



# Chalk Talk

April 1, 2015

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## Important Dates:

- April 3rd to 9th: GYM CLOSED for Spring Break
- April 18th: NEOBGL Championships HOME
- April 27th : Summer Class Schedule available
- May 2nd & 3th: NEOGL Championships HOME
- May 11 to 17: Summer Class Registration for currently enrolled students
- May 18 to 23: Summer Class Registration for New and Returning Students
- May 24th & 25th: GYM CLOSED for Memorial Day
- June 15th—First Day of Summer Schedule

## Summer is on the way—don't forget to register for summer classes!

**Registration for currently enrolled students begins on Monday May 11th at 10 AM.**

Currently enrolled students can phone in their desired classes anytime after 10 AM. **EVEN IF YOU WANT TO STAY AT THE SAME TIME AND DAY—EVERYONE MUST LET THE OFFICE STAFF KNOW.** Every year we have someone who misses out and gets locked out of a class they want because they miss this registration process.

We make major changes to our schedule only twice each year—once in the summer

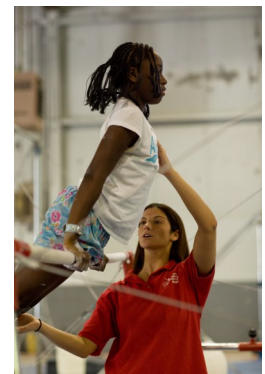
when we can offer daytime classes to children who are usually in school and then around Labor day in the Fall when the children go back to school.



Summer classes are a great time to add a second class—no school conflicts with homework and projects frees up time for your child to perfect new skills or try something new! Remember,

when you enroll in a 2nd weekly class the additional class is discounted 40%!

Registration for new and returning students begins Monday May 18th at 10 AM. All new and returning students must make payment at the time of registration and complete a 2015 registration form in order to be placed onto any class roster.



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## Sorry about our mess

If you hadn't heard, we had a pipe burst here at OGI on the afternoon of 2/21/15. The large pipe shot water for over 2 & 1/2 hrs and we had 100's of thousands of gallons of water in the Observation Area, the Jungle Gym Area, the bathrooms and parts of our offices. We were very fortunate that the incident

happened during the day. Though we sustained over \$20,000.00 in damages, we were only closed for a little over 2 days and should have our repairs completed before the end of April. Thanks for all your patience as we worked through all the issues

related to the process. We would also like to thank all those who helped with the cleanup. A special thanks to our staff for all their efforts to minimize the damage with their quick response to the unexpected emergency.

## Chalk Talk

## Jungle Gym News

### **YOU CAN HELP YOUR CHILDREN GET THE MOST OUT OF THEIR CLASSES!**

Years of experience has taught us that preschoolers at OGI thrive on routine. Our lesson plans follow the order of warm-up, gymnastics activities and cool down. Parents may also have noticed that children move through the gym and each activity in a consistent pattern of rotation. Parents can take advantage of routine as well to enhance their child's gymnastics experience. For example, try to arrive at OGI a few minutes before your child's

class starts. Preschoolers often need to use the restroom and get a drink before class. While we understand that family schedules are often tight, being on time enables your child to participate in the full routine of class. Warm-ups are designed to prepare the students physically and emotionally for class as well as provide instruction for the class. Instructors use this time to review gymnastics terms and safety rules. Warm-ups also help your child transition his / her focus to the instructor and the class environment. If your child has already used the restroom and gotten

a drink, he / she will miss less gym time and enjoy class more. **REMEMBER:** Your child and the other members of class need to focus their attention on



their **teacher**—It is a major safety issue when parents attempt to communicate with their children forcing the children to shift their focus and endangering themselves and others.

## The Ohio

## Gymnastics

## Institute will

## celebrate 30 years

## in business during

## the 2015—2016

## season!

## Skills Charts

The National Gymnastics Skills Test Program (NGSTP) was developed by OGI over 28 years ago to help athletes and parents track student progress. These charts include key or landmark skills which each athlete works to “Master” in their class and during Open Gym. Mastery of a skill requires students to consistently demonstrate to an OGI staff

member several key aspects of the skill. OGI policy requires that students must master at least 75% of the skills on each chart prior to being eligible to advance to the next skill level in each program. You will notice that several of the skills at each level have an \* - these skills are core skills, each of which must be mastered prior to moving to the next level of

class. Once a student has mastered 100% of the skills from each level a trophy is awarded during a celebration ceremony. Typically it takes 2 to 3 weeks to add a new student to the skills charts. Skills are not evaluated every practice, but each skill is evaluated at least once during our 12 week lesson plan cycle.

