

### **Inpatient location:**

Most training occurs at the inpatient psychiatric facility located within the Center for Behavioral Medicine (CBM) building located in the hospital complex area downtown rather than the main medical hospital.



### **Thank you.**

The psychology staff at TMC welcomes your interest in its psychology practicum program and hopes to match with students who are interested in a fast-paced, clinical work environment that places a strong emphasis on clinical education in conjunction with practical experiences. Working at Truman, students become highly familiar with a host of serious mental health conditions and can see how collaboration with psychiatry and other disciplines leads to substantial change in the lives of many metro-area residents.

### **Additional Information**

If you have any other questions, please contact the Internship Training Director listed below or review the website.

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## **Overview of Inpatient Practicum/Master's Level Training Opportunities**



Kansas City, MO

## Typical Clinical Opportunities

### Group Psychotherapy

Most psychotherapy is delivered in a group format. The groups are based on empirically-supported intervention models and are specifically tailored to particular presenting issues. Students will be exposed to concepts of Cognitive Behavioral Therapy, Interpersonal Psychotherapy for Depression, Dialectical Behavior Therapy, and psychoeducation for social skills and community reentry.

### Individual Psychotherapy

Individual interventions are provided on a selective and time-limited basis to address specific issues related to acute hospitalization. Most individual interventions involve brief Cognitive-Behavioral interventions, Motivational Interviewing, psychoeducation, and behavioral modification.

### Psychological Assessment

Psychological assessments are ordered by a patient's psychiatrist to address particular referral questions. Most commonly, they are aimed at diagnostic clarification, cognitive ability, and the evaluation of the specific presence or absence of various symptoms. Students might also have the opportunity to observe additional assessments related to risk of suicide, targeted threat assessments, and guardianship evaluations.

### Non-Direct Care Opportunities

While obtaining direct-care hours is a priority during practicum, it is also important for students to gain exposure to adjunct processes that pertain to a patient's treatment. Depending upon their schedule, availability, and program requirements, students may have the opportunity to participate in treatment team meetings with an interdisciplinary clinical staff (e.g., psychiatrists, social workers, counselors, dieticians, pharmacists, and nurses) as well as observe other related events, such as courtroom proceedings related to involuntary commitment.

## Training on the Inpatient Units

### Truman Medical Center Inpatient Treatment

Truman Medical Centers operates multiple hospitals and outpatient clinics. The bulk of the current psychology training occurs primarily within the acute inpatient psychiatric units located in downtown Kansas City at Hospital Hill. This inpatient facility includes two 25-bed units. The patient population includes adults 18 years of age and older with a vast range of cultural and socio-economic backgrounds. Truman prides itself in its ability to provide excellent medical and mental healthcare to residents of the metropolitan community, particularly in the downtown area, regardless of their ability to pay.

### Clinical Training

Training occurs in the context of multidisciplinary teams and specific use of psychological interventions within the hospital milieu. Typical training opportunities include regular treatment team participation, psychological assessment, outcome data collection, group intervention, crisis management, behavioral management and modification, and brief individual therapy. The psychology program emphasizes evidence-based practices of assessment and treatment. Students also have the opportunity to observe other clinical matters, such as guardianship and civil commitment proceedings.

### Supervision and Didactic Training

Students participate in weekly individual supervision with the inpatient psychologists as well as pre-doctoral psychology interns, who also receive supervision-of-supervision. Additional didactic training opportunities may be possible over the course of the year as they become available, although the priority is given to direct patient observation and interaction.