

2016 AAC CHAMPIONSHIPS

Black Mountain, NC

Montreat College

November 5, 2016

**OFFICIAL MEET REPORT**

printed: 11/5/2016 12:22 PM

**Race #1
Men's Championship 8k****Final Results****RACE SUMMARY**

Start Time: 10:30 Conditions: Sunny Temp: Mid 50's Winds: Calm

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Milligan*NQ-T*	40	2-4-7-13-14(18)(21)	2:14:40	26:56	1:09.0
2 Montreat	79	3-10-16-23-27(31)(41)	2:17:38	27:32	1:55.0
3 Tennessee Wesleyan	96	9-12-24-25-26(28)(38)	2:19:12	27:51	1:09.1
4 Truett-McConnell	115	5-8-11-45-46(60)	2:21:02	28:13	3:22.0
5 Reinhardt	117	6-15-30-32-34(42)(44)	2:20:01	28:01	1:58.0
6 St. Andrews	163	17-22-35-39-50(53)(56)	2:24:15	28:51	3:04.2
7 SCAD Atlanta	169	19-20-36-40-54(55)(61)	2:26:49	29:22	5:28.5
8 Bryan	181	1-33-47-49-51(57)	2:25:58	29:12	4:52.1
9 Union (Ky.)	229	29-37-48-52-63(64)(69)	2:35:19	31:04	8:29.1
10 Bluefield	313	43-65-67-68-70(71)(72)	3:19:48	39:58	19:10.1
11 Allen	318	58-59-62-66-73	3:15:37	39:08	16:50.4

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	1Mi	3.8K	3Mi	7K
1 Tyler Boone *NQ-Ind*	SR	273	Bryan	1	25:57.1	5:13.3	3:14.6	5:09.3	12:08.3	15:42.3	22:48.3
2 Taylor Tafelsky *NQ-T*	SR	294	Milligan	2	26:18.1	5:17.5	3:17.3	5:17.4	12:22.4	16:01.4	23:07.1
3 Brien Lancaster *NQ-Ind*	JR	307	Montreat	3	26:25.1	5:18.9	3:18.1	5:14.4	12:19.4	16:03.3	23:16.3
4 Mitch Bronstetter *NQ-T*	FR	286	Milligan	4	26:36.1	5:21.1	3:19.5	5:21.3	12:30.3	16:06.4	23:24.3
5 Tyler Barber *NQ-Ind*	FR	364	Truett-McConnell	5	26:42.1	5:22.3	3:20.3	5:22.3	12:35.3	16:12.4	23:36.4
6 Jackson Helfrich *NQ-Ind*	FR	323	Reinhardt	6	26:49.1	5:23.8	3:21.1	5:22.4	12:32.3	16:12.4	23:32.4
7 Brandon Ellis *NQ-T*	SR	287	Milligan	7	26:55.0	5:24.9	3:21.9	5:21.4	12:36.4	16:18.3	23:38.1
8 Juan Ortega	SO	367	Truett-McConnell	8	27:02.1	5:26.4	3:22.8	5:23.3	12:39.4	16:20.4	23:49.3
9 Javier Garcia	JR	352	Tennessee Wesleyan	9	27:07.1	5:27.4	3:23.4	5:15.3	12:33.0	16:23.4	24:00.4
10 Rylan Hincer	SO	306	Montreat	10	27:09.0	5:27.8	3:23.6	5:20.3	12:39.3	16:27.4	23:56.3
11 Robert Bledsoe	SR	365	Truett-McConnell	11	27:12.1	5:28.4	3:24.0	5:22.4	12:39.3	16:24.3	23:54.4
12 Bailey Gannon	FR	351	Tennessee Wesleyan	12	27:19.1	5:29.8	3:24.9	5:14.3	12:26.3	16:07.4	23:51.3
13 Sam Wehner *NQ-T*	FR	296	Milligan	13	27:23.1	5:30.6	3:25.4	5:25.4	12:52.3	16:37.3	24:08.4
14 Carson Kirby *NQ-T*	SO	288	Milligan	14	27:27.1	5:31.4	3:25.9	5:25.4	12:57.4	16:42.4	24:09.4
15 Nate Trottier	SO	330	Reinhardt	15	27:29.1	5:31.8	3:26.1	5:28.3	12:55.4	16:41.4	24:13.4
16 Darius Futrell	FR	303	Montreat	16	27:32.1	5:32.4	3:26.5	5:15.4	12:35.3	16:20.4	24:20.3
17 James Maddox	FR	345	St. Andrews	17	27:33.1	5:32.6	3:26.6	5:16.3	12:42.3	16:33.4	24:17.3
18 Garret Welsh *NQ-T*	FR	297	Milligan	(18)	27:35.1	5:33.0	3:26.9	5:26.4	12:58.3	16:44.3	24:18.3
19 Max Golema	FR	335	SCAD Atlanta	19	27:37.1	5:33.4	3:27.1	5:33.3	12:55.3	16:41.4	24:13.3
20 Adrian Monzon	FR	336	SCAD Atlanta	20	27:53.1	5:36.6	3:29.1	5:33.4	13:03.4	16:53.3	24:31.4
21 Peter Mermilliod *NQ-T*	SR	291	Milligan	(21)	27:58.1	5:37.6	3:29.8	5:25.4	12:57.4	16:46.4	24:33.3
22 Zack Castor	JR	342	St. Andrews	22	28:07.1	5:39.4	3:30.9	5:17.3	12:56.3	16:53.4	24:41.3
23 Holden Dixon	SO	302	Montreat	23	28:11.1	5:40.3	3:31.4	5:22.4	12:52.4	16:47.4	24:48.4
24 Tyler Agan	SO	315	Point University	-	28:11.5	5:40.3	3:31.4	5:32.4	13:05.4	16:58.4	24:48.3
25 Luis Vargas	SR	359	Tennessee Wesleyan	24	28:14.1	5:40.9	3:31.8	5:34.3	13:04.3	16:55.4	24:45.4
26 Darren Payton	JR	356	Tennessee Wesleyan	25	28:15.1	5:41.0	3:31.9	5:29.3	13:04.2	17:04.3	24:57.3
27 TJ Tupps	FR	358	Tennessee Wesleyan	26	28:16.2	5:41.3	3:32.0	5:15.3	13:03.4	17:00.3	25:01.4

