

AGENDA
Southeast Washington Regional FYSPRT
4/02/2026 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY


<p>Purpose- Designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission- Through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision- To bring all necessary parties together to contribute to continuous improvement to children’s behavioral health.</p>	<p style="text-align: center;">Ground Rules</p> <ul style="list-style-type: none"> • Attendees should have a chance to speak and express their own ideas freely • Everyone has an equal opportunity to share • FYSPRT encourages a variety of points of view to be put forward and discussed • Attendees should work to remain open-minded • Stay true to the FYSPRT Mission and Vision • All respectful feedback is welcomed • All are welcome at FYSPRT meetings
https://www.southeastfysprt.org/home.html			
Agenda Items	Discussion & Notes		
<p>Welcome & Introductions (5 minutes)</p> <p>Alyssa</p>	<p>System Partner Tri-Lead- Alyssa Cruz Family Tri-Lead- Josie Garcia Youth Tri-Lead- Jose Euduave Convener – Salomon Carrasco (Not present) Meeting minutes - Roberta Ellis Brief introductions - Please put your name, email, organization (if any) and if you are a youth, family, system partner or both in the chat. Message me with your name and email for either the Youth/Family stipend form or the Tri-Lead stipend form. These forms can also be found on the FYSPRT site. Please review purpose, mission and vision as well as ground rules before the meeting begins.</p>		
<p>Meeting minutes</p> <p>Josie</p>	<p>Review of meeting minutes from: March Motion made by: Josie Seconded by: Miranda Did the vote carry? Yes</p>		
<p>Presentation(s)</p>	<p>-Conflict Management by Karen Kelly- Statewide family network project director: Training on Conflict Management. Reviewed possible reasons for conflict and how to resolve. Tips: Keep an open mind, Use “I” statements, Don’t take things personally, Ask questions, Stay focused on the topic, Focus on solutions, Take a break, Remember the purpose. Slides will be sent out to members-</p> <p>Link to attend to attend the 2026 WA Statewide Family Network Children's Behavioral Health Summit: https://forms.gle/Kagc8sWvMuPnu6VN6</p>		

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FYSPRT Updates	FYSPRT Events (Outreach, Tabling, Presentations, etc): FYSPRT continues to actively participate in community events throughout our nine-county region. These efforts align with and support the goals outlined in our Work Plan. March: <ul style="list-style-type: none">• Carmichael MS Resource Fair in Benton County• Youth Mental Health Summit in Franklin County FYSPRT will be tabling in Franklin, Benton, Columbia, and Yakima Counties in April
Standing Items All	Karen Kelly: May 4, 2026 -Mental Health Summit, discussing WA THRIVE plan, at Red Lion Pasco- Flyer to be sent out YARP: Upcoming tabling events at Ochoa MS, Prosser Color Run, Dayton Harvest & Harmony event Charlie Health: Mental health and SUD treatment openings Schools: Spring break season- families are vacationing, safe travels OBHA- Community event coming up, Richland Library May 15 th .
FYSPRT Evaluation Survey	All Members – Please complete during meeting if possible https://www.surveymonkey.com/r/5H6C2CF
Closing Announcements Josie	Southeast FSYPRRT Continues to look for opportunities for events in the following counties: Asotin, Columbia, Garfield, Kittitas, and Whitman. Youth/Family reimbursement forms are due by the 15th of each month. Please submit completed forms via email to salomonc@gcbh.org If you need a form, it is available on the FYSPRT site (www.southeastfysprt.org), or you may email Salomon to request a copy.
Regional FYSPRT meeting dates 	Thursday, April 2, 2026, 3:30-5pm Meeting ID: 893 4070 2913 Passcode: 114818 https://us06web.zoom.us/j/89340702913?pwd=aacacgy9rf95HQJP3Eu6tFNP0cGhmz.1&from=addon
State FYSPRT meeting dates/Updates Josie	Tuesday April 7, 2026 via zoom from 3 p.m. - 5 p.m All are welcome to attend the State FYSPRT meetings! Join Zoom Meeting: https://us02web.zoom.us/j/81192277827 Website: https://www.hca.wa.gov/about-hca/programs-and-initiatives/behavioral-health-and-recovery/family-youth-system-partner-round-table-fysprt
	Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT. Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region

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	<p>Goal 3: Prioritize a spending budget each quarter for items such as medication bags, lock boxes, gun safes to promote safety and awareness.</p>
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	<p>Goal 4: Continue to Provide outreach to our Bi-POC and LGBTQIA+ communities to participate in the Regional FYSPRT and provide information and education to FYSPRT members on inclusion and support for those in the Bi-POC and LGBTQIA+ communities</p>
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