

**OCTOBER  
2019**

# Pickaway Senior Center

*"WE'RE LIVING IT UP"*

## Pickaway Senior Center

2105 Chickasaw Drive

P.O. Box 565

Circleville, OH 43113

740-474-8831

[www.pickawayseniors.org](http://www.pickawayseniors.org)

### IMPORTANT DATES:

**WEDNESDAY, OCTOBER 9**  
**BOARD MEETING 10:15 AM**

**WEDNESDAY, OCTOBER 16**  
**SOUP & SALAD BAR NOON**  
**S.A.L.T. MEETING 1:00 PM**

**FRIDAY, OCTOBER 18**  
**CENTER CLOSED**

**TUESDAY, OCTOBER 22**  
**COMMODITIES**  
**NEWSLETTER ASSEMBLY**  
**BREAKFAST BAR 9:00 AM**

**THURSDAY, OCTOBER 24**  
**MONTHLY FELLOWSHIP NOON**

**THURSDAY, OCTOBER 31**  
**UNLOCK SECRET LUNCH NOON**



## From the Desk of the Director

Welcome October! Our favorite time of year and it's Pumpkin Show time! We have a busy month planned at the center.

On Thursday, Oct. 3 we will host a Health Forum sponsored by Sitterley Law Firm from 9 a.m. until 11 a.m. A panel of guest speakers will cover a wide variety of health topics. You won't want to miss this.

Also, on Thursday, Oct. 3, the Columbus Zoo will be visiting us at 1 p.m. This special event is being sponsored by Court House Manor in Washington C.H. All are welcome to attend.

We are hosting a fall paint class on Wednesday, Oct. 9 at 1 p.m. Space is limited to 20 so sign-up soon. Cost for the class is \$5 and is being sponsored by Heartland Hospice.

Altha Bodner with Aetna Medicare will be here on Thursday, Oct. 10 at 2 p.m. to discuss open enrollment and the Aetna plan. She will also be answering any questions you may have about coverage.

Circleville Hearing Center will be here on Oct. 16 from 10 a.m. to 1 p.m. to provide free hearing screenings.

We will host a Halloween Party on Thursday, Oct. 31, please join us at noon for lunch. Wear your costume, if you dare!

Deadlines are approaching for the American Pride day trip to the new Veteran's Memorial Museum and the Pigeon Forge Holiday Show trip. Both with deadlines on Oct. 11. Please sign-up soon if you would like to take advantage of any of these trips! Call the office at 740-474-8831 for more information.

Come join us for an activity, or meal as *We Live It UP* at your Senior Center!

Holly Cottrill, Executive Director



**Pickaway Senior Center  
Board of Directors:**

Brenda Strittmatter	President
Marie Gerhardt	Vice President
Connie Kelly	Treasurer
Judy Stewart	Secretary
Debbie Dumm	Membership Pres.
Holly Cottrill	Executive Director
Dennis Bothel	Fiscal Officer
Lisa Robbins · Donna Thompson	
Ed Boyer · Pat Acord · David Evans	
Tonya Thompson · Don Wolford	
Sandra Foster · Erika Cowles-West	
Sally Galecki	

**Pickaway County  
Commissioners:**

Jay Wippel · Brian Stewart  
Harold Henson

## PICKAWAY SENIOR CENTER

2105 Chickasaw Drive  
P.O. Box 565  
Circleville, OH 43113

[www.pickawayseniors.org](http://www.pickawayseniors.org)

**Office: 740-474-8831**  
**Toll Free: 888-397-7246**  
**Nutrition: 740-474-8617**  
**Fax: 740-477-8114**

**Office Hours:**  
**Monday-Friday**  
**8am - 4:30 pm**

**Our services are provided for seniors ages 60 and over, Monday through Friday.**

**Adult Day Care:**

Provides relief for families caring for a loved one with dementia or Alzheimer's. This service is available Monday through Thursday from 8:30 AM to 1:30 PM. Lunch and transportation are provided.

**Congregate Meals:**

A hot lunch served at the Pickaway Senior Center at 11:30 AM on Monday, and at 12:00 noon Tuesday through Friday.

