MENTAL HEALTH RESOURCES – WE can refer our Veteran Clients to (and possibly pay for! If needed)

**Suzy Lee, M.A., MFT**

Executive Director and Licensed Marriage and Family Therapist

The Place Within at Folsom, A Non-Profit Counseling Agency

[530 Plaza Drive, Suite 130](https://maps.google.com/?q=530+Plaza+Drive,+Suite+130+Folsom,+California+95630+(916&entry=gmail&source=g), [Folsom, California 95630](https://maps.google.com/?q=530+Plaza+Drive,+Suite+130+Folsom,+California+95630+(916&entry=gmail&source=g)

[(916](https://maps.google.com/?q=530+Plaza+Drive,+Suite+130+Folsom,+California+95630+(916&entry=gmail&source=g)) 799-1644

Suzyleecounseling@me.com

You can have veterans call us at the main line (916) 799-1644 or email at Suzy@theplacewithinfolsom.com.  They would need to identify themselves as being from your organization.  We would charge $50 per session and they would see a therapist with specialized training in working with veterans.

**Therese Sorrentino**

Email:  theresesorrentinomt@gmail.com

Phone: 916-396-4688

Website:  [theresesorrentinomft.com](http://theresesorrentinomft.com/)

They or you can either call or email.  No referral form is necessary.  My fee is 150.

**David Hammer, MA, MFT**

**(916)  966 - 7300**

"Because sometimes you want a new perspective on the problem."

counseling@davidhammer.com

[1845 Iron Point Road, Suite #180](https://maps.google.com/?q=1845+Iron+Point+Road,+Suite+%23180&entry=gmail&source=g)

[www.FolsomCounselor.com](http://www.folsomcounselor.com/)

I have very much enjoyed serving those who have served us.  I have worked with military service members in my office for many years, overseas on my MFLC assignments, and was part of a group of therapists who brought a branch of the Soldiers Project to Sacramento.  I have worked with other agencies as well as Tri-Care and the VA.

Email would be a great way to refer people to my practice, as long as any description you give of them is attached to your private case identifying number rather than their name.  I charge $145 for sessions under CPT codes 90791 and 90837.  I emphasize using EMDR to treat PTSD when people have this injury because it so effective in reducing symptoms and distress.  When I conduct EMDR sessions, they are often 2 units of 90834, which total $240.

**Equine Therapy, Windows to the Soul**

Helping Veterans who have suffered trauma live their best lives

(530) 620-2760, info@windowstomysoul.org

2660 Nob Hill Drive, Somerset, CA 95656

**NAMI FREE FAMILY SUPPORT GROUP for anyone who has a loved one affected by mental illness**

When: 1st Tuesday of every month, 7-8:30 pm

Where: County Govt Center, 330 Fair Lane, Conference Room C, Placerville, CA 95667

For more info: English (530) 306-4101 Spanish (775) 407-0306, [www.namieldoradocounty.org](http://www.namieldoradocounty.org)

**The Center for Violence Free Relationships**

24/7 Crisis Support line: (530) 626-1450 or (916) 939-6616

For appointment call, (530) 626-1450 or (916) 939-4464

344 Placerville Drive, Ste 11, Placerville, CA 95667

[www.TheCenterNow.org](http://www.TheCenterNow.org)

**VETERANS WELLNESS CENTER OF PLACERVILLE**

James Larsen, MA, LMFT

(916) 293-5990, jameslarsencounseling@com

941 Spring Street, Suite 1, Placerville, CA 95667

(The Veterans Wellness Center also provides acupuncture, massage, exercise therapy and chiropractics.)

**LIFE AFTER OPIOIDS**

Mather Bldg. 728 (across from Mather Hospital ER), Conference Room

2nd & 4th Thursday of the month, noon to 1pm

Bring your lunch, check in with staff and head to the conference room to hear how other Veterans dealt with no longer taking opioids, how they dealt with pain and pain meds, withdrawal and insomnia