

[Click here to print](#) or select **File** then **Print** from your browser.

[Close Window](#)

# Dog with Sensitive Stomach? 10 Foods Never to Give Your Pet

## Dog Have Sensitive Stomach? Avoid These Foods

By **Jillita Horton**

You probably know what foods to *give* a dog with a sensitive stomach. However, what foods should you *never* feed a dog that has a sensitive stomach? "Sensitive stomachs in dogs can result from food intolerance," says Dr. Michel Selmer, DVM, of [Advanced Animal Care Center](#) in Huntington, NY.

According to Dr. Selmer, here are at least 10 food items that you should never give a dog that has a sensitive stomach. In fact, don't give *any* canine these foods.

**High fat foods.** They are "difficult to digest and can cause inflammation of the pancreas," says Dr. Selmer. There are two exceptions to this rule: ground beef and peanut butter. However, you should still choose a lower-fat beef.

**Chocolate.** Dogs cannot metabolize a compound in chocolate called theobromine. Chocolate, so heavenly to people, can cause seizures in dogs.

**Coffee and tea.** These are as bad for canines as is chocolate.

**Raisins and grapes;** can cause kidney failure.

**Nutmeg;** can cause seizures.

**Raw eggs.** Avoid giving these to your dog, as they can contain salmonella.

**Onions.** Dr. Selmer says these "are not advised, as they can interfere with blood circulation."

**Macadamia nuts;** "can cause dogs to have tremors and lead to paralysis."

Dr. Selmer continues, "Other food cautions include moldy foods, yeast dough and fruit pits. Many fruit pits contain cyanide."

If you suspect your dog has a sensitive stomach, or if your pet has been diagnosed as having a sensitive stomach, Dr. Selmer explains:

"Food intolerances can result from dyes, preservatives, contaminants or even natural proteins in the food. The solution for these intolerances is the feeding of a 'pure' diet, ideally a home-cooked food made with carbohydrates and proteins that are novel or new to the patient. Recently a new approach has been introduced using therapeutic diets made from hydrolyzed proteins. This means that a conventional protein source is used but the protein is broken down into molecules too small to excite the immune system."

Examples of home-cooked foods made with carbohydrates that dogs with sensitive stomachs will benefit from:

**Rice.** "Rice is a good carbohydrate for dogs. Brown rice is preferable, as it has more nutrients."

### **Brewers yeast**

**Flour** (e.g. soy flour)

**Cod liver oil or flaxseed;** "in small amounts adds omega 3 and helps keep their coats shiny."

**Garlic;** "can help get rid of tape worms and fleas as well as fight infection; caution, as large amounts can cause illness in dogs."

**Meats.** Liver, beef, tuna, lamb or chicken. "It's easier to add to food if the meat is ground."

Dr. Selmer adds, "Dogs also enjoy peanut butter, and biscuits can be made with them by adding flour, bone meal and/or powdered milk, brewers yeast and even carrots. Peanuts are one of the few nuts that are safe for your dog."

He endorses carrots, broccoli and spinach, "but they need to be put through a food processor first to aid in digestion."

(Broccoli is not good in large amounts.)"

Finally, add bone meal for calcium. "Raw meaty bones are a good source of calcium. Powdered milk is also a popular ingredient in dog food."

Follow these guidelines as to what never to feed a dog with a sensitive stomach, and what to feed your pet.

---

2010 © Associated Content, All rights reserved.  
[Privacy Policy](#) | [Terms of Use](#)