

# Product Specification Sheet



## Specifications:

Vendor Parts Number: MMS1

Function: MMS1 is a square module that can hold up to 4 pulleys. One pulley (or one side) can be substituted for a ladder holding a slant board or a closed-chain trainer.

Product Dimension: 24"x 24"x 76.5", 25 lbs.

Shipping: Ships UPS / FedEx or LTL inside a pulley box.



## Specifications:

Vendor Part Number: MMD2

Function: MMD2 is a rectangular module that can hold up to 6 pulleys. One pulley can be substituted for a ladder holding a slant board or a closed-chain trainer.

Product Dimension: 52"x 24"x 76.5", 40 lbs.

Shipping: Ships UPS / FedEx or LTL inside a pulley box.



## Alternative Set Ups Examples



MMS1 w/ counter weight



MMD2



MMS1 w/ closed-chain trainer