

Harvest Years

1977



2017

Senior Center

30 SOUTH STREET, CAMDEN, DE 19934

TABLE OF CONTENTS

Monthly Birthdays.....	Pg. 2
Executive Director's Notes.....	Pg. 3
Activity Director's Notes.....	Pg. 3
State Senator Brian Bushweller.....	Pg. 5
Monthly Menu.....	Pg. 6
Monthly Activities.....	Pg. 7
Snap Program.....	Pg. 8
The Computer Guy.....	Pg. 9
AARP Driving Course.....	Pg. 9
Lunchroom News.....	Pg. 10
Lions Club Meetings.....	Pg. 10

HOURS

Monday - 8 AM - 3 PM
Tuesday - 8 AM - 3 PM
Wednesday - 8 AM - 3 PM
Thursday - 8 AM - 3 PM
Friday - 8 AM - 3 PM
Closed Saturday & Sunday

Harvest Years Senior Center, Inc. Board of Directors 2017

Richard Reynolds.....President
Don Blakey.....Vice President
Linda McDonald.....Treasurer
Don Dean.....Secretary
Tom Bones.....Executive Director
Board Members: Vivian McDonald,
Dick Bewick, Barbara Morton, Joan Schwartz
Thelma Fox - Historian

Next Meeting: February 23, 2017

Harvest Years Monthly

February 2017
VOLUME 15 - ISSUE 1

302 698-4285 - Website: <http://harvestyears.org>



WELCOME TO THE HARVEST YEARS SENIOR CENTER'S GIFT SHOP

THE GIFT SHOP FEATURES **BEAUTIFUL** HANDMADE
CERAMICS, CRAFTS, JEWELRY, AND SPECIALTY
ITEMS SUCH AS LAVENDER SCENT BATH OILS AND
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WE INVITE YOU TO STOP IN AND VIEW THE GIFTS
WE OFFER AT TRULY GREAT PRICES. WE ARE SURE YOU
WILL FIND THAT VERY SPECIAL GIFT FOR THAT VERY
SPECIAL PERSON IN YOUR LIFE.

THE GIFT SHOP IS OPEN DAILY
MONDAY THRU FRIDAY
10 A.M. - 2 P.M.



REMEMBER VALENTINES DAY.....

FEBRUARY 14TH

Happy "February 2017" Birthdays

1 Bonnie Jo Hamilton

1 Anne Noyes

1 Marie Wright

2 Ofelia Claros

4 Barbara Carcanague

5 Donald Blakey

5 Kathy Elliott

5 JoAnn McDaniel

6 Virginia Broussard

6 June Myers

6 Paul Shay

6 Bertha Young

7 Delores Blakey

7 Martha Collins

7 Chris Hertz

7 Bobby Saucier

8 Russell Jordan

8 Flora Leggins

8 Marion Maly

9 Victoria Livingston

9 Arnold Waldner

11 Louron Styers

12 Linda Dowlin

12 Charlotte Fitzwater

13 Michael Abella

13 Ben Shockley

15 Helen Causey

16 Barbara Badger

16 Deborah Price

16 Betty Slack

16 Helen Wagner

17 Sandi Billings

18 Addie Pack

19 David Fry

19 Gene Hobbs

19 Ellen Jordan

20 Nancy Armour

20 Sheryl Ann Ford

20 Dorothy Kelly

20 Mary Jane McCowan

21 John Stanford

21 Tom Zavatoski

22 Larry Cheng

23 Dorothy Gamp

23 Beverly Phipps

23 Betty Shinkle

24 Judith Burke

25 Janice Fasano

25 Carl Harlacker

26 Clyde Bush, Sr.

26 Darryl Gustafson

27 Michael Warnecker

28 William Kovatch

29 Julia Errera

29 Joanne Henning

*****PLEASE BE SURE TO CALL - (302) 698-4285*****

*****PLEASE MAKE YOUR (RESERVATION) FOR A FREE BIRTHDAY LUNCH*****

We invite you to a **BIRTHDAY LUNCH** here at Harvest Years as part of your membership. HOWEVER, you must attend the **BIRTHDAY CELEBRATION** on our "BIRTHDAY DAY" which is always the **third** Thursday of each month. You must "eat-in". You may not "take-out" the free meal. If you do not see your name on the list of names for **JANUARY** it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to see Tom or Diane..... **HAPPY BIRTHDAY and Thank You...**

LUNCH IS SERVED DAILY MONDAY THRU FRIDAY 11:30 AM - 12:30 PM

YOU MUST CALL HARVEST YEARS SENIOR CENTER TO MAKE YOUR LUNCH RESERVATION. LET US KNOW IF YOU WILL BE CELEBRATING YOUR BIRTHDAY WITH US PRIOR TO FEBRUARY 15TH, 2017. PLEASE CALL (302) 698-4285.



