



September 2022 Newsletter

Dear Sunrise Community,

The school year is off to a great start, and the students are settling into their classroom routines!

Sunrise Parent Representatives

As you know, Sunrise has two Parent Representatives. Classroom A Parent Representative is Susannah Barry and Classroom B Parent Representative is Marissa May. Our Parent Representatives plan the Sunrise Community Meetups, organize the Scholastic Book Club, carry out our annual Small Hands fundraiser, assist in planning for the Spring Fair, and much more! Both Susannah and Marissa may be reached at parentrep@mysunrisemontessori.com

Thank you to both Marissa and Susannah for helping connect the Sunrise Parent Community together throughout our school year! If anyone is interested in becoming a Parent Representative or a member of Sunrise's Board of Directors, please reach out directly to me and I can provide you with more information.

Sunrise Giving Tree

The Giving Tree is a longstanding tradition at Sunrise. Some of you may have noticed the Giving Tree displayed on the wall in our front room during Visiting Day. The tree is decorated with colorful leaves that are now filled with Classroom Wish List Items. The Wish List items are available for families to purchase and donate to your child's classrooms at any time throughout the year. There are various items to choose from, and these are typically listed in the Montessori Services or the Montessori & Such catalogs for viewing. If anyone is interested in purchasing something for the school, you may view the list that accompanies this newsletter or visit our school website (Parent Corner page) anytime. Once you have chosen your donation item, please send in the name of the item with a check for that amount, payable to Sunrise Montessori School, Inc. Donation receipts are available upon request.

Classroom Communication Updates

Last week Ms. Laura and Ms. Anselmo sent out via email their first set of communication updates. The updates provide you with information on how your child(ren) is/are doing within the classroom environment. Dates of the communication updates were provided on Visiting Day and those are attached to this newsletter. Just a reminder, please send an email confirmation back to your child's teacher after you receive your report. The teachers want to make sure you've received the report; they are happy to answer any questions you may have. The updates are a great communication tool for parents and teachers to remain connected with updates about your child throughout the school year.

Offering quality Montessori preschool, pre-k transitional and kindergarten programs since 2005.

31 Hayward St., Suite J2 PO Box 515 Franklin, MA 02038

www.MySunriseMontessori.com

Other Upcoming News & Events

Harvest Festival – Saturday, October 1 from Noon-5pm

If you are looking for something fun to do this weekend, you may want to consider checking out the **Harvest Festival** in downtown Franklin. Sunrise will have a booth set up as one of the many local businesses represented in town, and if you would like to stop by and check it out, we will be there! Our booth (#135) will be located near the corner of West Central and Emmons Streets. Tell your friends, neighbors, coworkers, etc...

Curriculum Night – Thursday, October 6 at 6:30-7:30pm

Curriculum Night will be held for both Classroom A and B from 6:30-7:30pm within each classroom.

The event is for **parents only** to attend (we are unable to provide childcare during the evening). This is a great opportunity to hear about the Montessori Approach to Education from the Head Teachers and to learn more about what a typical day looks like in your child's classroom. If you plan to attend and/or if you have any questions, please send an RSVP directly to me at headofschool@mysunrisemontessori.com

Professional Development Day Friday, October 7 – No school

You may have noticed on the school calendar that on October 7 there will be no school for Sunrise students. This is an in-house teacher/staff workday. During these Professional Development Days, the teachers participate in team meetings, they deep clean the classrooms, change curriculum materials, and create lessons and materials for the upcoming weeks. These days are busy and support the success of our program.

Picture Day - Thursday, October 27 with Vicario Studios

For the past several years, Sunrise has both individual and classroom group portraits done by Mr. Paul Vicario. Paul's studio is located right next to our school in the Moseley Complex and the students often greet Mr. Vicario from the playground. You may choose to have your child participate in the individual and the classroom group photos, and an order form envelope from the studio will be sent home during the second week of October for you to place your order.



On the morning of the photos (around 9am), the students walk over to the studio (one classroom at a time) with their teachers until their photos are completed. This takes about 30-40 minutes per classroom. If you have any questions or comments, please reach out to me.

Holidays in the Classroom

Here at Sunrise we recognize the importance of family traditions and honor various cultural celebrations throughout the year. During the fall season in the Montessori Classroom, the students will be scrubbing pumpkins and gourds, cutting open a pumpkin to learn the parts of the pumpkin, making push-pin pumpkins or jack-o-lanterns, pumpkin pounding, reading fun seasonal stories and much more.

