

# 2018 Legacy Sabers Volleyball

## Bismarck Invite

Aug. 24-25

Bismarck, N.D.

### Results

Legacy 2, Fargo Shanley 1  
 Legacy 3, Devils Lake 0  
 Legacy 2, WF Sheyenne 1  
 Legacy 2, Valley City 1  
 Legacy 3, G.F. Central 0  
 Legacy 2, West Fargo 1  
 Fargo Davies 2, Legacy 1  
**Notes:** Legacy won six of seven matches over the two days.

**Records:** Legacy, 6-1 Overall; 0-0 WDA

## Legacy 3, Jamestown 2

Aug. 28, 7 p.m.

Jerry Meyer Arena, Jamestown, N.D.

	1	2	3	4	5	Total
LEG	25	25	21	24	15	3
JAM	10	20	25	26	9	2

### Team stats

**Kills:** Becca Nitsch, 14; Taryn Allmaras, 13; Kaitlyn Emmil, 12; Ashley Hulm, 7; Camaryn Beasley, 1; Emma Fricke, 1  
**Blocks:** Hulm, 3; Eva Abfalter, 3; Emmil, 2; Nitsch, 1; Allmaras, .5  
**Assists:** Fricke, 35; Hulm, 4; Emmil 2; Beasley, 2; Mikayla Fast, 2; Nitsch, 1  
**Digs:** Fast, 20; Nitsch, 17; Fricke, 14; Allmaras, 13; Hulm, 5; Emmil, 4; Beasley, 3; Mac Boone, 3; Ashton Sagaser, 1  
**Service Aces:** Nitsch, 4; Beaseley, 3; Allmaras, 2; Fricke, 1; Fast, 1  
**Notes:** Legacy won the first two matches before Jamestown rallied to force a fifth set.  
**Records:** Legacy, 7-1 Overall; 1-0 WDA; Jamestown, 1-1 Overall; 1-1 WDA

## Legacy 3, Minot 0

Sept. 11, 7 p.m.

Magic City Campus, Minot, N.D.

	1	2	3	Total
LEG	25	25	25	3
MIN	15	16	17	0

### Team stats

**Kills:** Becca Nitsch, 17; Taryn Allmaras, 10; Eva Abfalter, 7; Kaitlyn Emmil, 6; Emma Fricke, 4; Ashley Hulm, 3  
**Blocks:** Emmil, 1; Ashley Hulm, .5; Nitsch, .5  
**Assists:** Fricke, 28; Allmaras, 3; Nitsch, 2; Fast, 2; Hulm, 1  
**Digs:** Fast, 11; Fricke, 10; Mac Boone, 5; Allmaras, 5; Eva Abfalter, 4; Hulm, 3; Emmil, 3  
**Service Aces:** Emmil, 3; Fricke, 3; Nitsch, 1; Allmaras, 1  
**Notes:** Legacy is 3-0 on the road in WDA play...Minot has dropped five straight WDA matches.  
**Records:** Legacy, 11-2 Overall; 5-1 WDA; Minot 5-8 Overall; 1-5 WDA

## St. Mary's 3, Legacy 2

Sept. 13, 7 p.m.

St. Mary's Gymnasium, Bismarck, N.D.

	1	2	3	4	5	Total
LEG	18	25	29	29	11	2
SM	25	19	31	27	15	3

### Team stats

**Kills:** Kaitlyn Emmil, 15; Taryn Allmaras, 11; Eva Abfalter, 8; Becca Nitsch, 7; Emma Fricke, 4; Mikayla Fast, 1  
**Blocks:** Abfalter, 2; Emmil, 2; Ashley Hulm, 1.5; Allmaras, .5; Nitsch, .5; Fricke, .5  
**Assists:** Fricke, 30; Nitsch, 29; Allmaras, 20; Fricke, 16; Emmil, 9; Hulm, 5; Abfalter, 2; Camaryn Beasley, 1  
**Service Aces:** Emmil, 3; Nitsch, 2; Fricke, 1; Allmaras, 1  
**Notes:** Sets 3 and 4 were decided by two points...SM is 1-1 in five-set matches.  
**Records:** Legacy, 11-3 Overall; 5-2 WDA; St. Mary's, 7-7 Overall; 4-3 WDA

## Legacy 3, Mandan 1

Sept. 27, 7 p.m.

