

ITINERARY | DAY-BY-DAY



CAREER ENRICHMENT



Nursing Knowledge/NANDA-I Journey to Ireland

Dublin & Cork

9 days / 7-nights

June 8-16, 2019

\$5,599 (based on double occupancy)

\$4,899 (double occupancy/no international flights)

This educational offering is endorsed by NANDA International and the Marjory Gordon Program for Clinical Reasoning & Knowledge Development at Boston College, Connell School of Nursing.

BOOK NOW 888.747.7501

Program Highlights

- ✓ **Interact with professional nurses** from a variety of facilities on your program.
- ✓ **Learn about Ireland's implementation of a nursing professional practice model** in several hospitals in two large health service areas. Prominent in this model is the use of NANDA-I nursing diagnosis.
- ✓ **Accompanying guest program** – *alternate activities will be provided for those who do not wish to attend the meetings.*
- ✓ Optional post-program **extension to Country Clare & Limerick**

Professional Connections

- ✓ Meaningful interaction and collaboration between program participants and professionals in Ireland will include meetings and seminars with nursing professionals and educators at **major universities and hospitals** in Dublin and Cork.
- ✓ Travel will focus on learning how NNN (NANDA-I nursing diagnosis, Nursing Outcomes Classification and Nursing Interventions Classifications) has been integrated into educational and healthcare settings in Ireland. Speak with educators and clinicians to understand how the terminologies are taught and integrated into practice, providing them with a model to consider upon return to your own settings.

Cultural Immersion & Exploration

- ✓ Explore some of the iconic sites of Ireland, including Blarney Castle and Woolen Mills, as well as the Ring of Kerry.
- ✓ Put on your dancing shoes for a visit to O'Shea's Merchant Pub where you can learn Irish dancing with the local people (or just observe) as well as enjoy their traditional music.
- ✓ Dine on fantastic cuisine at some of the most engaging local pubs!

What's Included:

- 4* accommodations throughout
- All transportation and activities outlined
- International flights to Ireland (gateway city set tentatively out of New York)
- Local professional guide throughout
- Most tips to local drivers, guest guides and restaurant staff

Not Included:

- Personal expenses at the hotel
- Meals not specified
- Tips for national guide
- Passport renewal or issuance
- Domestic flight to gateway city
- Departure taxes where applicable





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📍 New York, New York

DAY 1: Saturday, June 8, 2019

Fly to Dublin

Depart from a New York area airport and make your way to Dublin, Ireland. The stunning beauty and friendly people alone are worth a visit!

📍 Dublin, Ireland

DAY 2: Sunday, June 9

Welcome to Dublin

Upon arrival, the group will be met and transferred to Dublin city center. Enjoy a **panoramic tour of Dublin City**. Here you will discover the north and south side of the River Liffey including such iconic sites as O'Connell Street, Phoenix Park, the house of Bram Stoker (the author of *Dracula*), and the medieval district where Dublin Castle and the two Anglican Cathedrals can be found.

Enjoy lunch at a local restaurant before heading to the hotel to check in this afternoon (around 3:00 pm).

All program participants will gather later this afternoon with your national guide for an **early afternoon orientation and welcome**.

The **Iveagh Garden Hotel** is a modern take on traditional luxury in an urban oasis just steps from Grafton Street. They offer onsite casual dining with a bar and bistro and access to a nearby health club for a small fee. Guest rooms have flat-screen TV, laptop safe, luxury amenities, free Wi-Fi, USB charging station and coffee & tea maker.

Enjoy a welcome dinner this evening at the hotel.

Overnight: Iveagh Garden Hotel (or similar)

Included meals: Lunch & Dinner



📍 Dublin, Ireland

DAY 3: Monday, June 10

Professional Program

Please Note: Breakfast is included daily at your hotel.

Professional members of the program will meet with your nursing counterparts today at a **major university in Dublin** in the morning. Discussion with faculty will focus on teaching NNN (NANDA-I nursing diagnosis, Nursing Outcomes and Nursing Interventions Classifications). One of the workshops will be led by Dr. Heather Herdman on **NANDA-I Nursing Perspective**: what the diagnoses are, how one diagnoses, and how best to use NANDA-I diagnoses in practice.

Meet with **health services support nurses**, some of whom would have been involved in funding, implementation, observing and evaluating nurses' use of NNN.

Lunch will be provided at a local restaurant this afternoon.

The afternoon will be spent at a **hospital in Dublin** observing how implementation of the nursing practice model has taken shape in clinical areas.

Guest program: *Today accompanying guests will enjoy a visit to County Kilkenny with Kilkenny Castle and Jerpoint Park. The town of Kilkenny is often referred to as "the Marble City" and is the most interesting and best preserved of the medieval Irish cities. It owes its immense charm to the various impressive historical monuments. Kilkenny Castle has been an important site since it was built by the Anglo-Normans in the 12th century. The castle has been remodeled in Victorian times and set in extensive parklands which was the principal seat of the Butler family, Marquesses and Dukes of Ormonde. Due to major restoration works, the central block now includes a library, drawing room, and bedrooms decorated in 1830's splendor, as well as the beautiful Long Gallery. A warm Irish welcome is guaranteed at Jerpoint Park, a period family home and working sheep farm. A sheep dog demonstration with a collie dog herding sheep in the farmyard is a sight to behold!*

Dinner will be provided at a local restaurant or pub.

After dinner, head to **O'Shea's Merchant Pub** for a night of traditional Irish music and dancing (optional). The pub has a long history of traditional music, with many of the greats in Irish music playing here over the years. Monday nights they offer a set dancing night with a chance to join in!

Overnight: Iveagh Garden Hotel (or similar)

Included meals: Breakfast, Lunch & Dinner



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📍 Dublin, Ireland

DAY 4: Tuesday, June 11

Professional Exchange

Continue your professional exchange at various **local hospitals** this morning. Both are major acute/specialist/community hospitals with 500-600 beds and would like the opportunity to share information with the group on topics of mutual interest. This may include learning more about challenges and strategies in implementing nursing diagnosis into healthcare institutions as well as linking assessment to diagnosis and in the Electronic Health Record.

Enjoy lunch at a local restaurant.

This afternoon the group will continue discussions with staff at a **well-known hospital** focused on in-patient and community palliative care, rheumatic disease care, and care of the elderly.

Guest program: *Today accompanying guests will visit the world-famous Guinness Brewery to discover the secrets of both creating and pouring the perfect pint. Guinness, an Irish dry stout, lovingly referred to as "The Black Stuff" by locals, has been brewed in Ireland since 1759. After a pint, visit EPIC-The Irish Emigration Museum. This state-of-the-art interactive experience located in the beautiful vaults of the 1820 Custom House Quarter building in Dublin's Docklands is the original departure point for so many of Ireland's emigrants. It will inspire and guide you on a journey to discover the stories of Irish emigration around the world, from early times to the modern day.*

Dinner is by individual arrangement.

Overnight: Iveagh Garden Hotel (or similar)

Included meals: Breakfast & Lunch

📍 Dublin, Ireland

DAY 5: Wednesday, June 12

Drive to Cork

The group will depart after breakfast for **Cork** in southwest Ireland. This 3.5-hour drive will provide a lovely opportunity to see the countryside and gorgeous scenery that Ireland is known for. En route stop for a quick lunch, at individual expense.

Early this afternoon, professional members will meet with nursing administrators and staff from a **local hospital group**. Talk to them about the specific hospitals in their group including the implementation of NANDA-I guided nursing care plans.

Late this afternoon, the group will check into the hotel and have dinner at individual expense.

Guest program: *This afternoon accompanying guests will visit Titanic Trail Cobh (Queenstown) in County Cork. This fascinating guided tour explores the town of Cobh in Cork Harbor which was the last port of call of RMS Titanic. This Irish heritage walking tour takes visitors through the historic town where the buildings, streets and piers have not changed since the Titanic's sinking over 100 years ago. The escorted tour, with specially trained guides, brings to life the story of Titanic, and the events in the town on the day Titanic left her last anchorage to sail into her icy fate in the north Atlantic. Cobh is situated on the southern shore of the Great Island in one of the world's finest natural harbors. Between 1848 and 1950, over 6 million adults and children emigrated from Ireland including over 2.5 million from Cobh, making it the single most important port of emigration in the country. The Heritage Centre is located in the old Victorian Railway station in Cobh formally known as Queenstown. The Centre hosts a multi-media exhibition of the Origins, History and Legacy of Cobh.*

Head to the hotel this evening to check in and to have dinner on your own arrangement.

