



ŠRÎ SÂI LEELA

Šrî Shirdi Sai Bâbâ Temple

1449 & 1451 Abers Creek Road, Monroeville, PA 15146

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TAX EXEMPT # 25-1584149 - Website: <http://www.baba.org>

“Help Ever, Hurt Never”

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January 2019

“ Real happiness lies within you. . Šrî Sâi Bâbâ.”

Dear Embodiment's of Divine Love and Peace:

Sai Baba bless all of us a **Happy New Year** with Health and Wealth. Thank you all with immense gratitude and love for your continued support to the Temple.

Wealth has 4 sons- 1.Charity 2.Government 3.Fire 4.Thieves. If we donate to the 1st son (Charity) other 3 will have no claim.

Annadanam is the Greatest Gift of All and is being rendered throughout the year in India and in the Temple. Your generosity is enabling these noble programs. Annadanam was performed during the World Peace Yagnas in India in the last couple of months. These are the places that Yagnas and Annadanam were performed:

Rajasthan,Aizawl-Mijoram&Kolhapur- Maharashtra

1. Jaipur - Sitaram temple galta dham,
2. Ajmer - Ranganath temple pushkar
3. Udaipur - Shawariya Seth Sri krishna temple
4. Bikaner - Sri Viswanath temple sanyas aashram
5. Jodhpur- Dashanabh bhavani Duneswar Mahadev temple.

Kolhapur - Maha Lakshmi temple in Maharashtra November 27th - 29th, 2018

For economic relief and Job security and debt relief
Nov 27th - Sri Suktam and Kanakadhara Homam
Nov 28th - Sri Maha Lakshmi Moola mantra homam with 1008 Lotus with Honey was rendered.
Nov 29th -108 Tambula and Sarees gifted to Sumangalie(Suvasinis).

Thanks to all those who sponsored for the above Yagnas and Annadanam. In case you missed the above Yagnas, You can sponsor the upcoming Yagnam in January (see next column).

May Baba bless us all with Peace, which He has and we need!

MAY ALL DENIZENS OF ALL THE WORLDS BE HAPPY. PEACE-TRANQUILITY-SERENITY

Yours in Service

President - Sri Panduranga Rao Malyala

WORLD PEACE YAGNA - JANUARY, 2019 Sri Sai Ganesha Durga Rudra Yagnam Jan 3rd to Jan 10th, 2019 in India



The Theme of 2019 Yagnas:

1. Health and Wealth of all beings.
2. Job Security
3. Mental Peace and family stability.
4. Economic development of USA
5. Special emphasis on Kashmir peace and development.
6. Relief for flood victims.

The sound(Mantras) and Light (from Fire) of Yagnas will cleanse consciousness in all levels of creation, confer Peace, bliss to all beings, eliminating the wickedness, animal tendencies and enhance integrity.

Please see last page of newsletter for sponsorship.

2019 New Year Celebrations

Tuesday Jan 1 New Year Prayers

- 12:01am FIRST ARCHANA OF YEAR
09.30 am Sri Shirdi Sai Baba Abhishekam \$54
10.30 am Sri Sai Navagraha Homam \$126
11.00 am Sri Sai Satyanarayana Vratam \$54
Sri SaiArchana \$11 / Sahasranamam \$21

Annadanam in India

- \$11 (22 meals) \$54 (108 meals)
\$108 (216 meals) \$252 (504 meals)
\$504 (1008 meals) \$1,008 (2016 meals)
\$2,520 (5040 meals) \$5,004 (10,008 meals)
Other _____

Makara Sankranthi - Sankramanam “Makara Sankranthi Subhakankshalu”



**Saptaswa Radhamaroodam
Prachandam Kasyapatmajam
Sweta Padmadharam Devam Tham Suryam
Pranamamyaham**

Makara Sankramana is the day on which the Sun appears to traverse from the Tropic of Capricorn in the South to Tropic of Cancer in the North. The Sun takes the northern path from this day, the higher path. Whenever the mind yearns for and pursues a goal, it is on the northern path, following the Sun, the splendor of Intelligence. The summer solstice day is celebrated as an auspicious festival since ages.

Every home is swept clean. Women draw auspicious designs(Rangoli) on the floor. They place a lump of cow dung with a big yellow flower in the middle of that design. The cow dung symbolizes the COW, the GO that Gopala feeds and fends. “GO” also means, beings, souls, and individuals. Thus each trivial detail of the festival rites has a meaning; people hang mango leaves across their doors to welcome the Sun God.

On this day, sweet rice is cooked in milk. The food is sathvic, which promotes elevated thoughts, mildness and humility. What you take in through the eye, the ear, the nose, the mouth and the skin for variegated experiences of the objective world is food in different forms. Every particle of it has to be sathvic for your quick progress towards self realization.