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Race #1 Men's Championship 8k

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	1Mi	3.8K	3Mi	7K
28 Jacob Parker	FR	310	Montreat	27	28:20.0	5:42.1	3:32.5	5:20.4	12:59.3	16:55.4	24:56.4
29 Will Vineyard	SO	360	Tennessee Wesley	(28)	28:24.0	5:42.9	3:33.0	5:33.3	13:04.4	17:01.3	24:56.4
30 Logan Congo	SO	370	Union (Ky.)	29	28:25.0	5:43.1	3:33.1	5:33.4	13:14.4	17:10.3	25:02.3
31 Brian Vincent Jr.	FR	331	Reinhardt	30	28:25.1	5:43.1	3:33.1	5:33.4	13:14.4	17:08.4	25:03.3
32 Frank Bartholow	FR	300	Montreat	(31)	28:26.6	5:43.4	3:33.3	5:19.4	13:04.4	17:03.4	25:00.3
33 Wyatt Ingram	SO	325	Reinhardt	32	28:30.1	5:44.1	3:33.8	5:34.4	13:12.4	17:07.3	24:59.3
34 Brady Smith	FR	277	Bryan	33	28:31.1	5:44.3	3:33.9	5:34.3	13:19.3	17:15.4	25:08.4
35 Sam Bratton *NQ-T*	SO	285	Milligan	-	28:35.1	5:45.1	3:34.4	5:30.4	13:08.4	17:05.4	25:02.4
36 Beau Rush	SO	328	Reinhardt	34	28:47.1	5:47.5	3:35.9	5:36.3	13:25.4	17:24.3	25:22.4
37 Eduardo Andrade	SO	340	St. Andrews	35	28:47.2	5:47.5	3:35.9	5:18.3	12:56.4	17:01.4	25:18.4
38 Brent Starks	JR	339	SCAD Atlanta	36	28:53.1	5:48.7	3:36.6	5:35.4	13:20.3	17:16.4	25:23.3
39 Collin Wesco	JR	375	Union (Ky.)	37	28:59.1	5:49.9	3:37.4	5:32.4	13:15.3	17:17.4	25:25.4
40 Luis Ortiz	FR	355	Tennessee Wesley	(38)	29:04.1	5:50.9	3:38.0	5:21.4	13:15.3	17:25.4	25:36.4
41 Caleb Calderon	FR	341	St. Andrews	39	29:10.1	5:52.1	3:38.8	5:24.4	13:12.4	17:21.4	25:31.4
42 Foon Fu	SR	334	SCAD Atlanta	40	29:20.1	5:54.1	3:40.0	5:49.4	13:49.3	17:51.4	25:53.4
43 Mikey Killingsworth	FR	354	Tennessee Wesley	-	29:22.5	5:54.6	3:40.3	5:45.4	13:48.3	17:47.4	25:57.3
44 Brayton Gineris	SO	319	Point University	-	29:24.1	5:54.9	3:40.5	5:27.4	13:22.3	17:32.4	25:51.4
45 Bryce Choate	SO	349	Tennessee Wesley	-	29:26.1	5:55.3	3:40.8	5:33.4	13:21.3	17:37.3	25:54.3
46 Christos Zachariou	FR	362	Tennessee Wesley	-	29:31.1	5:56.3	3:41.4	5:28.4	13:17.4	17:33.4	25:48.3
47 Brandon Welborn	JR	312	Montreat	(41)	29:33.1	5:56.8	3:41.6	5:26.3	13:16.4	17:22.4	25:57.3
48 Chandler Rookis	FR	327	Reinhardt	(42)	29:37.5	5:57.6	3:42.2	5:45.4	13:48.4	17:52.4	26:06.3
49 kendall haynes	SR	263	Bluefield	43	29:41.1	5:58.4	3:42.6	5:33.4	13:43.3	17:52.4	26:06.4