**Homemakers:**

Assistance with cleaning, laundry and running errands. Clients must meet certain eligibility criteria.

**Meals on Wheels:**

A hot lunch delivered to your home five days a week.

**National Family  
Caregiver Support  
Program:**

Respite and personal care, financial help with co-pays and medicine, utility bills, home repair. The care recipient must be over 60 years of age.

**Supportive Services:**

Assistance with Medicare & Medicaid papers, HEAP and Commodities paperwork.

**Transportation:**

Transportation for medical appointments, dialysis, and grocery shopping.

**For information  
on any of  
these services,  
call the Senior  
Center: 740-  
474-8831**

**The Pickaway Senior Center is a non-profit organization. We are supported by financial contributions from the following:**

- Title III administered through the Ohio Department of Aging
- Funds from a senior levy passed by Pickaway County voters
- Private donations and fundraisers





**In Memory or Honor of...**

*This Recognition Gift to the Pickaway Senior Center is a very thoughtful gift  
which means others in Pickaway County will be helped.*

Enclosed is my gift of \$ \_\_\_\_\_ In Memory or Honor of \_\_\_\_\_

\_\_\_\_\_

Occasion: ☐ Birthday ☐ Anniversary ☐ Other \_\_\_\_\_

Given by \_\_\_\_\_

\_\_\_\_\_

*Please make checks payable to the Pickaway Senior Center. Mail gift to:*

Pickaway Senior Center  
P.O. Box 565  
Circleville, OH 43113

**Pickaway Senior Center Craft Show**

**When: November 1, 2019 (Friday)**

**Time: 9:00 a.m. – 2:00 p.m.**

- Only Handcrafted, Home Baked or New Items are acceptable
- Rental Spaces are one 8 ft. table with chair @ **10.00 per table, \$5 per additional table**
- Pickaway Senior Center is not responsible for accidents or for loss or damage to items
- Payment must accompany entry at time of reservation
- Reservation and money must be received by October 25, 2019.
- Lunch will be available for purchase
- Set-Up time: **Friday, November 1 beginning at 7:30 a.m.**
- Limited spaces available

-----  
Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

Items to be sold: \_\_\_\_\_

Make checks payable to: Pickaway Senior Center  
2105 Chickasaw Dr., Circleville, OH 43113



## OCTOBER BIRTHDAYS-HAPPY BIRTHDAY!

### OCTOBER 1

ROGER CATHEL  
JANET FEE  
MARY ANN HALL  
FREDERICK HOOVER  
G. THOMAS MOORE  
STEVEN THOMERSON

### OCTOBER 2

KATHLEEN CAMERON  
BARBARA HART  
LOUISE HOOVER  
DONNA LUTZ  
PATRICK PARK

### OCTOBER 3

PATRICK BINGHAM  
PHYLLIS BOCHARD  
JOYCE DEVORS  
DAVID LEGG  
DEBBIE VAUGHN  
RITA WILLIAMS

### OCTOBER 4

SHEILA GEE  
CAROLYN KEETON  
JEAN KESSLER  
MARILYN SPENCE  
SALLY WEST

### OCTOBER 5

PATRICIA BARNES  
WILLIAM BRANDON  
CHARLES GERHARDT  
MICHAEL GRIFFITH  
DONNA KARNES  
DAVID LUCKHART  
JAMES MCGUIRE  
EDNA MCNICHOLS  
KAREN STOUT.

### OCTOBER 6

MARILYN IRVINE  
LILA MYERS  
DON RAMEY  
STUART SHARPNACK  
RON STUDEBAKER  
CAROLYN VANFOSSEN  
JERRY WAGNER

### OCTOBER 7

CHERYL BATES  
BETTY BOLDOSER  
SHARON DICKEY  
RUTH FLEMMING  
ELMA RACE  
JANE SCHNEIDER  
DEBBIE TOBIN  
KRISTI WALKER