The Moon represents the emotion and the Sun represents the intellect. Both must be balanced in every individual, emotion held back by intelligence. One must learn to accept good and bad bravely and welcome every happening with a “Yes”.

Sri Surya Namaskara- Salutations

OM MITRAYA NAMAHA - NAMASKARAM
SAMARPAYAMI. (THE FRIEND OF ALL)

OM RAVAYE NAMAHA - NAMASKARAM SAMARPAYAMI.
(PRAISED BY ALL)

OM SURYAYA NAMAHA - NAMASKARAM
SAMARPAYAMI. (THE GUIDE OF ALL)

OM BHANAVE NAMAHA-NAMASKARAM
SAMARPAYAMI.(THE BESTOWER OF BEAUTY)

OM KHAGAYA NAMAHA-NAMASKARAM
SAMARPAYAMI.(STIMULATOR OF THE SENSES)

OM PUSHNE NAMAHA -NAMASKARAM
SAMARPAYAMI. (THE NOURISHER OF ALL)

OM HIRANYAGARBHAYA NAMAHA - NAMASKARAM
SAMARPAYAMI. (THE CREATOR)

OM MARICHAYE NAMAHA -NAMASKARAM
SAMARPAYAMI. (DESTROYER OF DISEASE)

OM ADITYAYA NAMAHA - NAMASKARAM
SAMARPAYAMI. (THE INSPIRER)

OM SAVITRE NAMAHA - NAMASKARAM
SAMARPAYAMI. (THE PURIFIER)

OM ARKAYA NAMAHA - NAMASKARAM
SAMARPAYAMI. (THE RADIANT)

OM BHASKARAYA NAMAHA-NAMASKARAM
SAMARPAYAMI. (THE ILLUMINATOR)

Significance of Surya Namaskara: Health is Wealth

For thousands of years we revere the Sun (Surya), as both the physical and spiritual heart of our world and the creator of all life itself. One of the means of honoring the Sun is through the Surya Namaskar (known as Sun Salutation). The Sanskrit word Namaskar stems from namas means “to bow to” or “to adore.” Kara means “you”—also comes from the root. The Meaning “the divine in me honors the divine in you.” Each Sun Salutation begins and ends with Namaskara mudra, touched to the heart. Surya Namaskar or Sun salutation, is a morning ritual of prayer and worship to Lord Surya the God of health.

The Sun Salutations are said to remove bodily and mental tensions, improve circulation, stimulate the nervous system and raise the body heat. All joints are loosened and lubricated. It offers great flexibility to your spine. The muscles of the abdomen, pelvis and spine are toned and strengthened. The breathing is regulated, thereby calming the mind. If practiced slowly, it has a calming effect.

Our ancestors are performing Surya Namaskars as part of worship which gives us good health.

Sri Shirdi Sai Baba Temple

1449 Abers Creek Road, Monroeville, PA 15146 ;www.baba.org , PH: 412-374-9244

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Sai Family Puja Sponsorship \$252

The donors will be listed as Sai family supporters of 2019 in the website and will be included in the 5 major festivals (Maha Sivaratri, Ugadi, Guru Poornima, Dasara and Deepavali) throughout the year and prasadam will be sent.

Annual Sai Family Puja Sponsorship \$1008

The donors will be listed as Annual Sai family supporters of 2019 in the website and will be included in all the major festivals throughout the year and a blessed GOLD pendant will be sent as prasadam.

Method of donation: Check () Number: _____ Cash (), CC ()

CC: _____ Exp: _____ Cvc: _____

Sig: _____

Name: _____

Add: _____ City: _____ ST _____ Zip: _____

Ph: _____ E-mail: _____

Name: _____ Star: _____ Gotram: _____

1. _____

2. _____

3. _____

4. _____

5. _____

CALENDAR OF EVENTS - JANUARY 2019

Samvatsaram: Sri Vilambi / Dakshinâyanam/ Uttarâyanam :
Mâsam: Margasiram January 5th / Pushyam ; Rutuvu:Hemantha

WORLD PEACE YAGNA - JANUARY, 2019 - In India	
Sri Sai Ganesha Durga Rudra Yagnam - Jan 3rd to Jan 10th, 2019	
SPONSORSHIP**:	
_____ \$10, 000 (Grand Sponsor)	_____ \$5,000 Patron
_____ \$2500 Sponsor	_____ \$1116 Donors
_____ Annadanam(\$54,\$108, \$252, \$1008, or more)	
_____ \$252 /day Rudra Homam _____ \$108 Jyothirlinga	
_____ \$108/day Kum Kum Puja or Bilva Archana	
_____ \$54 Feeding the cows(Daana)	
_____ \$504/ 1day Yagna; _____ \$54 Ganapati puja	
_____ \$36 Abhishekam: _____ \$54 Go(cow) Puja	
_____ \$1116 – Go Danam(Gift of Cow,month grass)	
_____ \$252 – Durga Saptasati homam.	
Please choose the sponsorship and fill in your family details in form below. Jai Sai Ram!	

