

Station 2 – Hip and Pelvis (6 substations)

1 hour 10 minutes

Leaders: Jay Thompson, Kristina Hoxha, Bill Sachs, Craig Jacoby

Supplies Needed for Station 2

(3) combi boards and (3) backboards

(18) blankets

(6) SAM pelvic slings

(6) sheets

(6) cravats/station – 36 total

(6) tarps

Skeleton showing trochanters vs iliac crest of pelvis

Approach

Demo pelvic splinting (position 1)

- Demo assessment of pelvis using skeleton
- Demo packaging the patient using pelvic sling, blanket roll w/4 cravats, padding the void between legs using second blanket
 1. Using 2 patrollers, place sling under legs, sliding upwards in seesaw fashion over trochanters. Middle of sling width should be directly over trochanters. Fasten sling belt and tighten using correct technique.
 2. While stabilizing patient, place blanket roll with 4 cravats inside under knees with appropriate thickness and width. (Do not tie cravats yet)
 3. Place second blanket to fill void between legs. Tie the 4 cravats over legs (2 above knees, two below knees)
- Demo bean lift placing patient onto board (need 4 patrollers plus additional patroller on head)
- No need to demo strapping / Discuss need for c-collar

Demo hip splinting (position 2A)

- Demo assessment of hip (trochanters) using skeleton
- Demo packaging the patient using blanket roll w/4 cravats, padding the void between the legs using second blanket
- Demo loading the patient onto combi board

Proceed to stations and patrollers performing the above skills

Notes:

1. Each OEC technician will participate in both splinting exercises (and not as an observer) .
2. All supplies will be provided by the Region. No fanny packs will be needed.
3. Time permitting, groups may decide to splint pelvis using the sheets provided. This is optional.