



**Dallas Area
Gerontological
Society**

www.DAGS.org

ANNUAL FALL FORUM

2016

Fellowship Bible Church
9330 N. Central Expressway
Dallas, TX 75243

**Thursday, Oct. 20
8 am to 4:30 pm**

Connecting

MENTAL HEALTH | AFFORDABLE HOUSING | COMMUNITY RESOURCES | GERIATRIC DOCTORS | HOSPITALISTS

The Dots     

Presented By:



**PRESBYTERIAN
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2016 DAGS Fall Forum Agenda

Connecting the Dots...

8:00-8:30 **Registration**, Breakfast, Visit Exhibitors
8:30-8:45 **Welcome:** Opening Remarks, CEU Disclosure

REGISTRATION CLOSSES AT 9:00

8:45-9:45 **Connecting with Mental Health:**
Rob Novick & Lori Ashmore Peters

9:45-10:05 **Scholarship Presentation**

10:05-10:30 BREAK

10:30-11:45 **Connecting with Affordable Housing:**
John Greenan & Karen Rayzer

11:45-12:45 LUNCH AND BREAK

12:45-2:00 **Connecting with Community Resources:**
Lynn Jenkinson, James Miller, Cortney Nicolato,
Deepa Pattani & Brittney Tree

2:00-3:00 **Connecting with Geriatric Doctors:**
Dr. Jill Studley

3:00-3:15 LAST BREAK

3:15-4:15 **Connecting with Hospitalists:**
Dr. Michael Weisberg

4:15-4:30 **Closing:** Evaluations and CEU pickup

Connecting with Mental Health

Rob Novick, LCSW

Rob Novick graduated from the University of Texas at Austin in 1994, with a Bachelor's degree in Psychology. He received his Master of Science degree in Social Work in 1998 from the University of Texas at Arlington, graduating top in his class. Since then, he has achieved the highest certification offered by the state of Texas as a Licensed Clinical Social Worker (LCSW), as well as a state approved supervisor to train other social workers.

Rob is a well-respected social worker, working with adults and seniors, particularly those with mental health diagnoses, in some of the top rated hospitals in the DFW Metroplex. He's developed relationships with top physicians and other healthcare providers including long term care facilities and non-profit agencies, while building a reputation for being a strong client advocate and caring individual.

Rob worked at Zale Lipshy University Hospital, Presbyterian Hospital of Dallas, as well as outpatient clinics. Most recently, Rob was a Director for Medical Center of McKinney - Wysong campus, and the Director of the Plano Clinic and Day Hospital for Green Oaks Hospital of Dallas.

In 2012, Rob channeled his social work, care coordination and mental health experience into his business, Full Circle Advisors, which provides coaching and care planning for families struggling with aging and mental health issues. Currently, Rob is also the Employee Assistance Program (EAP) Director for the Texas Rangers Baseball Club. He is a member of the National Association of Social Workers.

Contact Rob: 214-586-0066, roblcsw@gmail.com or www.fullcircleadvisors.net

Lori Ashmore Peters

Lori Ashmore Peters began practicing law in 1996. Her background is in probate, business planning, ancillary probate, estate planning, guardianships and mental health law. She has been certified to serve as Attorney Ad Litem and Guardian Ad Litem in the probate courts in Texas.

Mrs. Peters also dedicates a portion of her practice to working with mentally ill individuals. She serves as special probate judge for Probate Court No. 3, Dallas County, and serves as court appointed attorney on mental illness cases. She has also served as Master over probable cause hearings. She represents families in obtaining mental illness warrants to protect loved ones who may be a danger to themselves or to others, as well as representing family members in obtaining a guardianship over a loved one who suffers from a mental illness.

Mrs. Peters has authored many books, articles, and blogs pertaining to guardianship, estate planning, probate, and mental health law. She has appeared on radio programs as a legal expert discussing these same topics, as well as speaking to various organizations and businesses. She earned the 4th Annual Woman of Excellence Award from Elite News, and was included in the list of Super Lawyers in 2012, 2013, 2014 and 2015.