Jan 1 Tue New Year 2019 Peace Prayers & Ekadasi

09.30 am Sri Shirdi Sai Baba Abhishekam	\$54
10.30 am Sri Sai Navagraha Homam	\$126
Sarvadevatha & Maha Lakshmi Homam	\$126
11.00 am Sri Sai Satyanarayana Vratam	\$54
Sri Sai Archana \$11 / Sahasranamam	\$21
Flower Service \$36/ 7.00pm Jyoti Arati	\$108

Jan 2 Wed Margasira Krishna Trayodasi Pradosham

10.30pm Ekavara Rudra Abhishekam	\$36
Siva Archana	\$18

Jan 4 Fri Margasira Krishna ChaturdasiMasa Sivaratri

10.00 am 360 Rudra Abhishekam	\$108
11.00 am Bilva Archana	\$54

Jan 5 Sat Margasira Amāvāsyā

08.00am Deva Rishi Pitru tarpanam	\$21
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Jan 11 Fri Māsa Skanda Shashti

09.30 am Subrahmanya Abhishekam	\$54
Subrahmanya Archana	\$18
Oil lamps (6)	\$12

Jan 13 Sun Bhogi (Lohari) / Bhanu Saptami

09.30 am Bhogi Mantalu(Bon fire)

10.00 am Sai Abhishekam	\$54
11.00 am Sai Surya Homam	\$108
Siva archana - \$18 /Surya Archana	\$18
6.30pm Bhogi Pandulu -To pray Lord Vishnu for better health for children.	

Jan 14 Mon Makara Sankrān̄thi(Pongal) & Uttarāyanam & Masa Durgastami

10.30 am Durga Homam \$126/ Archana	\$18
10.30 am Mahalakshmi and Surya Homam	\$126
11.00 am Satyanarayana Vratam	\$36
05.00 pm Veda Patanam	\$21
07.00 pm – Jyothi / Sej Arathi	\$108

Jan 15 Tue Kanuma

10.00 am Lalitha Sahasranama Homam	\$126
06.00 pm Lalitha Sahasra Parayana	\$27

Travelling is Prohibited. Festival of animals - Cow and calf will be bathed, decorated & worshipped.Offer boorelu (sweet cookies) to divine mother for peace.

Jan 16 Wed Mukkanuma/ Krittikā Deepam

Traveling is not advised /

10am Savitri Gauri Vratam	\$54
Oil lamps (6)	\$12
Krittika Nakshatra Archana	\$18
Oil Lemon lamps (2)	\$6

Krittika Deepam : The lamps are also lit for a happy married life and for the well being of children in the family.

Jan 17 Thur - Pushya Sukla Ekadasi

11.00 am Sri Sai Satyanarayana Vratam	\$54
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Jan 18 Fri - Pushya Sukla Pradosham

06.30pm Ekavara Rudra Abhishekam	\$36
Siva Archana	\$18

Jan 20 Sunday Pushya Sukla Poornima

09.30 am Sri Shirdi Sai Baba Abhishekam	\$54
10.30 am Sri Sai Maha Lakshmi Homam	\$126
11.00 am Sri Sai Satyanarayana Vratam	\$54
Sri Sai Archana \$11 / Sahasranamam	\$21
Flower Service \$36/ 7.00pm Jyoti Arati	\$108

Jan 24 Thur - Pushya Krishna - Sankatahara Chaturthi

09.30 am Ganapathi Abhishekam	\$54
10.00 am Ganapathi Homam	\$126
06:30 pm “GA” kara Sahasram	\$36

Jan 26 Sat Republic Day of India

Jan 30 Wed - Pushya Krishna Paksha Shattila Ekadasi

11.00 am Sri Sai Satyanarayana Vratam	\$54
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Sponsored Puja: _____ Date: _____ Donation: _____

Payment Method : Check Cash Credit Card = ;Please make check payable to”SRI SHIRDI SAI BABA TEMPLE”

Name _____

Names & Birthstars: _____

Address _____

1. _____

City, State, Zip _____

2. _____

For Credit Card: Card No. _____ Exp _____ CVC _____ Zip: _____

Signature: _____

Gotram _____