

KARNATAKA STATE DIPLOMA IN NURSING EXAMINATION BOARD

GNM ANNUAL EXAMINATION - August 2016

1st Year Paper - III Fundamentals of Nursing

(Fundamentals of Nursing, First Aid & Personal Hygiene)

Time: 3 hours

Max. Marks: 75

SECTION-I

I. Write the Meaning for the Following:

1 x 4 = 4

- a. Emollient b. Asphyxia c. Splint d. Afebrile

II. Fill in the Blanks:

1 x 4 = 4

- a. The Primary source of data is _____
 b. The Pioneer of Modern Nursing is _____
 c. Lack of roughage in the diet leads to _____
 d. Bleeding from nose is known as _____

III. Write short notes on any Four of the following:

4 x 4 = 16

- a. Nursing management of client with dehydration
 b. Sterilization Techniques
 c. Role of Nurse in discharge procedure
 d. Menstrual hygiene
 e. Care in Rigor

IV. a. Define Health
 b. Explain about determinants of Health

1 + 6 = 7

V. a. Define Cross infection
 b. List the prevention of cross infection
 c. Explain about barrier nursing

1 + 2 + 4 = 7

or

- a. Define Insomnia
 b. List the causes for Insomnia
 c. Enumerate the nursing measures to induce Insomnia

SECTION - II

VI. Choose the correct answer from the following:

1 x 3 = 3

- a. Benedict's solution is used in test of
 i. Urine for albumin ii. Urine for sugar iii. Urine for ketone bodies iv. Urine for reaction
 b. Dyspneic patient can have the best position is
 i. Prone position ii. Left Lateral iii. Supine position iv. Fowler's position
 c. Anoxia Means
 i. Absence of O₂ in tissues ii. Presence of oxygen in tissues
 iii. Lack of O₂ in tissues iv. Oxygen in blood

VII. State whether the following statements are true or false:

1 x 4 = 4

- a. Random specimens are collected only at one time.
 b. Poison can be neutralized by using specific antidotes.
 c. Knee chest position is used to examine rectum.
 d. Heat regulation centre is hypothalamus.

VIII. Write short notes on any Four of the following:

4 x 4 = 16

- a. Health Care Team b. Importance of records and reports
 c. Cold applications d. Prevention of Decubitus Ulcer
 e. Care of Body after death

IX. a. Define Incontinence of Urine
 b. Enumerate the causes of incontinence of urine
 c. Write various methods to prevent and treat incontinence of urine

1 + 2 + 4 = 7

X. a. Define Accidents.
 b. What is the first aid management for accidents in case of conscious patients.
 c. What is the first aid management for road traffic accidents.

1 + 2 + 4 = 7