



Skill and Faith Athletes (S and F Athletes)

Thank you for your interest in Skill and Faith Athletes. My name is Richard Foster, and I am the founder and Executive Director of S and F Athletes. We are working hard to make a difference in the community and need your support! I thank you in advanced for your time and heartfelt consideration. Remember everyone benefits when a CHILD succeeds.

About US

S and F Athletes began in 2011 out of a dream to build a community where ALL children have an opportunity to succeed. We are a 501(c)(3) designated non-profit organization that provides after school mentoring program to youth 1 – 6 grades, ages 6 - 12 within the City of Irving, TX. In our first four years, we worked with approximately 28 High School students. In that time, we saw 26 students successfully graduate and 14 continue onto college. While our success rates are markedly higher than the average, we recognized that we can make an even greater impact if we reach the students at a younger age. As a result, we redirected our focus to younger students. Since our launch, we have expanded our service through community partnerships with Georgia Farrow Recreation center in Irving, the Irving Police Department, The Study USA and AT&T Pioneers. Through our curriculum and programming, we help our youth develop and maximize their full potential in academic, character, life skills, sportsmanship and health and wellness. At S and F, our heart beats to help our youth.

What's in a Name?

S = Skill – your ability F = Faith – your confidence Athletes – willing to compete

Accomplishments

S and F has provided over 9000 hours of programming to over 225 students in elementary, junior and High School.

Vision

Building character in our children creates a successful future and everyone benefits when a child succeeds.

Mission Statement

Skill and Faith Athletes molds young men and women into well rounded individuals by teaching life skills and developing their passion for education, technology, health and wellness.

After School Program

S and F Athletes Mentoring Program goal is to shape the whole child by helping to develop the child's cognitive ability, social skills, emotional skills, physical development and to have a healthier relationship with peers, parents, other adults, school and communities. Our Program focus were developed for mentoring to at-risk youth, grade 1st -6th, age 6-12 in low income areas and single parent households.

Curriculum

Our curriculum is uniquely designed to grow our future generation into well rounded individuals using age appropriate content and activities that will help youth gain a better understanding of themselves, their parents, peers, teachers, and help develop their social and emotional skills. And appreciate their culture.

Objective

Use age appropriate content and activities to prepare youth in becoming self-discipline, self-sufficiency, stress resistance and building healthy relationships.

The Program Focus

Academic, character building, life skills, health and wellness, sportsmanship, technology, case management and parent workshops.

Demands

To execute our vision, we require financial support and volunteers. In this regard, we aim to:

- Increase financial support through Foundations, Grants, Churches, Individual giving, Corporate giving, Events and programs
- Increase the number of mentors, tutors and volunteers and provide transportation.
- Help strengthen our curriculum incorporating the Character development & leadership curriculum.

How we Measure

- Report card, weekly program and school attendance & parent and mentor questionnaire.

Benefits

- Believe, Belong and Become men and women of character.
- Break the chain of poverty.
- Enhance self-esteem, self-confidence, and improve interpersonal skills.
- Improve relationships with parents, teachers, and peers.
- Decrease teen pregnancy, gang activity, delinquent behaviors, and likelihood of initiating drug and alcohol use.
- Help lower dropout rate and increase college enrollment rates and higher educational aspirations.
- Help decrease youth crime and increase community safety.
- Help decrease negative peer pressure.
- Help build sportsmanship.

Connecting Youth & Families to Opportunities that Support Future Successes!
S and F Athletes, c/o: The Study USA, 801 W. Irving Blvd, Suite 200, Irving, TX 75060
Email: rfoster@sfathletes.com website: www.sfathletes.com



Financial Support

Your contribution will support our programs, staff, instructors, coaches, mentors/tutors, supplies, transportation, uniforms and food. Your financial support will help increase the quality of life for disadvantaged, at-risk youth and single parent. If you have any questions or concerns, please feel free to reach out. Thank you

Donation: Any donations of any amount we welcome and very thankful you trust and belief in our cause to help us be a blessing.

- Go to www.sfathletes.com to make your donation to support S and F Athletes and Be A Blessing Challenge
- Please help support **Be A Blessing Challenge**. For more information, go to www.beablessingchallenge.org
- Please join our Google classroom at <https://classroom.google.com/u/0/c/NjYzNjg4MTAxMzla> and class code 3e7ywsj.
- Please join our Virtual Mentoring (Family Happy Hour) every Thursday at 7:30 p. For more information, go to our Google Classroom.

Instructions for Kroger Community Rewards Supporters:

- Go to www.KrogerCommunityRewards.com to link your Kroger cards to S and F Athletes (#HH056) and each time you use it, S and F will receive a donation at no cost to you!
- All supporters must have a registered Kroger Plus card account online to be able to link their card to S and F Athletes organization.
- If you do not have a Kroger plus card, you can obtain one by creating an account online or at any Kroger store. It will take about 10 minutes of your time to create a new account.
- Already have a Kroger account. Go to www.KrogerCommunityRewards.com, click on Community, then on Community Rewards" then click on enroll now, complete personal information, click on save.
- Enter S and F Athletes organization's number (HH056) and then click on "Search". Select your organization and "Save".
- To verify that you enrolled correctly, you will see your organizations name on the right side of your account settings page.
- Once you are linked, you can start earning rewards immediately toward the organization you are supporting.

Volunteer Support

Your compassion, unselfish caring, patience, and just plain loving one another reflect this nation's. You make a living by what you get. You make a life by what you give. Please join our family in volunteering your valuable time to help us create a safe, challenging, inspiring and fun environment that will help give all children an opportunity successful.

Events Volunteer

- AT&T duties: Work cash register – to be on a cash register, you need to be TABC certified. To become certified, go to www.tabconthefly.com.
A runner – will fit drinks, gather food order for the customers, re-stock (cups, cups lids, chips, ice and cooler) as needed and some cleaning.
Work the kitchen with the chef - wrap burgers, chicken sandwich, hot dogs & sausage and prepare Philly steak. All items to be place in window for pick up.
Attire: Black pants (no jeans or leggings), black or white t-shirt and black tennis shoe.
Location: 1 AT&T Way, Arlington, TX 76011
- S and F event duties: Help with setting up and breaking down, serving food, monitoring a station if needed and some cleaning.
Attire: Business casual. Depend on the event please ask concerning Jeans and t-shirt.
Location: TBA, Irving
- Community Service Hours you can earn if needed.

Program Volunteer for S and F After-school programs and organization.

- Mentors Volunteers is needed and is asked to commit at-least six-week, one day per week for an hour (our program is 32 week program) Start date: September 28, 2020 and end May 21, 2021) and start time is 4:30 p.
Age requirement is 16 and willing to work with kids from 5 to 12 ages, 1st to 8th in grade, able to lecture, lead discussion on topic and relate the topic to their life in a group setting and help with homework.
Coaches that is willing to teach fundamental and educate a child on the sport they coach.
Instructors that is willing to teach a skill or their craft.
Location: Georgia Farrow Rec. Center, 530 Davis Dr. Irving, TX 75061
- Administrative Volunteer will assist with operational responsibilities, making phone calls, sending & answering emails, making copies when needed, making appointment for Executive Director, grants research, help with event planning when needed.
- Guest Speaker that is willing to speak on lesson topic for 30 to 35 minutes in person or at time do to Covid-19, Virtual and both is in a group setting.



Connecting Youth & Families to Opportunities that Support Future Successes!
S and F Athletes, c/o: The Study USA, 801 W. Irving Blvd, Suite 200, Irving, TX 75060
Email: rfoster@sfathletes.com website: www.sfathletes.com