50 Brent Blackwell	SR	321	Reinhardt	(44)	29:42.1	5:58.6	3:42.8	6:12.4	14:09.4	18:00.4	25:58.4
51 Jacob Bartlett *NQ-T*	JR	284	Milligan	-	29:50.1	6:00.2	3:43.8	5:40.4	13:37.4	17:49.3	26:06.4
52 Daniel Lancaster	JR	308	Montreat	-	29:56.6	6:01.5	3:44.6	5:27.4	13:31.3	17:44.3	26:31.3
53 Dakota Ackerman	SO	347	Tennessee Wesley	-	29:59.1	6:02.0	3:44.9	5:48.3	13:54.3	18:07.4	26:27.4
54 Jeb Phillips	FR	311	Montreat	-	29:59.1	6:02.0	3:44.9	5:39.4	13:59.4	18:11.3	26:35.4
55 Zach Syler	SO	369	Truett-McConnell	45	30:01.1	6:02.4	3:45.1	5:43.3	13:45.4	17:53.4	26:19.4
56 Hunter Lewis *NQ-T*	SO	289	Milligan	-	30:03.3	6:02.8	3:45.4	5:51.4	14:01.4	18:11.4	26:32.4
57 Stanley Cayo	SR	366	Truett-McConnell	46	30:04.1	6:03.0	3:45.5	5:48.3	14:01.4	18:07.4	26:31.3
58 Blake Revlett	FR	276	Bryan	47	30:05.1	6:03.2	3:45.6	5:46.4	13:57.4	18:07.4	26:35.3
59 Austin Brennan	SO	322	Reinhardt	-	30:06.2	6:03.4	3:45.8	6:12.3	14:17.4	18:18.4	26:39.4
60 Cruz Ramos	SO	373	Union (Ky.)	48	30:09.3	6:04.0	3:46.2	5:45.3	13:52.4	18:06.4	26:27.3
61 Chase Blackwell	FR	301	Montreat	-	30:10.4	6:04.3	3:46.3	5:42.4	14:02.3	18:08.3	26:37.4
62 Kyle Fields	SO	274	Bryan	49	30:35.1	6:09.2	3:49.4	5:38.3	14:02.4	18:22.4	26:58.4
63 Chase Kopp	SR	344	St. Andrews	50	30:37.3	6:09.7	3:49.7	5:53.4	14:04.4	18:19.3	26:54.4
64 Zach Baird	SO	272	Bryan	51	30:49.2	6:12.1	3:51.1	5:48.4	14:11.3	18:28.3	27:03.3
65 Mitchell Trent	FR	374	Union (Ky.)	52	30:51.1	6:12.5	3:51.4	6:02.4	14:11.4	18:24.4	27:11.4
66 Marlin Gage Brasher	FR	316	Point University	-	30:53.7	6:13.0	3:51.7	6:10.3	14:36.4	18:44.4	27:12.3
67 Roger Herrera	SR	324	Reinhardt	-	30:59.1	6:14.1	3:52.4	5:44.4	14:14.3	18:31.4	27:16.4
68 Daniel Newcomb	FR	309	Montreat	-	31:12.8	6:16.8	3:54.1	5:50.4	14:27.4	18:42.4	27:36.3
69 Clay Yeaton	FR	314	Montreat	-	31:19.1	6:18.1	3:54.9	5:51.4	14:01.4	18:21.4	27:26.4
70 Michael Hare	SR	343	St. Andrews	(53)	31:25.1	6:19.3	3:55.6	6:01.4	14:29.4	18:49.4	27:40.3
71 Drew Duram	FR	318	Point University	-	31:29.1	6:20.1	3:56.1	6:09.3	14:37.4	18:54.4	27:39.3
72 Austin Wiseman	JR	361	Tennessee Wesley	-	31:30.7	6:20.4	3:56.3	5:56.3	14:23.4	18:43.4	27:53.3
73 Alexander Suci	JR	329	Reinhardt	-	31:32.1	6:20.7	3:56.5	6:14.4	14:50.4	19:11.4	27:53.4

