

## MOOD DISORDER QUESTIONNAIRE

Name \_\_\_\_\_ Score \_\_\_\_\_ Date \_\_\_\_\_  
 (Please Print)

- 1. Has there ever been a period of time when you were not our usual self and...** **Yes    No**

<i>...you felt so good or so hyper that other people thought you were not your normal self or you were so hyper that you got into trouble?</i>	Yes	No
<i>...you were so irritable that you shouted at people or started fights or arguments?</i>	Yes	No
<i>...you felt much more self-confident than usual?</i>	Yes	No
<i>...you go much less sleep than usual and found you didn't really miss it?</i>	Yes	No
<i>...you were much more talkative or spoke much faster than usual?</i>	Yes	No
<i>...thoughts raced through your head or you couldn't slow your mind down?</i>	Yes	No
<i>...you were so easily distracted by things around you that you had trouble concentrating or staying on track?</i>	Yes	No
<i>...you had much more energy than usual?</i>	Yes	No
<i>...you were much more active or did many more things than usual?</i>	Yes	No
<i>...you were much more social or outgoing than usual, for example, you telephoned friends in the middle of the night?</i>	Yes	No
<i>...you were much more interested in sex than usual?</i>	Yes	No
<i>...you did things that were unusual for you or that other people might have thought were excessive, foolish, or risky?</i>	Yes	No
<i>...spending money got you or your family in trouble?</i>	Yes	No

- 2. If you checked YES to more than one of the above, have several of these ever happened during the same period of time?**

Yes	No
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- 3. How much of a problem did any of these cause you – like being unable to work; having family, money or legal troubles, getting into arguments or fights?**

(please select one response only)

- No Problem     Minor Problem     Moderate Problem     Serious Problem