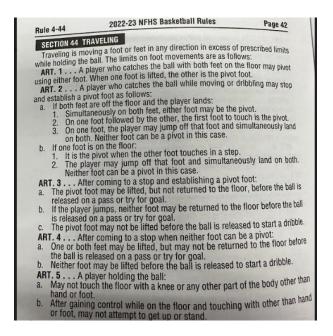
## Good morning!

One more day with travels and the 'catch hop shoot' plays!



SOME of these are TOUGH because the feet both move so quickly.....'were both feet down when caught?' is the MUST KNOW information! IF we KNOW that and then there is a hop, we have a travel!

The first clip is TOUGH in real time because both feet are not side-by-side....the left foot is behind the right when caught....take a look <a href="here">here</a>. We can NOT go to a coach and say "I THINK he caught the ball with both feet on the floor.' If not positive, the player is 'safe'! Watching this one several times I have a travel.....but this one is real tough in real time.

The second clip is the obvious catch with both feet on the floor and the a hop – TRAVEL! Take a look here.

You WILL see this 'catch ho shoot' this week! Talk about it with friends and in your pre-game conference!

Tuesday Extra: The TABLE.....

- 1) This should NOT have to be talked about again, but some of us are still not requiring the official scorer to wear a striped shirt. It is easy!!!! Tell the scorer, then tell the coach and then tell game management.....we cannot start without a striped shirt on the official scorer!!!
- 2) The timer.....we MUST remind the timer that we HAVE TO HAVE A HORN ANYTIME A SUB IS AT THE TABLE! This alerts everyone one the floor that we have something happening! A HORN for ALL subs!!!

Have a great game tonight!

Tim