### OCTOBER 8

NANCY BLOOM  
RUTH DEAN  
DANIEL HARVEY  
HARRY STYERS  
PHYLLIS TOLLIVER  
ROY WILEY

### OCTOBER 9

JAMES DAVIS  
PAUL EWING  
DOROTHY MYERS

### OCTOBER 10

BURLA BARR  
JOYCE DRESBACH  
NANCY DYE  
JUDY JULIAN  
TERRI LAMBERT

### OCTOBER 11

NANCY BALL  
MARGARET COOK  
LEMOYNE HAYES  
ELEANOR STRAWSER

### OCTOBER 12

JERRY GREINER  
NANCY HOSOM  
TERESA MARION  
DIANE STEWART  
MARGARET WALKER

### OCTOBER 13

BONNIE BANDY  
BETTY BROWN  
TERESA GEBHART  
BARBARA MISKO  
PATSY OLDAKER  
BETTY REESER  
SHIRLEY STEELE  
PATSY WINNER



### OCTOBER 14

FRANCENE DISBENNETT  
SHIRLEY DUNCAN  
MARJORIE FOREMAN  
KAREN NIEDBALSKI  
BARBARA WOODS

### OCTOBER 15

SYLVIA CHRISTY

### OCTOBER 16

PAT HILDENBRAND  
CAROLYN STEDMAN

### OCTOBER 17

BEVERLY FOX  
ROBERT HARRISON  
BARBARA HOPPER  
SANDY JORDAN  
PAMELA PHIPPS  
BONNIE SKAGGS

### OCTOBER 18

KENNETH BENSONHAVER  
ONALEE LAWSON  
DAVID WEBB

### OCTOBER 19

DEBORAH FOUCH  
JEANETTE GERHART  
RICHARD GROFF  
SARAH MAHLMAN  
EUGENE SMITH  
BETTY SNYDER

### OCTOBER 20

MARY FERRELL  
JIM GEE  
SHARON WEISENBARGER  
CYNTHIA WORTHINGTON

### OCTOBER 21

NELLIE CONKEL  
JOYCE LUTZ  
PATRICIA MCGINNIS  
DEBORAH MINER

### OCTOBER 22

JOY ACKLEY  
EVELYN ALLISON  
BRENDA DAVIS  
BRENDA MANSON  
JULIA MCDONALD  
DAVID REYNOLDS  
DONALD SMITH

### OCTOBER 23

LINDA BRINER  
LEROY BROOKINS  
JULIE IMLER  
SHARON IMLER

### OCTOBER 24

CAROLYN BARTON  
MARY ANN BORROR  
ROBERT FERGUSON  
KIMBERLY FULLEN  
LINDA HARDIN  
CAROLYN WITHERS  
KARMA ZOSS

### OCTOBER 25

MARILYN BURKE  
PAT CANARSKY  
ROBERT CLEMONS  
NORMA HUNT  
FREDA LINDSEY  
LINDA MCFARLAND  
ROBERT PONTIUS  
LARRY RAYER  
DIANE REESER  
NORMA SHULL

### OCTOBER 26

MARILYN BOWSHER  
CHARLES HEMMING  
CHARLES HUDSON  
JACK ROBERTS

### OCTOBER 27

PERLA BROWN  
ESTHER DAVIS  
JEWELL HINTON  
VIRGINIA MCCOY

### OCTOBER 28

LUCIE SCHUMM

### OCTOBER 29

LOWELL BUITENDORP  
CONNIE CHANDLER  
ROBERT DIXON  
DOLLY FREEMAN  
JOE GOELLER  
JENNY SPANGLER

### OCTOBER 30

VELMA BOUCHER  
LINDA COLLINS  
PATTI STANTON  
JEAN TERFLINGER

### OCTOBER 31

HAZEL BRANDON  
JOE DONNERS  
GARY GREENE  
GAIL JANKE  
HENRY LAMBERT  
ARLENE POLING  
RICHARD WEST  
ROBERT WILLIS

## SPECIAL THANKS TO THE FOLLOWING PEOPLE...

### New Members

Sulayne Streitenberger

Jeff Streitenberger

Roger Konkle

Elizabeth Konkle

Linda McFarland

Louis McFarland

Regina Stephens

Flora Pluto

Phillip Pluto

Judy Morrison

Jerry Hart

Debbie Hart

Pamela Lewis

Bonnie Summers

Timothy Summers

Gerald McNichols

Diana Martin

Richard Martin

Jerrie-Anne Bennett

### New Members

James Olive, Jr.

