

## The Midlands Critical Care Network includes:

Birmingham Children's Hospital

**Dudley Group of Hospitals NHS Foundation Trust** 

George Eliot Hospital NHS Trust

Heart of England NHS Foundation Trust

Kettering General Hospital NHS Foundation Trust

Northampton General Hospital

Robert Jones and Agnes Hunt Orthopaedic and District Hospital NHS Trust

Sandwell and West Birmingham Hospitals NHS Trust

Shrewsbury and Telford Hospitals NHS Trust

South Warwickshire General Hospitals NHS Trust

The Royal Orthopaedic Hospital NHS Foundation Trust

The Royal Wolverhampton NHS Trust

University Hospitals Birmingham NHS Foundation Trust

University Hospitals Coventry and Warwickshire NHS Trust

University Hospitals of Leicester NHS Trust

University Hospital North Midlands NHS Trust

Walsall Hospitals NHS Trust

Worcestershire Acute Hospitals NHS Trust

Wye Valley NHS Trust

### Functions of the document

### The document aims to:

- 1 Facilitate the appraisal process and set personal learning objectives.
- 2 Provide a record of training, learning and competency in relation to practices in care of the critically ill patient.
- Provide evidence to the Continuing Professional Development (CPD) requirements of the General Pharmaceutical Council. (GPhC).
- 4 Provide evidence of competency and training that may be transferable to other Trusts, particularly those within the area covered by the Midlands Critical Care Networks.
- 5 Provide a structure for education in order to link theory to practice.
- Aid pharmacy progression from foundation to advanced stage competency level within Critical Care following the Royal Pharmaceutical Society (RPS) and Expert Professional Practice Curriculum.

## Guidelines for the use of this document

- The Trainee will be provided with assessment and supervision by an experienced Critical Care Pharmacist. They will provide the Trainee with guidance along with members of the multidisciplinary team.
- The document will enable the Trainee to demonstrate progression in both knowledge base and skill. The Expert Professional Practice Curriculum and Skills Framework can be related to this competency framework.
- Assessment of skills and knowledge can take place in many formats although it is understood that nothing
  takes the place of delivering care and relating the Trainee's knowledge to the care they provide, and why.
- Evidence must be presented for each section, as agreed with your trainer. The training log has space to
  provide evidence of attainment, and written and verbal records of discussions. It is ESSENTIAL this is
  completed as fully as possible to support the Trainee's learning AND THAT IT HAS BEEN DATED AND
  SIGNED by the Trainee and their Trainer upon completion.
- It is the responsibility of the Trainee to provide evidence to demonstrate learning and it is also expected that they provide evidence in their CPD portfolio.
- The Trainee and their Trainer will discuss what is required utilising the indicative content. At this stage, a development plan should be outlined using the table in the training tog.
- The competencies are divided into either Core or Specialist Knowledge
  - ➤ Core Knowledge (shown in white) is described as knowledge that is required to practice in critical care, but that may be pertinent to other areas of clinical pharmacy (e.g. a sound knowledge of altered pharmacokinetics in renal dysfunction). Such knowledge has also been described as having a "critical adjacency" (i.e. it is shared with other clinical specialties).
  - > Specialist Knowledge (shown in purple) is described as knowledge that is more specific to practice in critical care and is not generally used outside that area (e.g. a sound knowledge of altered pharmacokinetics in renal dysfunction supported by haemofiltration).

## Trainer's roles and responsibilities

- To liaise with the Trainee identifying their learning needs, making appropriate provision for the learning needs to be met.
- To act as a role model, motivator and enabler of the Trainee.
- To provide timely and constructive feedback to the Trainee on their performance.
- To encourage the Trainee to become a questioning, proactive member of staff who provides a consistently high standard of care.
- If the Trainer cannot provide the Trainee with support in a certain area, they must ensure alternative suitable support is provided.
- If the Trainee has difficulties in clinical practice relating to this area, the Trainer must provide support, or identify where appropriate support can be obtained from. The Trainer must ensure that the line manager is kept informed of the Trainee's progress.
- It is the Trainer's responsibility not to sign off objectives if the Trainee cannot meet the learning outcomes for the competency and/or does not demonstrate safe care.

## Trainee's roles and responsibilities continued

- It is the Trainee's responsibility to identify their learning needs, discuss these with their Trainer and identify
  how these may be met by providing appropriate evidence.
- If the Trainee has problems achieving their objectives they must make this known to their Trainer.
- The Trainee is expected to have a basic understanding of general pharmaceutical care, for example, attained RPS foundation framework level or equivalent and be competent to direct and be responsible for their learning including private study. Time taken to meet the objectives will not be completely met within working hours.
- The Trainee is expected to provide safe, quality care to patients and act as their advocate.
- The Trainee is expected to recognise their limitations and recognise there is a network of peers within pharmacy and other professions who will support them if they are unsure of anything.
- Even though it is daunting initially, a Trainee should maximise their time in Critical Care and apply all the skills and knowledge they have already developed.

### **Sections**

This list is based on the RPS Expert Professional Practice Curriculum for Critical Care. For completeness, all sections are listed, however the contents of the sections that are not applicable for Band 7 pharmacists have been omitted.

Section 1 - Gastrointestinal System	4
Section 2 - Cardiovascular System	5
Section 3 - Respiratory System	13
Section 4 - Central Nervous System	14
Section 5 - Infections	16
Section 6 - Endocrine System	20
Section 7 - Obstetrics, Gynaecology & Urinary Tract Disorders (Not Applicable for band 7)	23
Section 8 - Malignant Diseases and Immunosuppression (Not Applicable for Band 7)	23
Section 9 – Nutrition & Blood	23
Section 10 - Musculoskeletal & Joint Diseases (Not Applicable for band 7)	25
Section 11 - Eye	25
Section 12 - Ear, Nose & Oropharynx (Not Applicable for band 7)	25
Section 13 - Skin (Not Applicable for band 7)	25

Section 14 – Immunological Products & Vaccines	25
Section 15 – Anaesthesia	27
Section 16 – Liver Disease	28
Section 17 – Renal impairment	28
Section 18 – Pregnancy (Not Applicable for Band 7)	32
Section 19 – Breast Feeding (Not Applicable for Band 7)	32
Section 20 – Older People (Not Applicable for Band 7)	32
Section 21 - Toxicology	32
Section 22 – Parenteral Therapy - To Follow	33
Section 23 – Palliative and End of Life Care - To Follow	33
Section 24 – Clinical Trials (Not Applicable for Band 7)	34
Section 25 – Other Issues in Surgery/Miscellaneous (Not Applicable for Band 7)	34
Appendix 1 – ITU Care Plan	35
Feedback Questionnaire	38

# Section 1 – Gastrointestinal System

No	Competency	Recommended Evidence and Experience
1.1.1	Can summarise the key risk factors for GI haemorrhage	<ul> <li>Describe drug causes of GI haemorrhage</li> <li>Describe disease state causes of GI haemorrhage</li> <li>Describe aetiology of drug induced GI haemorrhage</li> </ul>
1.1.2	Can summarise the pathophysiological events underlying GI haemorrhage	<ul> <li>Define and describe aetiology of oesophageal varices</li> <li>Define and describe aetiology of diverticular disease</li> <li>Discuss local policy for stress ulcer prophylaxis and explain the pros cons for each treatment option</li> <li>Describe the endoscopic and surgical interventions used to treat acu haemorrhage</li> </ul>
1.1.3	Can describe the pharmacology and pharmacokinetics of treatment options for prevention of GI haemorrhage	
		Recommended Resources:
1.1.4	Can describe the pharmacology and pharmacokinetics of drug treatment options for GI haemorrhage	Stress Ulcer Prophylaxis: Surgical Critical Care and Medical Critical Care Services at Orlando Regional Medical Centre, 2011. http://surgicalcriticalcare.net/Guidelines/stress%20ulcer%20prophylaxis%202011.pd
1.1.5	Can describe options for non-drug management of GI haemorrhage	Surviving Sepsis Campaign. International Guidelines for Management of Severe Sepsis and Septic Shock: 2012. http://www.sccm.org/Documents/SSC-Guidelines.pdf
1.1.6	Can provide details of national or international guidelines that include the prevention of GI haemorrhage	Steinberg K.P. Stress-Related Mucosal Disease in the Critically III Patient: Risk Factors and Strategies to Prevent Stress Related Bleeding in the Intensive Care Unit. Critical Care Medicine, 2002; 30 (Suppl. 6): S362-364.

Effect of Intravenous Omeprazole on Recurrent Bleeding after Endoscopic Treatment of Bleeding Peptic Ulcers NEJM 343, 3/8/2000 pp 310-6. Scottish Intercollegiate Guidelines Network. Management of Acute Upper and Lower Gastrointestinal Bleeding 2008. http://www.sign.ac.uk/pdf/qrg105.pdf

Barletta J F, Bruno J J, Buckley M S & Cook D J. Stress Ulcer Prophylaxis Critical Care Medicine 2016; 44:1395-1405.

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No	Competency	Recommended Evidence and Experience
1.2.1	Can summarise the pathophysiological events leading to ileus states	<ul><li>Can define and explain the signs and symptoms of paralytic ileus</li><li>Can describe drug and non-drug causes of paralytic ileus</li></ul>
1.2.2	Can summarise the pathophysiological	Complete a pharmaceutical care plan for a patient with diarrhoea,

1.2 Understands and applies methods for management of GI transit

events leading to diarrhoeal states

GI dysmotility

1.2.3

1.2.4

1.2.5

Can describe the pharmacology and

Can summarise options for non-drug

management of GI dysmotility

Can describe the key monitoring

parameters for drugs used in the

management of dysmotility

pharmacokinetics of treatment options for

- aralytic ileus itient with diarrhoea, identifying the potential causes (both drug and non-drug induced) and treatment options
- C. difficile: See infection section
- Describe the mechanism of action, indications and contra-indications of metoclopramide, domperidone, erythromycin, neostigmine and methylnaltrexone and stimulant laxatives including prucalopride
- Describe the role of NG and NJ tubes in the management of patients with GI dysmotility
- Describe the importance of good fluid balance and electrolyte management

### Recommended Resources:

Doherty WL, Winter B Prokinetic Agents in Critical Care. Critical Care 2003; 7:206-08

Booth C.M, Heyland DK, Paterson W.G. Gastrointestinal Promotility Drugs in the Critical Care Setting: a Systematic Review of the Evidence. Crit. Care Med 2002; 30: 1429-35.

Grant K, Thomas R. Prokinetic Drugs in the Intensive Care Unit: Reviewing the Evidence. JICS 2009; 10: 34-37.

# 1.3 Understands and applies methods for management of emesis

No	Competency	Recommended Evidence and Experience
1.3.1	Can summarise the pathophysiological events leading to emesis	<ul> <li>Can describe patient, surgical and drug factors which lead to emesis</li> <li>Can describe antiemetic treatments that target the risk factors identified</li> </ul>
1.3.2	Can describe the pharmacology and pharmacokinetics of treatment options for emesis	
1.3.3	Can describe the key monitoring parameters for drugs used in the management of emesis	

## Section 2 - Cardiovascular System

### 2.1 Understands and Applies methods for Monitoring Haemostasis

No	Competency	Recommended Evidence and Experience
2.1.1	Can summarise the key methods for monitoring of haemostasis	Discuss with Critical Care Pharmacist and/or Consultant Intensivist Investigate own Trust guidance on monitoring of haemostasis

2.1.2	Can summarise and interpret the results of different methods for monitoring of haemostasis	Recommended Resources:
2.1.3	Can summarise the pathophysiological events underlying common abnormalities of haemostasis	Use Medical textbook such as Kumar and Clark Clinical Medicine e.g. 8th Edition 2012 for chapter on Haematological Disease, including the section on haemostasis and thrombosis.
2.1.4	Can recognise and manage drug therapy that affects haemostasis	ABC of Antithrombotic Therapy, BMJ Books 2003; Lip GYH and Blann A D (Eds).
2.1.5	Can interpret and apply these results to recognise drugs that are contraindicated or should be used with caution	British Committee for Standards in Haematology Guidelines on the 'assessment of bleeding risk prior to surgery or invasive procedures'. British Journal of Haematol 2008; 140(5); 496-504.
		British Committee for Standards in Haematology Guidelines for the Diagnosis and Management of Disseminated Intravascular Coagulation. British Journal of Haematology, 2009; 145: 24-33.  Access via website: <a href="http://www.bcshguidelines.com">http://www.bcshguidelines.com</a>

No	Competency	Recommended Evidence and Experience
2.2.1	Can apply knowledge to correct underlying haemostasis abnormality in routine clinical situations	Be aware of methods used in own Trust for correction of clotting abnormalities, e.g. FFP, cryoprecipitate, platelet transfusions, Vit K     Consider their indications and limitations     Discuss with a Consultant Intensivist for perspective on clinical use  Recommended Resources:
		Retter A. and Barrett N.A The Management of Abnormal Haemostasis in the ICU. Anaesthesia 2015; 70 (Suppl. 1) 121-127.