TAX TIME IS HERE
FEBRUARY - APRIL 2017

AARP TAX-AIDE FOUNDATION VOLUNTEERS

WILL BE AT HARVEST YEARS SENIOR CENTER
30 SOUTH STREET, CAMDEN, DE
ON TUESDAYS AND THURSDAYS ONLY

Beginning Thursday, February 2nd and Ending Thursday, April 13th
From: 9 A.M. - 12 NOON

CALL: 698-4285 For More Information



From Our Executive Director
Tom Bones



HAPPY GROUND HOG DAY - FEBRUARY 2ND

Just a month into the season and winter has found us.
Brrrrrr.....

I hope February finds you keeping warm, cozy, and beating the winter blues and bugs. The Harvest Years has a month of special events planned for you that you are going to LOVE! So bundle up and come on in!

Tuesday, February 14th grab your sweetheart, or meet one here, and join us for some good food, and fun.

February kicks off Tax Season! We are again fortunate to host AARP and their annual assistance program for all of your filing needs. Beginning, Thursday, February 2, and continuing through Thursday, April 13th, 2017 AARP will be setting appointments up on Tuesdays and Thursdays to help you in filing your taxes. Please stop by or call our reception desk and set up your appointment for their assistance. This service is FREE of charge for our members.

VERY IMPORTANT: The Harvest Years Annual Membership Dues were due as of January 1, 2017. If this has been overlooked, please stop by or call as soon as possible so that we can update your membership. We do not want you to miss anything!

I am asking that all members join me in thanking all of our fellow members and neighbors throughout the Camden/Wyoming community that helped make our Annual Giving Campaign for 2016 such a success. Your continued generosity throughout the years is deeply appreciated.

Stay warm and be sure to check WBOC for any center closings or delays. A good rule of thumb is if the Caesar Rodney School District is closed or delayed due to weather issues, we are too!!

Notes From Your Activities Director
Diane Amoroso



Happy Valentine's Day

It's Winter.....brrrrrr.....It's Cold.

If you do not have to go outdoors please stay home. Some people may enjoy the cold weather but it can become dangerous if you are not careful. Stay safe, stay warm. If you would like to join us for a hearty hot lunch at Harvest Years and you are afraid to drive in inclement or cold weather please call us and sign up for our bus service. The front desk receptionist will explain the transportation service to you. For a small fee we can pick you up in the morning, and drop you off during the afternoon. You can have lunch with us, join in the many indoor activities we provide at the center, or just sit and relax and watch TV with your friends.

My sincerest "Thank You" to all those members who were kind enough to support a fundraising campaign for the LONG FAMILY. There was a horrific car accident back in September whereas a 5 year old boy, Mathew Long and his dad Mark Long were severely injured. Mathew succumbed to his injuries a week after the accident and his dad was left with major brain damage, many broken bones and back injuries. I was asked by a family friend if members of Harvest Years would bake goodies to be used at a fundraising party at the Marydel Fire Hall. So many of you not only baked up many goodies, but many of you donated money to the family. The father will never be able to work again and they do have another son who is 9 years old. There are so many medical expenses and Mark, the dad, needs more back surgery in the upcoming months. God Bless all of you who helped in this effort.

Harvest Years' motto is "Seniors Helping Seniors" but we, as members of Harvest Years, go beyond that. We are here to help those in dire need and express our sincerest condolences to the Long family. Keep them in your thoughts and prayers.