Sharon Olive



### \$10 Fund Donations

Linda Harden

Jeane Crider

Senior Center  
Line Dancers

Charles & Susan  
Patrick

Julie Imler

Connie Kelly



### Memorial/Honor of Donations

In Memory of

Tom Imler

Given By Wife,

Julie Imler

In Memory of

My Mother, Hyacinth Dearth

Given By,

Margaret Cook





**Beginner's Line Dancing**

**Cost: \$1 per class**

**Fridays at the Center  
from 2-3 pm**

**Instructed by Buffy Bowman**



**Estate Planning**

**It is often difficult during one's lifetime to give, yet many would like to make a significant contribution. You might want to consider a bequest to the Pickaway Senior Center.**

**We have established a Pickaway Senior Center Fund within the Pickaway County Community Foundation to help ensure we are able to continue meeting the needs of the seniors of Pickaway County well into the future.**

**Pickaway County  
Community Foundation:**

**Pickaway Senior Center  
Fund  
770 N. Court St.  
Circleville, OH 43113**

**New Trips for 2020**

**Bus Trip:**

**Savannah, Jekyll Island &  
Beaufort, SC**

**March 23-28, 2020**

**\$625 per person**  
~~~~~

**Flying Trip:**

**Canadian Rockies & Glacier  
National Park**

**July 15, 2020  
(7 Days)**

**\$3295 per person  
(with booking discount)**  
~~~~~

