

DopaLift



Distributed by: Adaptogen Research
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DopaLift

Clinical Applications



- Support Neurological Health*
- Support Coordination and Balance*
- Support Restful Sleep*
- Support Balanced Moods; Positive Mental Outlook*
- Support Healthy Cognitive Function; Memory & Learning*
- Support Motivation; Goal Attainment*
- Fine Motor Control*

The primary ingredient in DopaLift is Mucuna pruriens, a botanical which naturally contains L-DOPA, the metabolic precursor to dopamine which can cross the blood-brain barrier. Additional ingredients include EGCg (epigallocatechin-3-gallate), acetyl L-tyrosine, quercetin and vitamin B6, all selected for their synergistic roles in helping to support the body's natural production and regulation of dopamine.

All Adaptogen Research Formulas Meet or Exceed cGMP Quality

Discussion

DopaLift (Dopa Lift) is designed to support the body's natural production of dopamine, a neurotransmitter essential for the normal functioning of the central nervous system.* Dopamine is associated with attention, learning, movement, balance, and mood regulation. It is frequently referred to as part of the brain's "reward" system, as it can help promote a positive outlook, motivation, and balanced moods.

Dopamine exerts many of its effects in the central nervous system, but it does not cross the blood-brain barrier. Therefore, the way to raise dopamine levels in the brain is to provide precursor nutrients and other supportive compounds that do cross into the brain, where dopamine can then be synthesized from them.

The primary ingredient in DopaLift is Mucuna pruriens, a botanical compound that naturally contains L-DOPA, a precursor to dopamine which can cross the blood-brain barrier.* Additional ingredients include EGCg (epigallocatechin-3-gallate), acetyl L-tyrosine, quercetin and vitamin B6, all selected for their synergistic roles in the production and regulation of dopamine.*

Key Ingredients

- **Mucuna pruriens** – A tropical plant that is a natural source of L-DOPA, the metabolic precursor to dopamine. The Mucuna material in DopaLift is standardized to contain an extremely potent 60% L-DOPA.*
- **EGCg** (from green tea extract) – An antioxidant with brain-protective properties. The polyphenols in green tea offer neuroprotective effects and help to increase the availability of dopamine.*
- **Quercetin** – A flavonoid present in many fruits and vegetables – it's responsible for the bold pigments in red apples, red onions, grapes and dark berries. Quercetin naturally inhibits the activities of two enzymes—COMT (catechol-o-methyl transferase) and MAO (monoamine oxidase)—which are involved in the metabolism and breakdown of dopamine. Quercetin works synergistically with Mucuna pruriens and EGCg to help preserve dopamine levels.*
- **N-Acetyl-L-Tyrosine** – Tyrosine is the amino acid from which dopamine is synthesized. (Neurotransmitters, such as dopamine, serotonin and epinephrine, are made from amino acid building blocks.)*
- **Pyridoxal-5-Phosphate (P5P)** – Vitamin B6 in its metabolically active form. P5P is an essential cofactor for the enzyme that converts L-DOPA to dopamine, as well as converting 5-HTP to serotonin, another "feel good" neurotransmitter that helps with a positive mental outlook. Other roles for P5P include healthy metabolism of proteins, proper hormone signaling, and synthesis of heme, the portion of hemoglobin that carries oxygen in the blood. For these reasons, adequate B6 levels may help maintain steady energy levels.*

**These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.**



Recommended Use: As a dietary supplement, take two capsules per day, or as directed by your health care practitioner.

Supplement Facts

Serving Size 2 capsules
Servings Per Container 30

Amount Per Serving	% Daily Value	
Vitamin B-6 (as Pyridoxal-5-Phosphate)	5 mg	250%
N-Acetyl-L-Tyrosine	750 mg	*
Mucuna (<i>Mucuna pruriens</i>)(seed) [standardized to contain 60% L-Dopa (3, 4 Dihydroxy-L-Phenylalanine)]	425 mg	*
Green Tea Extract (<i>Camellia sinensis</i>)(leaves) [standardized to contain 98% polyphenols and 45% EGCG]	100 mg	*
Quercetin	100 mg	*

*Daily Value not established.

Other Ingredients: Cellulose (capsule), vegetable stearate.

Suggested Use: As a dietary supplement, take 2 capsules per day, or as directed by your health care practitioner.



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