Thank You

To All Those Who Donated to Harvest Years Senior Center's ANNUAL GIVING CAMPAIGN 2016

Tony & Pat Zentgraf
Frank & Katharine Butcher
Janna Wallen
Shore United Bank
Alice Bishop
Dick Bewick
Francis & Paula McSweeney
Marion Maly in Memory of Richard Maly
Sharon Larrimore in Memory of
"Rockie Dog"
Paul & Eleanor Lawless
Robert & Colletta Vignal
Michael & Paula Rhea

Delores Jean Adkins
Jack F. Lee in Memory of the
United States Coast Guard
Jean Spry In Honor of the American Flag
Dee Ward
Robert Dodson
Stephen & Constance Welde in Honor of
Ruth Leister
Phyllis Racz in Memory of Edward Racz
Bill Hufnal
John & Pat Strausbaugh
Phyllis Craig
Joe & Vera Kundler

Our list of those who donated will continue in our next issue of our Newsletter



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Harvest Years Report, February, 2017

By Brian J. Bushweller, State Senator, 17th District

Budgetary clouds, but ... a bright spot, too

I have written many times in recent years about budget problems facing Delaware. A combination of sluggish economic growth along with rapidly escalating costs of healthcare and education have combined to create tight budgets every year since the “great recession” of 2008 and 2009. And, every year we have cut here, trimmed there, eliminated programs and shifted dollars to try to deal with the problem. We have raised some taxes, too, and substantially reduced the number of state employees.

Still, budgets have gotten tighter and tighter. To quote our newly elected Governor, John Carney from his Inaugural Address on January 17, “We are at the end of the road on this one. There’s nowhere else to kick the can.”

As of this writing, estimates are that state income – revenue – will fall short of expenses by as much as \$350 million in the fiscal year that starts July 1. That’s a lot of money for anyone but for a small state like Delaware, it’s a huge sum. Proposals to address this shortfall are starting to come out. One such proposal, contained in the proposed budget of outgoing Governor Jack Markell calls for a substantial cut in the Grant-In-Aid (GIA) budget. That’s the budget that funds things like the fire service, paramedics and senior centers. In fact, for senior centers, GIA is the primary source of state funding. Members of Harvest Years Senior Center will feel the changes if those cuts go through.

Another proposal being discussed is the idea of shifting costs of state programs to school districts and local governments. That strategy might help ease the state budget problems but it will really just push those problems to the local level, forcing school, county and city tax increases.

Concerned citizens should pay attention to this issue.

Young people on MLK Day.

On a much brighter note, and one that creates hope for a better future, I could not help but be super impressed by the many young people and youth groups I saw perform at celebrations of Martin Luther King Day right here in central Kent County. At Dover’s huge MLK Day Breakfast, the Dover High Gospel Choir wowed the audience with a performance that was as technically exacting as it was emotionally exciting. The Choir bolstered my faith in young people.

It was pretty much the same at the lunchtime celebration at Delaware State University. The Del State Choir demonstrated just how good a collegiate choir can be. Instead of singing from the stage, they sang from among the audience, lined up in each of the two main aisles of the auditorium. Another magnificent performance!

There were two other memorable performances that day, both by groups sponsored by the Inner City Cultural League, a co-sponsor of the celebration with DSU. The Sankofa String Quartet, a part of the larger Sankofa String Orchestra, and the Sankofa African Dancers and Drummers offered up selections so well done that I decided I would write about them, and the other young people I had seen that day, in this column.

FEBRUARY 2017 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 Happy Birthday February 12th	 Happy Birthday February 20th	1. Baked Ziti Tossed Salad Italian Bread Peaches	2. Chicken & Dumplings House Salad Peas Bread or Rolls Cake	3. Three Bean Chili Tossed Salad Corn Bread Assorted Desserts
6. Grilled Sausage Sandwich Green Peppers & Onions Vanilla Pudding	7. Open Face Turkey Sandwich Mashed Potatoes Peas & Carrots Bread or Rolls Apple Danish	8. Baked Lasagna Tossed Salad Italian Bread Peaches	9. Homemade Beef Stew Apple Sauce Biscuits Fresh Fruit	10. Pulled Pork Sandwich Baked Fries Cole Slaw Assorted Desserts
13. Amish Country Casserole Tossed Salad French Bread Fruit Cocktail	14. Baked Chicken Ranch Noodles Peas Bread or Rolls Strawberry Cake	15. Taco's Fix'ins Bar Salsa/Dip Cake	16. Happy Birthday Party Pork Chop Roasted Potatoes Broccoli Bread or Rolls Ice Cream/Cake	17. Chef's Salad Turkey, Ham, Cheese, Tomato, 1/2 Egg Rolls Assorted Desserts
20. Closed in Honor of Presidents Day 	21. Spaghetti w/ Meatsauce Tossed Salad Italian Bread Peaches	22. Baked Flounder Macaroni & Cheese Stewed Tomatoes Bread or Rolls Pudding	23. Roasted Herb Chicken Stuffing Green Beans Bread or Rolls Sherbert	24. Cheeseburger Lettuce/Tomato Pickles/Chips Assorted Desserts
27. All You Can Eat Buffet Beef Goulash House Salad Italian Bread Ice Cream \$4.50	28. Baked Tilapia Twice Baked Potato Spinach Bread or Rolls Brownie	1. Baked Chicken Seasoned Noodles Green Beans Bread or Rolls Pineapple	2. Ham/w Lucky Cabbage And Noodles Cornbread Jell-O	3. Tuna Salad Potato Salad on a Bed of Lettuce, Egg, Tomato, Crackers Assorted Desserts