Mandan HS Gymnasium, Mandan, N.D.

	1	2	3	4	Total
LEG	25	25	16	25	3
MAN	20	23	25	20	1

### Team stats

**Kills:** Taryn Allmaras, 15; Becca Nitsch, 10; Eva Abfalter, 6; Ashley Hulm, 5; Kaitlyn Emmil, 3; Emma Fricke, 2  
**Blocks:** Hulm, 3; Emmil, 2.5; Abfalter, 1; Allmaras, .5; Nitsch, .5; Fricke, .5  
**Assists:** Fricke, 35; Nitsch, 2; Hulm, 1; Mikayla Fast, 1  
**Digs:** Fast, 20; Nitsch, 17; Emmil, 16; Fricke, 16; Allmaras, 12; Abfalter, 1; Hulm, 1; Macee Van Vleet, 1  
**Service Aces:** Nitsch, 2; Allmaras, 2; Emmil, 1; Hulm, 1; Fricke, 1  
**Notes:** Legacy has won four straight WDA matches.  
**Records:** Legacy, 15-3 Overall; 9-2 WDA Mandan, 14-3 Overall; 8-2 WDA

## Bismarck High 3, Legacy 2

Oct. 2, 7 p.m.

Haussler Gymnasium, Bismarck, N.D.

	1	2	3	4	5	Total
BHS	22	25	25	17	15	3
LEG	25	18	21	25	12	2

### Team stats

**Kills:** Becca Nitsch, 13; Taryn Allmaras, 12; Kaitlyn Emmil, 9; Ashley Hulm, 5; Emma Fricke, 3; Eva Abfalter, 3; Mikayla Fast, 1  
**Blocks:** Hulm, 3; Emmil, 2.5; Abfalter, 1; Allmaras, 1; Nitsch, .5  
**Assists:** Fricke, 37; Nitsch, 2; Fast, 2; Emmil, 2; Hulm, 1  
**Digs:** Nitsch, 31; Fast, 28; Allmaras, 20; Emmil, 13; Fricke, 9; Hulm, 8; Abfalter, 2  
**Service Aces:** Nitsch, 2; Fast, 2; Emmil, 1; Fricke, 1; Hulm, 1  
**Notes:** BHS won its fifth straight match...Legacy played its third five-set match (1-2).  
**Records:** Bismarck High, 15-3 Overall; 8-3 WDA; Legacy, 15-4 Overall; 9-3 WDA

## Legacy 3, Minot 0

Oct. 16, 7 p.m.

Haussler Gymnasium, Bismarck, N.D.

	1	2	3	Total
MIN	20	10	20	0
LEG	25	25	25	3

### Team stats

**Kills:** Becca Nitsch, 12; Kaitlyn Emmil, 7; Eva Abfalter, 6; Ashley Hulm, 6; Taryn Allmaras, 5; Emma Fricke, 2  
**Blocks:** Nitsch, 1.5; Abfalter, .5; Emmil, .5; Hulm, .5  
**Assists:** Fricke, 31; Abfalter, 1; Emmil, 1; Mikayla Fast, 1; Nitsch, 1  
**Digs:** Fast, 16; Allmaras, 11; Nitsch, 8; Emmil, 7; Fricke, 5  
**Service Aces:** Fast, 3; Emmil, 2; Allmaras, 2; Nitsch, 1; Fricke, 1  
**Notes:** Legacy swept both regular season WDA meetings.  
**Records:** Minot, 10-19 Overall; 5-11 WDA; Legacy, 20-8 Overall; 12-3 WDA

## Mandan 3, Legacy 2

Oct. 25, 7 p.m.

Haussler Gymnasium, Bismarck, N.D.

