

Personality Test

Taken from Florence Littauer's Personality Plus: How to Understand Others by Understanding Yourself

Directions: In each of the following rows of four words across, choose the one word that most often applies to you. Continue through all forty lines; be sure each number is marked. If you are not sure which word "most applies," ask a spouse or a friend, and think of what your answer would have been when you were a child.

If you are filling out the PDF version, mark your boxes with the number 1 to auto-calculate your totals.

Strengths

- | | | | |
|--|---|---------------------------------------|--|
| 1. <input type="checkbox"/> Adventurous | <input type="checkbox"/> Adaptable | <input type="checkbox"/> Animated | <input type="checkbox"/> Analytical |
| 2. <input type="checkbox"/> Persistent | <input type="checkbox"/> Playful | <input type="checkbox"/> Persuasive | <input type="checkbox"/> Peaceful |
| 3. <input type="checkbox"/> Submissive | <input type="checkbox"/> Self sacrificing | <input type="checkbox"/> Sociable | <input type="checkbox"/> Strong willed |
| 4. <input type="checkbox"/> Considerate | <input type="checkbox"/> Controlled | <input type="checkbox"/> Competitive | <input type="checkbox"/> Convincing |
| 5. <input type="checkbox"/> Refreshing | <input type="checkbox"/> Respectful | <input type="checkbox"/> Reserved | <input type="checkbox"/> Resourceful |
| 6. <input type="checkbox"/> Satisfied | <input type="checkbox"/> Sensitive | <input type="checkbox"/> Self reliant | <input type="checkbox"/> Spirited |
| 7. <input type="checkbox"/> Planner | <input type="checkbox"/> Patient | <input type="checkbox"/> Positive | <input type="checkbox"/> Promoter |
| 8. <input type="checkbox"/> Sure | <input type="checkbox"/> Spontaneous | <input type="checkbox"/> Scheduled | <input type="checkbox"/> Shy |
| 9. <input type="checkbox"/> Orderly | <input type="checkbox"/> Obliging | <input type="checkbox"/> Outspoken | <input type="checkbox"/> Optimistic |
| 10. <input type="checkbox"/> Friendly | <input type="checkbox"/> Faithful | <input type="checkbox"/> Funny | <input type="checkbox"/> Forceful |
| 11. <input type="checkbox"/> Daring | <input type="checkbox"/> Delightful | <input type="checkbox"/> Diplomatic | <input type="checkbox"/> Detailed |
| 12. <input type="checkbox"/> Cheerful | <input type="checkbox"/> Consistent | <input type="checkbox"/> Cultured | <input type="checkbox"/> Confident |
| 13. <input type="checkbox"/> Idealistic | <input type="checkbox"/> Independent | <input type="checkbox"/> Inoffensive | <input type="checkbox"/> Inspiring |
| 14. <input type="checkbox"/> Demonstrative | <input type="checkbox"/> Decisive | <input type="checkbox"/> Dry Humor | <input type="checkbox"/> Deep |
| 15. <input type="checkbox"/> Mediator | <input type="checkbox"/> Musical | <input type="checkbox"/> Mover | <input type="checkbox"/> Mixes easily |
| 16. <input type="checkbox"/> Thoughtful | <input type="checkbox"/> Tenacious | <input type="checkbox"/> Talker | <input type="checkbox"/> Tolerant |
| 17. <input type="checkbox"/> Listener | <input type="checkbox"/> Loyal | <input type="checkbox"/> Leader | <input type="checkbox"/> Lively |
| 18. <input type="checkbox"/> Contented | <input type="checkbox"/> Chief | <input type="checkbox"/> Chart maker | <input type="checkbox"/> Cute |
| 19. <input type="checkbox"/> Perfectionist | <input type="checkbox"/> Pleasant | <input type="checkbox"/> Productive | <input type="checkbox"/> Popular |
| 20. <input type="checkbox"/> Bouncy | <input type="checkbox"/> Bold | <input type="checkbox"/> Behaved | <input type="checkbox"/> Balanced |

