

Beauty from Ashes: Reconciling our Past, Reclaiming our Future

The Beauty from Ashes:
Reconciling our Past,
Reclaiming our Future is
an intensive, experiential
learning program
delivered in a five-day
residential setting that
benefits anyone seeking
to understand the



connection between childhood trauma(s) and how we interact with, and relate to, people we come into contact with every day. The Beauty from Ashes (BFA) process provides insight into personal behaviours, helps participants understand where their relational style originates from, and offers tools for improving communication and relationships.

BFA Event Dates: May 14 – 18, 2017; July 28 – Aug. 1, 2017; Sept. 11 – 15, 2017; Nov. 10 – 14, 2017; and Feb. 10 – 14, 2018.

Advanced Leadership Education Training (ALET): Additional training for those interested in group leading or presenting at a BFA, or co-leading community level Learning Circles will be held this year from Oct 2 – 6, 2017. ALET participation is based on a screening process and applicants must complete at least one BFA program before applying to ALET.

For more information or to apply, contact Maamwesying Mental Wellness & Minobimaadizing Program, (toll-free) 1-844-864-0523, or 1-705-844-2021.

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Supported by:

