

## ALBERTA MARKET PORK

### Premium Grilling Pork Chops

-  Center Cut Chops... \$ **6.59/lb.** (\$14.49/kg)
-  Rib end Pork Chops... \$ **5.48/lb.** (\$12.06/kg)
-  Sirloin End Chops... \$ **4.99/lb.** (\$10.99/kg)
-  Boneless Loin Chops... \$ **8.79/lb.** (\$19.37/kg)
-  Butterfly Loin Chops... \$ **8.79/lb.** (\$19.37/kg)
-  Shoulder Butt Chops... \$ **4.99/lb.** (\$10.66/kg)
-  Tenderized Cutlets... \$ **7.99/lb.** (\$16.95/kg)

### Premium Pork Roasts

-  B&R Rib End Roast... \$ **7.69/lb.** (\$16.95/kg)
-  Frenched Loin Roast... \$ **6.99/lb.** (\$15.41/kg)
-  Rack of Pork Roast... \$ **6.59/lb.** (\$14.52/kg)
-  Crown of Pork Roast... \$ **8.79/lb.** (\$19.37/kg)
-  Boneless Loin Roast... \$ **6.59/lb.** (\$14.52/kg)
-  Shoulder Butt Boneless... \$ **4.99/lb.** (\$10.89/kg)
-  Shoulder Butt Bone In... \$ **3.99/lb.** (\$8.79/kg)
-  Leg Roast Boneless Skin on... \$ **3.84/lb.** (\$8.46/kg)
-  Leg Roast Boneless Skinless... \$ **4.99/lb.** (\$10.99/kg)
-  Shoulder Picnic Bone In... \$ **3.99/lb.** (\$8.80/kg)
-  Shoulder Picnic Boneless... \$ **4.17/lb.** (\$9.20/kg)

### Various Pork Cuts

-  Pork Tenderloin... \$ **8.99/lb.** (\$19.82/kg)
-  Pork Back Ribs... \$ **9.99/lb.** (\$21.80/kg)
-  Pork Side Spareribs... \$ **5.48/lb.** (\$12.09/kg)
-  Pork Spareribs Cut 1"... \$ **6.59/lb.** (\$14.53/kg)
-  Country Style Ribs... \$ **6.59/lb.** (\$14.53/kg)
-  Pork Riblets... \$ **3.29/lb.** (\$7.25/kg)
-  Sliced Side Pork... \$ **7.19/lb.** (\$15.86/kg)
-  Whole Pork Belly... \$ **5.99/lb.** (\$12.83/kg)
-  Pork Neck Bones... \$ **2.19/lb.** (\$4.40/kg)
-  Fresh Pork Hocks... \$ **3.99/lb.** (\$8.80/kg)
-  Pork Button Bones... \$ **6.60/lb.** (\$14.53/kg)
-  Pork Jowls Skin on... \$ **2.20/lb.** (\$4.84/kg)
-  Pork Jowls Skinless... \$ **2.79/lb.** (\$6.40/kg)
-  Pork Fat Skin on... \$ **1.70/lb.** (\$3.75/kg)
-  Pork Fat Skinless... \$ **2.80/lb.** (\$6.05/kg)
-  Pork Feet (Whole)... \$ **2.20/lb.** (\$4.84/kg)
-  Pork Liver... \$ **2.20/lb.** (\$4.84/kg)

## LOCAL ALBERTA LAMB

### Premium Alberta Lamb Cuts

-  Lamb Leg - Whole Bone In... \$ **17.70/lb.** (\$39.00/kg)
-  Lamb Leg Chops... \$ **18.60/lb.** (\$41.00/kg)
-  Lamb Rack - Whole... \$ **27.90/lb.** (\$61.51/kg)
-  Lamb Shoulder - Bone In... \$ **14.49/lb.** (\$31.94/kg)
-  Lamb Shoulder - Boneless... \$ **16.99/lb.** (\$37.46/kg)
-  Lamb Loin Chops... \$ **28.50/lb.** (\$62.83/kg)
-  Lamb Shoulder Chops... \$ **14.99/lb.** (\$33.05/kg)
-  Lamb Spareribs (Whole)... \$ **10.99/lb.** (\$24.23/kg)
-  Lamb Spareribs (Cut 1")... \$ **11.89/lb.** (\$26.21/kg)
-  Lamb Stew Meat Bnls... \$ **15.99/lb.** (\$35.25/kg)
-  Lamb Stew Bone In... \$ **10.99/lb.** (\$24.23/kg)
-  Lamb Shank (Whole)... \$ **10.99/lb.** (\$24.23/kg)





## FREE RUN ALBERTA CHICKEN

### Alberta Chicken (From Mountainview)

-  Whole Frying Chicken... \$ **4.79/lb.** (\$10.55/kg)
-  9 pc. Cut Up Chicken... \$ **4.98/lb.** (\$11.00/kg)
-  Chicken Breast - Boneless... \$ **9.99/lb.** (\$21.99/kg)
-  Chicken Breast - Bone In... \$ **7.60/lb.** (\$16.73/kg)
-  Chicken Legs - Whole Back on... \$ **4.39/lb.** (\$9.69/kg)
-  Chicken Drumsticks... \$ **5.39/lb.** (\$11.88/kg)
-  Chicken Thighs Bone In... \$ **5.99/lb.** (\$13.21/kg)
-  Chicken Wings... \$ **7.09/lb.** (\$15.61/kg)
-  Chicken Backs... \$ **2.39/lb.** (\$5.27/kg)

## OTHER PRODUCTS

### Free Run Eggs

-  Jumbo Brown 20 per Flat... \$ **14.50** Each
-  Jumbo White 20 per Flat... \$ **14.50** Each
-  Jumbo Brown 10 per Flat... \$ **8.00** Each
-  Jumbo White 10 per Flat... \$ **8.00** Each

### Local Domestic Rabbit

-  Whole Domestic Rabbit... \$ **9.99/lb.** (\$22.02/kg)
-  Cut up Whole Rabbit... \$ **12.99/lb.** (\$28.64/kg)

### Local Hutterite Turkey

-  Turkey Drumsticks... \$ **5.99/lb.** (\$13.21/kg)
-  Turkey Wings... \$ **4.99/lb.** (\$10.99/kg)
-  Whole Turkey - Frozen (17-22 lbs)... \$ **3.99/lb.** (\$8.80/kg)