



# Lee's Karate and Cardio Kickboxing LLC

125 S 1st Street Phone: (520) 803-6896

[www.leskarateandcardiokickboxing.com](http://www.leskarateandcardiokickboxing.com)

## ***Hours of Operation***

### ***Mon - Wed - Fri***

9:00 - 10:00 am

4:00 - 7:45 pm

***Saturday*** 7:30 am - 1:00 pm

***Sunday*** CLOSED

## ***Cardio Kickboxing Classes***

***Monday*** 9:00 10:00 am

5:30 - 6:30 pm

***Wednesday*** 9:00 10:00 am

5:30 - 6:30 pm

***Friday*** 9:00 - 10:00 am

***Saturday*** 7:45 - 8:45 am

## ***HaganaH***

***(Israeli Self-Defense)***

***Monday*** 6:30 - 7:30 pm

***Wednesday*** 6:30 - 7:30 pm

## ***Extreme Workout***

***Tuesday*** 5:30 - 6:30 pm

***Thursday*** 5:30 - 6:30 pm

## ***Walking Stick Self - Defense***

***Tuesday*** 9:00 - 10:00am

***Thursday*** 9:00 - 10:00am

***Smoothie Bar***

***Apparel Screening***

***Jumping Castle Birthday Parties!***

***Includes tables and chairs setup and cleanup***