Contact Lori: 214-559-7202 www.Ashmorelaw.com Lpeters@ashmorelaw.com [Facebook.com/AshmoreLaw](https://www.facebook.com/AshmoreLaw)
Twitter: [@AshmoreLaw](https://twitter.com/AshmoreLaw)

Websites/Phone Numbers:

Adult Protective Services (APS)

800-252-5400

Dallas Bar Association Legal Advice Info Line

214-220-7476 dallasbar.org

Dallas County Mental Illness Court

214-653-7485 dallascounty.org

Elder Abuse/Neglect Hotline

972-547-5477

Legal Hotline for Texans

800-622-2520 tlsc.org/hotline.html

Mental Health America of Greater Dallas

214-871-2420 mhadallas.org

NAMI

214-341-7138 namidallas.org

Texas Guardianship Association

888-399-9115 TexasGuardianship.org

Connecting with Affordable Housing

John Greenan

John Greenan serves as Executive Director of the Central Dallas Community Development Corporation, a non-profit organization founded in 2001 to act as the development and housing arm of CitySquare, a Dallas based, anti-poverty nonprofit organization. Since that time, the Central Dallas CDC has developed or constructed almost 1,000 residential units, 200,000 square feet of commercial space and developed close to \$200 million worth of assets.

Central Dallas CDC addresses homelessness with the model "Housing First," which provides immediate permanent housing solutions for the chronically homeless. Through their partnership with CitySquare, Central Dallas CDC ensures that residents stay safe, supported and productive by addressing immediate needs, providing ongoing case management, coordinating events and activities, and by strengthening the community through advocacy and empowerment. Most recently John oversaw the development of 50 tiny houses providing permanent homes for some of Dallas' most vulnerable homeless citizens.

John earned his Juris Doctorate from The University of Minnesota in 1984.

Contact John: www.centraldallasscdc.org

Karen Rayzer

Karen Rayzer has served as Assistant Director in the Housing/Community Services Department for the City of Dallas for the past seven years. During her tenure she has managed the city's Community Services programs, which include the Women, Infant and Children's (WIC) program (countywide), Child Care Program; Senior Services Program; Home Repair/Reconstruction Program and two community centers - the MLK Community Center and the West Dallas Multipurpose Center

Prior to 2009, she served as the Director of Environmental and Health services for the city for 8 years overseeing such programs as vector control, restaurant inspections, air pollution control, homeless services, vital statistics, and public health clinics.

Karen has 19 years of social service experience. She possesses a Master of Public Administration degree from Troy University and a Bachelor of Science in mathematics from Louisiana Tech University. Karen served for seven years as an officer in the United States Air Force, both within the United States and in Europe.

Contact Karen: 214-670-5113

Websites/Phone Numbers:

Dallas Housing Authority	214-951-8300	dallashousing.org
Garland Housing Agency	972-205-3393	ci.garland.tx.us
Grand Prairie Housing Services	972-237-8176	
Housing Crisis Center	214-828-4244	hccdallas.org
Lancaster Housing Agency	972-275-1750	

Sponsors

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Lunch Sponsors:

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Breakfast Sponsors:

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Connecting with Community Resources

James Miller, LCSW

Jim Miller works for HealthTexas Provider Network, affiliated with Baylor Scott & White Health where he serves as a care coordinator/social worker for Dallas Diagnostic Association at Plano and Family Medical Centers of Garland. He's been with Baylor since 1997. Jim attended Southern Methodist University, graduating with dual degrees in Business Administration and Psychology. He earned his Master's Degree in Social Work from The University of Texas at Arlington in 1991. He practices as a Licensed Clinical Social Worker.

Cortney Nicolato, CPHIT

Cortney Nicolato is President and CEO of The Senior Source, the go-to nonprofit in Dallas for aging services that assist and connect older adults to resources, to opportunities, to independence. From 2010-2015, Cortney was VP, Marketing & Strategy for the consumer engagement technology start-up, Get Real Health. Cortney's areas of expertise helped companies develop actionable sales and marketing strategies, grow and retain market share, optimize the use of venture capital, build thought leadership presence while capitalizing in the areas of healthcare quality and consumer technologies.

Contact Cortney: 214-823-5700 cnicolato@theseniorsource.org or Twitter @CortneyNic

Deepa Pattani, PharmD, RPh

Dr. Deepa Pattani is the founder and owner of PrevInteract Health. Her company is the first and foremost in providing medication reconciliation consultation services directly to patients and other businesses. PrevInteract Health works one on one with patients to help prevent drug-drug, drug-food and drug-supplement interactions. Dr. Pattani graduated with a Doctorate in Pharmacy from Ernest Mario School of Pharmacy, Rutgers University, in 2004. She has been a registered Pharmacist (RPh) for over 12 years in 8 states throughout the US. During this time, Dr. Pattani has worked in various aspects of pharmaceutical care including hospital based and retail.

