

Is SunSmile Herbal Deodorant For You?

Did you know that we're actually supposed to perspire? This shouldn't come as a big surprise to most of us. The sweat glands are designed to help our bodies excrete waste materials that we certainly don't want sealed up inside. The big issue is... foul odor, stink, B.O., and comments like "What died in here?" or "Gah! I can't breathe!" This might bring a smile to your face, but it's truly no laughing matter! Jobs are lost, friends are avoided, wars are started... well, maybe not wars, but don't you agree that this is a serious issue?

Along comes the chemical industry to solve this problem. They determined that it was the bacteria in the waste materials that the body was excreting that created the odor. This bacteria grows in water which promotes the odor problem. So, think about it... we could kill the bacteria, stop the sweating, stop the waste materials from excreting or any combination of the above. The chemical industry chose the latter two -- stop the sweating and block the excretion of the waste. They did this with chemicals like aluminum and also with fragrances for masking the odor should any bacteria succeed in spreading. The trouble with this approach is that we need to excrete these wastes. Also, aluminum has been linked with breast cancer and with Alzheimer's disease.

Now, enter **Dr. Chen**. He can clearly see that sweating is good for us. Why not simply allow the toxins and waste materials out of the body and deal with the offending bacteria with safe, natural herbs? The solution? ***SunSmile Herbal Deodorant!*** Some of the ingredients are: zinc, vitamin E, baking soda, benzoin extract (also in Fruit & Veggie Rinse and the Refresher Drops), thyme extract, chamomile extract, balm mint extract, oat extract, Tea Tree oil, lemon oil, cypress oil and evening primrose oil. These ingredients not only kill the offending bacteria, they also give us a very pleasant, fresh smelling scent. Zinc is a mineral that is good for the skin and is a good antioxidant, Vitamin E nourishes the skin and is also a powerful antioxidant, baking soda sweetens or neutralizes odors and benzoin extract kills bacteria. Tea Tree oil has also been touted as an effective anti-bacterial agent.



If this doesn't convince you, you should read **Sharon Farnsworth's** super article in the April, 1997 *Sharon's Pipeline* that I've taken the liberty to edit for this article. If you want to see her entire article, ask your upline for a copy. It has to be the most Xeroxed and faxed article I've ever seen.

The following was written by Kerri Bodmer, Founder and Editor of Women's Health Letter. She writes:

Does your deodorant cause breast cancer? In the course of a typical day, there's a lot we take for granted. We rarely stop to ask questions about everyday items, like the deodorant we put on this morning. But we should! For instance, most deodorants are really *chemical cocktails* for your armpits!

Did you know:

- The chemicals seep through your skin and creep into the immediate and nearby underlying soft tissue.
- The little microscopic nicks we get from shaving make the journey even easier.
- The labels on these deodorants even warn us not to apply them to broken skin!

In case you've never seen one, Diagram 1 is a breast cancer map. It shows you where breast cancer is most likely to occur. Did you realize that, if you do develop breast cancer, there's a 50% chance the tumor will appear in the area closest to your underarm? There is a 6% chance that cancer will

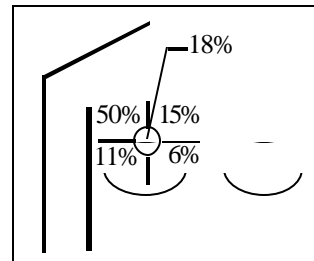


Diagram 1

appear in the farthest area from the underarm. "Just think of it; you are *eight times more likely* to develop breast cancer next to where you apply your deodorant."

Scientists can't say for sure — *yet* — that deodorant causes breast cancer. But it makes you wonder, doesn't it? We do know that most deodorants are laced with powerful chemicals that have yet to be thoroughly tested for safety. Combining these chemicals may lead to toxic interactions. And the fact that most breast cancers develop nearest to the underarm is very suspicious and frightening.

Are anti-perspirants even more dangerous?

If you use an anti-perspirant (more than half of us do), you may be creating a double danger. You see, the chemicals in those anti-perspirants help prevent sweating. And sweating is one of the ways the body cleanses itself of toxic substances. Every time you apply an anti-perspirant, it's like

damming up a river, sweat backs up in and around your armpits. The result? The toxins in your sweat become trapped there. And worst of all, fatty breast tissue is especially efficient at storing those poisons.

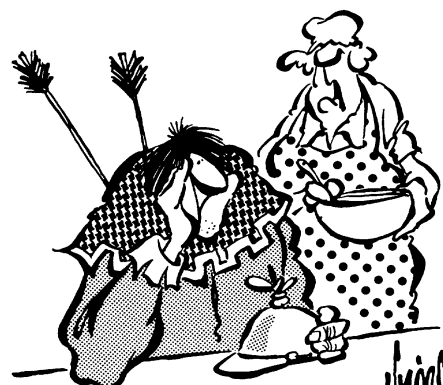
If you want to be at your healthiest, you need to *sweat more* — *not less!* Exercise, which promotes sweating, has been proven to lower breast cancer risk.

Sunbreeze

Essential Oil and Balm

We've all heard the term "essential oils", but do you know what the term really means? One definition is that these oils are essential to life. Another is that they possess the "essence" of the plant from which they are derived. These oils usually have the taste and smell of the original plant. I like the "essence" definition because it feels like there is a vital aspect to these oils, like there is something much deeper than the simple chemical formulas for these substances. Have you ever found that you get benefits from Sunbreeze Oil or Balm that you didn't even expect? Doesn't it feel like magic sometimes? Well, I believe there *is* something going on besides chemical reactions.

Sunbreeze is a soothing, penetrating oil or balm that not only eases pain, but also aids the body in its natural healing process for external injuries. Is this the magic I was talking about? Not really, the special ingredients in Sunbreeze naturally promote more blood circulation in the areas where it is applied and the body does its own healing. I can't begin to describe the "magic" that may happen for you. You just have to try it for yourself. The Sunbreeze Oil and Balm are based on a formula recorded in the herbal manuscripts of the Chinese Emperors. The formula was originally developed by the temple priests to aid their recovery from injuries sustained while practicing extremely rigorous martial arts. The specific combination of ingredients in Sunbreeze is what makes it a very special product. All ingredients work in synergy, that is, the effects of the combination of all the ingredients are much more effective than those of any individual ingredient. So goes the story of almost all the Sunrider products given to us by **Dr. Chen**.



"Wanna try some of this SunBreeze? It's helped *my* back pain."

Following are just some of the ways in which Sunbreeze is used:

Rub on the temples, forehead and/or the back of the neck for:

- ✓ Headache
- ✓ Muscle Tension
- ✓ Drowsiness
- ✓ Motion Sickness

Rub on other parts of the body for:

- ✓ Sinus Congestion
- ✓ Strains
- ✓ Sprains
- ✓ Insect Bites/stings
- ✓ Canker Sores
- ✓ Toothache
- ✓ Muscle pain
- ✓ Back pain
- ✓ Minor Wounds
- ✓ Rheumatism
- ✓ Arthritis

Place on tongue for:

- ✓ Heartburn
- ✓ Sinus Congestion
- ✓ Upset Stomach
- ✓ Morning Sickness
- ✓ Sore Throat
- ✓ Motion Sickness
- ✓ Drowsiness

A couple of drops of oil on a Q-tip applied to the ear for infections, water-logging and wax buildup. This may also relieve motion sickness and ear pain while flying.

Avoid getting it in your eyes or on very sensitive areas (*You know where I mean!*). The essential oils provoke a brisk sensation, which may be either warm or cool, depending what is needed to create balance.