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Men's Championship 8k****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	1Mi	3.8K	3Mi	7K
74 Jake D'Oliviera	FR	350	Tennessee Wesley	-	32:00.1	6:26.3	4:00.0	6:25.4	15:05.3	19:28.4	28:14.4
75 Louis Sapp	FR	357	Tennessee Wesley	-	32:29.1	6:32.2	4:03.6	6:04.4	15:07.4	19:32.4	28:42.3
76 Lee Wooden	SO	313	Montreat	-	32:43.1	6:35.0	4:05.4	5:59.4	14:51.4	19:30.3	28:48.3
77 Clay Cofer	JR	317	Point University	-	32:46.1	6:35.6	4:05.8	6:16.4	15:07.3	19:34.3	28:48.3
78 Aaron Taylor	SR	320	Point University	-	32:59.6	6:38.3	4:07.4	6:19.4	15:18.4	19:47.4	29:03.4
79 Bayete Chinwendu	FR	333	SCAD Atlanta	54	33:05.5	6:39.5	4:08.2	6:10.3	15:07.3	19:48.4	29:13.3
80 John Ray	FR	337	SCAD Atlanta	(55)	33:06.1	6:39.6	4:08.3	6:19.4	15:19.4	19:49.3	29:13.4
81 Franco Portillo	JR	346	St. Andrews	(56)	33:20.1	6:42.4	4:10.0	6:15.4	15:12.4	19:53.4	29:13.4
82 Taylor Moore	SO	275	Bryan	(57)	33:27.1	6:43.8	4:10.9	6:01.3	15:06.4	19:48.3	29:21.3
83 Dustin Nelson	SO	326	Reinhardt	-	33:53.1	6:49.1	4:14.1	6:13.4	14:58.3	19:45.3	29:41.4
84 Emaray Johnson	JR	254	Allen	58	34:10.7	6:52.6	4:16.3	6:31.4	16:00.4	20:48.4	30:27.3
85 Jordan Thompson	SO	258	Allen	59	34:13.1	6:53.1	4:16.6	6:31.4	16:00.4	20:48.4	30:26.4
86 Daniel Reeding	FR	368	Truett-McConnell	(60)	34:14.2	6:53.3	4:16.8	6:12.4	15:43.3	20:26.4	30:09.4
87 Ryce Jacobs	FR	353	Tennessee Wesley	-	34:20.1	6:54.5	4:17.5	6:24.4	15:47.4	20:25.3	30:22.4
88 Jaylon Smith	FR	338	SCAD Atlanta	(61)	35:00.1	7:02.5	4:22.5	6:33.3	16:00.4	21:00.4	30:47.4
89 Dexter Walker	SO	259	Allen	62	36:52.1	7:25.1	4:36.5	6:36.3	16:42.4	21:48.4	32:35.4
90 Dominique Lewis	SO	371	Union (Ky.)	63	36:54.1	7:25.5	4:36.8	6:45.4	16:52.4	21:50.3	32:49.3
91 Scott Mew	JR	372	Union (Ky.)	(64)	36:54.1	7:25.5	4:36.8	6:45.4	16:53.3	21:50.4	32:49.4
92 garrett schilling	SR	269	Bluefield	65	38:17.1	7:42.2	4:47.1	6:58.3	17:40.4	23:05.4	33:52.4
93 Samuel Hale	SO	304	Montreat	-	38:27.1	7:44.2	4:48.4	6:57.3	17:43.4	22:54.3	34:03.3
94 Micah Brown	FR	348	Tennessee Wesley	-	38:47.1	7:48.2	4:50.9	7:20.4	17:49.4	23:10.4	34:05.4
95 Thaddaeus Dawkins	FR	252	Allen	66	39:20.1	7:54.9	4:55.0	7:02.4	17:49.3	23:17.4	34:40.4
96 cobie marotske	SR	266	Bluefield	67	39:37.1	7:58.3	4:57.1	7:19.4	18:04.3	23:42.4	34:47.4
97 Bogosi Moloisane	SR	267	Bluefield	68	43:21.1	8:43.4	5:25.1	6:58.3	18:25.4	25:01.4	38:00.4
98 Shaquille Williams	JR	376	Union (Ky.)	(69)	44:53.1	9:01.9	5:36.6	7:35.4	19:45.4	26:04.4	39:12.4
99 jacob key	JR	264	Bluefield	70	48:51.1	9:49.8	6:06.4	7:47.4	21:00.4	28:10.4	43:11.4
100 dylan ruth	SR	268	Bluefield	(71)	48:55.0	9:50.5	6:06.9	7:43.4	21:00.4	28:10.3	43:12.3
101 ryan lawson	SR	265	Bluefield	(72)	50:47.1	10:13.1	6:20.9	9:35.3	23:56.3	31:02.4	45:05.4
102 mark jones	SR	255	Allen	73	51:01.0	10:15.9	6:22.6	8:14.3	22:19.3	25:19.3	47:01.3

