



WINDY KNOLL
windyknolldressage.com

PRESENTS A UNIQUE OPPORTUNITY
WITH ADVANCED PHYSIO, DR STEPHANIE SEHEULT
September 28-29, 2021

Stephanie Seheult graduated with her Doctorate of Physical Therapy and Bachelors of Health Science from Loma Linda University in 2008. Because she is also a lifelong equestrian, she has been able to combine her passion for fitness, health and alignment with her passion for horses.

Stephanie is certified via USEF under Andy Thomas, who is the Team Physio for the United States. Prior to working with the United States, Andy was the Team Physio for Great Britain when Charlotte won the gold.

Contracted by USEF as the Physio for the Dressage Development Program (Charlotte Bredhal is the coach), Stephanie travels across the US working with riders that are goal oriented towards becoming part of the Elite and Pre-Elite dressage teams. Additionally, Stephanie will be going to Gladstone in the fall to work with the Young Riders and their coaches.

To “name a few”, Stephanie works consistently with Sarah Lockman (who won Gold at the last Pan American Games). She has also previously worked with Sabine Schut-Kery, and her clients, along with many of Adrienne Lyle's clients. Additionally, Stephanie works with Jennifer Shrader-Williams (and her clients), and when in Florida, she works with Sara Hassler, JJ Tate and many other top dressage riders

It is a unique experience and privilege to have Stephanie come to this area!!! LIMITED SLOTS AVAILABLE TO 10 RIDERS PER DAY. Contact Fran at Windy Knoll Farm, 713-703-9433 (message or text), or email franwkf@gmail.com to reserve a slot! One hour sessions include evaluation riding your horse (watching you ride 10 to 15 minutes....then working with you 30-40 min....then re-mount to feel the guaranteed difference!!!). \$180/day participants; \$15/day auditing or \$25 for both days to audit. Stabling \$15/day stall, \$25 overnight. TO RESERVE SLOT, \$80 DEPOSIT REQUIRED!

