

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Blue – start here if you are new</p> <p>Purple – more options</p>	<p>Red – experienced Yogis only please</p> <p>Orange – anyone is welcome</p>	<p>Green – chair classes</p> <p>Brown – mixed levels, experience needed</p>		<p>1</p> <p>9:30 Basic 1 (Vicki)</p> <p>4:15 Levels 2+3 (Debi)</p> <p>6:00 Basic 1 (Vicki)</p>	<p>2</p> <p>9:30 Level 3 (Vicki)</p> <p>11:30 Yin/Restore (Brenda)</p> <p>6:00 Restorative Yoga (Beverly)</p>	<p>3</p> <p>8:00 Vinyasa (Roseann)</p> <p>9:30 Level 2 (Beverly)</p>
<p>4</p> <p>11:00 Level 2 (Ken)</p> <p>1:00 Basic 1 (Eileen)</p>	<p>5</p> <p>9:30 Level 2 (Dee)</p> <p>11:00 Chair Yoga (Helen)</p> <p>4:15 Basic 1 (Vicki)</p> <p>5:45 Vinyasa (Vicki)</p> <p>7:00 Levels 2+3 (Ken)</p>	<p>6</p> <p>9:30 Level 3 (Dee)</p> <p>11:15 Basic 1 (Beverly)</p> <p>4:15 Level 2 (Kamini)</p> <p>5:45 Tai Chi</p> <p>7:00 Basic 1 (Dee)</p>	<p>7</p> <p>9:30 Level 2 (Ellen)</p> <p>11:00 Chair Yoga (Helen)</p> <p>4:15 Level 3 (Vicki)</p> <p>5:50 Level 2 (Debi)</p> <p>7:15 Meditative Yoga (Christina)</p>	<p>8</p> <p>9:30 Basic 1 (Vicki)</p> <p>4:15 Levels 2+3 (Ellen)</p> <p>6:00 Basic 1 (Vicki)</p>	<p>9</p> <p>9:30 Level 3 (Vicki)</p> <p>11:30 Yin/Restore (Brenda)</p> <p>6:00 Meditative Yoga (Christina)</p>	<p>10</p> <p>8:00 Vinyasa (Ellen)</p> <p>9:30 Level 2 (Vicki)</p>
<p>11</p> <p>11:00 Level 2 (Ken)</p> <p>1:00 Basic 1 (Patti)</p>	<p>12</p> <p>9:30 Level 2 (Dee)</p> <p>11:00 Chair Yoga (Cyndi)</p> <p>4:15 Basic 1 (Vicki)</p> <p>5:45 Vinyasa (Vicki)</p> <p>7:00 Levels 2+3 (Ken)</p>	<p>13</p> <p>9:30 Level 3 (Dee)</p> <p>11:15 Basic 1 (Beverly)</p> <p>4:15 Level 2 (Kamini)</p> <p>5:45 Tai Chi</p> <p>7:00 Basic 1 (Dee)</p>	<p>14</p> <p>9:30 Level 2 (Ellen)</p> <p>11:00 Chair Yoga (Helen)</p> <p>4:15 Level 3 (Vicki)</p> <p>5:50 Level 2 (Patti)</p> <p>7:15 Meditative Yoga (Kim)</p>	<p>15</p> <p>9:30 Basic 1 (Vicki)</p> <p>4:15 Levels 2+3 (Dee)</p> <p>6:00 Basic 1 (Vicki)</p>	<p>16</p> <p>9:30 Level 3 (Vicki)</p> <p>11:30 Yin/Restore (Brenda)</p> <p>6:00 Meditative Yoga (Erica)</p>	<p>17</p> <p>8:00 Vinyasa (Ellen)</p> <p>9:30 Level 2 (Beverly)</p>
<p>18</p> <p>11:00 Level 2 (Ken)</p> <p>1:00 Basic 1 (Patti)</p>	<p>19</p> <p>9:30 Level 2 (Dee)</p> <p>11:00 Chair Yoga (Cyndi)</p> <p>4:15 Basic 1 (Vicki)</p> <p>5:45 Vinyasa (Vicki)</p> <p>7:00 Levels 2+3 (Ken)</p>	<p>20</p> <p>9:30 Level 3 (Dee)</p> <p>11:15 Basic 1 (Beverly)</p> <p>4:15 Level 2 (Debi)</p> <p>5:45 Tai Chi</p> <p>7:00 Basic 1 (Dee)</p>	<p>21</p> <p>9:30 Level 2 (Ellen)</p> <p>11:00 Chair Yoga (Susanlee)</p> <p>4:15 Level 3 (Vicki)</p> <p>5:50 Level 2 (Patti)</p> <p>7:15 Meditative Yoga (Kim)</p>	<p>22</p> <p>9:30 Basic 1 (Vicki)</p> <p>4:15 Levels 2+3 (Debi)</p> <p>6:00 Basic 1 (Vicki)</p>	<p>23</p> <p>9:30 Level 3 (Vicki)</p> <p>11:30 Yin/Restore (Brenda)</p> <p>6:00 Meditative Yoga (Christina)</p>	<p>24</p> <p>8:00 Vinyasa (Debi)</p> <p>9:30 Level 2 (Vicki)</p>
<p>25</p> <p>11:00 Level 2 (Ken)</p> <p>1:00 Basic 1 (Patti)</p>	<p>26</p> <p>9:30 Level 2 (Ellen)</p> <p>11:00 Chair Yoga (Cyndi)</p> <p>4:15 Basic 1 (Vicki)</p> <p>5:45 Vinyasa (Vicki)</p> <p>7:00 Levels 2+3 (Ken)</p>	<p>27</p> <p>9:30 Level 3 (Beverly)</p> <p>11:15 Basic 1 (Beverly)</p> <p>4:15 Level 2 (Kamini)</p> <p>5:45 Tai Chi</p> <p>7:00 Basic 1 (Patti)</p>	<p>28</p> <p>9:30 Level 2 (Ellen)</p> <p>11:00 Chair Yoga (Cyndi)</p> <p>4:15 Level 3 (Debi)</p> <p>5:50 Level 2 (Patti)</p> <p>7:15 Meditative Yoga (Kim)</p>	<p>29</p> <p>9:30 Basic 1 (Eileen)</p> <p>4:15 Levels 2+3 (Debi)</p> <p>6:00 Basic 1 (Eileen)</p>	<p>30</p> <p>9:30 Level 3 (Debi)</p> <p>11:30 Yin/Restore (Brenda)</p> <p>6:00 Restorative Yoga (Beverly)</p>	<p>31</p> <p>8:00 Vinyasa (Roseann)</p> <p>9:30 Level 2 (Beverly)</p>