



PARISH OF OUR MOTHER OF PERPETUAL HELP
Redemptorist Community
Rev. Fr. Joseph Stephen, C.Ss.R. (Parish Priest)
Rev. Fr. Patrick Massang, C.Ss.R. (Assistant Parish Priest)

Address: 19-21, Jalan La Salle, Ipoh Garden, Ipoh, Perak/1, Jln Serindik, Ipoh Gdn., Ipoh
Tel. Nos.: (office – 05 5458220) (Fax: 05 5468495) **website:** omhip.org
ANNOUNCEMENTS:

2nd FUND RAISING PROJECT.....

In 2023, the Parish Council approved to undertake two projects.

First project was to install the air-conditioning in the church that was completed last year.

The *second project* is to extend our St.Gerard's Cafeteria which we use almost on a daily basis.

We plan to raise the funds by having a **Banana Leaf LUNCH on Sunday, 5 May, 2024 from 11.30 a.m. till 2.30 p.m.**

at OMPH parish hall.

Those who have not bought; give yourself a treat. **Closing day**

for the Sale of Tickets will be on Sun. 14 April, 2024.



Join in the best delicious and sumptuous lunch on 5/5/2024.

OMPH QR code accepts donation from any banks & e-wallet.

The QR code is displayed on the Notice-Board and around the church for your kind donation. Every cent helps us maintain our building, our facilities and compound.

Thank you. (Parish priest)

Lenten Campaign ENVELOPES

Please hand in your lenten campaign donation envelopes by 24 March, 2024 at the parish office.

PASSION SUNDAY/PALM SUNDAY –

Sat. 23 March @ 5.45p.m &
Sun.24 March @ 7.45 a.m. in
english.

@ 9.45 a.m. in Tamil.

@ 11.30 a.m. in Mandarin.

Blessing of palm leaves will be held outdoor followed by procession to OMPH church for the Eucharistic celebration. Please bring your own palm leaves.

• REHEARSAL FOR ALL MINISTERS INVOLVED IN EASTER VIGIL

There will be a practice on Sun. 24 March, 2024 at 3 p.m. in church.

• REHEARSAL FOR THE RCIA "Elects"

on Sun. 24 March, 2024 @ 2.30 p.m. in church. Elects and Sponsors are to be present.

PARISH ACTIVITIES & MEETINGS:

(March/April/May, 2024)

- * 24/3/2024 - 9.45 a.m. – Sun. Catechism (Pastoral Centre)
- 2.00 p.m. - Rechoso practise (parish hall)
- 2.30 p.m. - Elects rehearsal (church)
- 3.00 p.m. – Easter Vigil ministers rehearsal (church)
- * 24/3/2024 - 4.00 p.m. – Choir (C) (Senali Rm.)
- * 24/3/2024 - 6.00 p.m. – Sunset choir practice (church)
- * 26/3/2024 - 8.00 p.m. - Legion of Mary (C) (St.Mt. Rm.)
- * 30/3/2024 - 10.00 a.m. – Rechoso practise (church)
- * 31/3/2024 - 4.00 p.m. – Choir (C) (Senali Rm.)
- * 1/4/2024 - 7.00 p.m. -CCR practise (church)
- * 2/4/2024 - 8.00 p.m. – Legion of Mary (C) (St.Mt.Rm.)
- * 3/4/2024 - 7.30 p.m. - CCR (E) prayer meeting (church)
- * 4/4/2024 - 8.00 p.m. – RCIA (E) (St.Mk.Rm.)
- 8.00 p.m - RCIA (BM) (ven Francis Xavier Rm.)
- 8.00 p.m - RCIA (T) (St.Paul Rm.)
- * 5/4/2024 - 8.00 p.m - RCIA (C) (ven Francis Xavier Rm.)
- * 6/4/2024 - 12.00 p.m - Infant Baptism session (St.Mk.Rm.)
- * 8/4/2024 - 7.30 p.m. - Caritas OMPH (St.MkRm.)
- * 8/4/2024 - 8.00 p.m. – Chinese Apostolate (ven Francis Xavier Rm.)
- * 8/4/2024 - 7.00 p.m. -CCR (E) practise (church)
- * 9/4/2024 - 8.00 p.m. – Legion of Mary (C) (St.Mt.Rm.)
- * 10/4/2024 - 7.30 p.m. - CCR (E) prayer meeting (church)
- * 4/5/2024 - 8.00 p.m. - Combined Liturgical Comm. (St.Mk.Rm.)
In preparation for Feastday

BIBLE REFLECTION & HOME-GATHERINGS:

ETERNAL HAPPINESS TO:

- + Irene Wong Ah Leng departed on 14 March, 2024.
- + Rosalind Chin Ewe Foon-Hui departed on 15 March, 2024.
- + Robert Looi Kim Kooi @ Ah Kau departed on 20 March, 2024.



