

Aiding Independence Newsletter

August 2024

This months out and about..



Sandra & Mariannes trip to Vue



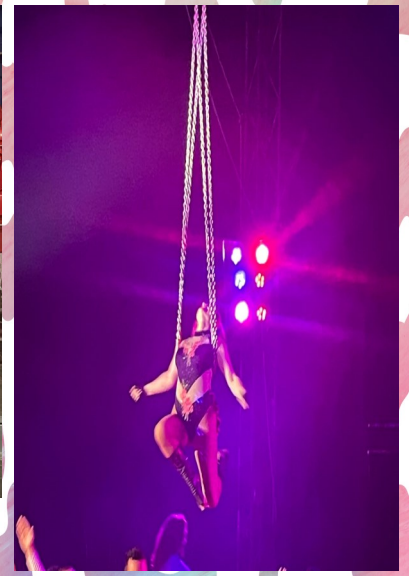
Leanne, Neil & Danielle took up the Shaun the Sheep challenge in Maidstone.

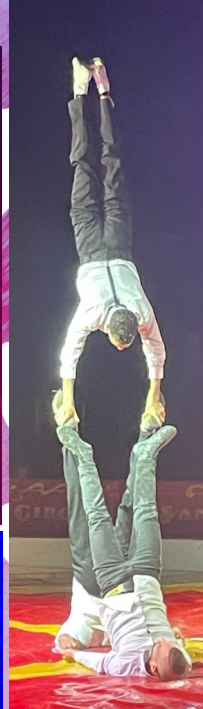
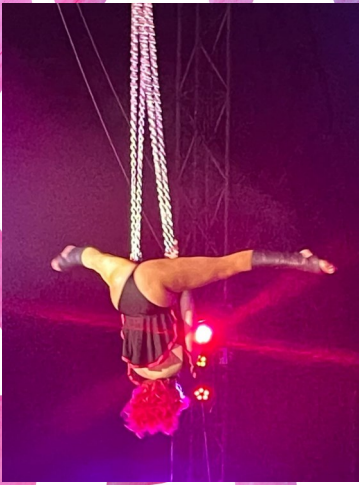
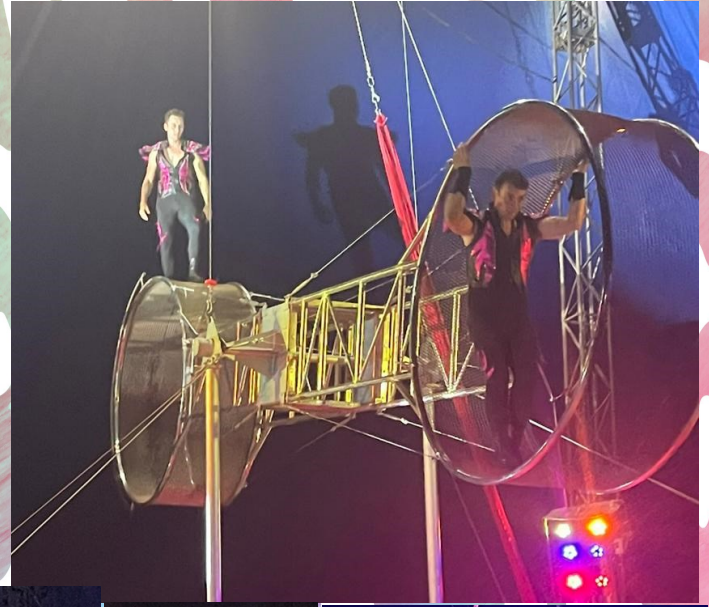
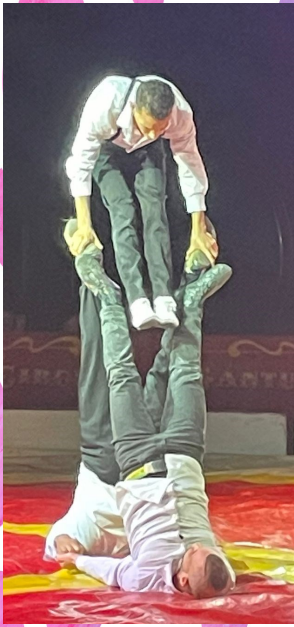


Mark out foraging for blackberries.



Nicola, Stephanie and Marie's trip to the Circus.





