

Rajiv Gandhi University of Health Sciences, Karnataka
I Year B.Sc. Nursing Degree Examination – SEPTEMBER 2015

Time: 3 Hours

Max. Marks: 45 Marks

Nutrition

Q.P. Code : 1755

Your answers should be specific to the questions asked. Draw neat labeled diagrams wherever necessary

(Note : Both QP Codes 1755 and 1756 are to be answered within total duration of 3 hours)

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. Discuss the steps involved in planning diet for lactating mother and prepare menu plan.
2. a) Classify Carbohydrate
b) Write about digestion, absorption, and metabolism of carbohydrate.

SHORT ESSAYS (Answer any Five)

5 x 5 = 25 Marks

3. Role of nurse in nutrition education
4. Functions, sources and classification of protein
5. Fluid diet
6. Mid day meal
7. Foods standards
8. Weaning

SHORT ANSWERS

5 x 2 = 10 Marks

9. Complementary feeding
10. Grilling
11. Macronutrients
12. Food Adulteration
13. FAO