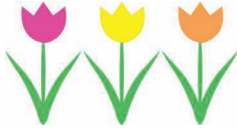

DELMARVA SHOREBIRDS
 BASEBALL GAME AND
 FIREWORKS DISPLAY
 DINNER IN THE EXECUTIVE CLUB
 FRIDAY, JULY 28, 2017
 \$64.00 PER PERSON INCLUSIVE

Merry Christmas



DUTCH APPLE THEATRE
 PRESENTS
 "WHITE CHRISTMAS"
 Tuesday, November 21, 2017
 \$80.00 Per Person
 \$25.00 Dep. Due upon Sign-up

FEBRUARY 2017 ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>REMINDER:</u> Our L.I.F.E. Aerobics Classes are held on Saturdays Mornings 9 AM - 10 AM</p> 	<p style="color: red;">Countdown to the First Day of Spring 2017 March 20th !!</p> 	<p>1. 9:30 AM - 10:30 AM Land Aerobics 9 AM - 11:30 AM Ceramics 12:30 - Hand & Foot \$ 1 - 3 PM - ART CLASS \$ \$ 5 - 5:45 PM Personal Training \$</p>	<p>2.. \$ 8:30 AM - Yoga \$ 9:45 AM - L.I.F.E. Aerobics Class 1 PM - \$ Ballroom Dance Lessons \$ \$ 5:15 PM - Perfect 10 Pilates \$</p>	<p>3. 10 AM - 11 AM Line Dancing w/Ben & Charlotte 12 NOON - Mah Jong 12:30 - Spades 1 P.M. - Pinochle</p>
<p>6. 9:45 AM - L.I.F.E. Aerobics Class 9:30 AM - 500 Rummy \$ 5 - 5:45 PM Personal Training \$</p>	<p>7.. \$ 8:30 AM - Yoga \$ 9:30 AM - Crafts 12 NOON - Domino's \$ 5:15 PM - Perfect 10 Pilates \$</p>	<p>8. 9:30 AM - 10:30 AM Land Aerobics 9 AM - 11:30 AM Ceramics 12:30 - Hand & Foot \$ 5 - 5:45 PM Personal Training \$</p>	<p>9. \$ 8:30 AM - Yoga \$ 9:45 AM - L.I.F.E. Aerobics Class 1 PM - \$ Ballroom Dance Lessons \$ \$ 5:15 PM - Perfect 10 Pilates \$</p>	<p>10. 10 AM - 11 AM Line Dancing w/Ben & Charlotte 12 NOON - Mah Jong 12:30 - Spades 1 P.M. - Pinochle</p>
<p>13. 9:45 AM - L.I.F.E. Aerobics Class 9:30 AM - 500 Rummy \$ 5 - 5:45 PM Personal Training \$</p>	<p>14. \$ 8:30 AM - Yoga \$ 9:30 AM - Crafts 12 NOON - Domino's \$ 5:15 PM - Perfect 10 Pilates \$</p>	<p>15. 9:30 AM - 10:30 AM Land Aerobics 9 AM - 11:30 AM Ceramics 12:30 - Hand & Foot \$ 1 - 3 PM - ART CLASS \$ \$ 5 - 5:45 PM Personal Training \$</p>	<p>16. \$ 8:30 AM - Yoga \$ 9:45 AM - L.I.F.E. Aerobics Class 1 PM - \$ Ballroom Dance Lessons \$ \$ 5:15 PM - Perfect 10 Pilates \$</p>	<p>17. 10 AM - 11 AM Line Dancing w/Ben & Charlotte 12 NOON - Mah Jong 12:30 - Spades 1 P.M. - Pinochle</p>
<p>20. Closed in Honor of Presidents Day</p> 	<p>21. \$ 8:30 AM - Yoga \$ 9:30 AM - Crafts 12 NOON - Domino's \$ 5:15 PM - Perfect 10 Pilates \$</p>	<p>22. 9:30 AM - 10:30 AM Land Aerobics 9 AM - 11:30 AM Ceramics 12:30 - Hand & Foot \$ 5 - 5:45 PM Personal Training \$</p>	<p>23. \$ 8:30 AM - Yoga \$ 9:45 AM - L.I.F.E. Aerobics Class 1 PM - \$ Ballroom Dance Lessons \$ \$ 5:15 PM - Perfect 10 Pilates \$</p>	<p>24. 10 AM - 11 AM Line Dancing w/Ben & Charlotte 12 NOON - Mah Jong 12:30 - Spades 1 P.M. - Pinochle</p>
<p>27. 9:45 AM - L.I.F.E. Aerobics Class 9:30 AM - 500 Rummy \$ 5 - 5:30 PM Personal Training \$</p>	<p>28.. \$ 8:30 AM - Yoga \$ 9:30 AM - Crafts 12 NOON - Domino's \$ 5 PM - Perfect 10 Pilates \$</p>	<p>1. 9:30 AM - 10:30 AM Land Aerobics 9 AM - 11:30 AM Ceramics 12:30 - Hand & Foot \$ 1 - 3 PM - ART CLASS \$ \$ 5 - 5:45 PM Personal Training \$</p>	<p>2. \$ 8:30 AM - Yoga \$ 9:45 AM - L.I.F.E. Aerobics Class 1 PM - \$ Ballroom Dance Lessons \$ \$ 5:15 PM - Perfect 10 Pilates \$</p>	<p>3. 10 AM - 11 AM Line Dancing w/Ben & Charlotte 12 NOON - Mah Jong 12:30 - Spades 1 P.M. - Pinochle</p>