**Flying Trip:**

**New Year's Rose Parade**

**December 30, 2020-January  
4, 2021**

**\$2,995 per person  
(with booking discount)**  
~~~~~

**For more information  
please call the Center or  
stop by and pick up a flyer**

## Monthly Fellowship October 24, 2019

Please RSVP by the day before. Call 740-474-8831 to make reservations. October birthdays & anniversaries eat free on October 24th at noon.

- Chicken Drumsticks
- Mashed Potatoes & Gravy
- Seasoned Green Beans
- Roll
- Chilled Fruit
- Cake

Entertainment By:  
Canal Winchester Corral

## Shuttle Service

There will be a shuttle service for the October Fellowship. Shuttle will run from 10:30 a.m.-11:45 a.m. from Emmett Chapel Church Tarlton Rd to the Center. First 20 cars receive a free lunch certificate.



"Discover where to Recover"



**Pickaway Manor**

Rehabilitation Center,  
Skilled Nursing & Assisted Living

A MacIntosh Community

PT, OT and Speech Therapy  
Services Available

391 Clark Drive | (740) 474-6036  
www.macintoshcompany.com/Pickawaymanor

## Amity Home Health Care

Personalized. Uncompromised. Healthcare. Since 1993

- ♥ In home nursing, home health aides, physical, occupational, and speech therapies.
- ♥ Locally owned home care provider for over 20 years.
- ♥ Covering 9 counties, available 24 hours a day 7 days a week.

164 W Main St • Circleville (740) 477-6842



Wherever our patients call home,  
we provide hospice care.

740.420.0605

heartlandhospice.com/Circleville

Heartland   
Hospice Care

## BERGER HEALTH SYSTEM Your Hometown Health System

Nationally Recognized, Award Winning, Highly Trained,  
and all in YOUR community!

|                               |                            |
|-------------------------------|----------------------------|
| Berger Hospice                | Nutrition Services         |
| Cancer Center                 | Occupational Health Center |
| Cardiology & Neurology        | Orthopedic Surgery         |
| Ear, Nose & Throat            | Pain Management            |
| Endocrinology                 | Pharmacy                   |
| Emergency Department          | Radiology                  |
| Gastroenterology              | Sleep Center               |
| General Surgery               | Therapy & Sports Medicine  |
| Imaging & Laboratory Services | Women's Health & Maternity |
| Infusion Center               | Wound Healing Center       |
| Lung Care Center              |                            |



**Berger Health System**  
600 N. Pickaway St.  
Circleville, OH 43113  
740.474.2126  
www.bergerhealth.com



BERGER HEALTH SYSTEM  
Care first. Community always.



## Pigeon Forge, TN Holiday Trip

December 2-4, 2019

Price: \$425 per person (double occupancy)

\$75 due upon signing



### Highlights:

- Motorcoach Transportation
- Two Nights Hotel Accommodations
- Two Breakfasts & Dinners
- Three Fabulous Holiday Shows: The Hatfield & McCoy Christmas Disaster Dinner Show; The Smoky Mountain Opry & The Comedy Barn
- Explore The Island in Pigeon Forge

For more information please contact the Center or stop by and pick up a flyer. **Deadline Oct. 11**

## Washington, DC Trip

June 5-9, 2020

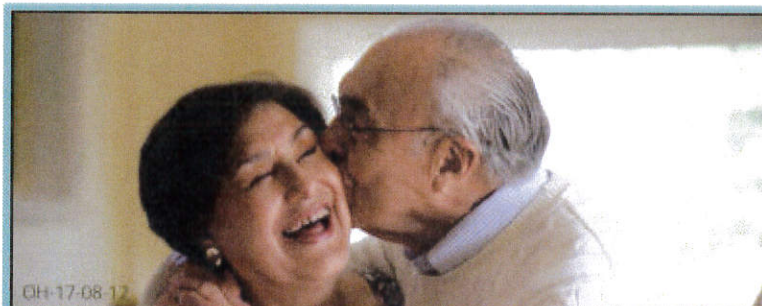
Price: \$585 per person (double occupancy)

\$75 due upon signing

### Highlights:

- Motorcoach Transportation
- 4 nights lodging
- 8 meals: 4 breakfasts & 4 dinners
- 2 Guided Tours of Washington DC
- Evening Guided Memorial & Monuments Tour
- The New Museum of The Bible
- Admission to George Washington's Mount Vernon Estate & Garden
- Train Ride through Arlington National Cemetery

For more information please contact the Center or stop by and pick up a flyer.



**aetna**

Aetna Better Health® of Ohio

**+MyCareOhio**

Connecting Medicare + Medicaid

[www.aetnabetterhealth.com/ohio](http://www.aetnabetterhealth.com/ohio)

## **PICKAWAY HOUSING AUTHORITY**

Pickaway Terrace, Eden Place & Louise Terrace

• Providing affordable housing for elderly/62 years or older and/or disabled  
176 Rustic Drive • Circleville, Ohio 43113

740-477-2514 • Fax: 740-477-7456

email: [pmha@pickawaymha.com](mailto:pmha@pickawaymha.com)

**TTY/TDD Customers:**

Contact Ohio Relay Services at 711 or 1-800-750-0750

This institution is an equal opportunity provider and employer



## **CONSTANCE CARE HOME HEALTHCARE**

- |                           |                              |                     |
|---------------------------|------------------------------|---------------------|
| • Free Nursing Evaluation | • 24Hrs / 7 Days a Week      | • RNs and LPNs      |
| • Therapy (PT, OT, ST)    | • Lifeline Monitoring System | • Home Health Aides |

From our house... to yours

Quality Service In... **740-477-8689**  
Pickaway, Fairfield, Fayette, 744 North Court St.,  
