

DIZZY

32 beat 4 wall intermediate line dance choreographed 12/97 by
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Music Suggestions: "Dizzy" from Scooter Lee's "Movin' On Up" CD (start with the lyrics) to order music: 1-800-531-4379 www.scooterlee.com

ROCK, STEP, COASTER STEP, STEP, 1/2 TURN, STEP, 1/2 TURN

- 1-2 Rock forward with R (1), Replace weight back to L foot (2).
- 3&4 Step back with R (3), Step together with L (&), Step forward with R (4).
- 5-6 Step forward with L (5), Turn 1-2 R shifting weight forward to R foot (6).
- 7-8 Step forward with L (7), Turn 1-2 R shifting weight forward to R foot (8).

CROSS, SIDE, SAILOR SHUFFLE, CROSS, SIDE, SAILOR SHUFFLE

- 1-2 Step L across in front of R (1), Step R to R side (2).
- 3&4 With body facing slightly L, Step L behind R (3), Rock to R side with ball of R foot (&), Step slightly forward with L (4).
- 5-6 Step R across in front of L (5), Step L to L side (6).
- 7&8 With body facing slightly R, Step R behind L (7), Rock to L side with ball of L foot (&), Step slightly forward with R (8).

CROSS, SIDE, BACK SHUFFLE, ROCK BACK, 360° L TURN FORWARD

- 1-2 Step L across in front of R (1), Step R to R side turning $\frac{1}{4}$ L (2).
- 3&4 Step back with L (3), Step together with R (&), Step back with L (4).
- 5 Rock back with R foot allowing body to turn slightly R to prep for upcoming turn.
- 6 Replace weight forward to L foot, starting to turn L 1-2.
- 7 After completing 1 2 L on L foot, step back with R, continuing to turn L.
- 8 After completing 1 2 L on R foot, step forward with L, you will have done one full turn forward.

SHUFFLE FORWARD, STEP, 1/2 TURN, SHUFFLE FORWARD, STEP, 1/2 TURN

- 1&2 Step forward with R (1), Step together with L (&), Step forward with R (2).
- 3-4 Step forward with L (3), Turn 1 2 R shifting weight forward to R foot (4).
- 5&6 Step forward with L (5), Step together with R (&), Step forward with L (6).
- 7-8 Step forward with R (7), Turn 1 2 L shifting weight forward to L foot (8).

START AGAIN FROM BEGINNING OF DANCE.

ENDING: At the end of the song, you will have 2 extra beats....Stomp R, L in place to finish.