	1	2	3	4	5	Total
MAN	25	23	14	25	15	3
LEG	22	25	25	20	8	2

### Team stats

**Kills:** Kaitlyn Emmil, 14; Becca Nitsch, 14; Taryn Allmaras, 13; Ashley Hulm, 8; Eva Abfalter, 5; Emma Fricke, 2; Mikayla Fast, 1  
**Blocks:** Hulm, 2.5; Emmil, 1.5 Abfalter, 1; Allmaras, .5; Fricke, .5  
**Assists:** Fricke, 45; Allmaras, 3; Abfalter, 2; Emmil, 2; Camaryn Beasley, 1; Nitsch, 1; Fast, 1  
**Digs:** Fast, 22; Allmaras, 22; Nitsch, 21; Emmil, 20; Fricke, 10; Hulm, 3; Mac Boone, 2; Beasley, 1  
**Service Aces:** Nitsch, 2; Emmil, 1; Fricke, 1; Allmaras, 1  
**Notes:** Mandan played in its first five-set match of the season...The teams split their two regular season meetings...Mandan won its 10th road match.  
**Records:** Mandan, 26-6 Overall; 15-4 WDA; Legacy, 20-9 Overall; 12-4 WDA

## Legacy 3, TMCHS Belcourt 0

Sept. 1, 1 p.m.

Legacy Haussler Gym, Bismarck, N.D.

	1	2	3	Total
TM	9	14	7	0
LEG	25	25	25	3

### Team stats

**Kills:** Becca Nitsch, 7; Eva Abfalter, 6; Taryn Allmaras, 5; Ashton Sagaser, 5; Kaitlyn Emmil, 4; Emma Fricke, 2; Sierra Knoll, 1  
**Blocks:** -  
**Assists:** Fricke, 15; Camaryn Beasley, 7; Sagaser, 3; Ashley Hulm, 2  
**Digs:** Nitsch, 5; Sagaser, 4; Fricke, 4; Emmil, 3; Mikayla Fast, 3; Allmaras, 3; Macee Van Vleet, 3; Hulm, 2; Kelsie Murrey, 1; Beasley, 1  
**Service Aces:** Fricke, 9; Hulm, 5; Beasley, 2; Knoll, 1; Mac Boone, 1; Allmaras, 1; Nitsch, 1; Fast, 1  
**Notes:** Legacy's Emma Fricke had a season-high nine aces...Legacy is 2-0 in WDA play.  
**Records:** TMCHS, 0-5 Overall; 0-4 WDA; Legacy, 8-1 Overall; 2-0 WDA

## Century 3, Legacy 0

Sept. 4, 7 p.m.

Haussler Gymnasium, Bismarck, N.D.

	1	2	3	Total
CEN	25	25	26	3
LEG	18	15	24	0

### Team stats

**Kills:** Taryn Allmaras, 8; Becca Nitsch, 7; Ashley Hulm, 5; Eva Abfalter, 4; Kaitlyn Emmil, 3; Ashton Sagaser, 1  
**Blocks:** -  
**Assists:** Emma Fricke, 20; Camaryn Beasley, 3; Mikayla Fast, 2; Hulm, 1  
**Digs:** Fast, 12; Allmaras, 10; Fricke, 9; Nitsch, 8; Emmil, 5; Sagaser, 1; Abfalter, 1  
**Service Aces:** Emmil, 1; Fast, 1; Nitsch, 1; Allmaras, 1  
**Notes:** Century's L. Ware had a match-best 21 kills...Century remains unbeaten in WDA play...Legacy suffered its first WDA loss.  
**Records:** Century, 7-3 Overall; 3-0 WDA; Legacy, 8-2 Overall; 2-1 WDA

## Legacy 3, Bismarck High 1

Sept. 18, 7 p.m.

Karlgard Gymnasium, Bismarck, N.D.

