

MAP COVID-19 HEALTH POLICY (updated 3.3.2022 – This replaces the policy found in the 2021-2022 MAP Family Handbook)

COVID-19 has had a wide range of symptoms ranging from mild to severe. Symptoms may appear 2-14 days after exposure to the virus.

Individuals with these symptoms may have COVID-19 and must not come to MAP:

- **Fever (temp 100° or greater) or Chills**
- **Difficulty breathing or shortness of breath**
- **Muscle or body aches**
- **New loss of taste or smell**

The following symptoms on their own will not require that a child be excluded from care, unless observed in combination with any symptoms from the list above

- **Cough** (not due to other known cause)
- **Sore throat**
- **Nausea, vomiting, or diarrhea**
- **Headache**
- **Fatigue**
- **Nasal congestions or runny nose** (not due to other known causes such as allergies)

If a child exhibits any of these symptoms while at MAP their parent/guardian will be contacted and asked to pick their child up immediately. If a staff person exhibits any of these symptoms they will be asked to leave the program immediately.

MAP will create a designated space at each program to isolate sick or symptomatic children. A staff person will wait with the child until the child can be picked up from the program.

Please be sure to let MAP know if your child tests positive for COVID-19 or if your child is an unvaccinated close contact.

When an **individual tests positive for COVID-19** (vaccinated or unvaccinated) they must:

- Self-isolate for a minimum of 5 days after symptom onset or after a positive test if asymptomatic (day 0). ***Individuals must also mask for an additional 5 days when around others except when eating, drinking, or outside.***
- Return to MAP after 5 days once they have:
 - been fever-free for 24 hours without taking fever reducing medications, and
 - experienced improvement in other symptoms,
 - OR received clearance from a health care provider or the school nurse.

Symptomatic Individuals (who are not a close contact) who test negative for COVID-19 may return to MAP after they have:

- received a negative test result for COVID-19 (PCR or Rapid Antigen) or an alternative diagnosis (such as Flu or Strep) from a health care provider.
- improvement in symptoms
- been without fever for at least 24 hours without the use of fever reducing medications.

In the event that MAP experiences a positive case of COVID-19, per MAP's licensing requirements, the

following will be notified:

- Families & Employees (names will not be released to protect confidentiality)
- Local Board of Health
- Department of Early Education and Care

Families will be notified immediately should MAP be required to close.

CLOSE CONTACTS: Families must notify MAP if their child is a close contact. A close contact is defined as being within 6 ft of a positive COVID-19 individual while indoors for 15 minutes during a 24-hour period. The at-risk exposure time begins 48 hours prior to the onset of symptoms (or time of positive test if asymptomatic) and continues until the time that the COVID-19 positive individual is isolated.

MAP will notify families and staff by email regarding the exposure (close contact) to an individual who tested positive for COVID-19.

Unvaccinated individuals and any close contacts presenting with symptoms should follow testing & quarantine response protocols. A PCR or Rapid Antigen test is recommended for symptomatic individuals.

Fully vaccinated individuals (2 weeks after second shot) should follow the testing & quarantine response protocols if they are experiencing the following symptoms: **fever (temp 100° or greater), chills, shortness of breath or difficulty breathing, new muscle or body aches, new loss of taste or smell.**

Asymptomatic, fully vaccinated close contacts are exempt from testing and quarantine protocols.

Close contacts who have had COVID-19 within the past 90 days: An individual who has been previously diagnosed with COVID-19 and then becomes a close contact of someone with COVID-19 is exempt from testing and quarantine response protocols if:

- The exposure occurred within 90 days of the onset of their own illness AND
- The exposed individual is recovered and remains without COVID-19 symptoms.

On 2.28.2022 MAP transitioned to a MASK OPTIONAL Environment.

- Children & Staff must wear a mask during days 6-10 when returning from a positive test.
- At MAP we remain respectful of children, families and teacher's choice to wear a mask or not.