Vol 4: Issue 10 October 2021



# RecoveryWerks!

Changing the world through recovery one **under**served community at a time

#### **Our Mission:**

RecoveryWerks! provides proven recovery support services in a safe and nurturing environment for teens and families in rural communities affected by substance use. We educate, partner with local agencies, and advocate for strong community support systems to reduce the stigma of addiction and increase recovery success.



#### **Our Beliefs:**

Recovery works when there is a belief in a Higher Power.

Recovery works when physical, mental and spiritual issues are addressed as a whole.

Recovery works when clients are empowered to break the cycle of addiction and dependency through the 12 steps.

Recovery works in fellowship when clients feel safe and have access to education, counseling, sponsorship, and support groups.

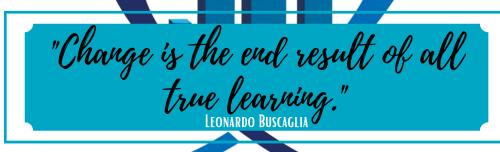
A donation to RecoveryWerks!
has a huge impact towards
bringing recovery to teens and
families in our community.
Please click on or enter the
link below to give today.
Thank you!

http://www.recoverywerks.org/give-now.html

# It's "Back to School Time" and at RecoveryWerks! it's "Back to Education Time"!

by Joanne Daxon

LCDC and RecoveryWerks! Program Director



Once a week, on Wednesday nights, RecoveryWerks! is providing an education class on the Phases of Substance Use Disorder (SUD) for our young people and a similar class for our parents but with the added education of 'How SUD Effects the Family'.

In providing this education last Wednesday I was reminded of how strong denial can be in both the substance user and in their family members. Some people see alcohol and drug use among teenagers with a sense of high disappointment and some see it with the sense of mere experimentation or simply a phase kids go through. Wherever you find yourself in this thinking, please know that for approximately 10% of our teens the use of alcohol and drugs is a disease – a primary, chronic, progressive and deadly disease. This is where the denial comes in to play, where users and family members alike don't understand that the substance is now running their lives. While going through the different symptoms of this illness with our group one of the greatest deterrents for people believing they need help and then seeking help is downplaying or minimizing the severity of underage drinking, vaping or drug use, along with justifications and making excuses.

In the words of Chris Herren, the NBA basketball player turned Recovery Provider and Advocate, I would ask "what is going on in your life that you wanted to change how you felt today?" And get them in to see a professional substance use counselor. There is no shame in having this disease. The shame is in not seeking help.

#### **Meeting Schedule**

#### Teens (up to 18):

Monday & Wednesday

7-8pm in person only @ 790 Landa Street, New Braunfels

#### Thursday

7-8pm in person only

@ 1747 E Ammann Rd, Bulverde

#### Young Adults (18+): Monday & Wednesday

7-8pm in person only

@ 790 Landa Street, New Braunfels

#### Thursday

7-8pm in person only @ 1747 E Ammann Rd, Bulverde

#### Family Members (18+): Monday & Wednesday

7-8pm via Zoom

7-8pm in person

@ 790 Landa Street, New Braunfels

#### Thursday

7-8pm in person only @ 1747 E Ammann Rd, Bulverde

#### **New Gens (Family members**

**between 9-17)** \*Must have a family member participating in the program

#### Monday

7-8pm in person only

@ 790 Landa Street, New Braunfels

These services are available at no cost to clients because of generous donors and support from community partners.















## **Accepting Craft Vendors - Sign Up**



# RecoveryWerks!

6th Annual Holiday Craft Fair

# Holiday Craft Fair

## Saturday, Dec 4th, 2021

790 Landa St., New Braunfels TX

## Reserve your table now!

\$25 donation for one 1 6ft table Setup @ 9:00 am - Tear down @ 2:00 pm

For more info call (830) 310-2456

or email rsvp@recoverywerks.org

### Stay connected with RecoveryWerks!

Like RecoveryWerks! on Facebook and Instagram





For more resources or to make a donation online please visit <a href="www.recoverywerks.org">www.recoverywerks.org</a>.
790 Landa Street, New Braunfels TX 78130
(830) 310-2456 or (830) 310-2585