	1	2	3	4	Total
LEG	10	26	25	3	3
BHS	25	24	19	18	1

### Team stats

**Kills:** Becca Nitsch, 19; Taryn Allmaras, 17; Kaitlyn Emmil, 9; Eva Abfalter, 1; Ashley Hulm, 1; Emma Fricke, 1  
**Blocks:** Abfalter, 4; Emmil, 1; Allmaras, 1; Hulm, .5  
**Assists:** Fricke, 39; Nitsch, 3; Emmil, 2; Fast, 2; Camaryn Beasley, 2  
**Digs:** Fast, 30; Nitsch, 23; Allmaras, 18; Fricke, 16; Emmil, 6; Hulm, 3  
**Service Aces:** Emmil, 3; Allmaras, 2; Hulm, 1  
**Notes:** BHS won the first set...Legacy won its fourth WDA road match.  
**Records:** Legacy, 12-3 Overall; 6-2 WDA; Bismarck High, 10-3 Overall; 3-3 WDA

## Legacy 3, TMCHS 0

Sept. 21, 6 p.m.

TMCHS Gymnasium, Belcourt, N.D.

	1	2	3	Total
LEG	25	25	25	3
TM	1	7	13	0

### Team stats

**Kills:** Taryn Allmaras, 6; Becca Nitsch, 6; Eva Abfalter, 6; Kaitlyn Emmil, 4; Ashley Hulm, 2; Camaryn Beasley, 1; Abby Bjornson, 1; Bella Ternes, 1  
**Blocks:** Hulm, 1.5; Abfalter, 1.5; Allmaras, .5; Mac Boone, .5  
**Assists:** Fricke, 16; Beasley, 5; Emmil, 2; Mikayla Fast, 2; Kelsie Murrey, 1  
**Digs:** Fast, 6; Fricke, 5; Nitsch, 4; Allmaras, 3; Bjornson, 3; Abfalter, 3; Ellie Miller, 2; Beasley, 2; Boone, 1; Emmil, 1  
**Service Aces:** Fast, 7; Fricke, 4; Allmaras, 2; Boone, 2; Nitsch, 2; Murrey, 1; Beasley, 1; Ashton Sagaser, 1  
**Notes:** Legacy won both meetings.  
**Records:** Legacy, 13-3 Overall; 7-2 WDA; TMCHS, 0-8 Overall; 0-7 WDA

## Legacy 3, Dickinson 0\*

Sept. 6, 8 p.m.

Dickinson Gymnasium, Dickinson, N.D.

	1	2	3	Total
LEG	25	25	25	3
DCK	18	20	12	0

### Team stats

**Kills:** Becca Nitsch, 11; Kaitlyn Emmil, 8; Taryn Allmaras, 8; Ashley Hulm, 5; Mikayla Fast, 2; Emma Fricke, 2; Eva Abfalter, 1  
**Blocks:** Hulm, 2.5; Emmil, 1; Fast, .5  
**Assists:** Fricke, 28; Fast, 2; Emmil, 2; Nitsch, 1  
**Digs:** Nitsch, 10; Fast, 10; Allmaras, 9; Fricke, 8; Emmil, 6; Abfalter, 4; Hulm, 1  
**Service Aces:** Fricke, 5; Nitsch, 3; Allmaras, 2; Fast, 1  
**Notes:** Legacy earned its second conference road win...Dickinson's setter, Lauren Jorda, played her first match.  
**Records:** Legacy, 10-2 Overall; 4-1 WDA; Dickinson, 1-9 Overall; 0-3 WDA

\*Match counted for double wins/losses in standings

## Legacy 3, Jamestown 0

Sept. 25, 7 p.m.

Haussler Gymnasium, Bismarck, N.D.

	1	2	3	Total
JAM	25	25	25	0
LEG	17	23	12	3

### Team stats

**Kills:** Kaitlyn Emmil, 10; Becca Nitsch, 8; Taryn Allmaras, 6; Eva Abfalter, 3; Emma Fricke, 2; Ashley Hulm, 1  
**Blocks:** Hulm, 5.5; Abfalter, 1.5; Emmil, 1.5; Allmaras, 1  
**Assists:** Fricke, 21; Emmil, 2; Mikayla Fast, 2; Hulm, 1; Nitsch, 1; Allmaras, 1  
**Digs:** Fast, 15; Allmaras, 10; Fricke, 8; Nitsch, 8; Emmil, 6; Abfalter, 4; Hulm, 4  
**Service Aces:** Fricke, 5; Nitsch, 3; Hulm, 1; Camaryn Beasley, 1  
**Notes:** Legacy won both regular season meetings.  
**Records:** Jamestown, 8-8 Overall; 7-4 WDA; Legacy, 14-3 Overall; 8-2 WDA

## Legacy 3, Watford City 0

Oct. 12, 7 p.m.