2.3	Understands and Manages the I	Prevention of Venous or Arterial Thromboembolism	
No	Competency	Recommended Evidence and Experience	
2.3.1	Can summarise patient disease and iatrogenic factors influencing thrombotic risk	Be aware of local Trust policy for thromboprophylaxis, including assessment of patient risk factors     Risk assess a critical care patient, report on the need for prophylaxis and select appropriate management	
2.3.2	Can summarise the pathophysiological events predisposing patients to thromboembolism	<ul> <li>Describe the components of ventilator care bundle</li> <li>Investigate non-drug modes of prophylaxis used in own Trust. e.g. anti-embolism stockings, mechanical methods and vena cava filters and consider indications/guidelines for use</li> </ul>	
2.3.3	Can describe the pharmacology and pharmacokinetics of drug treatment options for the prevention of thromboembolism	Discuss possible exclusions from prophylaxis with Critical Care     Pharmacist	
2.3.4	Can describe non-drug options for the prevention of thromboembolism	Recommended Resources:  Intensive Care Society Guidelines for Venous Thromboprophylaxis in Critical	
2.3.5	Can describe and apply specific factors in the critically ill patient which affects management options for the prevention of thromboembolism	Care (2008) Note: Update in progress. <a href="http://www.ics.ac.uk">http://www.ics.ac.uk</a> Antithrombotic Therapy and Prevention of Thrombosis: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines (9th Edition). Chest February 2012; 141 (Suppl. 2) Several chapters on prevention.	
2.3.6	Can provide details of national or international guidelines that include the prevention of thromboembolism	British Committee for Standards in Haematology Guidelines on the Use of Vena Cava Filters. British Journal of Haematology 2006; 134(6): 590-95.	
		Access Kings College Hospital Thrombosis Centre website and include any appropriate material. <a href="http://www.kingsthrombosiscentre.org.uk">http://www.kingsthrombosiscentre.org.uk</a>	
		NICE Clinical Guideline 092 January 2010. Venous Thromboembolism: Reducing the Risk. Reducing the risk of venous thromboembolism (deep vein thrombosis and pulmonary embolism) in patients admitted to hospital. (Includes links to online e-learning modules - you can find these under the resources tab).	
		NICE Quality Standard QS3 June 2010. Venous Thromboembolism Prevention.	

NICE Pathways on Venous thromboembolism – access via: http://pathways.nice.org.uk/pathways/venous-thromboembolisms
NICE Technology Appraisals: TA 157 September 2008 – Dabigatran TA 170 April 2009 – Rivaroxaban TA 245 January 2012- Apixaban TA 354 August 2015 – Edoxaban
SIGN Guideline 122 December 2010. Prevention and Management of Venous Thromboembolism: A National Clinical Guideline. <a href="http://www.sign.ac.uk/guidelines/fulltext/122/">http://www.sign.ac.uk/guidelines/fulltext/122/</a>

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No	Competency	Recommended Evidence and Experience
2.4.1	Can summarise the pathophysiological events leading to thromboembolism	General discussions with Critical Care Pharmacist regarding available treatment options for thromboembolism and their advantages/disadvantages
2.4.2	Can describe the pharmacology and pharmacokinetics of drug options for the treatment of thromboembolism	<ul> <li>Aim to find a patient with an acute DVT/PE and/or one with heparin- induced thrombocytopenia (HIT) and use as a case study/formulate care plan to discuss with Critical Care Pharmacist</li> </ul>
2.4.3	Can summarise the possible complications	Recommended Resources:
	of drug options for the treatment of thromboembolism, including heparin-induced thrombocytopenia	SIGN Guideline 122 December 2010. Prevention and Management of Venous Thromboembolism: A National Clinical Guideline. <a href="http://www.sign.ac.uk/guidelines/fulltext/122/">http://www.sign.ac.uk/guidelines/fulltext/122/</a>
2.4.4	Can describe and apply specific factors in the critically ill patient which affects management options for the treatment of thromboembolism	Stirling K Low Molecular Weight Heparins for Treating Venous Thromboembolism. The Pharmaceutical Journal, 14 March 2015, Vol 294, No 7853, online DOI: 10.1211/PJ.2015.20067996.
2.4.5	Can describe the key monitoring parameters of treatment options for patients with	Antithrombotic Therapy and Prevention of Thrombosis: American College of Chest Physicians Evidence-based Clinical Practice Guidelines (9th Edition).
	thromboembolism	Chest February 2012; 141 (Suppl. 2).
2.4.6	Can provide details of national or international guidelines that include the treatment of thromboembolism	Several useful chapters including:
		Parenteral Anticoagulants: As above Chest 2012; 141: 24S-43S.
		Oral Anticoagulant Therapy: As above
		Chest 2012; 141: 44S-88S.
		New Antithrombotic Drugs: As above
		Chest 2012; 141: 120S-151S.
		The Perioperative Management of Antithrombotic Therapy: As above Chest 2012; 141: 326S-350S.
		Antithrombotic Therapy for Venous Thrombotic Disease:
		As Above Chest 2012; 141: 419S-494S
		NICE Clinical Guideline 144 June 2012. Venous Thromboembolic Diseases: the Management of Venous Thromboembolic Diseases and the Role of Thrombophilia Testing.
		NICE Quality Standard QS29 March 2013. Diagnosis and Management of Venous Thromboembolic Diseases.
		NICE Pathways on Venous Thromboembolism – access via: http://pathways.nice.org.uk/pathways/venous-thromboembolism

NICE Technology Appraisals; TA 262 July 2012 – Rivaroxaban TA 287 June 2013 – Rivaroxaban TA 275 February 2013 – Apixaban TA 341 June 2015 – Apixaban TA 327 December 2014 – Dabigatran TA 354 August 2015 – Edoxaban

British Committee for Standards in Haematology Guidelines on the Use and Monitoring of Heparin. British Journal of Haematol 2006; 133(1): 19-34.

British Committee for Standards in Haematology Guideline on the Management of Bleeding in Patients on Antithrombotic Agents. British Journal of Haematology 2012; 160: 35-46.

British Committee of Standards in Haematology Guidelines on the Diagnosis and Management of Heparin-induced Thrombocytopenia: second edition. British Journal of Haematology 2012; 159 (5): 528-40.

Treatment and Prevention of Heparin-induced Thrombocytopenia: American College of Chest Physicians Evidence-Based Clinical Practice. Chest 2012; 141: 495S-530S.

Scott I. and Webster N.R. Heparin-induced Thrombocytopenia: Is There a Role for Direct Thrombin Inhibitors in Therapy? Journal of the Intensive Care Society, 2014; 15: 131-134.

NPSA Patient Safety Alert 18 March 2007. Actions that can make anticoagulant therapy safer. Access Kings website as above and also: <a href="https://www.evidence.nhs.uk/">https://www.evidence.nhs.uk/</a>

http://www.centreformedicinesoptimisation.co.uk/

## 2.5 Understands and Applies the Use of Inotropes and Vasopressor Agents

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No	Competency	Recommended Evidence and Experience
2.5.1	Can summarise the differences between classes of inotropes and vasopressors used in the management of critically ill patients	Demonstrate an understanding of the place in therapy for:
2.5.2	Can describe the basic pharmacology and pharmacokinetics of inotropes and vasopressors	
2.5.3	Knows the different uses of inotropes and vasopressors	Catecholamines     PDEIs     Levosimendan     Vasopressin (Argipressin)  Perform an end of bed presentation of a patient in whom inotropes
2.5.4	Can describe key monitoring parameters for the use of inotropes and vasopressors	and/or vasopressors have been prescribed; provide details of the mechanism of action, desired therapeutic effects and monitoring requirements  Produce a pharmaceutical care plan in which you are able to draw
2.5.5	Can provide details of national or international guidelines that include the use of inotropes and vasopressors	together the key indicators of each of the agents prescribed, as well as detailing the monitoring parameters required to access therapeutic response/benefit
		Recommended Resources:
		UKCPA Resource Centre – Critical Care and Cardiac Sub-Groups.
		Critical Care Therapeutics Rachel Ellis – The Pharmaceutical Press.
		Critical Care Medicine at a Glance (current version).
		Oxford Handbook of Critical Care (current version).
		Any good pharmacology text book and /or:
		Bangash MN et al. Use of Inotropes and Vasopressor Agents in Critically III

Patients. British Journal of Pharmacology 2012 pg. 2015-2033. Guidelines for the Use of Inotropic and Vasopressor Agents. (Task Force of the American College of Critical Care Medicine, Society of Critical Care Medicine, 1999. Surviving Sepsis Campaign (Haemodynamic Support). http://www.survivingsepsis.org Overgaard C.B and Dzarvik V. Inotropes and Vasopressors: Review of Physiology and Clinical Use in Cardiovascular Disease. Circulation 2008; 118: 1047-1056. McKenzie C and Berry W. Use of Inotropes in Critical Care. Clinical Pharmacist Volume 2 December 2010. General information can be found via the following links: http://www.anaesthesiauk.com/ http://www.esicm.org/publication/guidelines Gordon A C, Perkins G D, Singer M et al. Levosimendan for the Prevention of

10.1056/NEJMoa1609409.

Acute Organ Dysfunction in Sepsis. N Engl J Med 2016; 375:1638-1648 DOI:

No	Competency	Recommended Evidence and Experience
2.6.1	Can summarise the key differences between shock states  Can summarise the pathophysiological events leading to and resulting from different shock states	Demonstrate an understanding of the different causes of shock states:
2.6.3	Can provide details of national or international guidelines that include the management of shock states	<ul> <li>Self-directed reading of the different shock states, identify an appropriate patient on critical care and discuss aetiology/cause of shock state with nursing staff/CT1/CT2/pharmacist</li> <li>To facilitate this, produce an overview of the patient and present back to the Senior Critical Care Pharmacist. As part of the patient work up, as well as understanding the underlying pathophysiology, you should show an awareness of the monitoring and laboratory investigations required to assess a patient's recovery and response to treatment:</li> <li>Clinical assessment</li> <li>Non-invasive monitoring</li> <li>Invasive monitoring</li> <li>With examples of each:         <ul> <li>Cardiovascular</li> <li>Respiratory</li> <li>Biochemical</li> <li>Haematological</li> <li>Microbiological</li> <li>Markers of inflammatory response to infection</li> </ul> </li> <li>Produce a care plan in which all of the above can be applied to the patient</li> <li>Recommended Resources:</li> <li>Surviving Sepsis Campaign. International Guidelines for Management of Severe Sepsis and Septic Shock: 2012.         <ul> <li>http://www.sccm.org/Documents/SSC-Guidelines.pdf</li> </ul> </li> <li>Hasdai et al. Cardiogenic Shock Complicating Acute Coronary Syndromes.         <ul> <li>Lancet 2000; 356: 749-756.</li> </ul> </li> </ul>

MP Moranville, Evaluation and Management of Shock States. Journal of Pharmacy Practice. 2011 Vol 24 No 1: 44-60.

Consensus on Circulatory Shock and Haemodynamic Monitoring. Task Force of the European Society of Intensive Care Medicine. Intensive Care Medicine, Volume 40, Issue 12/December, 2014.

http://www.esicm.org/publication/guidelines

Sepsis: recognition, diagnosis and early management NICE guideline [NG51] July 2016.

https://www.nice.org.uk/guidance/ng51

# 2.7 Understands and Manages Therapy for Cardiac Failure

No	Competency	Recommended Evidence and Experience
No 2.7.1 2.7.2 2.7.3 2.7.4	Can summarise the key differences between acute and chronic cardiac failure  Can summarise the pathophysiological events leading to, and resulting from, acute and chronic cardiac failure  Can describe the pharmacology and pharmacokinetics of treatment options for acute and chronic cardiac failure  Can describe the key monitoring parameters for the treatment of acute and chronic cardiac failure  Can provide details of national or international guidelines that include the management of chronic heart failure	Demonstrate an understanding of the differences between the two states and apply to patients on ITU  Demonstrate an understanding of the clinical manifestations which distinguish between the two, e.g. acute cardiac failure may present with acute onset dyspnoea or pulmonary oedema OR cardiogenic shock  Produce a pharmaceutical care plan that outlines the treatment strategies employed to treat acute cardiac failure — and chronic cardiac failure. Have an ability to understand and explain why different approaches are taken in the management of the two conditions  End of bed presentation relating key monitoring parameters to patient's clinical state: Awareness of non-invasive monitoring parameters - temp, HR, BP, ECG, oxygen saturation  Demonstrate an awareness of current NICE Guidelines/ESC Guidelines and relate back to a chosen patient on ITU  Demonstrate an understanding that the management of acute cardiac failure relies on correction of the underlying cause e.g. pulmonary oedema/cardiogenic shock  Demonstrate an awareness of the pharmacological agents used in the management of cardiac failure, in particular, outline the place in therapy of:  Cuop diuretics ACEIs Aldosterone antagonists Nitrates Beta-blockers Vabradine Inotropic agents Dopamine Dobutamine Adrenaline
		<ul><li>Dopamine</li><li>Dobutamine</li></ul>
		o Levosimendan
		Recommended Resources:  NICE – Chronic Heart Failure in Adults – Management <a href="http://www.nice.org.uk/guidance/cg108">http://www.nice.org.uk/guidance/cg108</a>
		NICE – Acute Heart Failure – Diagnosis and Management in Adults. http://www.nice.org.uk/guidance/qs103
		NICE Quality Standards: Chronic Heart Failure – <a href="http://www.nice.org.uk/guidance/qs9">http://www.nice.org.uk/guidance/qs9</a>
		Acute Heart Failure – <a href="http://www.nice.org.uk/guidance/qs103">http://www.nice.org.uk/guidance/qs103</a>
		Ivabradine for Treating Chronic Heart Failure – http://www.nice.org.uk/guidance/ta267

McMurry J.J.V et al. ESC Guidelines for the Diagnosis and Treatment of Acute and Chronic Heart Failure 2012. DOI: <a href="http://eurheartj.oxfordjournals.org/content/33/14/1787">http://eurheartj.oxfordjournals.org/content/33/14/1787</a>

No	Competency	Recommended Evidence and Experience
2.8.1	Can summarise the key differences between arrhythmias	Demonstrate an understanding of the differences between bradyarrhythmias and tachyarrhythmias and their location of origin
2.8.2	Can summarise at a basic level the pathophysiological events leading to different arrhythmias  Can describe the pharmacology and pharmacokinetics of treatment options for	<ul> <li>and their subsequent management</li> <li>End of bed presentations detailing aetiology of different arrhythmias at least 3 patients</li> <li>Demonstrate an understanding of the pharmacological management options for tachyarrhythmias and how they would differ depending or the anatomical origin of the arrhythmia (e.g. ventricular or supraventricular):</li> </ul>
2.8.4	Can outline indications for adjunctive therapy for certain arrhythmias	Supraverificitian).     Show awareness of different classes of arrhythmias     Use of cardioversion     Use of anticoagulants  Produce a care plan detailing the rationale behind the treatment
2.8.5	Can describe the key monitoring parameters for treatment options for different arrhythmias	<ul> <li>Produce a care plan detailing the fationale behind the freatherit option(s) adopted</li> <li>Demonstrate an awareness of when device therapies e.g. pacemakers, implantable cardiac defibrillators or procedures such as electrical cardioversion would be required to facilitate pharmacological management</li> <li>Demonstrate an awareness of reversal of electrolyte abnormalities and correction of acidosis</li> <li>Demonstrate an understanding of when to initiate anticoagulation post-surgery if AF should develop</li> <li>Demonstrate detailed understanding of the different classes of antiarrhythmic medications available and their indications</li> <li>Demonstrate an awareness of the parameters that should be monitored/ assessed following the initiation of an antiarrhythmic ager e.g. LFTs, TFTs with amiodarone, heart rate following a beta blocker</li> <li>Produce a pharmaceutical care plan in which you are able to draw together the key indications for which an antiarrhythmic may be prescribed, as well as detailing the monitoring parameters required to assess therapeutic response/ benefit</li> <li>Recommended Resources:</li> </ul>
		Atrial Fibrillation: Management
		http://www.nice.org.uk/guidance/cg180
		2014 AHA/ACC/HRS Guidelines for the Management of Patients With Atrial Fibrillation: A Report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines and the Heart Rhythm Society.
		J Am Coll Cardiol. 2014; 64(21):e1-e76. Doi:10.1016/j.jacc.2014.03.022.
		2012 focused update of the ESC Guidelines for the Management of Atrial Fibrillation. European Heart Journal (2012) 33, 2719-2747. Doi: 10.1093/eurheartj/ehs253.

No	Competency	Recommended Evidence and Experience
2.9.1	Can summarise the differences between non-ST and ST elevation myocardial infarction	Demonstrate an understanding of how to perform a differential diagnosis between STEMI and NSTEMI patients:

2.9.2	Can summarise the pathophysiological	Biochemical markers
2.9.2	events leading to non-ST and ST elevation myocardial infarction	<ul> <li>Biochemical markers</li> <li>Demonstrate an understanding of how to apply GRACE and TIMI risk score to determine whether NSTEMI patients are at risk of further adverse cardiac event</li> <li>Identify an appropriate patient and present the risk factors and</li> </ul>
2.9.3	Can describe the pharmacology and pharmacokinetics of treatment options for non-ST and ST elevation myocardial infarction	discuss disease pathogenesis  Plaque formation/rupture  Degree of vessel occlusion Clinical Presentation
2.9.4	Can describe the key monitoring parameters for the treatment of non –ST and ST elevation myocardial infarction	<ul> <li>End of bed presentation: Explanation of rationale and evidence base behind the choice/combination of medicines prescribed.</li> <li>Immediate management: Medications administered prior to and during interventional procedure. Post-procedure medications and secondary prevention strategies</li> </ul>
2.9.5	Can provide details of national or international guidelines that include the management of non-ST and ST elevation myocardial infarction	Discussion with Pharmacist:  ECG Changes  Biochemical markers:  Troponin  Creatinine kinase  U&Es  LFTs  Explanation of rationale and evidence base behind the choice/combination of medications prescribed  Immediate management: Treatments used. Medications administered prior to and during interventional procedure: Thrombolysis vs PCI Loading doses — which P2Y12 antagonist and why?  Intravenous agents:  Ilb/Illa inhibitors e.g. Abciximab, Eptifibatide, Tirofiban  IV P2Y12 inhibitors e.g. Cangrelor  IV DTIs e.g. Bivalirudin  Relate back to local formularies and treatment pathways implemented within own hospitals. The management of patients will vary depending on whether the hospital you work in offers 24/7 primary PCI service  Anticoagulation - doses and durations of treatment  Post-procedure medications and secondary prevention strategies.  Choice of agents e.g.  Clopidogrel/Prasugrel/Ticagrelor  Atorvastatin 80mg od  Aspirin  ACEI and Beta-blocker  Relate each treatment choice to monitoring parameters e.g. BP, HR, renal function, hepatic function. Demonstrate an awareness of the following and how they relate to the medications prescribed:  NICE Guidelines
		<ul><li>ESC Guidelines</li><li>NSF</li></ul>
		Recommended Resources:
		Myocardial Infarction with ST-segment Elevation: Acute Management. http://www.nice.org.uk/guidance/cg167
		Unstable Angina and NSTEMI: Early Management. <a href="http://www.nice.org.uk/guidance/cg94">http://www.nice.org.uk/guidance/cg94</a>
		Prasugrel for the Treatment of Acute Coronary Syndromes with percutaneous coronary intervention. <a href="http://www.nice.org.uk/guidance/ta182">http://www.nice.org.uk/guidance/ta182</a>
		Ticagrelor for the Treatment of Acute Coronary Syndromes. http://www.nice.org.uk/guidance/ta236
		2015 ESC Guidelines for the Management of Acute Coronary Syndromes in Patients Presenting Without Persistent ST Segmentation Elevation. European Heart Journal doi:10.1093/eurheartj/ehv320.
		ESC Guidelines for the Management of Acute Myocardial Infarction in Patients Presenting with ST –Segment Elevation.
		European Heart Journal (2102) 33, 2569-2619 Doi:10.1093/eurheartj/ehs215. http://dx.doi.org/10.1093/eurheartj/ehs215

# **Section 3 – Respiratory System**

No	Competency	Recommended Evidence and Experience
3.1.1	Can summarise the physiology of pulmonary gas exchange	<ul> <li>Arrange on ward teaching with senior nurse or medical staff</li> <li>Be aware of ventilator care bundles and current guidance on prevention of ventilator associated pneumonia</li> </ul>
3.1.2	Can summarise the key aims and principals of ventilation	List options for NIV and describe those available in your Trust.     Understand how practical implications of these methods may impact on pharmaceutical care of the patient. (e.g. communication, drug administration)     Look at arterial blood gas results and relate to individual patients     Complete a care plan on a ventilated patient and discuss with critical care pharmacist
3.1.3	Can summarise basic modes of non- invasive mechanical ventilation	
3.1.4	Can summarise basic modes of invasive mechanical ventilation	Recommended Resources:  Williams. ABC of Oxygen. Assessing and Interpreting Blood Gases and Acid Base Balance BMJ 1998;317:113-1216.  Suthersan Y, Vargas M and Pelosi P. Protective Mechanical Ventilation in the Non-Injured Lung: Review and Meta-
3.1.5	Can summarise the potential complications of invasive mechanical ventilation	
3.1.6	Can describe methods of drug delivery in ventilated patients	Analysis. Critical Care 2014; 18:211.

# 3.2 Understands and Manages Therapy for Acute Lung Injury (ALI) and Acute Respiratory Distress Syndrome (ARDS)

No	Competency	Recommended Evidence and Experience
3.2.1	Can summarise the key differences between ALI and ARDS	<ul> <li>Discuss understanding of ALI/ARDS with the critical care pharmacist</li> <li>Complete a care plan or end of bed presentation for an ALI/ARDS patient</li> </ul>
3.2.2	Can describe the pharmacology and	Recommended Resources:
	pharmacokinetics of treatment options for ALI and ARDS	G J Bellingan. Reviews Series: The Pulmonary Physician In Critical Care. 6. The Pathogenesis of ALI/ARDS. Thorax 2002; 57:540-546.
3.2.3	Can describe the key monitoring parameters for the treatment of ALI and ARDS	Ware LB, Matthay MA. Review Article. The Acute Respiratory Distress Syndrome. NEJM 2000; 342(18): 1334-1349.
		Cepkova M. Pharmacotherapy of Acute Lung Injury and the Acute Respiratory Distress Syndrome. J Intensive Care Med 2006; 21:119.
		Mackay A. and Al-Haddad M. Acute Lung Injury and Acute Respiratory Distress Syndrome. Continuing Education in Anaesthesia, Critical Care and Pain (2009); 9(5):152-156.
		MacSweeney R & McAuley D F. Acute respiratory distress syndrome; Seminar. Lancet. 2016; 388( 10058):2416–2430 DOI: http://dx.doi.org/10.1016/S0140-6736(16)00578-X.

3.3 Understands and Manages Therapy for Asthma		
No	Competency	Recommended Evidence and Experience
3.3.1	Can summarise the key differences between the management of acute and chronic asthma	<ul> <li>Discuss understanding with Critical Care Pharmacist, (if appropriate arrange a visit to Respiratory Ward)</li> <li>Include: Salbutamol, Ipratropium, Steroids, Aminophylline, Magnesium and Ketamine</li> </ul>

3.3.2	Can summarise the pathophysiological events underlying chronic asthma	Be able to explain rationale for use and pharmacokinetics of the above medications
3.3.3	Can summarise the pathophysiological events underlying acute asthma	Recommended Resources:
		Current British Thoracic Society Asthma Guidelines.
3.3.4	Can describe the pharmacology and pharmacokinetics of treatment options for management of acute asthma	Clinical Review: Severe Asthma Critical Care 2002; 6:30-44.
3.3.5	Can describe the key monitoring parameters for the drugs used in the management of acute asthma	
3.3.6	Can provide details of national guidelines including the management of asthma	

# Section 4 – Central Nervous System

No	Competency	Recommended Evidence and Experience
4.1.1	Can summarise the difference between classes of different analgesic agents in a level 2 (or below) patient	<ul> <li>Demonstrate an understanding of any relevant Trust policies and procedures relating to pain management</li> <li>Complete a care plan or case study which covers choice of analgesic agent, monitoring, and possible effects of organ dysfunction</li> </ul>
4.1.2	Can summarise the differences between classes of different analgesic agents in a level 3 patient	Recommended Resources:  Any good pharmacology/pharmacokinetic text book.
4.1.3	Can describe the basic pharmacology and pharmacokinetics of analgesic agents in a level 2 (or below) patient	Acute Pain Management: Scientific Evidence 3rd Ed 2010.  Australian and New Zealand College of Anaesthetists and Faculty of Pain
4.1.4	Can describe the basic pharmacology and pharmacokinetics of analgesic agents in a level 3 patient	Medicine. Analgesia and Sedation in the Intensive Care Unit: Critical Care 2008; 12 (Suppl. 3).  Hall J.B, Schweickert W & Kress J.P. Role of Analgesics, Sedatives,
4.1.5	Knows the different uses of analgesic agents.	Neuromuscular Blockers and Delirium. Crit Care Med 2009; 37 (Suppl.) S416-S421.
4.1.6	Can describe the key monitoring parameters for the use of analgesic agents in a level 2 (or below) patient	Barr J. Fraser G L, Puntillo K, Ely W. E, Gelinas C, et al. Clinical Practice Guidelines for the Management of Pain, Agitation and Delirium in Adult Patients in the Intensive Care Unit. Critical Care Medicine 2013; 41(1): 263-306. doi: 10.1097/CCM.0b013e3182783b72.
4.1.7	Can describe the key monitoring parameters for the use of analgesic agents in a level 3 patient	
4.1.8	Can provide details of national or international guidelines that include the use of analgesic agents in a level 3 patient	

4.2	4.2 Understands and Manages Therapy for Acute Seizures		
No	Competency	Recommended Evidence and Experience	
4.2.1	Can summarise the key differences between different agents used for the management of acute seizures in a level 2 (or below) patient.	<ul> <li>Demonstrate an understanding of these drugs</li> <li>Produce a short summary on the use of thiopental sodium in the treatment of seizures</li> <li>Discuss safety issues concerning intravenous phenytoin</li> </ul>	
4.2.2	Can summarise the key differences between different agents used for the management of acute seizures in a level 3 patient	administration  • Demonstrate knowledge of other guidelines available  Recommended Resources:	

4.2.3	Can describe the basic pharmacology and pharmacokinetics of agents used for the management of acute seizures in a level 2 (or below) patient	Any good pharmacology / pharmacokinetic text book.  Clinical Pharmacy and Therapeutics Walker and Edwards.
4.2.4	Can describe the basic pharmacology and pharmacokinetics of agents used for the management of acute seizures in a level 3 patient	Seizures and Status Epilepticus in the Critically III Mirski M.A & Vareles P.N Critical Care Clinics – 2008; 24(1).  CG137 The Epilepsies: the Diagnosis and Management of the Epilepsies in Adults and Children in Primary and Secondary Care.
4.2.5	Can describe the key monitoring parameters for the use of agents used for the management of acute seizures in a level 2 (or Below) patient	https://www.nice.org.uk/guidance/cg137  NHS Improvement. Patient safety alert - Risk of death and severe harm from error with injectable phenytoin. 2016. https://improvement.nhs.uk/news-
4.2.6	Can describe key monitoring parameters for the use of agents used for the management of acute seizures in a level 3 patient	alerts/risk-death-and-severe-harm-error-injectable-phenytoin/
4.2.7	Can provide details of national or international guidelines that include the use of agents used for the management of acute seizures in a level 3 patient	

No	Competency	Recommended Evidence and Experience
4.3.1	Can summarise the agents used for the management of delirium	Demonstrate an awareness of any relevant Unit/Trust guidance     Be able to describe any monitoring system used for the detection of delirium
4.3.2	Can describe the basic pharmacology and pharmacokinetics of agents used for the management of delirium	Recommended Resources:
4.3.3	Can describe the key monitoring parameters for the use of agents used for the	Any good pharmacology/pharmacokinetic text book.
	management of delirium	Detection, Prevention and Treatment of Delirium in Critically III Patients.  Borthwick M. Bourne R, Craig M, Egan. A & Oxley J.
4.3.4	Provide details of national or international guidelines that include the use of agents used for the management of delirium	UKCPA/ICS – Currently being updated. <a href="http://www.ics.ac.uk/ICS/guidelines-and-standards.aspx">http://www.ics.ac.uk/ICS/guidelines-and-standards.aspx</a>
	-	ICU Delirium website:
4.3.5	Can summarise the key differences between	http://www.icudelirium.co.uk/
4.3.6	different agents used for the management of delirium in a level 2 (or below) patient  Can summarise the key differences between	British Association of Critical Care Nurses position statement on the use of restraint in adult critical care units. Bray K, Hill K, Robson W, Leaver G, Walker
4.5.0	different agents used for the management of	N et al. Nursing in Critical Care 2004; 9(5:199-212).
	delirium in a level 3 patient	NICE CG103 – Delirium: Diagnosis, Prevention and Management. http://www.nice.org.uk/guidance/cg103
		Clinical Practice Guidelines for the Management of Pain, Agitation, and Delirium in Adult Patients in the Intensive Care Unit. Barr J, Fraser G L, Puntillo K, Ely W E, Gelinas C et al.
		Critical Care Medicine 2013; 41(1): 263-306 doi: 10.1097/CCM.0b013e3182783b72.
		A Systematic Review of Risk Factors for Delirium in the ICU. Zaal I J, Devlin J W, Peelen L M, & Slooter A J C Critical Care Medicine 2015; 43(1): 40-47.

4.4 Understands and Applies Mental Health Strategies (depression, insomnia and anxiety)		
No	Competency	Recommended Evidence and Experience
4.4.1	Knows the key differences between agents used for mental health in the critically ill	Investigate the use of antidepressants in critical care
	patient	Recommended Resources:

4.4.2	Knows the basic pharmacology and pharmacokinetics of mental health agents in the critically ill patient	Any good Pharmacology text book.  The Patient Experience Website: <a href="https://www.Healthtalk.org">www.Healthtalk.org</a> (search for ICU/Intensive
4.4.3	Can describe non-drug options for optimisation of mental health in the critically ill patient	Care). This site has records of interviews with patients and their family. Access the website and in particular, read the extracts associated with emotion – (both during the stay and during recovery).
4.4.4	Know the different uses of agents for mental health in critically ill patients	Reflect on what you read and what you have seen in critical care and write a short reflective piece on how this may affect your future practice.
4.4.5	Can describe the key parameters for monitoring the use of mental health agents in the critically ill patient	Sleep Disruption in Critically III Patients – Pharmacological Considerations – Bourne RS & Mills GH. Anaesthesia 2004; 59: 374-384.

No	Competency	Recommended Evidence and Experience
4.5.1 Can give advice on management of therapies for Parkinson's Disease, including conversion to alternative treatment modalities/routes such as Rotigotine Patches and/or Apomorphine if required	Demonstrate an understanding of any relevant Unit/Trust policies     Complete a care plan for a Parkinson's patient who is NBM  Recommended Resources:  Any good pharmacology /pharmacokinetic text book.  NICE CG35 – Parkinson's Disease in over 20s: Diagnosis and Management.	
		http://www.nice.org.uk/guidance/cg35  Managing Parkinson's Disease During Surgery- Brennan K. A & Genever R .\ BMJ – 2010; 341: c 5718. Doi: http://www.bmj.com/content/341/bmj.c5718

# **Section 5 – Infections**

5.1	Understands and Manages The	erapy for Infections
No	Competency	Recommended Evidence and Experience
5.1.1	Can summarise the basic pathophysiological events, underlying and leading to infection	Describe the four cardinal signs of inflammation     Describe the vascular and cellular events occurring within the tissues     Define sepsis and septic shock     Complete pharmaceutical care plan for a septic patient and discuss
5.1.2	Can describe the concept of SIRS, sepsis, severe sepsis and septic shock	with critical care pharmacist  Attend microbiology ward rounds
5.1.3	Can outline common sources of infection for different body systems	<ul> <li>Awareness of Trust antimicrobial guidelines for empiric treatment of the infections listed below. Discuss with the pharmacist</li> <li>Awareness of the diagnosis, likely organisms and management of the</li> </ul>
5.1.4	Can describe the pharmacology and pharmacokinetics of anti-infective agents	following infections. (Read articles and discuss with critical care pharmacist/antibiotic pharmacist)  Complete pharmaceutical care plan for a patient with/receiving:
5.1.5	Can outline the place in therapy, of supportive agents for sepsis (for example, steroids)	<ul> <li>Clostridium Difficile</li> <li>CAP</li> <li>HAP/VAP</li> <li>Vancomycin and Gentamicin and discuss with critical ca</li> </ul>
5.1.6	Can summarise the key evidence base, regarding the use of supportive agents for sepsis	pharmacist.  Describe the mechanism of action of anti-infectives and their routes of elimination – discuss with critical care pharmacist  Awareness of Trust guidelines for Gentamicin and Vancomycin and
5.1.7	Can outline specific local strategies for optimisation of anti-infective therapy in critically ill patients. (For example, aminoglycosides, and vancomycin)	<ul> <li>how to adjust doses</li> <li>Complete case studies and discuss with critical care pharmacist</li> <li>Describe the role of temperature, WCC and CRP in monitoring treatment of infection</li> <li>Describe other methods of monitoring treatment of infection relating to</li> </ul>

		7
5.1.8	Can outline monitoring parameters for anti-infective therapies	<ul> <li>source</li> <li>Spend time with infection control nurse</li> <li>Attend Annual Trust infection control training</li> </ul>
5.1.9	Can summarise factors that lead to the development of resistance	<ul> <li>Awareness of Trust antimicrobial activity chart- discuss with critical care pharmacist/antibiotic pharmacist</li> <li>Describe the advantages and disadvantages of selective decontamination of the digestive tract (SDD) and if it is used in the</li> </ul>
5.1.10	Can describe the strategies for prevention and management of healthcare associated and cross infection	<ul> <li>Trust</li> <li>Awareness of Trust MRSA decolonisation policy</li> <li>Awareness of the professional bodies producing guidelines for management of infections – discuss with critical care pharmacist</li> </ul>
5.1.11	Can describe the strategies for preventing ventilator-associated pneumonia	Recommended Resources:
5.1.12	Can summarise the spectrum of activity of common anti-infective agents	An Overview of the Immune System. Nursing Standard 2008; 23(15-17): 47-56.  National Institute for Health and Care Excellence (NICE). Sepsis: recognition, diagnosis and early management. NICE guideline NG51. July 2016 available
5.1.13	Can describe infection reduction strategies, such as selective decontamination of the digestive tract (SDD), oral decontamination,	online at: <a href="http://www.nice.org.uk/guidance/">http://www.nice.org.uk/guidance/</a> Surviving Sepsis Campaign: International Guidelines for Management of Sepsis and Septic Shock: 2016. Intensive Care Med (2017) 43:304–377.
	and total skin decontamination – along with their underlying principals, where used	NHS England. Patient Safety Alert. Resources to Support the Prompt Recognition of Sepsis and the Rapid Initiation of Treatment 2nd September 2014. Available on line at: <a href="http://www.england.nhs.uk/2014/09/02/psa-sepsis/">http://www.england.nhs.uk/2014/09/02/psa-sepsis/</a>
5.1.14	Can provide details of national or international guidelines that include the management of infection	The JAMA Network: Sepsis. Available online at: <a href="http://sites.jamanetwork.com/sepsis/">http://sites.jamanetwork.com/sepsis/</a>
5.1.15	Can provide details of national or international guidelines that include the management of infection in the critically ill patient	Jamieson C. Healthcare Associated Infection- Hospital Acquired Infection, Hospital Pharmacist 2008; 15: 7-12.
		Moulder E. Healthcare Associated Infection Intervention Related Infection, Hospital Pharmacist 2008; 15: 13-15.
		Wickens H and Wade P. the Right Drug for the Right Bug. Pharm J 2005; 274: 365-368.
		Wickens H and Wade P. How Pharmacists Can Promote the Sensible Use of Antimicrobials. Pharm J 2005; 274: 427-430.
		Wickens H and Wade P. Understanding Antibiotic Resistance. Pharm J 2005; 274: 501-504.
		** GASTROINTESTINAL SYSTEM **
		UK Medicines Information (UKMI) Medicines Q and As. Clostridium Difficile Infection – Which Antimicrobials are Implicated. All current UKMi Q&As are available on the Specialist Pharmacy Services website <a href="https://www.sps.nhs.uk">www.sps.nhs.uk</a>
		UK Medicines information (UKMI) Medicines Q and As Clostridium Difficile Infection – Are Acid Suppressant Medicines a Risk Factor? All current UKMi Q&As are available on the Specialist Pharmacy Services website <a href="https://www.sps.nhs.uk">www.sps.nhs.uk</a>
		Department of Health (DoH). Clostridium Difficile Infection: How to Deal with the Problem DoH 2009.
		Cohen S.H, Gerding N.D, Johnson S et al Clinical Practice Guidelines for Clostridium Difficile Infection in Adults: 2010 update by the Society for Healthcare Epidemiology of America (SHEA) and the Infectious Diseases Society of America (IDSA). Infection Control Hosp Epidemiol 2010; 31(5): 431-455.
		Public Health England (PHE). Updated Guidance on the Management and Treatment of Clostridium Difficile Infection. May 2013. Available online at: <a href="http://www.gov.uk/phe">http://www.gov.uk/phe</a>
		** CARDIOVASCULAR SYSTEM **
		American Heart Association. Infective Endocarditis in Adults: Diagnosis, Antimicrobial Therapy and Management of Complications. Circulation 2015;

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Faculty of Intensive Care Medicine and the Intensive Care Society. Ventilator Associated Pneumonia. Guidelines for Provision of Intensive Care Services. Edition 1 2015.

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Logan S.A.E and MacMahon E Viral Meningitis. BMJ 2008; 336:36-40.

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** CORTICOSTEROIDS **
Corticosteroids in the Treatment of Severe Sepsis and Septic Shock in Adults: A Systematic Review. JAMA 2009; 301(22): 2362-2375.
** SELECTIVE DECONTAMINATION OF THE DIGESTIVE SYSTEM (SSD) **
Selective Decontamination of the Digestive Tract Reduces Morality in Critically III Patients. Critical Care 2003; 7: 107-110.

# **Section 6 – Endocrine System**

No	Competency	Recommended Evidence and Experience
6.1.1	Can summarise the pathophysiological events leading to acute diabetic emergencies	<ul> <li>Can define Hypoglycaemia, Diabetic Ketoacidosis, Hyperglycaemia,         Hyperosmolar Non-Ketotic Coma/Hyperosmolar Hyperglycaemic         State (HONK/HHS) and Lactic Acidosis</li> <li>Make a list of drug groups that could potentially affect blood glucose</li> </ul>
6.1.2	Can recognise and manage drug therapy and other factors that affect blood glucose control in critically ill patients	<ul> <li>control</li> <li>Review common IV drugs administered on critical care for alternative routes/methods of administration and familiarise yourself with differ</li> </ul>
6.1.3	Can summarise strategies for the management of acute diabetic emergencies	diluents used for IV administration and the consequences associated with the choice of diluents
6.1.4	Can describe the key monitoring parameters for patients with acute diabetic emergencies	Become familiar with own Trust's guidance on management of Hypoglycaemia, Diabetic Ketoacidosis, Hyperglycaemia, Hyperosmolar Non-Ketotic Coma/Hyperosmolar Hyperglycaemic State (HONK/HHS) and Lactic Acidosis
		<ul> <li>Develop a care plan for patients admitted to ITU with Hypoglycaemia, Diabetic Ketoacidosis, Hyperglycaemia, Hyperosmolar Non-Ketotic Coma/Hyperosmolar Hyperglycaemic State (HONK/HHS) and Lactic Acidosis</li> </ul>
		Review ITU observation chart for a patient admitted with Hypoglycaemia, Diabetic Ketoacidosis, Hyperglycaemia, Hyperosmolar Non-Ketotic Coma/Hyperosmolar Hyperglycaemic State (HONK/HHS) and Lactic Acidosis and also any results on results reporter     Perform/shadow monitoring with critical care nurse
		Recommended Resources:
		Any good pharmacology textbook
		Leach R. Critical Care Medicine at a Glance. Third edition. Wiley-Blackwell. Oxford. 2014. 50 Diabetic Emergencies. Pages 100-102.
		McConachie I. Handbook of ICU Therapy. Second Edition. Cambridge University Press. London. 2006. 28 the Critically III Diabetic. Pages 392-400.
		Bersten AD, Soni N. OH's Intensive Care Manual. Seventh Edition. Butterworth Heinemann Elsevier. 2013. Chapter 58 Diabetic Emergencies. Pages 629-636.
		** HYPOGLYCAEMIA **
		Heller SR. Hypoglycaemia in Diabetes. Medicine 2006; 34(3):107-110.

Wright J, Gray AH, Goodey V. Clinical Pharmacy. First Edition. London. Pharmaceutical Press. 2006. Hypoglycaemia. Pages 92-95.

Longmore M, Wilkinson I, Baldwin A, Wallin E. Oxford Handbook of Clinical Medicine. Ninth Edition. Oxford University Press. Oxford. 2014. Hypoglycaemic Coma. Page 206, 844.

#### \*\* DIABETIC KETOACIDOSIS \*\*

Nattrass M. Diabetic Ketoacidosis. Medicine 2006; 34(3):104-106.

Wright J, Gray AH, Goodey V. Clinical Pharmacy. First Edition. London. Pharmaceutical Press. 2006. Diabetic Ketoacidosis. Pages 96-99.

Elliott R. Critical Care Therapeutics. First Edition. Pharmaceutical Press. London. 1999. Chapter 12 Management of Acute Medical Crisis. Pages 154-155.

Longmore M, Wilkinson I, Baldwin A, Wallin E. Oxford Handbook of Clinical Medicine. Ninth Edition. Oxford University Press. Oxford. 2014. Diabetic Ketoacidosis. Pages 842-843.

Kumar P, Clark M. Clinical Medicine. Eighth Edition. Saunders Elsevier. London. 2012. Chapter 20 Diabetes Mellitus and Other Disorders of Metabolism. Diabetic Metabolic Emergencies. Pages 1001-1046.

#### \*\* HYPERGLYCAEMIA \*\*

Kitabchi A, Kreisberg R, Umpierrez G et al. Management of Hyperglycaemic Crises in Patients with Diabetes. Diabetes Care 2001. 24(1): 131-153. http://care.diabetesjournals.org/content/27/suppl\_1/s94.full.pdf+html

Wright J, Gray AH, Goodey V. Clinical Pharmacy. First Edition. London. Pharmaceutical Press. 2006. Hyperglycaemia. Page 92.

# \*\* HYPEROSMOLAR NON-KETOTIC COMA/HYPEROSMOLAR HYPERGLYCAEMIC STATE (HONK/HHS) \*\*

Wright J, Gray AH, Goodey V. Clinical Pharmacy. First Edition. London. Pharmaceutical Press. 2006. Hyperosmolar Non-Ketotic Syndrome (HONS or HONK/HHS). Pages 99-101.

Elliott R. Critical Care therapeutics. First Edition. Pharmaceutical Press. London. 1999. Chapter 12 Management of Acute Medical Crisis. Page 156.

Longmore M, Wilkinson I, Baldwin A, Wallin E. Oxford Handbook of Clinical Medicine. Ninth Edition. Oxford University Press. Oxford. 2014. Hyperglycaemic Hyperosmolar Non-Ketotic (HONK/HHS) Coma. Page 844.

Kumar P, Clark M. Clinical Medicine. Eighth Edition. Saunders Elsevier. London. 2012. Chapter 20 Diabetes Mellitus and Other Disorders of Metabolism. Diabetic Metabolic Emergencies. Pages 1001-1046.

### \*\* LACTIC ACID \*\*

Elliott R. Critical Care Therapeutics. First Edition. Pharmaceutical Press. London. 1999. Chapter 12 Management of Acute Medical Crisis. Page 156.

Kumar P, Clark M. Clinical Medicine. Eighth Edition. Saunders Elsevier. London. 2012. Chapter 20 Diabetes Mellitus and Other Disorders of Metabolism. Diabetic Metabolic Emergencies. Pages 1001-1046.

### \*\* BLOOD GLUCOSE CONTROL \*\*

Wright J, Gray AH, Goodey V. Clinical pharmacy. First Edition. London. Pharmaceutical Press. 2006. Factors Affecting Insulin Requirements. Pages 84-

87. \*\* ALTERNATIVE ROUTES/METHODS OF ADMINISTRATION/ HYPOGLYCAEMIA, DIABETIC KETOACIDOSIS, HYPEROSMOLAR NON-KETOTIC COMA/HYPEROSMOLAR HYPERGLYCAEMIC STATE (HONK/HHS) AND LACTIC ACIDOSIS \*\* Leach R. Critical Care Medicine at a Glance. Third edition. Wiley-Blackwell. Oxford. 2014. 50 Diabetic Emergencies. Pages 100-102. McConachie I. Handbook of ICU therapy. Second Edition. Cambridge University Press. London 2006. 28 The Critically III Diabetic. Pages 392-400. Kumar P, Clark M. Clinical Medicine. Eighth Edition. Saunders Elsevier. London. 2012. Chapter 20 Diabetes Mellitus and Other Disorders of Metabolism. Diabetic Metabolic Emergencies. Pages 1001-1046. Bersten AD, Soni N. OH's Intensive Care Manual. Seventh Edition. Butterworth Heinemann Elsevier. 2013. Chapter 58 Diabetic Emergencies. Pages 629-636. For looking at alternative routes consult: **Current BNF** Electronic Medicines Compendium http://www.medicines.org.uk/emc/ Medusa Injectable Medicines Guide: http://www.injguide.nhs.uk/ UCL Hospitals Injectable Medicines Administration Guide. Third Edition. Wiley-Blackwell. London. 2010 Perform/shadow monitoring with ITU nurse Jevon P, Ewens B. Monitoring the Critically III Patient. Second Edition. Blackwell Publishing. Oxford. 2008. Monitoring Endocrine Function. Pages 210-216 Leach R. Critical Care Medicine at a Glance. Third edition. Wiley-Blackwell. Oxford. 2014. 50 Diabetic Emergencies. Pages 100-102 Kumar P, Clark M. Clinical Medicine. Eighth Edition. Saunders Elsevier. London. 2012. Chapter 20 Diabetes Mellitus and Other Disorders of Metabolism. Diabetic Metabolic Emergencies. Pages

6.2	Understands and applies strateg	gies for glycaemic control
No	Competency	Recommended Evidence and Experience
6.2.1	Can summarise local strategies for the use of glycaemic control in critically ill patients	Look at ITU/own Trust's protocol for tight glycaemic control in critically ill patients  Look at actions on ITU and their blood glycaem require and interrest.
6.2.2	Can describe the key monitoring parameters for patients on glycaemic control regimens	<ul> <li>Look at patients on ITU and their blood glucose results and interpret the readings and how they influence the management of that patient</li> <li>Can describe how blood glucose is measured</li> </ul>
6.2.3	Can interpret criteria to identify patients suitable for glycaemic control	List the key monitoring parameters and frequency of which they should be monitored  Make the control of th
6.2.4	Can summarise the key evidence base regarding tight glycaemic control	Make a list of different types of patients that would need tight glycaemic control and discuss the list with the ITU pharmacist
6.2.5	Can provide details of national or international guidelines that include tight glycaemic control	Recommended Resources:
		Any good pharmacology textbook and/or
		NICE – sugar Study investigators. Intensive versus conventional glucose control in critically ill patients. NEJM 2009; 360:1283-97.
		Van Den Berghe G et al. Intensive Insulin Therapy in Critically III Patients. N Engl J Med 2006; 354(19):1359-67.
		http://content.nejm.org/cgi/reprint/345/19/1359.pdf  Van Den Berghe G Et al. Intensive Insulin Therapy in the Medical ICU. N Engl J

1001-1046

Emergencies. Pages 629-636

Bersten AD, Soni N. OH's Intensive Care Manual. Seventh Edition. Butterworth Heinemann Elsevier. 2013. Chapter 58 Diabetic

Med 2006: 354(5):449-461. http://content.nejm.org/cgi/reprint/354/5/449.pdf
Implementation of a Safe and Effective Insulin Infusion Protocol in a Medical Intensive Care Unit. <a href="http://care.diabetesjournals.org/content/27/2/461.full?sid=7ce76213-daab-4d71-8f22-81e205956fca">http://care.diabetesjournals.org/content/27/2/461.full?sid=7ce76213-daab-4d71-8f22-81e205956fca</a>
Dellinger RP, Levy MM, Rhodes A, Annane D et al. Surviving Sepsis Campaign: International Guidelines for Management of Severe Sepsis and Septic Shock: 2012. Critical Care Medicine. Pages 580-637.

No	Competency	Recommended Evidence and Experience
6.3.1	Can differentiate the pharmacological properties of different corticosteroids  Can describe various uses of corticosteroids	Formulate a table with the different corticosteroids used on your ITU in one column and a summary of their pharmacological properties in another column. Also look at the dose equivalents between the different corticosteroids
6.3.3	in the critically ill  Can describe the key monitoring parameters for corticosteroids in the critically ill	Make a list of different uses and the doses prescribed of corticosteroids in the treatment of critically ill patients on ITU and discuss this list with the Critical Care Pharmacist
6.3.4	Can recognise adverse effects of corticosteroids	<ul> <li>Do a care plan for a patient on corticosteroids</li> <li>List the biochemical monitoring needed for patients on corticosteroids</li> <li>Corticosteroids – Formulate a table and for each side effect list a</li> </ul>
6.3.5	Can describe options to minimise the adverse effects of corticosteroids in the critically ill	management option. Discuss the table with the Critical Care     Pharmacist     Make a list of adverse effects that are associated with corticosteroid
6.3.6	Can provide details of national or international guidelines that include the use of steroids in critically ill patients	use and discuss them with the Critical Care Pharmacist  Recommended Resources:  Any good pharmacology textbook and/or  Richards D, Aronson J, Coleman J, Reynolds DJ. Oxford Handbook of Practica Drug Therapy. Oxford University Press. 2011. Corticosteroids. Pages 486-494.
		Rang HP, Dale MM, Ritter JM, Flower RJ Pharmacology. Seventh Edition. Churchill Livingstone. London. 2011. Chapter 32: The Pituitary and Adrenal Cortex. Pages 394-409.
		** SEPSIS **
		Annane D, Sebille V, Charpentier C et al. Effect of treatment with low doses of hydrocortisone and fludrocortisone on mortality in patients with septic shock. JAMA, 2002; 288(7):862-871.

# Section 7 – Obstetrics, Gynaecology & Urinary Tract Disorders is not applicable for Band 7 Training

# **Section 8 – Malignant Diseases and Immunosuppression is not applicable for Band 7 Training**

**Section 9 – Nutrition & Blood** 

No	Competency	Recommended Evidence and Experience
9.1.1	Can summarise the key risks and benefits of enteral and parenteral feeding options	Make a list of the Pros and Cons of Enteral Nutrition vs Parenteral Nutrition     Make a list of the different types of Enteral Feeding tubes and describe for each, where they are placed
9.1.2	Can describe different routes for providing enteral nutrition	Look at a few of the ITU drug charts and for each drug on them, that is given enterally, look up and note down issues re drug
9.1.3	Can describe the implications of different routes of enteral administration on drug absorption	administration and absorption     Make a list of the disease states that have an impact on Nutrition Support and note down why
9.1.4	Can summarise the implications of different disease states on the constitution of nutritional support	<ul> <li>Create a table of the key elements of Nutrition and describe their function</li> <li>Attend the Nutrition Team ward round and/or arrange to spend time</li> </ul>
9.1.5	Can describe the key elements of enteral and parenteral feeding regimes	<ul> <li>with Critical care Dietician or Nutrition Pharmacist</li> <li>Find out what the procedure is for obtaining PN/enteral nutrition in your Trust, and what role, if any, pharmacy has in this. (Consider in and out of normal working hours)</li> </ul>
9.1.6	Can provide details of national or international guidelines that include nutritional recommendations	<ul> <li>Read your Trust's PN Policy.]</li> <li>Make a list of Common Critical Care drugs that affect what is put in a patient's PN bag.]</li> <li>Complete a care plan on a patient receiving total parenteral nutrition and discuss with the Critical Care Pharmacist.]</li> </ul>
		Recommended Resources:
		Kreymann KG et al. ESPEN Guidelines on Enteral Nutrition: Intensive Care. Clinical Nutrition 2006; 25:210-223.
		Singer P et al. ESPEN Guidelines on Parenteral Nutrition: Intensive Care. Clinical Nutrition 2009; 28: 387-400.
		Thomson FC. Managing Drug Therapy in Patients Receiving Enteral and Parenteral Nutrition. Hospital Pharmacist 2000; Vol 7 (6): 155-164.
		White R, Bradnam V. Handbook of Drug Administration via Enteral Feeding Tubes. Third Edition. Pharmaceutical Press London. 2015.
		National Institute for Health and Care Excellence. Nutrition Support in Adults: Oral Nutrition Support, Enteral Tube Feeding and Parenteral Nutrition. February 2006. <a href="https://www.nice.org.uk/guidance/cg32">https://www.nice.org.uk/guidance/cg32</a>

No	Competency	Recommended Evidence and Experience
9.2.1	Can summarise the differences and properties of the various classes of fluids  Can describe the key monitoring parameters for the use of fluids	Demonstrate an understanding of the difference of fluids:
9.2.3	Can provide details of national or international guidelines that include the use of fluids	<ul> <li>For each crystalloid/colloid identified above, know of its composition and how that would compare to normal physiological fluid</li> <li>Demonstrate an understanding of the five basic principles of fluid replacement</li> <li>For each of the fluids identified above, list the situations in which each would be used e.g. Post-surgery</li> <li>Review fluid balance charts for a selection of patients and look to see if the fluids prescribed were appropriate for their condition/balance</li> <li>Produce a pharmaceutical care plan for a patient requiring fluid replacement and detail monitoring parameters, indications for use, etc.</li> <li>Recommended Resources:</li> <li>Any good pharmacological text book and/or</li> <li>Powell-Tuck J et al. British Consensus Guidelines on intravenous Fluid Therapy for Adult Surgical Patients. March 2011.</li> </ul>

	www.bapen.org.uk/pdfs/bapen_pubs/giftasup.pdf
	National institute for Health and Care Excellence. Intravenous Fluid Therapy in Adults in Hospital. December 2013. <a href="http://www.nice.org.uk/guidance/cg174/resources/intravenousfluid-therapy-in-over-16s-in-hospital-35109752233669">http://www.nice.org.uk/guidance/cg174/resources/intravenousfluid-therapy-in-over-16s-in-hospital-35109752233669</a>

# Section 10 – Musculoskeletal & Joint Diseases is not applicable for Band 7 Training

## Section 11 – Eye

No	Competency	Recommended Evidence and Experience
11.1.1	Can give advice on basic eye care for critically ill patients	<ul> <li>Demonstrate an awareness of any relevant unit/ trust guidance</li> <li>Can describe basic eye care in a critically ill patient</li> <li>Has an awareness of common eye problems in the critically ill patient, especially the issues with loss of protective mechanisms</li> </ul>
		Recommended Resources:
		Eye Care, Mooney G. Nursing times. 21 June 2007. https://www.nursingtimes.net/clinical-archive/assessment-skills/eye-care/199389.article
		JBIEBNM 2002 Eye care for intensive care patients, Best Practice Vol 6 Issu 1, Blackwell Publishing, Australia. ISSN 1329-1874.
		The neglected eye: Ophthalmological Issues in the intensive unit. Ramirez F Ibarra S, Varon J, Tang R. Critical care and Shock (2008) 11: 72-82.
		Developing Clinical guidelines in eye care for intensive care. Douglas L, Berr S. Ophthalmology. June 2011 : Vol 23 : Number 5.

# Section 12 – Ear, Nose & Oropharynx is not applicable for Band 7 Training

## Section 13 – Skin is not applicable for Band 7 Training

# Section 14 – Immunological Products & Vaccines

No	Competency	Recommended Evidence and Experience
14.1.1	Can give advice on vaccination and antibiotic prophylaxis for splenectomy patients	<ul> <li>Describe the structure and function of the spleen</li> <li>Describe the indications for splenectomy</li> <li>Describe the complications of splenectomy including immunisations required and antimicrobial prophylaxis</li> </ul>

Any good pharmacology text book

Patient UK. Splenectomy and Hyposplenism. Last checked 19<sup>th</sup> Dec 2016. Available online at:

http://patient.info/doctor/splenectomy-and-hyposplenism

Yildzi AE, Ariyurek O and Karcaaltincaba M. Splenic Anomalies of Shape, Size and Location. The Scientific World Journal 2013: 1-9.

Strickland A and Lloyd D. The Spleen and Indications for Splenectomy. Surgery 2007; 25(2): 98-101.

Davies J.M, Lewis M.P, Wimperis J et al. Review of Guidelines for the Prevention and Treatment of Infection in Patients with an Absence or Dysfunctional Spleen: Prepared on behalf of the British Committee for Standards in Haematology by a Working Party of the Haematol- Oncology Task Force. Br J Haematol 2011; 155(3): 308-317.

Rubin L.G, Levin M.J, Ljungman P et al. ISDA Practice Guideline for Vaccination of the Immunocompromised Host. Clin Infect Dis 2014; 58(3): 309-318.