Daniel enjoying Margate Pride.
Shirley took part in Herne Bay Carnival supporting the Guardian Angel Dog Rescue she volunteers with.



Kim appearing as the queen of hearts at Herne Bay Carnival



Jessica having a mermaid moment on the rocks at Reculver.



Joe, Daniel and Alan's trip to see Paloma Faith at Dreamland.



Lucy getting her lengths in at the swimming pool.



Tuesday's Movers, Joe and Hayley having some lunch and painting in the woods after exploring.



Elisabeth and John on their date at Hollywood bowl.



Shirley showing off her new hair cut

Dolly enjoying a walk and the weather in Reculver.



Ladies that lunch....Nicola, Stephanie & Marie.



Joe getting some fresh air and exercise on his bike ride.



Sarah creating her masterpiece at The Activity Box.



Dolly came across this very pink car whilst in Sandwich.



An evening stroll along Westcliff topped off with an ice-cream for Natalie, Laura, Elisabeth and Amy



A sunset walk along the beach for Robert.



Never too old to enjoy the swings... Lauren reaching for the sky.



Bryan celebrated his Birthday with a day out at Dymchurch.



Wednesday's Walkers stopped for a picnic in the park and came across these working model boats on the pond.



Paul at his new job.

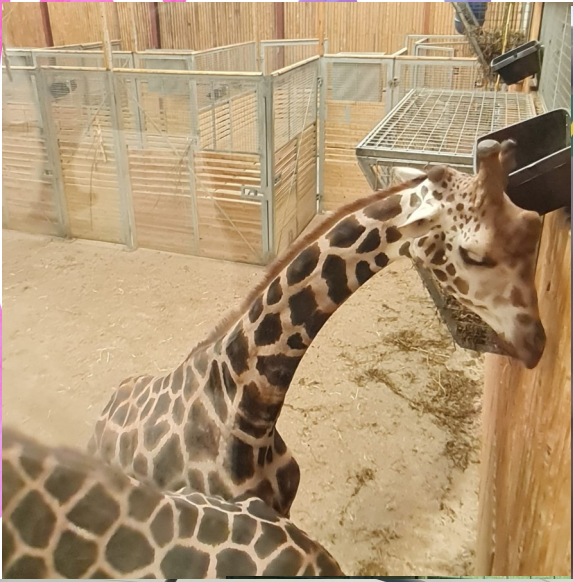


Nicola & Shirley displaying the cakes they made for their bake sale, cake stall at the summer fete



Sam, Marc & Robbie had a day at Wingham Wildlife park.



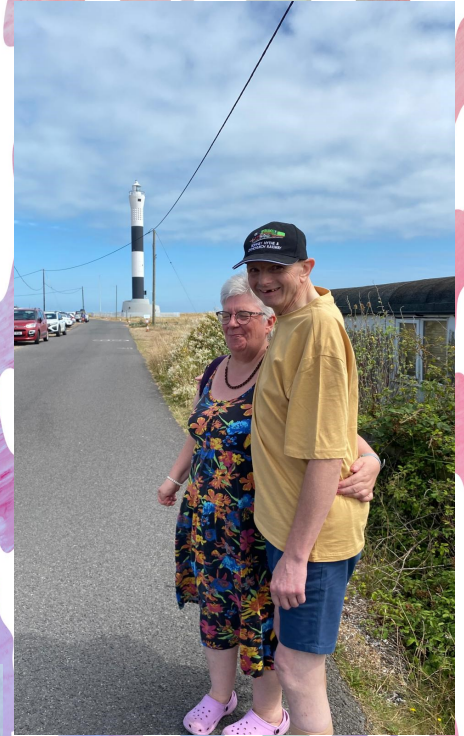


Natalie, Elisabeth, Amy & Laura at the Kings Hall to watch Peter Pan.



Gill on holiday at Great Yarmouth

Colin & Shirley's holiday to New Romney.





August Birthdays...



Laura celebrated her birthday meal dining out with Natalie, Elisabeth & Amy

Lucy celebrated her birthday with a meal with Mark and Hayley.

Goings on at home....



Pauline made a beautiful fish pie.



Lauren making ham pineapple & mushroom pizza from scratch.



Robert working hard doing a great job on mowing the lawn.