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**Race #2
Women's Championship 5k****Final Results****RACE SUMMARY**

Start Time: 11:30 Conditions: Sunny Temp: Mid 50's Winds: Calm

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 SCAD Atlanta*NQ-T*	32	2-3-4-5-18(22)(30)	1:36:09	19:14	2:31.5
2 Milligan*NQ-T*	34	1-6-7-9-11(14)(20)	1:36:30	19:18	2:03.8
3 Tennessee Wesleyan	79	10-15-16-17-21(26)(31)	1:42:44	20:33	1:06.5
4 Reinhardt	157*	12-33-34-37-41(48)(55)	1:48:47	21:46	2:19.6
5 Truett-McConnell	157*	8-27-38-40-44(57)(74)	1:48:35	21:43	3:01.7
6 Columbia (S.C.)	158	23-25-29-36-45(50)(51)	1:49:22	21:53	1:36.1
7 Montreat	165	24-28-32-35-46(47)(64)	1:49:43	21:57	1:29.0
8 Point University Wom	220	13-39-53-56-59(60)(66)	1:54:57	23:00	4:13.7
9 Bryan	247	19-42-54-61-71	2:01:55	24:23	9:09.6
10 Union (Ky.)	296	49-52-63-65-67(69)(76)	2:04:45	24:57	3:55.0
11 St. Andrews	301	43-58-62-68-70(72)(75)	2:07:45	25:33	6:09.5
12 Allen	387	73-77-78-79-80	3:21:26	40:18	14:31.9

***Tiebreakers**

Reinhardt (157)

3 L-L-W-W-W

Truett-McConnell (157)