Public Health England. Immunisation Against Infectious Diseases <a href="https://www.gov.uk/government/collections/immunisationagainst-infectious-disease-the-green-book">https://www.gov.uk/government/collections/immunisationagainst-infectious-disease-the-green-book</a>

Immunisation of Individuals with Underlying Medical Conditions: The Green Book, Chapter 7. Public Health England. First published 20th March 2013. Updated regularly, see website for most recent version. Available online at: <a href="https://www.gov.uk/government/publications/immunisation-ofindividuals-with-underlying-medical-conditions-the-green-bookchapter-7">https://www.gov.uk/government/publications/immunisation-ofindividuals-with-underlying-medical-conditions-the-green-bookchapter-7</a>

Influenza: The Green Book, chapter 19. Public Health England. First published 20th March 2013. Updated regularly, see website for most recent version. Available online at:

 ${\color{blue} \underline{https://www.gov.uk/government/publications/influenza-the-green-book-chapter} \underline{19}$ 

Meningococcal: The Green Book chapter 22. Public Health England. First published 20th March 2013. Updated regularly, see website for most recent version. Available online at:

 $\underline{\text{https://www.gov.uk/government/publications/meningococcal-the-green-book-chapter-22}}$ 

Pneumococcal: The Green Book chapter 25. Public Health England. First published 20th March 2013. Updated regularly, see website for most recent version. Available online at

 $\frac{\text{https://www.gov.uk/government/publications/pneumococcal-the-green-book-chapter-}25}{\text{chapter-}25}$ 

No	Competency	Recommended Evidence and Experience
14.2.1	Can give advice on the use of products to prevent tetanus in trauma patients	<ul> <li>Describe tetanus</li> <li>Define the risk factors for a tetanus prone wound</li> <li>An awareness of the immunisation recommendations for clean and tetanus prone wounds, including when tetanus immunoglobulin is used</li> </ul>
		Recommended Resources:
		Rhee P, Nunley M.K, Demetriades D et al. Tetanus and Trauma: A Review and Recommendations. J Trauma 2005; 58: 1082 – 1088.
		Public Health England. Immunisation Against infectious Diseases – available online at:
		https://www.gov.uk/government/collections/immunisation-against-infectious-disease-the-green-book
		Tetanus: The Green Book Chapter 30. Public Health England. First

published 20th March 2013. Updated regularly, see website for most recent version. Available online at: <a href="https://www.gov.uk/government/publications/tetanus-the-green-book-chapter-30">https://www.gov.uk/government/publications/tetanus-the-green-book-chapter-30</a>
Tetanus Immunoglobulin: Tetanus Immunoglobulin Alternatives. Public Health England 30 <sup>th</sup> June 2015. Updated regularly, see website for most recent version. Available online at: <a href="https://www.gov.uk/government/publications/immunoglobulin-when-to-use">https://www.gov.uk/government/publications/immunoglobulin-when-to-use</a>

# Section 15 – Anaesthesia

No	Competency	Recommended Evidence and Experience
15.1.1	Knows the difference between classes of commonly used sedative agents, used in the management of a level 2 (or below) patient	Demonstrate an awareness of different classes used     Demonstrate an awareness of the impact of organ failure on pharmacokinetics     Review Unit Sedation policy and demonstrate an understanding of the drugs used
15.1.2	Knows the difference between classes of commonly used sedative agents used in the management of a level 3 patient	<ul> <li>Be able to describe the monitoring strategy used in the Trust/Unit</li> <li>Develop either a case study on a sedated patient or a pharmaceutical care plan for a level 3 patient, on sedation</li> <li>Include the monitoring used in either the care plan above or the case study and critically assess it</li> </ul> Recommended Resources:
15.1.3	Knows the basic pharmacology and pharmacokinetics of sedative agents in a level 2 (or Below) patient	
15.1.4	Can describe the basic pharmacology and pharmacokinetics of sedative agents in a level 3 patient	Any good pharmacology/pharmacokinetic book  Analgesia and Sedation in the Intensive Care Unit. Critical Care 2008; 12 (Suppl. 3).
15.1.5	Knows the common uses of sedative agents in critically ill patients	(Suppl. 3).  Critical Care Med 2009; 37 (Suppl.) S416-S421.
15.1.6	Can describe the key monitoring parameters for the use of sedative agents, in a level 2 (or below) patient	Patients' Recollections of Stressful Experience, While Receiving Prolonged Mechanical Ventilation in an Intensive Care Unit.
15.1.7	Can describe key monitoring parameters for the use of sedative agents, in a level 3 patient	Rotondi A.J, Ladshmipathi C et al. Critical Care Med 2002; 30(4): 746-752.  Cooperative Sedation: Optimizing Comfort while Maximizing Systemic and Neurological Function. Goodwin et al Critical Care 2012, 16:217.
15.1.8	Can provide details of national or international guidelines that include the use of sedative agents in a level 3 patient	Patient Experience website: http://www.healthtalkonline.org/Intensive_care/
		ICS Sedation Guidelines: http://www.ics.ac.uk/ICS/guidelines-and-standards.aspx

15.2	15.2 Understands and Applies Methods of Neuromuscular Blockade Management.		
No	Competency	Recommended Evidence and Experience	
15.2.1	Knows the key differences between different neuromuscular blocking agents	Be aware of any Unit guidelines on neuromuscular blocking agents     Investigate the use of Train of Four and BIS monitoring, and any other methods used by the Unit	
15.2.2	Can describe the basic pharmacology and pharmacokinetics of neuromuscular blocking agents	Recommended Resources:  Any good pharmacology/pharmacokinetic text book	
15.2.3	Knows the different uses of neuromuscular blocking agents	(BNF chapter 15, Martindale, etc.)	

15.2	4 Can describe the key monitoring parameters for the use of neuromuscular blocking agents	Clinical Practice Guidelines for Sustained Neuromuscular Blockade in the Adult Critically III Patient. American Journal of Health-System Pharmacy. 2002; 59(2). <a href="http://www.medscape.com/viewarticle/424720">http://www.medscape.com/viewarticle/424720</a>
15.2	Can provide details of national or international guidelines that include the use of neuromuscular blocking agents	Role of Analgesics, Sedatives, Neuromuscular Blockers and Delirium. Hall J.B, Schweickert W & Kress J.P.Critical Care Med 2009; 37 (Suppl.):S416-S421.

# **Section 16 – Liver Disease**

No	Competency	Recommended Evidence and Experience
16.1.1	Can summarise the basics of hepatic physiology	Can demonstrate and understanding of the role/importance of:     Hepatocytes     Biliary tree and gallbladder
16.1.2	Can summarise the key methods for the monitoring of hepatic function	<ul> <li>Blood supply to the liver</li> <li>Can describe and demonstrate a working knowledge of normal ranges for liver</li> </ul>
16.1.3	Can interpret the results of different methods for monitoring of hepatic function results	<ul><li>Enzymes</li><li>Ammonia</li><li>Bilirubin</li></ul>
16.1.4	Can interpret possible underlying causes of abnormal hepatic function results	<ul> <li>Blood glucose</li> <li>Albumin</li> <li>Other markers of synthetic function based on discussion</li> <li>Can describe the role of Biopsy/USS and understand the importance</li> </ul>
16.1.5	Can interpret and apply these results to inform appropriate drug dosing decisions	of signs on physical examination:  o Gynaecomastia
16.1.6	Can interpret the likely underlying causes of hepatic function results	<ul> <li>Spider Naevi</li> <li>Ascites</li> <li>Encephalopathy</li> <li>Pruritus, etc</li> </ul>
16.1.7	Can summarise the key differences between acute and chronic hepatic failure	Case based discussion on:
16.1.8	Can summarise the basic pathophysiological events leading to acute and chronic hepatic failure	Choices with Mentor  Recommended Resources:
16.1.9	Can recognise and manage drug therapy that affects hepatic functions	ABC of Disease of the Liver, Pancreas and Biliary System. Investigation of Liver and Biliary Disease. BMJ 2001; 322:33.
		Any up to date Physiology textbook
		Bernal W Wendon J. Acute Liver Failure. N Engl J Med 2013; 369: 2525-2534.
		Drugs and the Liver. Ed Penny North Lewis. Pharmaceutical Press 2008. London.

# Section 17 – Renal Impairment

No	Competency	Recommended Evidence and Experience
17.1.1	Can summarise the basics of renal physiology	<ul> <li>Describe the structure and function of the kidney</li> <li>Describe the different methods for measuring renal function and the</li> </ul>
17.1.2	Can summarise the key methods for monitoring of renal function	<ul> <li>limitations</li> <li>Demonstrates an awareness of the role of creatinine, urea and urine output in monitoring renal function</li> </ul>
17.1.3	Can interpret the results of different methods for monitoring of renal function	Describe characteristics of drugs, which will be most affected be renal impairment and what factors to consider when selecting for patients with renal impairment

17.1.4	Can apply monitoring results to inform appropriate drug dosing decisions	<ul> <li>Demonstrates an awareness of when to use eGFR and when to use creatinine clearance for adjusting drug doses</li> <li>Demonstrates ability to calculate creatinine clearance (including for obese patients) GFR absolute when necessary</li> <li>Demonstrates an awareness of reference sources available, (including their advantages and disadvantages) can give advice on drug dosing in renal impairment</li> <li>Demonstrates ability to adjust dosing regimens for patients with impaired renal function</li> <li>Recommended Resources:</li> <li>Any good pharmacology/pharmacokinetic text book</li> <li>Traynor J, Mactier R, Geddes C.C. How to Measure Renal Function in Clinical Practice. BMJ 2006; 333: 733-737.</li> <li>How the Reclassification of Kidney Disease Impacts on Dosing Adjustments. PJ 2006; 277: 403-404.</li> <li>How to Approach Prescriptions for Patients with Renal Impairment. Clinical Pharmacist 2009; 1: 179-183.</li> <li>Drug Use and Dosing in the Renally Impaired Adult. PJ 2003; 271: 744-746.</li> <li>What factors need to be considered when dosing patients with renal impairment? Most recent information available from www.sps.nhs.uk/articles/what-factors-need-to-be-considered-when-dosing-patients-with-renal-impairment-2/</li> </ul>
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No	Competency	Recommended Evidence and Experience	
17.2.1	Can summarise the key differences between acute and chronic renal failure	** ACUTE KIDNEY INJURY **	
17.2.2	Can summarise the pathophysiological events leading to acute and chronic renal failure	<ul> <li>Describe the characteristics of acute kidney injury and ability to identify these patients on an Intensive Care unit</li> <li>Define anuria, oliguria and non-oliguria</li> <li>Describe the causes of acute kidney injury including prerenal, intrinsic and post renal</li> </ul>	
17.2.3	Can recognise and manage drug therapy that affects renal function	<ul> <li>Demonstrate an awareness of drugs which cause kidney injury and their mechanisms</li> <li>Describe the Acute Kidney Injury Network staging system for acute</li> </ul>	
17.2.4	Can summarise pharmacological strategies for the prevention of acute renal failure in at risk patients	<ul> <li>kidney injury</li> <li>Demonstrate an awareness of drugs and diseases which can affect serum urea and creatinine</li> <li>Describe the strategies for preventing acute kidney injury, secondary</li> </ul>	
17.2.5	Can describe options for the management of acute renal failure	to radiological contrast media  Describe the treatment strategies for patients with acute kidney injury, including volume replacement, treatment of underlying medical condition and avoidance of nephrotoxic drugs	
17.2.6	Can describe the key monitoring parameters for patients with acute renal failure	<ul> <li>Demonstrate an awareness of the role of creatinine, urea and uri output in monitoring renal function</li> <li>Complete pharmaceutical care plan for patient with acute kidney injury and discuss with critical care pharmacist</li> </ul>	
		** CHRONIC KIDNEY DISEASE **	
		Define chronic kidney disease Describe the risk factors for chronic kidney disease Knows the classification of chronic kidney disease Describe interventions to slow the rate of progression of chronic kidney disease Describe how other complications of chronic kidney disease are managed e.g.  Blood pressure Cardiovascular disease Anaemia	

 Complete pharmaceutical care plan for a patient with chronic renal failure and discuss with critical care pharmacist.