Haussler Gymnasium, Bismarck, N.D.

	1	2	3	Total
WC	7	10	12	0
LEG	25	25	25	3

### Team stats

**Kills:** Taryn Allmaras, 8; Becca Nitsch, 6; Ashley Hulm, 4; Kaitlyn Emmil, 4; Eva Abfalter, 4; Ashton Sagaser, 1; Emma Fricke, 1; Sierra Knoll, 1  
**Blocks:** Abfalter, 1; Emmil, .5; Hulm, .5  
**Assists:** Fricke, 37; Beasley, 17  
**Digs:** Mikayla Fast, 28; Allmaras, 21; Emmil, 20; Nitsch, 20; Fricke, 8; Beasley, 4; Hulm, 3; Abfalter, 2  
**Service Aces:** Emmil, 3; Allmaras, 3; Fast, 1; Hulm, 1  
**Notes:** Legacy trailed 2-0...The teams split their two regular season meetings, both went five sets.  
**Records:** St. Mary's, 13-14 Overall; 8-6 WDA; Legacy, 18-8 Overall; 10-3 WDA

## Fargo Scheels Invite

Oct. 5-6

Fargo, N.D.

### Results

Legacy 2, Central Cass 1  
 Jamestown 2, Legacy 0  
 Bismarck High 2, Legacy 1

### GF Red River 2, Legacy 1

Fargo Oak Grove 2, Legacy 1  
 Legacy 2, Minot 0

### Day 1 Leaders

**Kills:** Taryn Allmaras, 20; Becca Nitsch, 16; Kaitlyn Emmil, 16  
**Blocks:** Ashley Hulm, 8; Eva Abfalter, 3; Becca Nitsch, 2; **Assists:** Emma Fricke, 44; Camaryn Beasley, 18; **Digs:** Allmaras, 28; Mikayla Fast, 28; Nitsch, 24; Emmil, 20; **Service Aces:** Nitsch, 7; Fricke, 3

### Day 2 Leaders

**Kills:** Taryn Allmaras, 20; Eva Abfalter, 15; Kaitlyn Emmil, 15; Becca Nitsch, 12; **Blocks:** Ashley Hulm, 3; Emmil, 2.5; Mac Boone, .5; Emma Fricke, .5; Allmaras, .5; **Assists:** Fricke, 61; Emmil, 3; Camaryn Beasley, 2; **Digs:** Nitsch, 33; Mikayla Fast, 27; Allmaras, 26; Fricke, 15; **Service Aces:** Fricke, 4; Allmaras, 3; Fast, 3; Abfalter, 2

**Notes:** Legacy 2-4 at the tournament.

**Records:** Legacy, 17-8 Overall; 9-3 WDA

## Legacy 3, Williston 0\*

Oct. 26, 7:15 p.m.

Jon Cole Gymnasium, Williston, N.D.

	1	2	3	Total
LEG	25	25	25	3
WIL	15	14	13	0

### Team stats

**Kills:** Becca Nitsch, 14; Taryn Allmaras, 10; Ashley Hulm, 6; Kaitlyn Emmil, 3; Eva Abfalter, 2; Sierra Knoll, 1; Emma Fricke, 1  
**Blocks:** Hulm, 1.5; Abfalter, 1.5; Fricke, 1; Emmil, .5; Allmaras, .5  
**Assists:** Fricke, 25; Mikayla Fast, 3; Emmil, 2; Hulm, 1  
**Digs:** Allmaras, 11; Fast, 11; Nitsch, 7; Mac Boone, 6; Emmil, 6; Hulm, 2; Abfalter, 2; Fricke, 1  
**Service Aces:** Fast, 4; Abfalter, 2; Allmaras, 2; Nitsch, 1; Emmil, 1; Fricke, 1  
**Notes:** This is the only regular season meeting of the teams.  
**Records:** Legacy, 22-9 Overall; 14-4 WDA; Williston, 7-25 Overall; 3-15 WDA

