

FAIRFAX ICE ARENA'S

COACHING STAFF

★ **Lexi Adelstein** ★



Started Skating: 8
Trained: Adrey Ice Arena
Fairfax, Virginia

- ★ USFS Junior Freestyle Level
- ★ USFS Gold Medalist in Moves in the Field
- ★ 2020 USFS National Qualifying Series Junior Level Gold Pin Award
- ★ 2021 USFS Championship Virtual Series Competitor

Available to teach all recreation skating levels

★ **Irina Chilova** ★



Started Skating: Age 4
Trained: Central School of Olympic Prospects, St. Petersburg, Russia

- ★ Single Junior Champion of St. Petersburg
- ★ Senior Champion in Ice Dancing
- ★ Principal Skater in St. Petersburg Ballet on Ice for 11 Years
- ★ Received B.S. in Figure Skating Coaching, St. Petersburg, Russia
- ★ 20 Years of Coaching Experience

Available to teach all recreation skating levels

★ **Dana Chinn** ★



Started Skating: Age 5
Trained: Fairfax Ice Arena
Fairfax, Virginia

- ★ Gold Medalist in Freestyle
- ★ 1990 Junior National College Champion
- ★ Regional & Sectional Coach
- ★ 2-Time South Atlantic Medalist
- ★ 25+ Years of Coaching Experience

Available to teach all levels of Freestyle

★ **Brenda Denny** ★



Started Skating: Age 5
Trained: Fairfax Ice Arena
Fairfax, Virginia

- ★ USFS Double Gold Medalist
- ★ 2004 Virginia State Games Champion
- ★ Principal Skater at Wild Adventures Theme Park
- ★ 15 Years of Coaching Experience

Available to teach all levels of Freestyle and Field Moves

★ **Adriana DeSanctis** ★



Started Skating: Age 5
Trained: Island Arena
Princeton, New Jersey

- ★ Senior Grand Prix Competitor
- ★ 5-Time Junior Grand Prix Competitor
- ★ 3-Time Canadian National Team Member
- ★ U.S. National Team Member
- ★ Bachelors Degree in Communications

Available to teach all levels of Freestyle

★ **Joe Griffin** ★



Strength Trainer

- ★ Bachelor of Science in Kinesiology from University of Maryland
- ★ Won 2015 Strength Coach of the Year (MLB Los Angeles Angels)
- ★ Certified Strength and Conditioning Specialist

★ **Jessica Herryty** ★



Started Skating: Age 10
Trained: Fairfax Ice Arena
Fairfax, Virginia

- ★ 4 Years Of Synchronized Skating
- ★ 2017 Gold Medalist At Essex Synchro Classic
- ★ 2017 Silver Medalist At Philadelphia Synchro Invitational
- ★ Completed Through Juvenile Moves In The Field

Available to teach up to Gamma level

★ **Jonathon Hodgkinson** ★



Started Skating: Age 8
Trained: National Ice Center
Nottingham, UK

- ★ British National Champion Ice Dance
- ★ National & International Competitor (Great Britain)
- ★ Ice dance Coach (National Ice Center, Nottingham, UK)
- ★ Performed with Disney On Ice

Available to teach all levels of Freestyle and Field Moves

★ **Nadia Hodgkinson** ★



Started Skating: Age 5
Trained: Samara, Russia

- ★ Single Junior Regional Champion
- ★ Russian National Championship Competitor
- ★ Ladies Regional Champion
- ★ Principal Skater with Disney On Ice
- ★ Received Masters Degree in Physical Culture and Sports

Available to teach all levels of Freestyle and Field Moves

★ **Vanessa Jesiewicz** ★



Started Skating: 8
Trained: Serpenti Ice Arena
Cleveland, Ohio

- ★ USFS Five-Time Gold Medalist
- ★ Polish Junior National Championship Competitor
- ★ Eastern Great Lakes Regional Medalist
- ★ Midwestern Sectional Competitor

Available to teach all recreation skating levels

★ **Kimmie Nguyen** ★



Started Skating: 7
Trained: Adrey Ice Arena
Fairfax, Virginia

- ★ USFS Double Gold Medalist
- ★ 2-time Senior Ladies South Atlantic Regional Competitor
- ★ U.S. National Collegiate Competitor
- ★ Currently training under World and International Coaches Kalle Strid and Mikael Olofsson

Available to teach all recreation skating levels

★ **Ann Marie Novock** ★



Started Skating: 5
Trained: Adrey Ice Arena
Dearborn, Michigan

- ★ Coached at Mount Pleasant Figure Skating Club in Michigan
- ★ Specializes in Recreational Skating for Kids, Children and Adults
- ★ Bachelors of Science in Communications from Central Michigan University
- ★ 18 Years of Coaching Experience

Available to teach all recreation skating levels

★ **Mikael Olofsson** ★



Started Skating: Age 5
Trained: Gethsburg Ice Risk
Sweden

- ★ Swedish National Medalist from 1994-2002
- ★ 4-time Nordic Championships Medalist
- ★ Technical Specialist and Competition Administrator for the Swedish Figure Skating Association
- ★ Head Coach of Figure Skating Clubs in Sweden and Denmark
- ★ Previously Coached Swedish and Danish National Competitor.

