

# April

**2024**

## Guidepost Montessori

Monday	Tuesday	Wednesday	Thursday	Friday
<div>1</div> <div>Turkey Chili <b>GF DF</b> Cornbread <b>DFV</b> Peas &amp; Carrots <b>GF DFV</b> Fruit <b>*Veggie Chili</b></div>	<div>2</div> <div>Beef Tacos <b>DF</b> Beans <b>GF DFV</b> Rice <b>GF DFV</b> Fruit <b>*Bean Taco</b></div>	<div>3</div> <div>Pasta Marinara <b>DF V</b> Broccoli <b>GF DF V</b> Fruit</div>	<div>4</div> <div>Chicken Pot Pie Veggie salad <b>GF DF V</b> Fruit <b>*Veggie Pot Pie</b></div>	<div>5</div> <div>Pulled Pork Sandwich <b>DF</b> Tater Tots <b>GF DFV</b> Fruit <b>*BBQ Jackfruit</b></div>
<div>8</div> <div>Minestrone Soup <b>DFV</b> Cheese Toast <b>V</b> Fruit</div>	<div>9</div> <div>Cheese Enchiladas <b>GF V</b> Rice <b>GF DFV</b> Fruit</div>	<div>10</div> <div>BBQ Chicken <b>GF DF</b> Sweet Potato Tots <b>GF DF V</b> Green Beans <b>GF DF V</b> Fruit <b>*BBQ Chickn"</b></div>	<div>11</div> <div>Roast Turkey <b>GF DF</b> Mashed Potatoes <b>GF V</b> Zucchini <b>GF DF V</b> Fruit <b>*Roast Tofu</b></div>	<div>12</div> <div>Cheese Pizza <b>V</b> VeggieSalad <b>GF DF V</b> Fruit</div>
<div>15</div> <div>Chicken and Waffles <b>DF</b> Celery &amp; Carrots <b>GF DFV</b> Fruit <b>*Veggie Sausage &amp; Waffles</b></div>	<div>16</div> <div>Turkey Tacos <b>DF</b> Refried Beans <b>GF DFV</b> Fruit <b>*Tofurkey taco</b></div>	<div>17</div> <div>Spaghetti &amp; Meat Sauce <b>DF</b> Mixed Veggies <b>GF DF V</b> Fruit <b>*Spaghetti Marinara DFV</b></div>	<div>18</div> <div>Sunbutter Bento <b>DFV</b> Veggie Crisps <b>GF DFV</b> Fruit</div>	<div>19</div> <div>Brisket Sandwich <b>DF</b> Potato Salad <b>GF DF V</b> Fruit <b>*BBQ Jackfruit</b></div>
<div>22</div> <div>Shepherd's Pie <b>GF</b> WW Roll <b>DF V</b> Fruit <b>*Veggie Pie</b></div>	<div>23</div> <div>Bean &amp; Cheese Tacos <b>V</b> Cilantro Rice <b>GF DFV</b> Fruit</div>	<div>24</div> <div>Chicken &amp; Dumplings Peas &amp; Carrots <b>GF DFV</b> Fruit <b>*Tofu &amp; Dumplings</b></div>	<div>25</div> <div>Turkey Cubano Plantains <b>GF DFV</b> Fruit <b>*Tofurkey Cubano</b></div>	<div>26</div> <div>Cheese Pizza <b>V</b> Veggie Salad <b>GF DF V</b> Fruit</div>
<div>29</div> <div>Chicken and Rice Casserole <b>GF</b> Zucchini &amp; Squash <b>GF DFV</b> Fruit <b>*Tofu &amp; Rice Casserole</b></div>	<div>30</div> <div>Cheese Quesadillas <b>V</b> Guacamole Salad <b>GF DF V</b>  Street Corn <b>GF V</b> Fruit</div>			