Contact Dr Pattani: 972-372-9775 pattani.deepa@gmail.com or Twitter @PrevInteract

Brittney Tree

A graduate of The University of Connecticut, Brittney Tree has been the Manager of My Ride Dallas since December of 2013. My Ride Dallas assists older adults and people with disabilities with personalized transportation planning, helping them to live fully independent lives. Britney leads the My Ride Dallas Coalition, a network of more than 90 partners working to improve community transportation for seniors and people with disabilities in Dallas County. Through the Dallas Area Agency on Aging and the Community Council of Greater Dallas, Britney collaborates with organizations advocating for improved transportation options and funding at the local, state and federal level. **Contact Brittany:** 214-954-4243 or btree@ccgd.org

Lynn Jenkinson

Lynn Jenkinson is a Caseworker for the City of Dallas Senior Services Program where she specializes in coordinating a myriad of services for Dallas Residents. Previous to this position, she worked for seven years as a case manager/caregiver support specialist for the Community Council of Greater Dallas. She is an active member of the Hoarding Task Force of Greater Dallas, and the Dallas County Adult Protective Services Community Board. Lynn earned a Master's Degree in Education from the University of New Orleans.

Websites/Phone Numbers:

2-1-1 Texas

American Society of Health System Pharmacists:

Benefits Check-Up

City of Dallas Office of Senior Affairs

Jewish Family Service

Metrocrest Services

2-1-1 or 214-379-4636

202-479-1200

214-670-5709

972-437-9950

972-242-4464

972-446-2100

211Texas.org

ashp.org

benefitscheckup.org

dallascityhall.com

jfsdallas.org



DAGS

www.DAGS.org

Connecting with Geriatric Doctors / Hospitalists

Dr. Jill Studley, M.D.

Dr. Jill Studley is a physician with Dallas Diagnostic Association in Plano, Texas, a Baylor Scott & White Health – HealthTexas Affiliate where she practices Internal Medicine and Geriatrics. She is board certified in Geriatric Medicine, Hospice and Palliative Medicine.

Dr. Studley attended medical school at Loma Linda University, in Loma Linda, California. She completed her internship, residency and fellowship at Baystate Medical Center – Western Campus at Tufts University in Springfield, Massachusetts, specializing in Geriatrics. She is a member of the American Geriatrics Society and the American College of Physicians.

Dr. Studley has earned the National Committee for Quality Assurance's Patient Centered Medical Home Recognition every year since 2012.

Dr. Michael F. Weisberg

Dr. Michael Weisberg has been a practicing gastroenterologist for over 26 years in Plano, Texas. He is board certified in Internal Medicine and Gastroenterology. Dr. Weisberg graduated in 1981 from Vanderbilt University Summa Cum Laude with a Bachelor's degree in English Literature. He received his medical degree from Baylor College of Medicine in Houston in 1985 and completed a fellowship in Gastroenterology at the University of Texas Southwestern Medical Center in Dallas.

Dr. Weisberg has written stories throughout his medical career. In 2011 he won first prize in a short-story competition sponsored by Presbyterian Hospital of Dallas. The Hospitalist is Dr. Weisberg's first novel. He is currently working on his second novel. He lives in Dallas with his wife and three children. Dr. Weisberg will be a featured speaker at TEDxSMU, November 2016.

Contact Michael: www.michaelfweisberg.com

Websites/Phone Numbers:

American Society on Aging

800-537-9728

asaging.org

Dallas Area Gerontological Society

dags.org

Exhibitors

Acappella In Home Care
Aging Life Care Association
Alert Response
Apple Care and Companion
Atria Richardson
Care Patrol
Celebration Magazine
Comfort Keepers
Compassionate Care Hospice
Distinctive Life Cremations
Dougherty Drug Store
Elizabeth Kent Counseling
Enlivant
E-Senior Services
Friend's Place
Garland Behavioral Hospital
Grand Brook Memory Care
The Hale Law Firm
Home Care Assistance
Home Health Companions
Home Instead
HomeVestors
Life Care Services
Livens Law Firm
Manchester Living
Mayhill Hospital
Mom's Best Friend
Oceans
Oxford Glen
Parsons House
Right At Home
Senior Helpers
Silverado
Silver Creek Assisted Living
Still Waters Wellness
TORCH
Tradition Senior Living
U.S. Memory Care
Village at Mapleshade
VITAS Healthcare
Windsor Senior Living

DAGS 2016 Board



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The Senior Source



Dallas Area Gerontological Society

www.DAGS.org

ABOUT US

DAGS is a non-profit, voluntary organization of gerontological professionals. Our purpose is to provide continuing educational programs, academic scholarships, and advocacy for senior issues.

CONTINUING EDUCATION PROGRAMS

DAGS meets on the 3rd Thursday of each month at 3:00 PM, offering the community an opportunity to visit different venues such as senior housing facilities and non-profit organizations. Speakers present a myriad of subjects related to aging. DAGS is comprised of professionals and community members interesting in aging. Continuing education units for professionals are available. Go to www.dags.org for more information on events and membership.