Overnight: Kingsley Hotel (or similar)

Included meals: Breakfast



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📍 Cork, Ireland

DAY 6: Thursday, June 13

Professional Program Day

Wrap up your professional exchange today with a morning visit to a **local university** for Dr. Heather Herdman's presentation and meeting with the head and faculty of their School of Nursing. In the afternoon, continue discussion at a major **Cork city hospital** on future directions for nursing diagnosis in Ireland and linking diagnosis to outcomes and interventions in academia and within healthcare institutions.

Lunch will be provided at a local restaurant today.

Guest program: *Today accompanying guests will depart for a trip to Mizen Peninsula. Mizen Head Irish Lights Signal Station is located at Ireland's most southwesterly point, at the end of the Mizen Peninsula, where the currents meet from the west and south coasts and where waves from the mid-Atlantic crash into the land. Mizen Head Fog Signal Station was sanctioned in 1906 by the Irish Lights Board to combat the high loss of life and shipping on the rocks. Visitors can dare to cross the iconic bridge high above the gorge; watch for seals and their pups in the swell below; experience the solitude of the keepers' lives and the elemental power of the restless Atlantic where the ocean currents swirl; laugh with exhilaration into the fresh salt-laden sea air. Tour the visitor center and gift shop before heading back to Cork.*

Dinner is by individual arrangement.

Overnight: Kingsley Hotel (or similar)
Included meals: Breakfast & Lunch



📍 Cork, Ireland

DAY 7: Friday, June 14

Ring of Kerry & Muckross Farms

This morning head out for a full day trip that includes highlights of the **Ring of Kerry**. This will include **Moll's Gap** and **Ladies View**. Moll's Gap provides magnificent views of Macgillicuddy's Reeks Mountains. The rocks at Moll's Gap are formed of old red sandstone and a great scenic vantage point. Ladies View is another scenic vantage point whose name stems from the admiration of the view given by Queen Victoria's ladies-in-waiting during their 1861 visit.

After lunch at a local pub or café, the group will head to **Muckross Traditional Farms**. Greeted upon arrival by a schoolmaster, proceed into a classroom for a short background on school life in the early 1900s and learn some Irish words. Then take part in a butter making and scone making demo. The *Bean an Tis* (women of the house) will explain the importance of butter to the Irish farmer's wife, how it was transported throughout the world, and why Irish butter is ranked so high both at home and abroad. Sample the wares and have some tea or coffee afterwards.

Return to Cork where dinner is by individual arrangement (own expense).

Overnight: Kingsley Hotel (or similar)
Included meals: Breakfast & Lunch





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📍 Cork, Ireland

DAY 8: Saturday, June 15

Cultural Exploration

Today head out to explore **Blarney Castle**, situated in Blarney Village just outside Cork. An ancient stronghold of the McCarthy's, Lords of Muskerry, it is one of Ireland's oldest and most historic castles and one of the strongest fortresses in Munster. Built in 1446, Blarney Castle is famous for its Blarney stone, the Stone of Eloquence, which is traditionally believed to have the power to bestow the gift of eloquence on all those who kiss it.

You will have some time for shopping at **Blarney Woollen Mills**, established in 1823. It now houses a large selection of Irish products including a wide selection of sweaters, crystal and china, gifts and souvenirs. You will have a chance to get lunch on your own this afternoon.

Finish the afternoon visiting the pretty town of **Kinsale** for a **harbor cruise**. Enjoy the different view of Kinsale and its beautiful natural harbor. Your guide's commentary provides a brief history with anecdotal legends and an insight into how the town has developed over the centuries. Leaving the quay, the boat passes the yacht marina and on by the picturesque former fishing village of Scilly.

Say goodbye as you reflect and share memories over a **farewell dinner** at a local restaurant.

Overnight: Kingsley Hotel (or similar)

Included meals: Breakfast & Dinner

📍 Cork, Ireland

DAY 9: Sunday, June 16

Depart for home today

Drive to the Shannon Airport (two-hour journey) for check in for your flight home. Depending on the flight time, lunch is by individual arrangement.

Included meals: Breakfast





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📍 Dublin, Ireland

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Dublin, Ireland

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<https://iveaghgardenhotel.ie/>



📍 Cork, Ireland

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