



Nancy Collum

Aerial Yoga Teacher, Life Enthusiast



Nancy is a self-acclaimed Life Enthusiast who is certified as a yoga teacher at the 200 hour level through the Living Yoga Program in Austin, Texas. In addition she has a specialized Aerial Yoga Teacher Certification, is a certified Transformational Nutritionist, personal trainer and holds a First Degree Black Belt in Tae Kwon Do.

Nancy describes her life as “giddy with gratitude” after a car accident in 2013 left her unable to stand on her own. She understands what it is like when you need to pamper your body back to good health. Using her yoga breathing while pinned in her car changed her focus on fitness. She brings this perspective to her classes and wants to help everyone be stronger and more flexible physically, mentally, and emotionally.

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