With the upcoming Halloween holiday, we discourage students from wearing any Halloween costumes or accessories during school for Halloween even though this holiday is celebrated by many families; it is a great event for families to participate in together at home and/or out in their community. We appreciate your understanding in advance!



Special Request for plastic bags

Our program uses a tremendous amount of the reusable, small plastic grocery bags for wet and soiled clothing.

Bag availability is being phased out at many stores. If anyone has extra bags they aren't planning to recycle, please send them in during drop off or pick up. Thank you in advance!

Sunscreen and Bug repellent usage

If you would like your child to wear sunscreen and/or bug repellent for outdoor recess, please consider applying to your child before school. For full day students, you may request a Sunscreen/Bug Repellent form from the office (must be filled in and signed by a caregiver), send in the product for application, and your child's teacher will apply when appropriate in the afternoon. The Sunscreen/Bug Repellent form is also available for download from our website: <http://www.mysunrisemontessori.com/parent-corner.html>

Special Thank You:

Thank you to the Villagran family for their donation of a beautiful sensory table for the classroom.

Keeping in touch

If you have any questions or comments, please know that you can reach us via email.



As the teachers are working with the children during the day, please note that a reply to your question may come after the afternoon dismissal or later.

If your message is urgent and you need to reach someone right away, please call the school at 508-541-8010.

Head of School

Andrea Rossick:
Headofschool@MySunriseMontessori.com

Head Teacher

Laura Holland:
Laura@MySunriseMontessori.com

Head Teacher

Lynne Anselmo:
MsAnselmo@MySunriseMontessori.com

Sunrise Parent Representatives:

Susannah Barry & Marissa May
ParentRep@MySunriseMontessori.com

Website and Facebook

Throughout the year the school uses its website and Facebook page to inform parents of current events and to post pictures from recent events. Please take a look at www.MySunriseMontessori.com

Be sure to check out our “**Parent Corner**”. This page can be found on the menu tab of our website. Click on any of the hyperlinks to view the selected form or information page as a PDF.

CALENDAR OF EVENTS

October 1: **Harvest Festival** in downtown Franklin from Noon to 5pm.

October 6: **Curriculum Night** (parents only) 6:30-7:30pm

October 7: **In-house Teacher / Staff Professional Development Day;**
no school & no extended care program

October 10: **Columbus Day holiday;** no school & no extended care program

October 27: **Photo Day**

October 14, 21 & 28: **Pizza Days** for full day students

Sensation Station Dates to remember 9am-10am

October 4, 11, 18, & 25 **Classroom A** “Sensation Station” dates

October 5, 12, 19, & 26 **Classroom B** “Sensation Station” dates



Passive Fundraisers are just one of the many ways you can support Sunrise Montessori School!

Amazon Smile

Shopping online is not only convenient, but it can provide a benefit to our school. When you shop at [Smile.Amazon.com](https://www.amazon.com/smile), Amazon will make a donation to Sunrise Montessori School, Inc. on eligible purchases.



To register and begin shopping, simply go to [smile.amazon.com](https://www.amazon.com/smile) on your web browser or activate in the Amazon Shopping app for iOS and Android phones. Select Sunrise Montessori School as your charitable organization **PRIOR** to shopping, and .5% of all eligible purchases will go back to our school. Add a bookmark to [smile.amazon.com](https://www.amazon.com/smile) to make it even easier each time you shop. Or click on the QR code. Please tell your friends, family, co-workers and neighbors. Every purchase helps.

Box Tops for Education

For over 20 years, Box Tops for Education has given families an easy way to earn cash for their school, with products they already buy. You have seen and clipped those rectangular box tops. Now you can simply scan your store receipt with the Box Tops mobile app to identify participating products and instantly add cash to your school's earnings online. Go to www.boxtops4education.com to learn more.



Recycle your printer ink cartridges

Do you have used printer ink cartridges hanging around at home? Don't throw those out – Sunrise has a collection box for printer cartridges. Each month we turn them in at Staples for credit towards office supplies.



Restaurant Dine-In events

Throughout the year our fundraising coordinators will set up local restaurant dine-in events. Enjoy a great meal and the company of family and friends all while supporting local businesses and Sunrise Montessori School.



Grocery Shopping / Giving Bags

Purchase a \$2.50 reusable community bag at any Big Y, Shaw's or Stop & Shop store, follow the directions on the attached Giving Tag and direct a \$1 donation to Sunrise Montessori School (must be completed within 7 days of purchase).



Active Fundraisers

Mabels Labels

This on-going fundraiser provides great ideas for labeling your child's items. Check out: <http://campaigns.mabelslabels.com/> and click on the school's name.