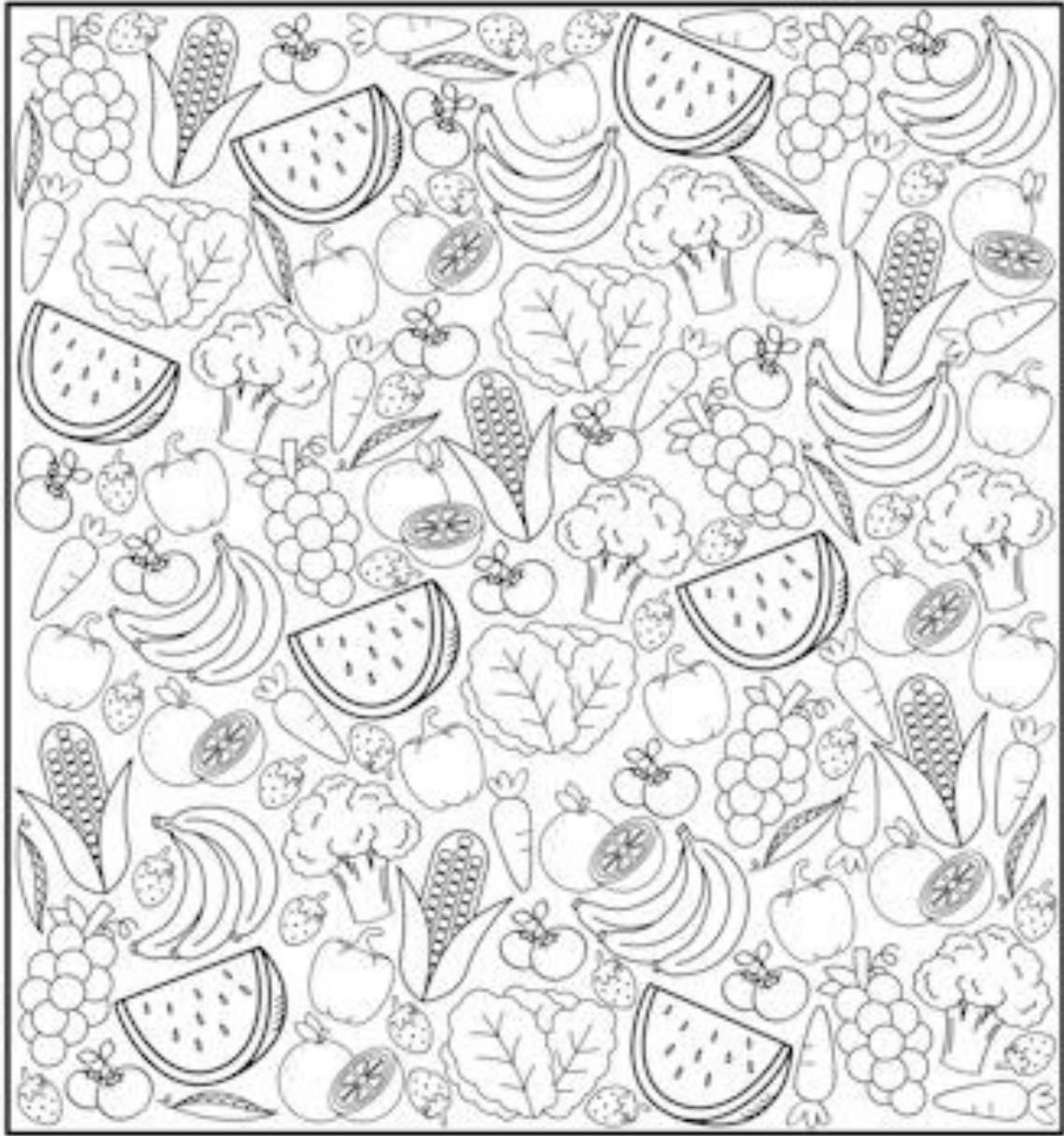
Sea Creatures

Crossword
Puzzle

The crossword puzzle grid consists of 12 numbered squares corresponding to the sea creatures:

- 1: Starfish
- 2: Octopus
- 3: Shark
- 4: Turtle
- 5: Whale
- 6: Crab
- 7: Walrus
- 8: Jellyfish
- 9: Fish
- 10: Seahorse
- 11: Seal
- 12: Crab

I SPY Fruits & Veggies



Search and color these 12 items - How many of each can you find?



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