



Quicksilver Striders

www.quicksilverstriders.com

Presents the

QSS 4k Summer Series



Registration from 6pm – 6:45pm. 4K run (2.485 Miles) starts at 7:00pm
Brookville Park - Rosedale, Queens

Entry Fee: \$10 - Day of the race registration only

Race Dates: August 16th & 23rd 2016

Number Pickup: By the Brookville Park Picnic Area, adjacent to 144th Avenue & Brookville Blvd starting at 6PM.

Awards: Top three overall Male and Female, Top 3 Male and female over the age of 50, Top 3 Boys and Girls (Aged 17 and Under)

Course: Flat and fast 2 loops thru scenic Brookville Park

Amenities: Water stations along the course.

Directions: Belt Parkway Eastbound to Exit # 23B "Sunrise Hwy, 27, Brookville Blvd.". After exit proceed on service Road. (S Conduit Ave) for .4 mile to RIGHT turn onto Brookville Blvd. Go another .3 mile to 144th Avenue.

2016 Registration Form

First Name: _____ **Last Name:** _____

Street Address: _____

City, State & Zip: _____

Home Phone: _____ **Cell Phone:** _____

DOB: _____ **AGE:** _____ **Email:** _____

Emergency Contact: _____ **Contact Phone:** _____

Race Waiver: I know that running a road race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running in this event. Having read this waiver and knowing these facts and in consideration of accepting my entry, I and anyone entitled to act on my behalf, waive and release to Quicksilver Striders, all race volunteers and all sponsors, their representatives, employees and successors from any claims and liabilities of any kind arising out of my participation in this event or carelessness of the persons named in the waiver. Further, I grant to all of the foregoing the right to use any photographs, motion pictures, recordings or any other record of this event for legitimate purposes.

Date: _____

Signature: (Parent or guardian must sign if entrant is under 18 years of age) _____