Every last Friday at

8.00 p.m.in St.Mark's room.
All B.E.C. leaders, please take note that the Parish is trying to revive the B.E.C.s of all language groups.
Kindly inform the parish office to insert into the bulletin of your BEC monthly meetings.

EVENING FOR THE ENGAGED 2024

Couples planning to get married in the year 2024, please take note of the EE Weekends held in english during the year.

You are requested to register six (6) weeks before the weekend

EE139	10-12 May, 2024
EE140	9 – 11 Aug.,2024
EE 141	8-10 Nov.,2024

For **Tamil marriage preparation** course 2024 –

Dormitory St.Anne, Bukit Mertajam	May 25 & 26
	Aug 24 & 25
	Nov 16 & 17
	(Closing date on: 1st day of each month)

Please see your Parish Priest for registration.

MARRIAGE: Please contact the Parish Priest at least SIX MONTHS in advance.

EVENTS:

MARRIAGE VOW RENEWAL

(date) Sunday, 7 April, 2024.
(venue) Church of St.Michael, Ipoh.
(time) 5.00 p.m. Mass followed by Buffet dinner.

(Buffet dinner Ticket) RM 20/-
Contact: Joseph Venis (012 2351298/
Isaac Jenny (012 5053116).

Online Registration:
<https://form.gle/Z4dS7HAFv8Mck06H8>

CHRISTIAN MEDITATION TIME

All are welcome to join the Christian Meditation group which meets
* **EVERY SATURDAY** AT 11.00 A.M. – 12 NOON in the Meditation room.

BAPTISM: Please contact the Parish Priest at least ONE MONTH in advance. Next Infant Baptism will be on Sun. 7 April, 2024 during the 8 a.m. Mass.

OMPH Catholic Charismatic Renewal Group WEEKLY PRAYER MEETINGS

ALL ARE WELCOME to CCR PRAYER Meeting on Wednesdays @ 7.30 p.m. Join us in praise and worship, intercessory prayers, ministering and Word of God.

LENTEN SACRIFICE

to help the poor as part of our Lenten penance and spiritual growth, we are called to share. Baskets are placed on either side of the sanctuary throughout the season of Lent to appeal for non-perishable food like rice, sugar, cooking oil, sardines, milk powder, noodles, tin biscuits, etc....

MASS SCHEDULE

During Holy Week, there will be no Novena Devotion on Sat. 30 March and No 7 a.m. Mass from Mon 25 till Sat. 30 of March, 2024. Please check the Mass schedule for Holy Week . ➡

ADORATION TO THE BLESSED SACRAMENT

– 1st Friday of each month on **Friday, 5 April, 2024**
7.20 p.m. till 7.50 p.m. followed by Mass at 8 p.m in Church.

KURSUS PRA-PERKAHWINAN DALAM BM

Anjuran Apostolat Bahasa Malaysia Diosis Pulau Pinang akan menganjurkan Kursus pra-perkahwinan dalam BM seperti berikut;
Tarikh : **20 – 21 April, 2024**
Tempat: Minor Basilica St. Anne Bukit Mertajam

Khas untuk pasangan yang bertutur dalam Bahasa Malaysia di Diosis Pulau Pinang sahaja.

Untuk pertanyaan, maklumat lanjut dan Pendaftaran Sila Hubungi :
Sr. Florence (012-8484158)
Sr. Lucynia (010 7966882)
Byron (013-5950232)
Bintin (012-4259375)
Henry (012-8200199) Atau Ketua Komite Apostolat Bahasa Malaysia di paroki anda.

Tarikh tutup pendaftaran: 14/4/2024.
Email: teamabmpgd@gmail.com

SCHEDULE FOR HOLY WEEK 2024:

Date	Time/Language	Event
23/3/24 (Palm Sun)	5.45 p.m. (E)	Outdoor stage; Blessing of palm leaves followed by procession .
24/3/2024	7.45 a.m. (E) 9.45 a.m. (T) 11.30 a.m. (C)	
Holy Mon. 25/3/24	8.00 p.m.	Mass (E)
Holy Tues. 26/3/24	8.00 p.m.	Mass (E)
Holy Wed. 27/3/24	8.00 p.m.	Mass (E)
Holy Thurs. 28/3/2024	8.00 p.m.	(church) Mass (E) Mass (T) (parish hall)
H. Thurs 28/3/24	9.30 p.m. till 12 midnight	Reposition of the Blessed Sacrament
Good Fri. 29/3/24	3.00 p.m. (E) 6.00 p.m. (T)	Stations of the Cross followed by Service.
Holy Saturday 30/3/24	7.00 p.m. (E) 10.30 p.m. (T)	Service of light outdoor followed by Mass.
Easter Sunday 31/3/24	8.00 a.m. (E) 11.00 a.m. (C)	Mass
Easter Sun. 31/3/24	St.Mary's Chapel 8.00 a.m. (T)	Mass