For Small Hands

See the latest email from your Parent Reps.

Scholastic Books

Each month parents will receive flyers from Scholastic Books which offer titles for children of all ages. Points from your purchases accumulate for the school which are then redeemed for new books and materials for the classrooms.

The Giving Tree

Check out the newly listed items on the tree, just inside the front door.

Amazon Wish List for Sunrise

Did you know? Sunrise has a Wish List on Amazon. Be sure to check out the following link: <https://tinyurl.com/Sunrise-Amazon-Wishlist> New items are added each month.

Giving Tree Items through Montessori Services

The catalog may be found online at: <https://www.montessoriservices.com/>

Gratitude Tree

\$18.95 R258



Animal Shakers \$8.95 each

Elephant M455



Llama M458

Whale M457



Dolphin M454

Bird M456



Mini Measuring Beakers

4 pieces \$11.95

SC846



Glass Decanters

Pinch Decanter (would like 6 of these)
\$2.95 each G236



Small Glass Decanter (would like 6 of these)
\$3.25 each G210



Holidays Around the World books

\$7.95 each

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|----------------------------|------|
| Rosh Hashanah & Yom Kippur | C367 |
| Thanksgiving | C368 |
| Hanukkah | C370 |
| Christmas | C371 |
| Kwanzaa | C369 |
| Chinese New Year | C372 |
| Valentine's Day | C373 |
| Easter | C374 |
| Passover | C375 |





Continent Flag Sets

Africa 12 Flags	C710F	\$42.00
Asia 12 Flags	C712F	\$42.00
Australia & Oceania	C709F	\$28.00
Europe – Eastern	C707F	\$49.00
Europe – Western	C705F	\$59.50
N. & Central America	C702F	\$42.00
South America	C704F	\$42.00



Classroom A Newsletter September 2022

Dear Classroom A Families,

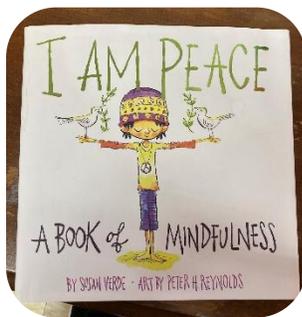
It has been a wonderful start to the school year and we are excited to be jumping into fall! We have been so excited to get to know each other in the classroom, and we certainly have an amazing group of children. Everyone is settling into the routines of the school day, working and playing together!

At circle time each morning, we say good morning, talk about the calendar, and learn the 7 days of the week and the months of the year. We also discuss the weather and temperature each day!

The children are learning lots of different yoga poses during **Yoga** with Ms. Alka! This month, we have learned poses like Elephant Breath, Cat, and Dragon! The children also practice breathing exercises and singing songs together. They review lessons and have discussions about what was taught at morning circle.



We began the school year by working together and learning the rules and expectations of the classroom at Sunrise Montessori School. We continue to learn and practice **Grace and Courtesy** lessons together and practice throughout the school day. The children who are returning Sunrise Montessori students have helped our new classmates learn (they are role models) and together we review practicing manners to show we care about one another.



An important part of the Montessori Curriculum is also the **Peace Curriculum**. We read the book *I am Peace* by Susan Verde together at circle and then talked about the different ways that we can find peace in our classroom, at home and in ourselves. Our Peace Rose is displayed on the Peace table of our classroom for children to access throughout the day. This tool introduces the skills of conflict resolution and guides children on how to use these skills at home, on the playground, and in the classroom.

We have also been busy this month learning about the changing seasons, and we talked about the Autumn Equinox on September 22nd! In **Science**, the children enjoyed sharing many of the different and exciting activities that happen during the fall. We learned about the parts of the apple and at circle time we explored what is inside an apple! We also learned about what makes something living and nonliving and read

I know it is Living and *I Know it is Nonliving* by Sheila Rivera at circle time. We talked about how our classroom fish is an example of something that is living because it moves on its own, grows, breathes, and eats!



In **Geography**, our classroom has been exploring where we live on the globe. We have one globe in the classroom with the continents depicted by different colors for each continent. North America is orange, South America is pink, Africa is green, Europe is red, Asia is yellow, Antarctica is white, and Australia is brown. To introduce the North America unit study heading into next month, our classroom will begin sharing “All About Me” to learn more about one another and where we are from and where we live. Stay tuned for more info next month!