ACADEMIC SCHOLARSHIPS

By 2020, one in six Americans is projected to be age 65 and older. Ten thousand baby boomers will turn 65 every day until the year 2030 (Census Bureau stats). The numbers suggest there are many opportunities in the rapidly growing fields of gerontology and related careers. DAGS will play a part in helping attract people to these careers through offering

scholarships to students specializing in studies related to aging. In its first year in 1989, DAGS awarded one modest scholarship. This year, DAGS awarded scholarships totaling over \$15,000, including sponsoring one through Dallas County Community College. The DAGS Scholarship committee reviews the submitted applications, performs in person interviews and selects those who show dedication to serving the aged population.

ADVOCACY FOR SENIOR ISSUES

With the growth of the senior population, public policy and advocacy for senior issues becomes ever more important. For over 25 years DAGS has strived to bring public awareness about issues impacting the senior population. A public policy issue (local, state, or federal) is discussed at each general meeting and members may be asked to contact their elected representatives, sign petitions and generally be both aware and actively advocate on behalf of seniors. Healthcare, affordable housing, transportation, senior recreation centers, protection from abuse and neglect, and support for the Older Americans Act are a few of the areas of interest and concern for DAGS.

DAGS is an educational organization and does not endorse any political entity.

City of Dallas' Home Repair Programs

Housing/Community
Services Department



Purpose

- Provide an update of the Home Repair, People Helping People Programs and the New Home Improvement Rebate Program.
- Approved revision to the policy program statement regarding Major Systems Repair Program and introduce the Home Improvement Rebate Program.

Home Preservation Programs

- Major Systems Repair Program (MSRP)
- Emergency Repair Program (ERP)
- People Helping People (PHP)
- Home Reconstruction Program (Recon)
- Home Improvement Rebate Program (HIRP)

Fiscal Years Accomplishments and Projections

Fiscal Years	14-15	15-16	16-17
Emergency Repair Program (ERP)	99	112	135
Major Systems Repair Program (MSRP)	128	124	135
People Helping People Program	258	204	240
Reconstruction Program	8	10	0
Rebate Program	0	0	100

Emergency Repair Program (ERP)

Provides up to \$7,500 in emergency assistance to qualified low-income disabled and elderly homeowners that have been determined to need immediate action to protect the health or safety of the occupants and pose a threat to the life, health, or safety of the resident(s)

Eligible Repairs

- Sewer lines
- Gas lines
- Water lines and/ or water damage
- Roof
- Electrical systems
- Air conditioning & heaters (seasonal)
- ADA renovations-ramps, toilets, grab bars and other vital accessibility needs

ERP Eligibility Criteria

Client Eligibility

- Residential property must be located in the Dallas City limits
- Picture ID and Social Security card
- Seniors (62 and older) and or disabled
- Income 80% or less of median area family income for Dallas, based on number of persons in household, as defined by the Department of Housing and Urban Development annually
- The annual budget is \$1,050,604
- The projected annual production rate is 135 repair projects

Major Systems Repair Program (MSRP)

- Provides up to \$20,000 for repair or replacement of major systems from the following: electrical, plumbing, HVAC and roof, performed by certified contractors
 - The annual budget is \$2,718,598.30
 - The projected annual production rate is 135 repair projects

Major Systems Repair Program Eligibility Criteria

- Property must be located in the Dallas City limits
- Proof of ownership and occupancy for a minimum of two (2) consecutive years
- Proof of citizenship
- Proof of household size
- Proof of income at or below 80% AMFI (\$40,150 annually)
- Proof of insurance
- No liens allowed other than current mortgage

People Helping People Program

- Provides up to \$5,000 as a grant in materials and supplies for minor *exterior* repairs performed by volunteers, specialty repairs utilizing volunteer services and contractor services, and advocacy/referral services provided by staff
- Volunteer services include:
 - Repairing and painting the exterior of homes
 - Replacing broken window panes
 - Servicing working furnaces and heaters
 - Providing pest extermination services
 - Repairing porches and steps
 - Installing ramps and handrails
 - Demolishing dilapidated accessory structures
 - Removing trash and debris

People Helping People Program

- Professional contractor provides repairs too extensive for volunteers or outside of expertise of volunteers as necessary for a complete job
 - Minor roof repairs
 - Extensive exterior wood replacements
 - Handicap ramps
- Casework Advocacy and Referrals (EXAMPLES)
 - To other no cost repair services
 - Plumbing
 - Ramps
 - Social services referrals
 - Federal benefits
 - Meals on Wheels
 - Dallas Area on Aging
 - Advocacy Services
 - Elderly abuse