Weaknesses

- | | | | |
|---|--|---|---|
| 21. <input type="checkbox"/> Blank | <input type="checkbox"/> Bashful | <input type="checkbox"/> Brassy | <input type="checkbox"/> Bossy |
| 22. <input type="checkbox"/> Undisciplined | <input type="checkbox"/> Unsympathetic | <input type="checkbox"/> Unenthusiastic | <input type="checkbox"/> Unforgiving |
| 23. <input type="checkbox"/> Reticent | <input type="checkbox"/> Resentful | <input type="checkbox"/> Resistant | <input type="checkbox"/> Repetitious |
| 24. <input type="checkbox"/> Fussy | <input type="checkbox"/> Fearful | <input type="checkbox"/> Forgetful | <input type="checkbox"/> Frank |
| 25. <input type="checkbox"/> Impatient | <input type="checkbox"/> Insecure | <input type="checkbox"/> Indecisive | <input type="checkbox"/> Interrupts |
| 26. <input type="checkbox"/> Unpopular | <input type="checkbox"/> Uninvolved | <input type="checkbox"/> Unpredictable | <input type="checkbox"/> Unaffectionate |
| 27. <input type="checkbox"/> Headstrong | <input type="checkbox"/> Haphazard | <input type="checkbox"/> Hard to please | <input type="checkbox"/> Hesitant |
| 28. <input type="checkbox"/> Plain | <input type="checkbox"/> Pessimistic | <input type="checkbox"/> Proud | <input type="checkbox"/> Permissive |
| 29. <input type="checkbox"/> Angered easily | <input type="checkbox"/> Aimless | <input type="checkbox"/> Argumentative | <input type="checkbox"/> Alienated |
| 30. <input type="checkbox"/> Naive | <input type="checkbox"/> Negative attitude | <input type="checkbox"/> Nervy | <input type="checkbox"/> Nonchalant |
| 31. <input type="checkbox"/> Worrier | <input type="checkbox"/> Withdrawn | <input type="checkbox"/> Workaholic | <input type="checkbox"/> Wants credit |
| 32. <input type="checkbox"/> Too sensitive | <input type="checkbox"/> Tactless | <input type="checkbox"/> Timid | <input type="checkbox"/> Talkative |
| 33. <input type="checkbox"/> Doubtful | <input type="checkbox"/> Disorganized | <input type="checkbox"/> Domineering | <input type="checkbox"/> Depressed |
| 34. <input type="checkbox"/> Inconsistent | <input type="checkbox"/> Introvert | <input type="checkbox"/> Intolerant | <input type="checkbox"/> Indifferent |
| 35. <input type="checkbox"/> Messy | <input type="checkbox"/> Moody | <input type="checkbox"/> Mumbles | <input type="checkbox"/> Manipulative |
| 36. <input type="checkbox"/> Slow | <input type="checkbox"/> Stubborn | <input type="checkbox"/> Show-off | <input type="checkbox"/> Skeptical |
| 37. <input type="checkbox"/> Loner | <input type="checkbox"/> Lord over others | <input type="checkbox"/> Lazy | <input type="checkbox"/> Loud |
| 38. <input type="checkbox"/> Sluggish | <input type="checkbox"/> Suspicious | <input type="checkbox"/> Short tempered | <input type="checkbox"/> Scatterbrained |
| 39. <input type="checkbox"/> Revengeful | <input type="checkbox"/> Restless | <input type="checkbox"/> Reluctant | <input type="checkbox"/> Rash |
| 40. <input type="checkbox"/> Compromising | <input type="checkbox"/> Critical | <input type="checkbox"/> Crafty | <input type="checkbox"/> Changeable |

Personality Scoring Sheet

Transfer all your marks from the first sheet to this sheet and add up your totals.

The words are in a different order on the profile and scoring sheets

Strengths

	Popular Sanguine	Powerful Choleric	Perfect Melancholy	Peaceful Phlegmatic
1.	___ Animated	___ Adventurous	___ Analytical	___ Adaptable
2.	___ Playful	___ Persuasive	___ Persistent	___ Peaceful
3.	___ Sociable	___ Strong Willed	___ Self sacrificing	___ Submissive
4.	___ Convincing	___ Competitive	___ Considerate	___ Controlled
5.	___ Refreshing	___ Resourceful	___ Respectful	___ Reserved
6.	___ Spirited	___ Self reliant	___ Sensitive	___ Satisfied
7.	___ Promoter	___ Positive	___ Planner	___ Patient
8.	___ Spontaneous	___ Sure	___ Scheduled	___ Shy
9.	___ Optimistic	___ Outspoken	___ Orderly	___ Obliging
10.	___ Funny	___ Forceful	___ Faithful	___ Friendly
11.	___ Delightful	___ Daring	___ Detailed	___ Diplomatic
12.	___ Cheerful	___ Confident	___ Cultured	___ Consistent
13.	___ Inspiring	___ Independent	___ Idealistic	___ Inoffensive
14.	___ Demonstrative	___ Decisive	___ Deep	___ Dry humor
15.	___ Mixes easily	___ Mover	___ Musical	___ Mediator
16.	___ Talker	___ Tenacious	___ Thoughtful	___ Tolerant
17.	___ Lively	___ Leader	___ Loyal	___ Listener
18.	___ Cute	___ Chief	___ Chart maker	___ Contented
19.	___ Popular	___ Productive	___ Perfectionist	___ Pleasant
20.	___ Bouncy	___ Bold	___ Behaved	___ Balanced

Weaknesses

21.	___ Brassy	___ Bossy	___ Bashful	___ Blank
22.	___ Undisciplined	___ Unsympathetic	___ Unforgiving	___ Unenthusiastic
23.	___ Repetitious	___ Resistant	___ Resentful	___ Reticent
24.	___ Forgetful	___ Frank	___ Fussy	___ Fearful
25.	___ Interrupts	___ Impatient	___ Insecure	___ Indecisive
26.	___ Unpredictable	___ Unaffectionate	___ Unpopular	___ Uninvolved
27.	___ Haphazard	___ Headstrong	___ Hard to please	___ Hesitant
28.	___ Permissive	___ Proud	___ Pessimistic	___ Plain
29.	___ Angered easily	___ Argumentative	___ Alienated	___ Aimless
30.	___ Naive	___ Nervy	___ Negative attitude	___ Nonchalant
31.	___ Wants credit	___ Workaholic	___ Withdrawn	___ Worrier
32.	___ Talkative	___ Tactless	___ Too sensitive	___ Timid
33.	___ Disorganized	___ Domineering	___ Depressed	___ Doubtful
34.	___ Inconsistent	___ Intolerant	___ Introvert	___ Indifferent
35.	___ Messy	___ Manipulative	___ Moody	___ Mumbles
36.	___ Show-off	___ Stubborn	___ Skeptical	___ Slow
37.	___ Loud	___ Lord over others	___ Loner	___ Lazy
38.	___ Scatterbrained	___ Short tempered	___ Suspicious	___ Sluggish
39.	___ Restless	___ Rash	___ Revengeful	___ Reluctant
40.	___ Changeable	___ Crafty	___ Critical	___ Compromising

Totals:
