JUNE 2022

Pickaway Senior Center

"WE'RE LIVING IT UP"

Pickaway Senior Center

2105 Chickasaw Drive PO Box 565 Circleville OH 43113 740-474-8831 www.pickawayseniors.org

IMPORTANT DATES:

WEDNESDAY, JUNE 8
BOARD MEETING 10:15 am

THURSDAY, JUNE 9
PRODUCE TRUCK8:00 am
CHAIR YOGA12:30 pm

TUESDAY, JUNE 21
COMMODITY BOXES

WEDNESDAY, JUNE 15
OSHIIP COUNSELING8:30 10:30 AM

THURSDAY, JUNE 23
PRODUCE TRUCK 8:00 AM



From the Desk of the Director

Hello June and the start of summer!

I know I'm looking forward to summer days and warmer temperatures.

Coming up this month we will celebrate Dads with a Father's Day luncheon. Please join us on Friday, June 17 for a special lunch featuring hamburgers and hot dogs with baked beans and potato salad. Space is limited to 50. Please RSVP your spot by Friday, June 10.

Join us for a day trip to LaComedia, we will be going to see "The 25th Annual Putnam County Spelling Bee" on Thursday, Aug. 25. Cost is \$82 which includes bus transportation, buffet lunch and show. Call the center at 740-474-8831 to reserve your spot! Final payments are due July 11. This trip replaces the formerly scheduled production of "West Side Story."

Free produce will be distributed on Thursday, June 9 and June 23 starting at 8 am. Commodity boxes will be available for pick up on Tuesday, June 21.

We will have one drive-thru lunch this month on Thursday, June 16. On the menu will be sloppy joe with sides. If you would like a lunch, please sign up by Thursday, June 9.

Don't miss a relaxing afternoon of Chair Yoga on Thursday, June 9. No sign-up is required!

The blood pressure clinic will be Tuesday, June 28 at 10 am. Come join us for an activity or meal at your Senior Center!

Holly Cottrill,

Executive Director

Pickaway Senior Center Board of Directors:

Sally Galecki President Tonya Thompson Vice President Lisa Robbins Treasurer Al Canarsky Membership President Al Canarsky Secretary Holly Cottrill **Executive Director** Dennis Bothel Fiscal Officer Ed Boyer Pat Acord Jackie Rish Ellery Elick Sheriff Matthew Hafey

Pickaway County Commissioners:

Jay Wippel Gary Scherer Harold Henson

PICKAWAY SENIOR CENTER

2105 Chickasaw Drive PO Box 565 Circleville OH 43113

www.pickawayseniors.org

Office...... 740-474-8831
Toll Free...... 888-397-7246
Nutrition 740-474-8617
Fax....... 740-477-8114

Office Hours: Monday-Friday 8am — 4pm

* Due to COVID-19: some services, business hours and days have changed

Our services are provided to seniors age 60 and over, Monday through Friday.

Adult Day Care:

Provides relief for those caring for a loved one with a dementia or Alzheimer's.

Services available Tuesday—Thursday 9am -1pm.

Transportation and lunch provided.

National Family Caregiver Support Program

Respite, personal care, financial help with co-pays and medicine, utility bills, and home repair. The care recipient must be over 60 years of age.



Congregate (Shared) Meals

Hot lunch is served at Pickaway Senior Center 11:30 am, Monday — Friday.

Homemakers

Assistance with cleaning, laundry and errands.
Clients must meet certain eligibility criteria.



Meals on Wheels:

A hot, nutritious lunch delivered to your home five days a week.

Supportive Services

Assistance with paperwork related to Medicare & Medicaid, HEAP and Commodities.

Transportation

Transportation is available, by request, for doctor, and other medical appointments, and grocery shopping.

For information on any of these services, call the Pickaway Senior Center:

740-474-8831

The Pickaway Senior Center is a non-profit organization. We are supported by financial contributions

from:

- Title III as administered through Ohio Department of Aging
- Funds from the senior levy as passed by the Pickaway County voters
- Private donations and fundraisers

In Memory or Honor of...

which allow others in Pickaway County to be helped.	
Enclosed is my gift of \$	In: ☐ Memory of: or ☐ Honor of:
	HAVATA PARTIES
Occasion: Birthday Anniversary	Other
Given by:	
Please make checks payabl	le to the Pickaway Senior Center. Mail gift to:
Pick	away Senior Center PO Box 565
Ci	ircleville OH 43113

TRIAD

Pickaway County S.A.L.T. Council Safe Bank Project

You are kindly invited to the Pickaway County S.A.L.T. Council's SAFE BANK PROJECT: PROTECTING OUR SENIORS

When: Aug. 5, 2022 at Ohio Christian University, Maxwell Center, Circleville.