2 W-W-L-L-L

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	1 Mile
1 Hannah Segrave *NQ-T*	SR	148	Milligan	1	17:53.3	5:45.1	3:34.6	5:35.3
2 Greta Van Calcar *NQ-T*	FR	190	SCAD Atlanta	2	18:12.2	5:51.2	3:38.4	5:40.3
3 Emily Kearney *NQ-T*	FR	187	SCAD Atlanta	3	18:57.5	6:05.7	3:47.5	5:47.3
4 Kalie Demerjian *NQ-T*	SO	186	SCAD Atlanta	4	19:07.6	6:09.0	3:49.5	5:58.3
5 Maddie Mullen *NQ-T*	SO	188	SCAD Atlanta	5	19:08.4	6:09.2	3:49.7	5:59.3
6 Sarah-Kate Gartman *NQ-T*	JR	140	Milligan	6	19:25.4	6:14.7	3:53.1	6:04.3
7 Jacquelyn Robinson *NQ-T*	JR	147	Milligan	7	19:32.7	6:17.1	3:54.5	5:58.3
8 Ivie Nobles *NQ-Ind*	FR	215	Truett-McConnell	8	19:36.4	6:18.2	3:55.3	6:10.3
9 Amber Grello *NQ-T*	SR	141	Milligan	9	19:41.7	6:19.9	3:56.3	6:08.3
10 Leah Chance *NQ-Ind*	SR	201	Tennessee Wesley	10	19:49.8	6:22.5	3:57.9	6:10.3
11 Katlyn Haas *NQ-T*	FR	142	Milligan	11	19:57.1	6:24.9	3:59.4	6:08.3
12 Shelby Rensel *NQ-Ind*	FR	180	Reinhardt	12	20:07.7	6:28.3	4:01.5	6:16.3
13 Rebecca Guadiana *NQ-Ind*	JR	167	Point University Wo	13	20:10.5	6:29.2	4:02.1	6:22.3
14 Ashton Bunch *NQ-T*	JR	136	Milligan	(14)	20:30.1	6:35.5	4:06.0	6:27.3
15 Hannah Rhodes *NQ-Ind*	JR	209	Tennessee Wesley	15	20:37.1	6:37.8	4:07.4	6:14.3
16 Mysteree Botoroff *NQ-Ind*	FR	200	Tennessee Wesley	16	20:40.1	6:38.7	4:08.0	6:22.3
17 Karlie Yinger	JR	211	Tennessee Wesley	17	20:40.7	6:38.9	4:08.1	6:32.3
18 Gabrielle Robinson *NQ-T*	FR	189	SCAD Atlanta	18	20:43.6	6:39.9	4:08.7	6:37.3
19 Kenzie Freeman	SO	119	Bryan	19	20:45.6	6:40.5	4:09.1	6:35.3
20 Erica Stone *NQ-T*	FR	149	Milligan	(20)	20:50.8	6:42.2	4:10.1	6:06.2
21 Rosa Cisneros	FR	202	Tennessee Wesley	21	20:56.2	6:43.9	4:11.2	6:30.3
22 Jordan Mott *NQ-T*	JR	145	Milligan	-	21:01.1	6:45.5	4:12.2	6:35.3