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Meet Janey at 11 AM on the second Tuesday of each month during 2017. If you are 50 years old or older Janey can answer any questions you may have about SNAP or help you fill out an application for assistance.

If you are unable to stop in to see Janey please feel free to call her at 302 734-1200 Extension 174



Reminder to All Members who have signed up for our 2017 Trips. I need deposit money *ASAP*. I'm required to send deposit money to our tour bus company, theatres & other places we will be visiting in 2017. **Thank You Very Much !!!**



"Ballroom Dance Lessons"

NEW AFTERNOON DANCE LESSONS

THURSDAY HOURS - 1 P.M.

For Further Information & Reservation
Please Call:

Jack & Eileen - (302) 670-0102

Lessons are held at:

Harvest Years Senior Center
30 South Street, Camden, DE

The cost is \$6.00 per person per hour.
(Beginners and intermediate)

Learn: Rumba, Waltz, Foxtrot, Samba, Jitterbug Swing,
Bolero, Cha Cha, Argentine Tango.

(Jack Nuttall will give private ballroom dance classes)

All proceeds go to the Harvest Years Senior Center.

No compensation is paid to the dance teachers



Stay HealthyHave Your
Blood Pressure Checked....

By Mary

Thursday, February 16th - 11 AM - 12:30 PM



Winter Weather Alert

Winter weather will soon descend on us. Please be sure to listen to your radio (WDSB or Eagle 97) or check WBOC stations or websites to be certain the Center is open if inclement weather hits. You may also call the Center at (302) 698-4285 before you head out. If we are closed I will post a message on the phone service. We will also post notices on the HYSC Facebook page. If you haven't "liked" our page yet, be sure to do so!!

"SAFETY FIRST"



Golden Dinner Club

Tuesday, February 21, 2017

BETSY ROSS - RT. 8

Dover, Delaware

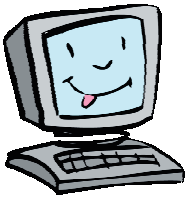
4:30 PM

Please Join Us For A Fun Evening!!

This is our Monthly Fundraiser.

Call DIANE if you are planning to join us before February 17th.

698-4285



Don't know what to do now that you've turned on your computer or smart phone?

Let Terry help you! Terry Anderson, a retired Air Force Pilot and retired from the Department of Education, has volunteered his time and expertise to teach a one on one computer class. He has now offered to teach a one on one class on how to use your ***Smart Phone***. If you know the basics but would like to know more please give your name and telephone number to Diane and we will set up an appointment with the

"Computer Guy!"

