These types of events are sometimes called trauma. Types of traumatic events that can cause PTSD include:

- Combat and other military experiences
- Sexual or physical assault
- Child sexual or physical abuse
- Serious accidents, like a car wreck
- Natural disasters, like a fire, tornado, hurricane, flood or earthquake
- Terrorist attacks
- Learning about the violent or accidental death or injury of a loved one

During this kind of event, you may not have any control over what is happening and may feel very afraid. Anyone who has gone through something like this can develop PTSD. If you need to talk, ACTS is here. Call us at 813.246.4899.

For More Information

ACTS, Agency for Community Treatment Services, Inc., is a non-profit serving the Tampa Bay area since 1978. As a comprehensive, community-based behavioral health organization, ACTS mission is to apply the best of contemporary physical and behavioral health interventions and social support services available to assist individuals and families to engage and succeed in recovery. Call us today to find out how we can help you - 813.246.4899 or visit us online at www.actsfl.org.