People Helping People Program Eligibility Criteria

➤ Homeowner Eligibility:

- Property must be located in the Dallas City limits
- Proof of ownership and occupancy for a minimum of two (2) consecutive years
- Proof of identity
- Must be 62 years or older or disabled
- Proof of household size
- Proof of income at or below 80% AMFI (\$40,150 annually)
- Scope of work must be appropriate for volunteer service
- Current on all property taxes
- Tax Deferred for 65 years and older or Disabled

➤ Annual Budget FY 16-17 \$1,019,051 from CDBG

Professional Contractor Project

Council District-2
Project Date: February 2015

Completed Exterior
Roof Replacement

Before



After



Firehouse Advertisement Project

Before



Council District-6
Project Date: November 2014

After



Completed Exterior
Paint Repairs & Ramp installation

Building Owners and Managers Assoc. Project

Council District-4
Project Date: October 2014

Completed Exterior
Paint and Repairs

Before



After



Reconstruction Program (RECON)

- Provides up to \$103,000 zero-interest, deferred payment loan for demolition costs and on-site reconstruction of structures beyond economic feasibility for repair
 - FY 15-16 last year for program
 - Funding Source: HUD CDBG Funds
 - The annual budget for FY2015-2016 was \$1,221,964.00

Approved Program Revisions

- Given the increases in construction costs (materials and labor), recommendation was approved to increase Major System Repair Program (MSRP) maximum from \$17,500 to \$20,000
- The Home Rebate Program will provide rebates to property owners for eligible repairs. The Home Improvement Rebate Program will reimburse homeowners 25% of improvement cost up to \$5,000

Home Improvement Rebate Program

- Designed to provide incentives for owners to invest in home improvements
 - Positively effect values in neighborhoods
 - Promote neighborhood assets
 - Encourage revitalization in Dallas neighborhoods
 - Maintain and stabilize existing housing
 - Improvement of conditions of housing in neighborhoods

Home Improvement Rebate Program

- Program will provide financial assistance for the following residential and ownership types:
- Single family homes
- Duplexes

Home Improvement Rebate Program

- Eligibility Criteria
 - Within Dallas City limits
 - Built in 1985 or earlier
 - Appraised at \$200K or less
 - Repairs requested are eligible for rebate after completion of work
 - Must be current on taxes and insurance
 - Improvements must total 10% or more of DCAD value of the property
 - 25% rebate on total repair costs up to \$5,000

Home Improvement Rebate Program

- Eligibility Criteria
 - Start within 6 month of application
 - Completion of project within 6 month after start
 - Limited to one rebate per five year period
 - No partial rebates
 - Owner must agree to periodic inspection of repair work
 - Expenses include interior and exterior repairs and upgrades

Home Improvement Rebate Program

- Non Eligibility Repairs
 - No Pools, Hot Tubs, SPA's and water features
 - No replacement of sprinkler systems lacking digital controllers with functional rain and temperature sensors
 - No detached accessory structures, garage enclosures, carports and condominiums.

Marketing of Programs

- Events - Fairs, Neighborhood Meetings, Special Meetings
- Internet
- Code Compliance Referrals, 311 and Citizens
- Flyers/Brochures
- Sharing information with other agencies

Approved Revisions

April 8, 2015 - City Council approved the revision to the MSRP policy program statement to increase the maximum repair costs up to \$20,000

October 11, 2016 – City Council approved the establishment of the Home Improvement Rebate Program to reimburse homeowners 25% of improvement cost up to \$5,000

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QUESTIONS

ANSWERS

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Mental Health and Seniors

Presented by:

Rob Novick, LCSW and Lori Ashmore Peters



THE ASHMORE LAW FIRM, P.C.

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Objectives

- Statistics of MI in Seniors
- Legal options and limitations for care
- When and how to access psychiatric care in private residence vs. LTCF



Common Psychiatric Diseases in Seniors

- Depression
- Dementia
- Depression vs. Dementia
- Psychosis
- Delirium



The Legal Process

- Medical Incapacity vs. Legal Incapacity
- Guardianship Process
 - Application
 - CME
 - Attorney Ad Litem
 - Guardian Ad Litem
- Guardian Liability



The Legal Process Cont.

- Commitment Process vs. Guardianship Process
 - MIW
 - APOWW
 - Involuntary vs. Commitment
 - Admitted vs. Committed
- Voluntary vs. Involuntary



Treatment and Accessing Care

- Treatment for depression
- LTCF
- Private Residence



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