During **Kindergarten Afternoon** the Kindergarten students work with their teachers on extensions of the lessons from the morning work cycle and access in more depth, the areas of the Montessori curriculum. This time is an opportunity for Kindergarten students to work on and explore topics of their own interests, work collaboratively with their peers, and apply the curriculum to topics like, what it means to be part of a community. The children enjoy listening to a teacher read aloud, answering comprehension questions throughout as well as having a discussion together at the end.

This month, children were also excited to begin Pizza Fridays and storytelling with Gio the Giraffe. We also had a blast during our first session of Sensation Station. We look forward to everything we will accomplish and learn as a community together this year!



Apple tasting



Fun at Sensation Station!



Pizza Friday

Sincerely, your teachers,

Ms. Laura, Ms. Alka, and Ms. Samantha



Classroom B Newsletter September 2022

Hello Classroom B Parents,

Happy Fall! The children are settling in nicely to their Montessori Environment. Our mornings begin with greeting one another and then we move onto circle time. During circle time we learn about “grace and courtesy”. These lessons are essential as they teach the children what it means to be polite and respectful as well as how to appropriately communicate his/her feelings.

Grace and courtesy lessons are a critical part of our environment. The teacher and child role model these various lessons each day. A leader is chosen for the day. This is a wonderful way to help the child gain confidence and model how to set a good example for others to learn.



Grace and Courtesy

At circle time each morning we salute the flag and learn about the history of the United States flag, we sing our good morning song, discuss the calendar, learn about the seven days of the week and the twelve months of the year. We also sing a song about the weather and temperature each day. The children enjoy their snack and then select their choice of work in the classroom.

A lesson is given each morning and afternoon on how to use the materials in the appropriate manner. This month in Science the children are learning about the different types of apples and trees. The children also enjoyed apple tasting this past week. They have already learned so much about their new environment. The month of September is off to a great start.



Anatomy of an apple



Storytime

The children also participate in floral arrangements each week. This activity is a wonderful way to connect the child with their environment as well as one another. Not only does it make the environment beautiful, but the work also allows the child to gain knowledge and an appreciation for each flower.

September Birthdays

Happiest of Birthdays to our students: G'oseni C., Katie O., Cameron M., and Brenna T.

Afternoon Kindergarten class: Each afternoon after lunch the Kindergarten students get their yoga mats and take a brief moment to relax while the Head Teacher reads them a story.

The Head Teachers then work on lessons from the morning work cycle in the language and math areas of the Montessori curriculum. During the afternoon Kindergarten students further develop their reading, writing, and number skills as well as comprehension. Kindergarten children work with both Ms. Anselmo and Ms. Laura throughout the week.

Sparkle and Shine,

Head Montessori Teacher, Ms. Lynne Anselmo

Assistant Teacher, Ms. Angela

Intern, Ms. Emily



Kindergarten afternoon



Some of the great books we read

Sensation Station fun!





Calendar of Student Communication Updates and Parent Conference Dates

Sunrise provides our parents and family members with information on their child/children throughout the school year. The Head Teachers provide each family with an electronic Student Communication Update. These updates contain photos of your child with a bit of insight of the activities he/she has worked on. The Head Teachers request an email confirmation that you received the report, and you are strongly encouraged to add comments and questions along with the confirmation.

Additionally, there are two Parent Conferences scheduled within the school year. Before Parent Conferences, each family will receive a Student Progress Report and a Narrative Report to review and discuss at your Parent Conference.

Below is a list of dates that you will receive an electronic Student Communication Update as well as the dates of the Parent Conferences.

- September 23 (already sent)
- October 21
- November – no Communication Updates sent due to upcoming Parent Teacher Conferences
- December 1st and 2nd Parent Conferences. A conference sign-up link will be sent out in November for parents to choose a time to meet with your child's Head teacher. A detailed Narrative Report and Progress Report will be sent out in advance to discuss and review together at the conferences.
- January 20
- February 17
- March 24
- April – no Communication Updates sent due to upcoming Parent Conferences on April 27th and 28th. The conference sign-up link will be sent out at the beginning of April to choose a time to meet again and review progress reports.
- May 19 Final Communication Update

You are encouraged to reach out to your child's Head Teacher via email or by phone anytime you have a question, comment, or a concern about your child. Phone calls must be scheduled directly with your child's Head Teacher.

Classroom A: Ms. Laura can be reached at laura@mysunrisemontessori.com

Classroom B: Ms. Anselmo can be reached at msanselmo@mysunrisemontessori.com

As always, I can be reached via email anytime or by phone at the school between 7:30am-3:30pm.

Andrea Rassick