Available to teach all levels of Freestyle and Field Moves

★ **Nick Perna** ★



Started Skating: Age 8
Trained: Wilmington, Delaware

- ★ Senior Pairs Champion
- ★ National Coach
- ★ USFS Gold Medalist
- ★ Professional Skating Association Master Rating
- ★ 25+ Years of Coaching Experience

Available to teach all levels specializes in pairs & stroking techniques

★ **Robin Schell** ★



Started Skating: Age 4
Trained: Fairfax Ice Arena
Fairfax, Virginia

- ★ USFS Medalist
- ★ South Atlantic Regional Competitor
- ★ M.A. in Interdisciplinary Studies
- ★ 10 Years of Coaching Experience

Available to teach all recreation skating levels

★ **Kim Sherrock** ★



Started Skating: Age 5
Trained: Ice Time
Long Island, New York

- ★ Former Ice Capades Show Skater
- ★ Master of Arts in Early Childhood/Elementary Education
- ★ 25 Years of Coaching Experience

Available to teach all recreation skating levels

★ **Jill Smith** ★



Started Skating: Age 5
Trained: Fairfax Ice Arena
Fairfax, Virginia

- ★ USFS Double Gold Medalist
- ★ Senior South Atlantic Competitor
- ★ B.S. Degree in Athletic Training
- ★ Professional Skating Association Master Rated in Moves in the Field
- ★ Professional Skating Association Certified in Freestyle

Available to teach all levels of Freestyle and Field Moves

★ **Sandi Smith** ★



Started Skating: Age 35
Trained: Fairfax Ice Arena
Fairfax, Virginia

- ★ Specializes in Special Needs Skaters
- ★ 20 Years Coaching Experience

Available to teach all recreation skating levels

★ **Sandra Sparger** ★



Started Skating: Age 6
Trained: Fairfax Ice Arena
Fairfax, Virginia

- ★ USFS Triple Gold Medalist
- ★ Senior Ladies South Atlantic Medalist
- ★ Professional Skating Association Member
- ★ Trained under Joan Oglvie
- ★ 25+ Years of Coaching Experience

Available to teach all levels of Freestyles and Field Moves

★ **Kalle Strid** ★



Started Skating: Age 4
Trained: Gothenburg, Sweden

- ★ World Coach and Choreographer
- ★ Swedish National Team Member
- ★ 4-Time World Coach
- ★ Head Coach of Denmark's Largest Skating Club of Copenhagen
- ★ Choreographer for Danish and Swedish National Team

Available to teach all levels and choreography

★ **Melissa Temme** ★



Started Skating: 6
Trained: Occasio Ice Arena
Tempe, Arizona

- ★ Intermediate Freestyle, Moves in the Field, and Bronze Dance
- ★ Coached at Frank Southern Ice Arena in Bloomington, IN
- ★ Bachelors of Arts in Sport Psychology

Available to teach all recreation skating levels

★ **Katie Townsend** ★



Started Skating: Age 6
Trained: Fairfax Ice Arena
Fairfax, Virginia

- ★ USFS Double Gold Medalist
- ★ Senior Ladies South Atlantic Competitor
- ★ Professional Skating Association Member
- ★ 10 Years of Coaching Experience

Available to teach all levels of Freestyle and Field Moves

★ **Christine Valente** ★



Started Skating: 7
Trained: Skatkarlen Plus
Richmond, Virginia

- ★ USFS Quadruple Gold Medalist
- ★ U.S. National Solo Dance Series Final Competitor
- ★ U.S. Eastern Sectional Competitor in Ice Dance
- ★ Current Senior Solo Ice Dance Competitor

Available to teach all recreation skating levels

★ **Audrey Weisiger** ★



Started Skating: Age 8
Trained: Winterthur World Arena
Colorado

- ★ USFS Double Gold Medalist
- ★ U.S. National Medalist
- ★ 1999 Coach of the Year, World & Olympic Coach
- ★ Professional Skating Association Master Rating

Specializes in competitive skating/choreography

★ **Caitlin Wong** ★



Started Skating: Age 6
Trained: Winterthur
Lakewood, Ohio

- ★ Completed Senior Moves and Novice Freestyle
- ★ Bachelor's and Master's Degrees in Nutrition
- ★ 5 Years Coaching Experience

Available to teach all recreation skating levels

For Private Lessons
contact the Skating Director
E-mail:
lessons@fairfaxicearena.com