

SOG# 502-16	Standard Operating Guideline	Safety				
	<p style="text-align: center;"><b>Cumberland Road Fire Department Inc.</b></p> <p style="text-align: center;">Incident Rehabilitation</p>	Approved By				
		<table border="1"> <tr> <td colspan="2">Steven W. Parrish, Fire Chief</td> </tr> <tr> <td>Effective Date</td> <td>Revised Date</td> </tr> <tr> <td>February 7, 2018</td> <td></td> </tr> </table>	Steven W. Parrish, Fire Chief		Effective Date	Revised Date
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**PURPOSE:**

**To provide guidelines and procedures for incident rehabilitation as recommended by National Fire Protection Association (NFPA) 1584 for Cumberland Road Fire Department personnel and personnel of any mutual aid agency performing fire department operations under the jurisdiction or command of the Cumberland Road Fire Department.**

**PROCEDURE:**

- Incident Commander (IC) shall be accountable for determining if incident rehabilitation shall be established
  - IC shall consider current weather conditions and incident operations/requirements when determining if incident rehabilitation is necessary
  - If incident rehabilitation is determined to be established, IC shall request EMS response to establish operation
  - If EMS response is unavailable, IC shall request through manpower to assign incident rehabilitation operation to fire department personnel presently on scene or request additional fire response to establish operation
  - One (1) personnel assigned to incident rehabilitation shall be assigned as the incident rehabilitation leader
    - Responsible for managing incident rehabilitation operations
    - Responsible for managing personnel assigned to assist with incident rehabilitation operations
    - Responsible for ensuring personnel being evaluated are compliant with established guidelines for further required rest and monitoring or permitted to return to manpower pool
- Incident Rehabilitation Location
  - Location shall be incident/scene dependent
  - Preferred location shall be as close incident/scene as possible while still providing safety for all personnel on scene while not interfering with fire ground operations
  - Location shall be sufficient in size to accommodate half of the total personnel operating during the incident
  - If weather, such as rain and/or cold temperatures, do not permit establishment of incident rehabilitation outside, efforts to perform tasks in a closed environment such as in the back of a medic unit should be attempted
- Accountability: During Personnel Accountability Reports (PAR), incident rehabilitation leader shall be responsible for reporting the number of personnel currently in incident rehabilitation with total number to include personnel assigned to incident rehabilitation
- Incident Rehabilitation Tasks
  - Patient monitoring of personnel who have physically exerted themselves while performing fire ground operations

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- Comply with established Cumberland County EMS Protocol: Scene Rehabilitation: Responder—All Cumberland Road Fire Department personnel are expected to be familiar with protocol (see included document)
- Personnel reporting to incident rehabilitation:
  - Removal of Personal Protective Equipment (PPE) by self or incident rehabilitation personnel
  - Shall have a minimum, 20-minute rest period
  - Personnel shall have the following vital signs assesses
    - Blood Pressure
    - Pulse rate
    - Respiratory rate
    - Pulse Oximetry
    - Oral (or Axillary) Temperature (if available)
  - Personnel whose vital signs are noted to be within acceptable range/values shall be reassigned to manpower
  - Vitals signs noted to be outside of acceptable range/value shall require personnel to remain assigned to incident rehabilitation with reassessment/re-evaluation every 10 minutes
  - Personnel whose vital sign values remain outside of acceptable range/value for 30 minutes may be transported for by EMS to an Emergency Department for further evaluation by an advance medical professional
    - Prior to transport, IC shall be notified of pending transport for additional guidance, if required
    - If personnel's health condition warrants, transport may be requested prior to reassessment of vital signs and/or notification to IC
  - Personnel are encouraged to consume water or sports beverage providing electrolyte replacement to ensure hydration; Personnel who are unable to consume provided fluids orally shall be referred to EMS for evaluation of further treatment options
- Incident rehabilitation shall remain in operation and available for personnel until operation is deemed no longer necessary by the IC