Ross and Hocking Counties. Circleville, OH  
All employees bonded! EOE/Provider/Medicare Certified Agency



► Reach the Senior Market  
**ADVERTISE HERE**

CONTACT

**Bill Taylor to place an ad today!**

**[btaylor@4Lpi.com](mailto:btaylor@4Lpi.com)**

**or (800) 477-4574 x6440**



## PICKAWAY SENIOR CENTER OCTOBER 2019 NEWSLETTER

### Unlock the Secret Lunch

October 31 @ Noon

Stop by the Center to check out the secret lunch poem and enter your guess into the box for a chance to win a prize. The entry with the correct answer will win that day. Must be present to win.



### American Pride Tour

November 14, 2019  
(Day Trip)

Price- \$87 per person

Tour Includes:

- Round Trip Motorcoach transportation to Columbus
- Tour of the National Veterans Memorial Museum
- Italian lunch at Spaghetti Warehouse
- Tour of the Motts Military Museum

Deadline October 11

For More information please call the Center



|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                    |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>FREE!</b><br/>Savings Include an American Standard Right Height Toilet<br/>FREE! (\$500 Value)</p> <p><b>WALK-IN BATHTUB SALE! SAVE \$1,500</b></p> <p>✓ Backed by American Standard's 140 years of experience<br/>✓ Ultra low entry for easy entering &amp; exiting<br/>✓ Patented Quick Drain® Technology<br/>✓ Lifetime Warranty on the bath AND installation, INCLUDING labor backed by American Standard<br/>✓ 44 Hydrotherapy jets for an invigorating massage</p> <p>Limited Time Offer! Call Today!<br/><b>844-889-2321</b><br/>Or visit: <a href="http://www.walkintubinfo.com/safety">www.walkintubinfo.com/safety</a></p> | <p><b>Miller Commons</b> In Northern Pickaway Co.</p> <p><b>Luxury Senior Flats—ages 55+ NOW LEASING</b></p> <p><b>740-983-2222</b> 2 BR, Carport, Pets Welcome</p>                                                                                                                                                                                                                    | <p><b>Free Delivery Straight from Your Independent Pharmacy</b></p> <p><b>CALL 740-420-DRUG TO GET STARTED TODAY!</b></p> <p><b>APOTHECARY</b></p> |
| <p><b>WE'RE HIRING AD SALES EXECUTIVES</b></p> <p>• Full Time Position with Benefits<br/>• Sales Experience Preferred<br/>• Paid Training<br/>• Overnight Travel Required<br/>• Expense Reimbursement</p> <p>CONTACT US AT: <a href="mailto:careers@4LPI.com">careers@4LPI.com</a><br/><a href="http://www.4LPI.com/careers">www.4LPI.com/careers</a></p>                                                                                                                                                                                                                                                                                  | <p><b>Call today to connect with a SENIOR LIVING ADVISOR</b></p> <p>INDEPENDENT LIVING • ASSISTED LIVING • MEMORY CARE</p> <p>A Place for Mom has helped over a million families find <b>senior living solutions</b> that meet their <b>unique needs</b>.</p> <p><b>There's no cost to you!</b><br/><b>(888) 672-0689</b><br/><small>We're paid by our partner communities</small></p> |                                                                                                                                                    |
| <p><b>Defenbaugh-Wise-Schoedinger</b></p> <p><b>Creating Healing Experiences Since 1855</b></p> <p>151 E. Main Street, Circleville, Ohio 43113 • (740) 474-3750</p> <p><b>Schoedinger.com</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                    |



4-D-5-5

For ad info. call 1-800-477-4574 • [www.4lpi.com](http://www.4lpi.com)



14-1576



**Pickaway Senior Center**  
2105 Chickasaw Dr.  
P.O. Box 565  
Circleville, OH 43113

Non-Profit Org.  
U.S. Postage  
PAID  
Permit #200  
Circleville, OH 43113

*RETURN SERVICE REQUESTED*

Current Resident



## **Practical Planning for Older Adults**

Thursday, October 3  
9am-11 am  
at the Senior Center

Hear From:

- Commissioner Brian Stewart-Farthing & Stewart LLP
- Jennifer Sitterley, CELA-Sitterley Law LLC
- Pickaway Senior Center
- Fairhope Hospice
- Berger Health Alzheimer's Support Group
- Constance Care Home Health
- Defenbaugh Wise
- Schoedinger Funeral Home
- Central Ohio Agency on Aging

## **Don't miss our upcoming events and activities at the Center!**

Pigeon Forge Trip.....Pg 3  
Craft Show.....Pg 3  
Birthdays.....Pg 4  
Beginner's Line Dancing....Pg 6  
New Trips for 2020.....Pg 6  
Washington DC Trip.....Pg 8  
Unlock Secret Lunch.....Pg 9  
Menu.....Pg 10  
Activities Calendar.....Pg 11

## **AARP Class**

If you are interested in signing up for the AARP safe driving class please contact the Center to sign up.

Date & Time: TBA