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**Race #2
Women's Championship 5k****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	1 Mile
23 Olivia Babeu *NQ-T*	SO	183	SCAD Atlanta	(22)	21:05.6	6:46.9	4:13.1	6:39.3
24 Alyssa Waibel	FR	133	Columbia (S.C.)	23	21:11.1	6:48.7	4:14.2	6:35.0
25 Haley Keylon *NQ-T*	JR	143	Milligan	-	21:22.3	6:52.3	4:16.5	6:37.3
26 Isabel Salinas	FR	161	Montreat	24	21:22.6	6:52.4	4:16.5	6:33.3
27 Qu Essence Gillison	SO	128	Columbia (S.C.)	25	21:27.3	6:53.9	4:17.4	6:32.3
28 Rachel Gallison	FR	204	Tennessee Wesley	(26)	21:31.0	6:55.1	4:18.2	6:31.3
29 Margaret Wiederman	JR	218	Truett-McConnell	27	21:33.3	6:55.8	4:18.6	6:42.3
30 Kelly Norton	FR	159	Montreat	28	21:37.1	6:57.1	4:19.4	6:35.3
31 Janay Chisolm	SR	127	Columbia (S.C.)	29	21:37.8	6:57.3	4:19.5	6:38.3
32 Anisha Marshall		115	BluefieldW	-	21:39.1	6:57.7	4:19.8	7:02.3
33 Elizabeth Westerfield *NQ-T*	SO	192	SCAD Atlanta	(30)	21:40.1	6:58.0	4:20.0	6:41.3
34 Sierra Knighten	JR	205	Tennessee Wesley	(31)	21:44.6	6:59.5	4:20.9	6:33.3
35 Olena Kosenko	JR	157	Montreat	32	21:45.0	6:59.6	4:21.0	6:38.3
36 Kaitlyn Carringer *NQ-T*	FR	137	Milligan	-	21:49.7	7:01.1	4:21.9	6:42.3
37 Melanie Gerdes	SO	176	Reinhardt	33	21:54.9	7:02.8	4:23.0	6:45.3
38 Pam Lalo	FR	178	Reinhardt	34	21:56.7	7:03.4	4:23.3	6:48.2
39 Madeline Sides	FR	162	Montreat	35	22:06.4	7:06.5	4:25.3	6:31.3
40 Carly Owen *NQ-T*	SR	146	Milligan	-	22:18.2	7:10.3	4:27.6	6:33.3
41 Irene Requena	JR	131	Columbia (S.C.)	36	22:18.8	7:10.5	4:27.8	6:44.3
42 Jazzmine Gonzalez	SR	177	Reinhardt	37	22:19.9	7:10.8	4:28.0	6:45.3
43 Emily Hood	JR	214	Truett-McConnell	38	22:21.6	7:11.4	4:28.3	7:00.3
44 Maegan Garritson	SR	165	Point University Wo	39	22:23.7	7:12.0	4:28.7	7:01.3
45 Bailey Condone	FR	203	Tennessee Wesley	-	22:25.7	7:12.7	4:29.1	7:02.3
46 Aaren Green	SO	213	Truett-McConnell	40	22:25.9	7:12.7	4:29.2	7:01.3
47 Jenna Chance	FR	174	Reinhardt	41	22:27.2	7:13.2	4:29.4	6:56.3
48 Elizabeth Thompson	SO	123	Bryan	42	22:29.9	7:14.0	4:30.0	6:56.3
49 Claire Hopson	JR	196	St. Andrews	43	22:33.1	7:15.1	4:30.6	6:56.3
50 Olivia Godfrey	JR	212	Truett-McConnell	44	22:38.0	7:16.6	4:31.6	7:02.3
51 Miyonta Mavins	JR	130	Columbia (S.C.)	45	22:47.1	7:19.6	4:33.4	7:05.3
52 MiKayla Poulter	SO	160	Montreat	46	22:51.6	7:21.0	4:34.3	6:50.3
53 Samantha Gaskill	JR	155	Montreat	(47)	22:52.4	7:21.3	4:34.5	6:59.3
54 Ansley Avera	JR	173	Reinhardt	(48)	23:07.3	7:26.1	4:37.4	7:07.3
55 Haley Layne	SO	228	Union (Ky.)	49	23:09.8	7:26.9	4:37.9	6:58.3
56 Kelsey Marshall	SR	206	Tennessee Wesley	-	23:11.0	7:27.3	4:38.2	6:57.3
57 Lauren Glencross	SO	129	Columbia (S.C.)	(50)	23:11.4	7:27.4	4:38.3	7:10.3
58 Annika Wicht	JR	134	Columbia (S.C.)	(51)	23:13.6	7:28.1	4:38.7	7:09.3
59 Jenny Boehmer	SO	223	Union (Ky.)	52	23:32.0	7:34.0	4:42.4	7:10.3
60 Helen Taylor	JR	132	Columbia (S.C.)	-	23:41.1	7:36.9	4:44.2	7:10.0
61 Shelby Garritson	JR	166	Point University Wo	53	23:45.4	7:38.3	4:45.1	7:17.3
62 Veronica Hayes	SO	121	Bryan	54	23:56.9	7:42.0	4:47.4	7:33.3
63 Kaylee Rinesmith	SR	182	Reinhardt	(55)	24:07.6	7:45.4	4:49.5	7:33.3
64 Abigail Contreras	JR	164	Point University Wo	56	24:12.7	7:47.1	4:50.5	7:20.3
65 Lauren Tosky	SR	217	Truett-McConnell	(57)	24:15.1	7:47.9	4:51.0	7:39.3
66 Kaitlyn Maddox	SO	198	St. Andrews	58	24:20.7	7:49.7	4:52.1	7:29.3
67 Ashley Kaeser	FR	169	Point University Wo	59	24:24.2	7:50.8	4:52.8	7:24.3
68 Ailed Abigail Alcantaras	FR	163	Point University Wo	(60)	24:27.8	7:51.9	4:53.5	7:27.3