## Cheerleading News

OGI has been dedicated to helping cheerleaders learn their skills safely and correctly since 1989! We were the first in the Youngstown area (and one of the first in the nation) to offer instruction specific to the needs of cheerleaders. Are you ready to kick off your summer training here at OGI? We offer classes for all ages and skill levels—no previous experience is required. We provide great coaches and an amazing

facility in combination with a fun and challenging curriculum that will help you improve all aspects of cheerleading. Our recreational classes work on tumbling, jumps, motions and stunting while keeping you in great shape all summer long. If you are interested in taking your skills to the next level, stop by the front desk to learn about how you can join our competitive cheerleading team here at OGI!



Be a part of **TeamOGI's** Competitive Cheer Team!

# The Jungle Gym Exhibition... is coming soon!



Each spring members of our Jungle Gym Program can choose to join in the fun with our annual Exhibition. This event allows our youngest members to display the skills they have been working to master over the winter months in a "themed" exhibition. We look forward to this event each

year when all our staff joins in the fun to make this a great experience for all our "animals", their friends and families.

During the JGE each level of our program (Toddling Turtles, Bouncing Bears & Jumping Jaguars, Tumbling Tigers and Leaping Lions) are grouped together and easily identified by their level specific shirts. Each group then performs on several apparatus at various times throughout the exhibition. The gym areas are re-arranged for better viewing of all the events.

The athletes really enjoy having a chance to show off their new skills to friends and family. There is an admission fee for all spectators and a participation fee for each of the athletes. Details will be available by the end of April. Space is limited so sign up early and get ready for a great time!



*Athletes may move into our Competitive Gymnastics Program 3 times each year—*

*December 31st, May 31st and August 31st. The next "May-Move-Up Date" is coming soon!*

## Upcoming Summer Activities / Events

TBA— Intra Class Competition

TBA—Jungle Gym Exhibition

05/31/15—Gymnastics Team "May Move Up Date"

07/04/15—OGI CLOSED

07/04/15—Austintown July 4th Parade

07/08/15—Cedar Point Day

07/20 to 07/31—Summer Day Camps (more info soon)

07/27/15—Fall Class Schedule available

08/10 to 08/15/15—Fall Class Registration for currently enrolled students

08/17 to 08/22/15—Fall Class Registration for new and returning students

08/22/15—Banana Split Club

08/24 to 08/29/15—OGI

CLOSED FOR TRANSITION WEEK

08/31/15—Gymnastics Team "May Move Up Date"

08/31/15—First Day of Fall Classes

09/07/15—OGI CLOSED FOR LABOR DAY

## Competitive Team News

For many years our Competitive Gymnastics Teams have attended the Cartwheels and Pinwheels gymnastics meet in Franklin, Ohio. The proceeds from this meet along with donations from visiting teams are given to Cancer Free Kids—an organization whose mission is to eradicate cancer as a life

threatening disease in children by funding promising research.

In December of 2013 TeamOGI was the largest team donator. This year, the organizers, honored our coaches and athletes and parents with a banner which we have hanging in here at OGI.

Thanks to all those who helped with this great cause.





## April 16th starts our 30th Year!

The Ohio Gymnastics Institute incorporated on April 16th 1986 and began offering classes on May 1st with less than 50 students. We are currently in our third facility and have over 2000 people passing through our doors each week.

We have been honored and blessed to have had the opportunity to work with so many great athletes and their families for such a long time. With luck, we will be around to celebrate our next 30 years in business—in April of 2045!

Ohio Gymnastics Institute, Inc.

5701 West Webb Road  
Austintown, OH 44515

Phone: 330-652-4386

Fax: 330-652-4387

E-mail: [OGIOffice@aol.com](mailto:OGIOffice@aol.com)

[www.MyTeamOGI.com](http://www.MyTeamOGI.com)



**Gymnastics  
WE MOVE STRONG!**



The Ohio Gymnastics Institute has always maintained a mission of providing the highest quality of instruction, coupled with a level of involvement which is appropriate for a developing child at a price that is reasonable and fair.

OGI offers classes for all ages and skill levels in both recreational and competitive programs. The Jungle Gym Program is for children who are not yet in 1st grade. Our recreational Gymnastics, Cheerleading, Trampoline & Tumbling and Freestyle Acrobatics programs offer a wide variety of times, skill levels and ages to suit the needs of almost every child. Our Competitive Programs in Gymnastics and Cheerleading provide a level of involvement which consistently produces champions and challenges athletes to become their best.

