

A cancer diagnosis is life changing. As one navigates through surgical intervention, anti-cancer drug therapy and radiation therapy, shifts in physical and emotional health occur.

Cancer treatment affects all aspects of the patient's life, including emotional, psycho-social, body-image, work-related and financial issues. Many patients find themselves overwhelmed and can benefit greatly from supportive care.

With the numerous skin related side effects from cancer treatments, Oncology Esthetics® therapy can provide great benefits such as easing symptoms and skin reactions, improving skin and their overall health, and restoring a sense of well-being.

Many therapies are not typically incorporated into standard patient care in most doctor's offices, hospitals or cancer centers. Oncology Esthetics® is used together with conventional cancer treatments. A Certified Oncology Aesthetician can complete the circle of care that is provided to cancer patients.



### CONFIDENT IMAGE CHEZ FRANCE

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#### *Policies & Sterilization*

*At Confident Image Chez France, we care about the health and wellbeing of our clients; we observe Health Canada's Sterilization and Prevention guidelines with the use of Accel TB Disinfectant which is Tuberculocidal, Virucidal, Bactericidal, Fungicidal, and Broad Spectrum Sanitizing. Disposable Needles and Nitrile Gloves are used during all treatments to protect against cross-contamination.*

#### **Hours of Business**

*Convenient hours to serve you better!*

*By appointment within these hours:*

*Mon. - Thurs. 9:30 AM - 5:00 PM*

*Friday 9:30 AM - 4:00 PM*

***Extended hours by appointment only:***

*Saturday 10:00 AM - 1:00 PM*

*Tues. & Thurs. 5:00 PM - 6:30 PM*

*Closed Holidays*



The purpose of our therapy is not to treat the cancer itself but to treat the person as a whole.



What we do...

## The benefits for a cancer patient to have a spa service are listed:

### Touch

It is well-known fact that the skin is the largest sensory organ. Loving touch is when contact is used to reassure, comfort and heal. As a result, feelings of love and security develop. Moreover, the skin becomes a receptor of pleasure.

Gentle touch has been shown to facilitate physical and psychological functioning, particularly in terms of reducing stress, relieving pain, increasing the ability to cope, and general health ratings.

### Mindfulness

Mindfulness is the practice of purposely focusing our attention on the client at that present moment—and accepting our client without judgment. Mindfulness is now being examined scientifically and has been found to be a key element in happiness. Mindfulness can help relieve stress; lower blood pressure; reduce chronic pain; and improve sleep.

### Physical and Emotional Impairments

With physical impairments come a myriad of emotions to cope with. People who were once physically capable have to grapple with their new physical limitations. The leading cause of emotional distress in cancer patients is physical disability. The risk of psychological distress in individuals with cancer relates much more strongly to their level of disability than it does to the cancer diagnosis itself.

### Eagle Eye

Many aestheticians that have a keen interest in the skin can have unusually sharp visual powers or a keen ability to watch or observe. They will notice skin lesions and any changes to lesions on the skin which in the case of early detection of skin cancers, this can be life saving.

### Experts—Ingredients / Products

Aestheticians who care about good health and wellness, will spend time learning about ingredients used in skincare products and will learn what ingredients are detrimental to the skin and the body. They will spend time choosing products that reflect good health and that are providing the needed benefits for clients undergoing cancer treatment.

### You have a Right to Choose

Patients have the right to choose what treatment is appropriate for them.

We believe in providing as much information to people living with cancer to be able to make treatment decisions based on knowledge of what the treatment can do.

**The “Helping Hand” - When 5 friends or family purchase together, 1 Facial Gift Certificate for a cancer patient, \$5.00 will be donated to Wellspring Niagara.**



### What we USE in our spa...

- AquaFolia Skin Care—Approved by the Oncology Esthetics® Touch For Cancer
- Safe Ingredients—we do not use products with soy or estrogen based ingredients.
- 100% Mineral Sun Screen—no harsh chemicals

### What we DO in our spa...

- Skin Consultations
- Safe, appropriate facial treatments, personalized for each client
- Removal of Tiny Blood Vessels—remnants of radiation therapies
- Removal of Benign Skin Lesions pre-cancerous lesions
- Aqua Rescue Facial—1 1/2 hrs.

This intensive cure, all natural cosmeceutical, therapeutic facial will rebalance and replenish the skin's moisture barrier. Cancer therapies and anti-cancer medication can strip the natural barrier of the skin causing skin irritation. This facial is specially formulated to soothe sensitive and reactive skin, hydrate and protect DNA cells. Specialized massage technique for the face, neck and décolleté designed specifically for cancer patients.

**Come talk to us...we are here to help!**