Time: 7:00 A.M. to 12:30 P.M.

Why Attend: Outstanding speakers (M.C. Lacey Crisp Crime Tracker Investigative Reporter for 10TV WBNS News, Honorable Judge Shelly R. Harsha. Pickaway County Juvenile and Probate Courts, Bonnie K. Burman, Sc.D., President, Ohio Council for Cognitive Health, Erin Leahy, Senior Assistant, Attorney General/Robocall Enforcement Unit, Ohio Attorney General's Office, Roger L. Patrick, Jr., Enforcement Attorney, Ohio Department of Commerce, Division of Securities) to educate you on how to recognize some of the common signs/use of technology for financial exploitation and how can we develop a dementia friendly community. Meet law-enforcement & community leaders, browse Safe Bank Project Displays and Exhibits.

This FREE training is being offered to our Financial Institutions, Seniors and Community Leaders of Pickaway County area.

FREE Breakfast Buffet sponsored by Pickaway S.A.L.T. Council. FREE Giveaways (Kings Island tickets, Keurig coffee maker, gift cards, gift baskets, and more). A (Roku/Smart) TV Drawing sponsored by S.A.L.T. Council Donors and Freebies/Promotional items sponsored by the banks and exhibitors.

You MUST register to attend. Registration Brochures are available at the Pickaway Senior Center and the Pickaway County Sheriff's Office.

JUNE BIRTHDAYS-HAPPY BIRTHDAY!

JUNE 1

HAROLD NELSON

JUNE 12

HANNELORE HAYNES

JUNE 21

MARY BAUGHMAN **DIANA SECREST**

JUNE 2

MARCELLA WELLS LILIJANA NECHOVSKI **GARY WALKER**

JUNE 13

JUNE 14

TIM SEARCH

ROGER YOUNG

BARBARA DONAHUE

CHARLES WEAVER

JUNE 22

ANNA CROCKER CHRISTINE JOHNSON

JUNE 3

CARL HEMMING

JUNE 23

SUE SOWERS PAM RHOADES Promedica Hospice Presents:

JUNE 4

ROBERT STANT WILLIAM PYLE

JUNE 16

ROGER NEWLON KAREN MILLER

JUNE 24

JUNE 25

ROBERT JOHNSON

Chair Yoga

JUNE 5

JUNE BOYER **CAROL STEWART CAROL EDWARDS** HARRY HOSLER

JUNE 17

LINDA KELLER GENE DONAHUE

LINDA BURNS

TERESA PITT

Join us the second Thursday of each month at 12:30 pm

for chair yoga!

MARY ELLIOTT **BILL RICE**

JUNE 18

ANN PERRILL **DORIS YOUNG** **JUNE 26**

DALLAS SAPP

Thursday, June 9 Class led by

Cathy Keaton, RN, Promedica Hospice.

JUNE 7

SUE MARBURGER

JUNE 19

CAROL WILSON SHEILA DUNHAM **JUNE 27**

VIRGIE REYNOLDS

All are welcome!

JUNE 8

RUSSELL CONGROVE DALE SISUNG

JUNE 20

PAULINE WOODS CINDY MILLER ETHEL WELCH

JUNE 28

MARY DEAN **HELEN BURNS** CAROLYN PURDUE CAROL FAERBER

HERE IS THE TEST TO FIND

WHETHER

YOUR MISSION ON

EARTHIS

FINISHED: IF YOU'RE

ALIVE. IT ISN'T.

JUNE 9

JIM MILLER PATRICIA CUPP

JUNE 10

DARLENE WEAVER SHIRLEY TYLER

JUNE 11

ROBERT GRATE

JUNE 29 KATHY STOUT

JOHN MCCABE LARRY JEAN

JUNE 30

ANNA SCHOOLEY PATRICK CHERRY JANET ENDICOTT

SPECIAL THANKS TO THE FOLLOWING PEOPLE...

New Members

Sharon Schneider
Sandra Hedrick
Virginia Russell
Kathryn Page
Rita Rader
Lowell Rader
Wanda Hartranft
Jean Carter
Terri Carter
Jeff Carter
Judy Goode



\$10 Fund Donations

Wayne & Janice Atwood
Jeanie Crider
Charles Hemming
Harold Brill
Joyce Dresbach
Allen & Debbie Black
Linda Burns
Jeane Crider
Paul Knece
Gloria Knece

Your donations make a difference in our community!