Call Diane: 302 698-4285

AARP DRIVER SAFETY COURSE

***Harvest Years Senior Center
30 South Street, Camden, DE***

***REFRESHER COURSE - 4 HOURS
MONDAY, FEBRUARY 27, 2017***



Member: \$15.00 per person

Non-Member: \$20.00 per person

Make Checks Payable To: AARP

***CALL 302 698-4285 FOR YOUR
SEATING RESERVATION***



**Trip to the
National 9/11
Memorial
In New York City**

TUESDAY, APRIL 11th, 2017

We will be meeting at the

CAMDEN TOWN HALL

7 A.M.

Our bus will depart at 7:30 SHARP!!

**We will have approximately
4 hours to tour the outdoor
Fountains and the Museum.**

**Cost: Tour Bus Transportation,
Driver Gratuity, & Tickets
\$85.00 Per Person**

**Dinner stop, at *MASTORI'S DINER* in
New Jersey, on the way home.
(Off the Menu & On Your Own)**

***Deposit Required Upon Sign-up
Final Payment by March 15, 2017***

RATED: (MD)



You Are All Invited To Join Us
For Lunch At
Harvest Years Senior Center

Monday thru Friday - 11:30 AM - 12:30 PM

COST:

Member - \$4.00
Non - Member - \$6.00

Delicious Food, Nice People & Good Times.
Bring A Friend Too!!

JOIN HARVEST YEARS AND SAVE \$1.00 !!

FOR NEW MEMBERS ONLY, IN 2017; YOU ARE
ENTITLED TO A ONE-TIME \$1.00 OFF SAVINGS
COUPON TOWARDS YOUR 1st LUNCH AT
HARVEST YEARS SENIOR CENTER.
SEE FRONT DESK RECEPTIONIST FOR YOUR
COUPON.



2017 Winter Menu

HOMEMADE SOUP

IS BACK!!

Please Call In Your Order Daily

EXTRA IN-HOUSE ITEMS

Desserts \$1.00 each
Just Entrees \$2.00 each
Starch/Vegetable \$1.00 each

**Homemade Desserts - To-Go Items Only
AT AN ADDITIONAL COST**

Sandwich entrees price to be determined that day.
Any Other Items - See Tom

*As of October 1, 2015 we added an additional charge
of \$1.00 for TO-GO MEALS.

Bon Appetite!!



Camden Lions Club

**"Unselfish Service to the
Community"**

We Serve

**The Camden Lions Club meets monthly at
Harvest Years Senior Center
30 South Street, Camden, DE.**

February Meetings:

*Monday, February 13, 2017
Monday, February 27, 2017*

Dinner: 6:30 PM - Meeting to Follow

**Lions Club
Ready to Help, Worldwide**

*Whenever a Lions club gets together problems get
smaller, and communities get better. That's because
we help where help is needed - in our own commu-
nities or around the world - with unmatched integ-
rity and energy.*

TRANSPORTATION SERVICES

The Harvest Years Senior Center offers transportation to
and from the center. Our pick-up times are between **9 AM
to 10 AM** and the return time will start between **1 PM to 2
PM**. Members can apply for transportation at our front
desk. Bus plan tickets may be purchased at our front desk.
You may purchase tickets ahead of time. **You must
reserve your slot 24 to 48 hours ahead of time. Cost
per trip is:**

**\$.50 per Trip
\$ 5.00 for 10 Trips
\$ 10.00 for 20 Trips
\$ 20.00 for 40 Trips**



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8:30 AM - 3 PM***



***Art Classes
Harvest Years Senior Center***

If you are interested in learning how to put
your 'hidden artistic talents' onto canvas,
you are welcome to join our art classes twice a month.

The cost for four classes is \$25.00.

**Wednesday, February 1, & Wednesday, February 15, 2017
1 PM - 3 PM**

Harvest Years Senior Center and Liturgical Publications Inc. invite you to become
their partner in publishing this newsletter. Your support will permit the center to
receive this service at no cost.

For advertising information, call Kathy Buck at LPi today.
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HOURS OF OPERATION — CALL MONDAY - FRIDAY
8 A.M. - 3 P.M.



Happy Valentine's Day



God Bless Our Troops
Always remember to keep
them all in
Our Daily Thoughts



February 2017
Please Donate to The USO

