

Infant Massage

4 Hour Continuing Education

Date: Thursday, September 30th, 2021 - 8:30 AM to 12:30 PM

Location: Empowered Healing Institute, 1615 32nd St NE, Cedar Rapids, IA 52402

Instructor: Katie Metcalf BBA, LMT, Birth Doula

Price \$80

Description:

This continuing education course reviews the history and beneficial uses of infant massage. Included are a collection of techniques used to administer infant massage & educate parents/caregivers/adults with helpful tips to continue meaningful touch at home. Contraindications and precautions for infant massage should be followed closely.

Objectives:

By the end of the course, Participants will be able to:

- Correctly administer a full body infant massage
- Identify benefits & contraindications of infant massage
- Understand the history & origins
- Communicate the importance of positive touch in the mutual hormonal, emotional, and social adjustment for parents and infants.
- Identify children's nonverbal cues and structure the treatment protocols around them.