# 2018 Legacy Sabers Volleyball

## Team/Individual Stats (WDA matches only)

### 2018 Season

Date	Opponent	Score	Record	SP
8-24/25	Bismarck Inv.	--	6-1	--
8-28	@Jamestown	3-2W	7-1	5
9-1	TMCHS	3-0W	8-1	3
9-4	CENTURY	0-3L	8-2	3
9-6	@Dickinson*	3-0W	10-2	3
9-11	@Minot	3-0W	11-2	3
9-13	@St. Mary's	2-3L	11-3	5
9-18	@Bismarck High	3-1W	12-3	4
9-21	@TMCHS	3-0W	13-3	3
9-25	JAMESTOWN	3-0W	14-3	3
9-27	@Mandan	3-1W	15-3	4
10-2	BISMARCK	2-3L	15-4	5
10-5/6	Fargo Scheels	--	17-8	--
10-9	ST. MARY'S	3-2W	18-8	5
10-12	WATFORD CITY	3-0W	19-8	3
10-16	MINOT	3-0W	20-8	3
10-25	MANDAN	2-3L	20-9	5
10-26	@Williston*	3-0W	22-9	3

Sets Played (SP) in WDA Matches **60**

\*Match counted for double (wins/losses in WDA standings)...  
Individual stats are not doubled when teams play a double counter against an opponent.

### Kills

Player	MP	Total	Avg
Becca Nitsch	16	182	11.3
Taryn Allmaras	16	159	9.9
Katlynn Emmil	16	128	8.0
Eva Abfalder	16	71	4.4
Ashley Hulm	16	60	3.7
Emma Fricke	16	27	1.6
Ashton Sagaser	16	7	-
Mikayla Fast	16	5	-
Sierra Knoll	16	4	-
Camaryn Beasley	16	2	-
Abby Bjornson	16	1	-
Bella Ternes	16	1	-

-Less than 1

### Blocks

Player	MP	Total	Avg
A. Hulm	16	27.0	1.6
Eva Abfalder	16	20.0	1.2
K. Emmil	16	16.5	1.1
T. Allmaras	16	7.5	-
B. Nitsch	16	4.5	-
C. Beasley	16	1.5	-
E. Fricke	16	1.5	-
M. Fast	16	.5	-
Mac Boone	16	.5	-

-Less than 1

### Assists

Player	MP	Total	Avg
E. Fricke	16	486	30.3
C. Beasley	16	60	3.7
Mikayla Fast	16	27	1.6
B. Nitsch	16	17	1.1
K. Emmil	16	16	1.0
A. Hulm	16	13	-
T. Allmaras	16	9	-
E. Abfalder	16	3	-
A. Sagaser	16	3	-
Keslie Murrey	16	1	-

-Less than 1

### Digs

Player	MP	Total	Avg
M. Fast	16	272	17.0
B. Nitsch	16	214	13.3
T. Allmaras	16	197	12.3
E. Fricke	16	144	9.0
K. Emmil	16	109	6.8
A. Hulm	16	41	2.5
E. Abfalder	16	25	1.5
Mac Boone	16	17	-
C. Beasley	16	15	-
Macee Van Vleet	16	5	-
A. Bjornson	16	3	-
Ellie Miller	16	3	-
A. Sagaser	16	2	-
Kelsie Murrey	16	1	-

-Less than 1

### Service Aces

Player	MP	Total	Avg
E. Fricke	16	34	2.1
B. Nitsch	16	29	1.8
K. Emmil	16	22	1.3
T. Allmaras	16	22	1.3
M. Fast	16	22	1.3
A. Hulm	16	10	-
C. Beasley	16	5	-
Mac Boone	16	3	-
E. Abfalder	16	2	-
S. Knoll	16	1	-
K. Murrey	16	1	-
A. Sagaser	16	1	-

-Less than 1