### **Recommended Resources:**

Any good pharmacology/pharmacokinetic text book

Lewington A. Communities at Risk of Developing Acute Kidney Injury. "Think Kidneys". NHS England in Partnership with UK Renal Registry 1st July 2015.

Shaw S and Coleman A. Acute kidney Injury – Diagnosis, Staging and Prevention. Clinical Pharmacist 2012 (4): 98-102.

Shaw S, Morley C, Ashley C and Selby N. Acute Kidney Injury – Management. Clinical Pharmacist 2012 (4) 103-106.

Ashley C Renal Failure – How Drugs Can Damage the Kidney. Hospital Pharmacist 2004; 11: 48-53.

Ashley C, Ostermann M and Shaw S. Guidelines for Medicines Optimisation in Patients with Acute Kidney Injury in Secondary Care. "Think Kidneys". NHS England in Partnership with UK Renal Registry 1st June 2015.

Faculty of Intensive Care Medicine and the Intensive Care Society. Acute Kidney Injury. Guidelines for Provision of Intensive Care Services. Edition 1 2015.

National Institute for Health and care Excellence (NICE). Acute Kidney Injury: Prevention, Detection and Management. NICE guideline CG169. August 2013. Available online at:

https://www.nice.org.uk/guidance/cg169

Lewington A and Kanagasundaram S. Clinical Practice Guidelines: Acute Kidney Injury. UK Renal Association. 2008. Available at: http://www.renal.org/guidelines/modules/acute-kidney-injury

Bosch X, Poch E and Grau J.M. Rhabdomyolysis and Kidney Injury. NEJM 2009; 361: 62-72.

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## 17.3 Understands the Basics of Renal Replacement Therapy

No	Competency	Recommended Evidence and Experience		
17.3.1	Can summarise the indications for renal replacement therapies	<ul> <li>Describe the indications for renal replacement therapy</li> <li>Describe the difference between intermittent haemodialysis and</li> </ul>		

17.3.2	Can describe the key differences between	continuous rand randocament therapy, know when each one is used
17.3.2	Can describe the key differences between different methods of renal replacement therapy	continuous renal replacement therapy, know when each one is used and their respective dosing requirements  • Demonstrate an awareness of the different types of renal replacement therapy including:
17.3.3	Can describe the difference between renal replacement fluids	
17.3.4	Can describe the objectives and monitoring parameters for anticoagulation strategies in patients on RRT	SCUF (Slow Continuous Ultrafiltration)     SLED (Slow Extended Daily Dialysis)     IHD (Intermittent Haemodialysis)      Know which form(s) of renal replacement therapy are used in own
17.3.5	Can summarise the possible complications of RRT	Intensive Care Unit  Describe the composition of renal replacement fluids and understand
17.3.6	Can describe the various factors that affect drug removal in different methods of RRT	the role of buffering. Know which renal replacement fluids are used in own Intensive Care Unit  Describe the choices available for anticoagulation in renal
17.3.7	Can apply an understanding of methods of RRT to inform decisions around appropriate drug doses for patients	replacement therapy and when not to use anticoagulation  Know which anticoagulation strategies are used in own Intensive Care Unit  Demonstrates and awareness of the complications associated with renal replacement therapy  Describe which drugs are usually dialysed and how the following factors affect removal of a drug, from the blood by renal replacement therapy:  Renal clearance as a proportion of total body clearance Protein binding Volume of distribution Water/lipid solubility Molecular weight Presence of active and /or toxic metabolites  Demonstrates ability to adjust dosing regimens for patients receiving renal replacement therapy  Observe a patient receiving continuous renal replacement therapy, including:  Initiation Preparation and changing of bags Monitoring and associated documentation Complications  Complete pharmaceutical care plan for a patient receiving continuous renal replacement therapy and discuss with critical care pharmacist.  Recommended Resources:
		Any good pharmacology/pharmacokinetics text book
		Faculty of Intensive Care Medicine and the Intensive Care Society. Acute Renal Replacement Therapy. Guidelines for Provision of Intensive Care Services. Edition 1 2015.
		Green A. Dialysis: Principles and Treatment Options. Clinical Pharmacist 2015; 7(2): DOI: 10.1211/CP.2015.20068038.
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		Short A and Cumming A. ABC of Intensive Care: Renal Support. BMJ 1999; 319: 41-44.
		Dirkes S and Hodge K. Continuous Renal Replacement Therapy in the Adult Intensive Care Unit. Critical Care Nurse 2007; 27: 61-80.
		Pannu N and Gibney N. Renal Replacement Therapy in the Intensive Care Unit. Therapeutics and Clinical Risk Management 2005; 1 (2): 141-150.
		Intensive Care Society (ICS). Standards and Recommendations for the Provision of Renal Replacement Therapy on Intensive Care Units in the United Kingdom. The Intensive Care Society 2009. (Under review).
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Ī	793-805.
	What factors need to be considered when dosing patients on renal replacement therapies? All current UKMi Q&As are available on the Specialist Pharmacy Services website <a href="https://www.sps.nhs.uk">www.sps.nhs.uk</a>

# Section 18 – Pregnancy is not applicable for Band 7 training

# Section 19 – Breast Feeding is not applicable for Band 7 training

# Section 20 – Older People is not applicable for Band 7 training

# Section 21 – Toxicology

No	Competency	Recommended Evidence and Experience	
21.1.1	Knows the basic pharmacology and pharmacokinetics of Naloxone, Flumazenil and N-Acetylcysteine when used for the management of poisoning	Complete pharmaceutical care plan for a patient with overdose/discuss with Critical Care Pharmacist if a suitable panot available     Awareness of the common antidotes stocked within the Trust	
21.1.2	Can list information resources where further detailed information can be found on the management of toxicological emergencies	Recommended Resources:  Toxbase available online at: <a href="http://www.toxbase.org/">http://www.toxbase.org/</a> Toxbase® app available for iPhone, iPad and Android – free for NHS employees when registering with an NHS email account.  Martindale the Complete Drug Reference - available online through Medicines Complete at: <a href="http://www.medicinescomplete.com/mc/martindale/current/">http://www.medicinescomplete.com/mc/martindale/current/</a> Micromedex available online at: <a href="http://www.micromedexsolutions.com/home/dispatch">http://www.micromedexsolutions.com/home/dispatch</a> Medscape available online at: <a href="http://medscape.com">http://medscape.com</a> Parsons G. Illicit Drug Overdose: Managing Emergency Care. Pharm J 2015; 294: 485-487.  ** NALOXONE **  Boyer E.W. Management of Opioid Analgesic Overdose. N Engl J Med 2012; 367: 146-155.  Bateman D.N. Opioids. Medicine 2012; 40(3): 141-143.  UK Medicines Information (UKMI). Medicines Q and A's. What Naloxone doses should be used in adults to reverse urgently, the effects of opioids or opiates? All current UKMi Q&As are available on the Specialist Pharmacy Services website <a href="https://www.sps.nhs.uk">www.sps.nhs.uk</a> Toxbase – Naloxone – Antidotes and Anti-venoms, most recent information is available online at: <a href="https://www.toxbase.org">https://www.toxbase.org</a> Toxbase – Naloxone – Flow Chart – most recent information is available online at: <a href="https://www.toxbase.org">https://www.toxbase.org</a>	

	** FLUMAZENIL **  Bateman D.N. Benzodiazepines. Medicine 2012; 40(3): 111.  Toxbase – Flumazenil – Antidotes and Anti-venoms – most recent information is available online at: https://www.toxbase.org  ** ACETYLCYSTEINE **  Towers K and Wagle S. Question from Practice: Management of Paracetamol Overdose: Pharm J 2014; 292: DOI: 10.1211/PJ. 2014.11137924.  Ferner R.E, Dear J.W and Bateman D.N. Management of Paracetamol Poisoning BMJ 2011; 342: d2218.
	Vale A. Paracetamol. Medicine 2012; 40(3): 144-146.  Heard K.J. Acetylcysteine for Acetaminophen Poisoning. N Engl J Med 2008; 359: 285-292.
	Toxbase- Acetylcysteine – Antidotes and Anti-venoms - most recent information is available online at: <a href="https://www.toxbase.org">https://www.toxbase.org</a>
	Toxbase – Acetylcysteine Dosing tablets for adults > 40kg – most recent information is available online at: <a href="https://www.toxbase.org">https://www.toxbase.org</a>
	Regional Medicines Information Centres – TIC TAC for Tablet Identification. Further information available online at: <a href="http://www.tictac.org.uk/">http://www.tictac.org.uk/</a>
	Royal College of Emergency Medicine Guidelines – Antidote Availability for Emergency Departments - available online at: <a href="https://www.rcem.ac.uk">https://www.rcem.ac.uk</a>

# Section 22- Parenteral Therapy - To follow

No	Competency	Recommended Evidence and Experience

# Section 23 – Palliative and End of Life Care - To follow

No	Competency	Recommended Evidence and Experience

Section 24 – Clinical Trials is not applicable for Band 7 training

Section 25 – Other Issues in Surgery/Miscellaneous is not applicable for Band 7 training

Appendix 1	Student:			
ITU Care Plan	Date:			
Patient:	Age:	Height:		
Gender:	Actual weight:	Surface area:		
	Ideal body weight:			
Patient Details:				
Presenting complaint:	Previous relevant medical	history:		
	Allergies/sensitivi	ties:		
Diagnosis:	Social/family history:			
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## Drug History (pre-admission to ITU/hospital)

Drug	Route	Dose	Indication	Stop/started/dose changed and why

## **Current Drug Chart**

Oral, topical, PR, IVs (not continuous or Abxs see below) when required medicines

Date	Drug	Route	Dose	Indication	Why – stop/started/dose change

### Continuous Infusions

Date	Drug	Route	Dose	Indication	Why – stop/started/dose change

C=Central P=Peripheral

## Antimicrobials and sensitivities

Date	Drug	Route	Dose	Indication	Why – stop/started/dose change

## Medication and Pharmaceutical Care Issues Identified

(Separate table for each individual issue. Follow up recorded under new date in original table)

Date	Issue	Desired outcome	Therapeutic action plan	Outcome	Monitoring	Record of communication

## Pharmaceutical Monitoring (Relevant to medication and pharmaceutical care)

Parameter	Ref. Range	Date								

## Other relevant general progress notes (including available access)

Learning outcomes (at least 2)	Learning outcomes (at least 2)
1.	
2.	



# **Band 7 Pharmacist Training Pack – User Feedback Questionnaire**

Dear Colleague – Please could you take a few minutes to complete the following questionnaire, so that we may obtain some feedback from the users of the Band 7 Pharmacist Training Pack. This questionnaire is anonymised for reporting purposes.

1.	Are you still in training in critical care? If not, how	
	long were you working in critical care?'	
2.	Job and grade? Were/are you new to critical care or	
no	t?	
3.	What sections of the training pack have you	
	completed?	
4.	Approximately how long has each section taken you	
do	?	
5.	How useful were the sections you completed?	
6.	Have you used any of the useful resources?	
7.	Would you like more guidance? If yes, give examples	
8.	Any topic not covered that you think should be	
	covered?	
9.	Has it been useful for your Continued Professional	
	Development?	
10.	How long was your training period in critical care?	
	Proportional WTE?	
11.	Do you get adequate time to do the training, both	
	reading and practical?	
12.	Has this stimulated you to pursue a career in critical	
car	re?	
13.	Would you like a chance to work in another ITU?	
14.	Any other comments?	

Please return completed questionnaires & comments to <a href="mailto:sarahgraham3@nhs.net">sarahgraham3@nhs.net</a> or via post to Sarah Graham, Midlands Critical Care & Trauma Networks, 15 Frederick Road, Edgbaston, Birmingham, B15 1JD

## Acknowledgements

Critical Care Syllabus – foundation and excellence level UKCPA Critical Care Group 2009 BBCCCN Nursing Competencies 2002

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Section 22: Parenteral Therapy - DOES NOT APPEAR ON	To follow
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Section 23: Palliative Care, End of Life - DOES NOT APPEAR	To follow
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