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**Race #2
Women's Championship 5k****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM	1 Mile
69 Anna Mills	JR	179	Reinhardt	-	24:32.0	7:53.3	4:54.4	7:37.3
70 Xia Grimwood	JR	120	Bryan	61	24:46.8	7:58.1	4:57.4	7:36.3
71 Hannah Biddle	JR	193	St. Andrews	62	24:52.7	8:00.0	4:58.5	6:59.3
72 Charissa Ryan	FR	210	Tennessee Wesley	-	24:58.0	8:01.7	4:59.6	7:42.3
73 Mariah Meade	FR	230	Union (Ky.)	63	24:58.9	8:01.9	4:59.8	7:40.3
74 Abigail Chevalier	SO	152	Montreat	(64)	25:08.0	8:04.9	5:01.6	7:32.3
75 Kaitlin Cook *NQ-T*	SR	184	SCAD Atlanta	-	25:10.1	8:05.6	5:02.0	7:46.3
76 Molly Bartosh		113	BluefieldW	-	25:36.2	8:13.9	5:07.2	7:45.3
77 Kelsey Dawson	SR	175	Reinhardt	-	25:56.1	8:20.3	5:11.2	8:22.3
78 Miranda Epperson	SR	226	Union (Ky.)	65	25:59.0	8:21.3	5:11.8	7:40.3
79 Ivana Vera *NQ-T*	SR	191	SCAD Atlanta	-	26:31.6	8:31.7	5:18.3	8:17.3
80 Lara McCaughey	SR	170	Point University Wo	(66)	26:44.3	8:35.8	5:20.8	8:10.3
81 Kari Baker	JR	222	Union (Ky.)	67	27:04.7	8:42.4	5:24.9	7:51.3
82 Shelbie Jacobs	FR	197	St. Andrews	68	27:15.2	8:45.8	5:27.0	8:23.3
83 Tia Pullens	SR	171	Point University Wo	-	27:26.3	8:49.3	5:29.2	8:12.3
84 Marris Williams	SR	172	Point University Wo	-	28:12.2	9:04.1	5:38.4	8:11.3
85 Auburn McCrary	SO	229	Union (Ky.)	(69)	28:36.6	9:12.0	5:43.3	8:09.3
86 Kate Neidrick	JR	199	St. Andrews	70	28:42.5	9:13.9	5:44.5	9:06.3
87 Sarah Heard	FR	122	Bryan	71	29:55.2	9:37.2	5:59.0	9:00.3
88 Ember Hilton	FR	195	St. Andrews	(72)	30:16.8	9:44.2	6:03.4	8:01.3
89 Kadejuha Kennedy	FR	101	Allen	73	30:38.2	9:51.0	6:07.6	8:33.3
90 Olivia Thompson		111	BluefieldW	-	30:41.9	9:52.2	6:08.4	8:56.3
91 Kayla Quigley	SR	216	Truett-McConnell	(74)	30:47.0	9:53.9	6:09.4	9:11.3
92 Nina Havelka	SO	194	St. Andrews	(75)	31:02.8	9:58.9	6:12.5	9:01.2
93 Kimberly Irvin	SO	168	Point University Wo	-	31:34.5	10:09.1	6:18.9	9:10.3
94 Morgan Sawyers		117	BluefieldW	-	32:32.3	10:27.7	6:30.5	10:24.3
95 Daisha Henderson	JR	227	Union (Ky.)	(76)	34:45.8	11:10.7	6:57.2	9:08.3
96 Diamond Lee	SO	102	Allen	77	35:20.4	11:21.8	7:04.1	9:08.3
97 Morgan Stephens		116	BluefieldW	-	36:32.1	11:44.8	7:18.4	10:56.2
98 Kelly Dietz		112	BluefieldW	-	36:39.0	11:47.1	7:19.8	11:13.3
99 Nichole Hamby		114	BluefieldW	-	39:09.0	12:35.3	7:49.8	11:53.3
100 Seanna Solomon	SO	103	Allen	78	45:08.1	14:30.8	9:01.6	10:41.3
101 Resacia DeGraffenreidt	SO	100	Allen	79	45:09.1	14:31.1	9:01.8	10:41.3
102 Kiara Spears	FR	104	Allen	80	45:10.1	14:31.4	9:02.0	10:45.3