Memorial/Honor of Donations

In Memory of

Carl A Russell for his June 4 birthday

Given By, Virginia L Russell

~~~~~~~~~~~

In Memory of

Bill Fee for our June 13 anniversary

> Given By, Janet Fee

In Memory of

Daniel McNamara on the anniversary of his death May 12, 1918

> Given By, his mother Gloria Wilcox

In Celebration of

~~~~~~~~

Our June 20 Anniversary

Given By, Bill & Patty Rice

In Memory Husband,

Max Reeser

Given By, Diane Reeser

~~~~~~~~~

In Memory of

Tom & Doris Boyer

Given By, Ed & Debby Boyer

In Memory of

John & Amy Ruehling

Given By, Ed & Debby Boyer

In Memory of

~~~~~~~~~~~

Freda Lindsey

Given By, Senior Line Dancers

In Memory of

~~~~~~~~~~~

David A Styers

Given By, Harry & Bev Styers

THANK YOU for your generosity

#### **Blood Pressure Clinic**

the last Tuesday of each month!



**ALL ARE WELCOME!** 

Tuesday, June 28, 10 a.m.

DID YOU KNOW?



Flag Day commemorates the date in 1777 when the United States approved the design for its first national flag. Each year, Flag Day is celebrated on June 14.

While, in 1916, President Wilson proclaimed June 14 as the official date for Flag Day, and in 1949 US Congress permanently established the date as National Flag Day, its origins are even more historic.

Bernard J Cigrand, a Wisconsin teacher, who in 1885 encouraged students to observe June 14 as "Flag Birthday." He later wrote an essay published in a Chicago newspaper that urged Americans to proclaim this date as the day to celebrate the flag.

In 1888 William T Kerr founded the American Flag Day Association of Western Pennsylvania.

A lesser-known claim is that of George Morris of Connecticut, who is said to have organized the first formal celebration of the day in Hartford in 1861.

Each year the President delivers an address to proclaim the week of June 14 as National Flag Week, and all Americans are encouraged to fly US flags during that week.

The Editors of Encyclopaedia Britannica

## **ELDER JUSTICE**

Elder justice is more than just about ensuring instances of elder abuse are reported, and holding those who victimize older adults accountable, it's also about understanding the root causes of abuse and neglect, as well as positioning appropriate services and supports to reduce the risk of abuse before it happens. So, too, it's also about fully understanding why criminals target older adults so that effective interventions can be developed to protect all Ohio consumers.

Additionally, elder justice requires a fundamental change in how our society thinks about older people.

Through coordinated efforts of agencies and organizations, progress is being made to better assess trends with elder abuse and neglect and to take action more consistently to address these issues. Effectively challenging and changing ageist attitudes — which may prevent older adults from living their lives to the fullest potential. The ultimate goal: ALL Ohioans have the ability to participate fully in communities and live free from the fear of abuse, neglect, and exploitation.

WEAR PURPLE

June 15, 2022

#### OHIO VICIORY GARDENS



Victory Gardens originated during World War I, an answer to severe food shortages at the time. People were encouraged to find any usable space, plop in some seeds and contribute homegrown fruits, vegetables and herbs to the effort. The idea was wildly successful, growing an army of amateur gardeners and serving to boost morale and patriotism.

While we're not in wartime, we can all commiserate the past two years have been tough, and moodboosters are welcomed. So the Ohio Department of Agriculture and Ohio State University are reviving the effort and once again inspiring people to get their hands dirty, realize the fruits of their labor and share with others if inspired.



We believe a good day in the garden is good for the soul.

Stop by the senior center and pick up a pack of various seed packets!

#### LACOMEDIA DAY TRIP — UPDATE

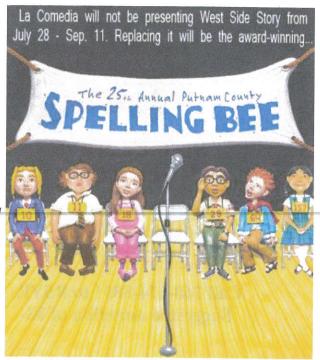
#### 25th Annual Putnam County Spelling Bee

replaces previously scheduled West Side Story

August 25, 2022 Cost is \$82

Includes: Bus transportation, Show, Buffet Lunch; bus departs Pickaway Senior Center 9 am and returns 6 pm. Only 40 spots; payment due July 11.

Winner of the Tony and the Drama Desk Awards for Best Book, *The 25th Annual Putnam County Spelling Bee* has charmed audiences across the country with its effortless wit and humor. Featuring a fast-paced, wildly funny and touching book by Rachel Sheinkin and a truly fresh and vibrant score by William Finn, this bee is one unforgettable experience.









Our Mission is to improve your health and well-being.

◄ PROMEDICA | Your Health. Our Mission.

Formerly Heartland Hospice 116 Morris Rd. Suite B • Circleville, OH 43113 740-420-0605





Contact Duane Budelier to place an ad today! dbudelier@4LPi.com or (800) 950-9952 x2525



SLOPPY JOE'S with sides

Thursday, June 16 11:00 am-Noon

(Please RSVP by June 9)

Call 740-474-8831 to RSVP. Suggested donation of \$3



Please Join us for a Special Father's Day Lunch on Friday, June 17, 11:30 am, for

> Hamburger & Hot Dog with all the fixings!

> > Baked Beans & Potato Salad

Limit 50 RSVP to the center by June 10 740 474 8831



t mall sé mour Computier, let us fix le s

49.00 fixed rate for all seniors, computer tune ups. repairs, training, Virus removal, new setups. software installs and upgrades, at your senior center. Call (614) 398-1098 for an appointment.

#### **PICKAWAY METROPOLITAN HOUSING AUTHORITY**

Pickaway Terrace, Eden Place & Louise Terrace · Providing affordable housing for elderly/62 years or older and/or disabled 176 Rustic Drive · Circleville, Ohio 43113 740-477-2514 · Fax: 740-477-7456 email: pmha@pickawaymha.com TTY/TDD Customers:



Contact Ohio Relay Services at 711 or 1-800-750-0750 This institution is an equal opportunity provider and employer

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Each office is independently owned & operated

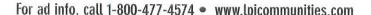


BE YOURSELF BRING YOUR PASSION, WORK WITH PURPOSE

- Work-Life Balance
- · Full-Time with Benefits
- Serve Your Community
- Paid Training
- Some Travel







#### BEAUTIFUL VERMONT TRIP

September 12-17, 2022

Price: \$719 per person (double occupancy)

\$75 due upon signing up

#### Trip Includes:

- Motorcoach Transportation
- 5 Nights lodging including 3 consecutive nights in
- Vermont
- 8 meals: 5 breakfasts and 3 dinners
- Tour of Morse Farm Maple Sugarworks
- Tour of Ben & Jerry's Ice Cream Factory including
- Free samples
- Dinner Cruise on Beautiful Lake Champlain w/
- Entertainment. Admission to Shelburne Museum
- Visit to Cold Hollow Cider Mill
- Tour of Rock of Ages Granite Quarry & Visit to
- Stowe Village

For more information please contact the Center



You do not need to be a member to enjoy Congregant Lunch at the Senior Center!

Lunch is servedeach weekday,begining at 11:30 amALL ARE WELCOME!

Please RSVP by 9:00 am the day of.



ALL THE CARE YOU EXPECT.
ALL THE COMFORTS OF HOME.

Learn more about virtual health visits and how to schedule yours at OhioHealth.com/VirtualHealth.



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158 East Mound St • Circleville BrownMemorialHome.org



Pickaway Senior Center 2105 Chickasaw Dr. P.O. Box 565 Circleville, OH 43113

RETURN SERVICE REQUESTED

Non-Profit Org.
U.S. Postage
PAID
Permit #200
Circleville, OH 43113

#### Current Resident



#### **AARP SMART DRIVER**

WHEN: September 2022

WHERE: TBA

TIME: 8am to 12pm

**Deputy Dale Gillette**,
Pickaway County Sheriff

will be the instructor.

Typically, you'd be charged a fee for this AARP classroom course, but Pickaway County SALT Council will pay the cost, IF YOU REGISTER by calling the Pickaway County Senior Center at 740-474-8831.

#### **DON'T MISS OUT**

check out our upcoming events and activities at the Center!

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|---------------------------|-----|
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| BirthdaysS.A.L.T. Meeting |     |
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|                           |     |



Your donations are important

for daily operations at the Senior Center!

Donations — like the \$10 Fund, Memorials, and Honorariums — are gratefully received and recognized in print in the monthly newsletter.

If the donation is received in the first week of the month, it will be included in that month's newsletter; if space permits, those received after the deadline may be included.

Thank you for your generosity!