



# VETERANS STRENGTHENING AMERICA

## SEWARD POST 5 NEWSLETTER

June 2025  
Volume 22, Issue 06



American Legion Seward Post 5  
E-mail: [americanlegionpost5@gci.net](mailto:americanlegionpost5@gci.net)  
[sewardpost5@gmail.com](mailto:sewardpost5@gmail.com)  
website: <http://www.americanlegionpost5.com>  
[www.facebook.com/americanlegionpostfive.sewardalaska](http://www.facebook.com/americanlegionpostfive.sewardalaska)  
Phone: (907) 224-5440



### COMMANDER'S COMMENTS

By Clare Sullivan



Wow! What a month! We hit the ground running with all our events. It was a super busy May with all our patriotic holidays and the events we conduct or support in service to our veterans and our community.

Just to recap for everyone all the great work by our volunteers this month... and have all "regular activities!"

1. Pool & Poker Leagues End of Season Dinners
2. Mothers' Day Breakfast and Dinner
3. ALR 2<sup>nd</sup> Saturday of the Month Breakfast
4. Armed Forces Day Hot Dog Feed in the Harbor
5. Bike Blessing (thanks Father Bill 😊)
6. Phoenix Chapter Dinner Cruise Support
7. 3<sup>rd</sup> Sunday of the Month Community Breakfast
8. Armed Forces YMCA Combat Fishing Tournament Captains Dinner and next night Awards Banquet
9. Cemetery Clean up, and the placement of crosses and flags on each grave
10. Memorial Day Ceremony and lunch at the Post

Whew!!!!

A good time had by all!!

All this is in addition to our normal daily and weekly activities. So, I think we dispelled the belief that our post is just a quiet and sleepy locale for vets to hang out! 😊

Thanks for all your hard work, your efforts support so many in ways you don't even know! And it's all done by our amazing volunteers! You guys totally make it happen!!!!

I would like to list everyone who was involved in all our service-oriented projects and events, but I think I'd have a huge newsletter in order to get everyone listed. That might not be the best use of my space here, but if you get an opportunity, please take a look at our [Facebook](#) page. You'll get a good idea of what we do and what we've accomplished. We have a running accounting with info and photos on what we do! You'll see our American Legion Family "in action." 😊 We surely have some special people in our organization!

This month looks to be another good month, and for starters we will have a **Flag Day Ceremony** on Saturday, June 14<sup>th</sup> at noon and will also celebrate the **US Army's Birthday** and of course have a **Father's Day Breakfast** on Sunday June 15<sup>th</sup>

for all the wonderful dads out there, which also is the 3<sup>rd</sup> Sunday of the Month Breakfast - so it's a "twofer." 😊

Flag Day, like our other important patriotic holidays, is necessary to preserve our significant history and to educate and keep traditions alive. Observing Flag Day does not just honor a great flag, but it also reminds us of where we have been as a young country fighting for our freedom, and the incredible journey we have travelled to be the great nation that we are now. The road to where we are, has been paved with bravery and the blood of those who found it worthwhile to keep pursuing our ideals of freedom and justice for all. And, in these trying times right now, we must remember and work to preserve those principles, virtues and the heroic actions that made us what we are today.



As life's events compete for our attention, these patriotic holidays frequently get shelved or receive token attention and have become associated with many stores' holiday sales. Sometimes the overt demonstration to display our American Patriotism is met with a bit of resistance, condescension or hesitancy simply because the observances have taken the backseat to other unrelated activities surrounding the holiday.

With that said, we have the obligation as members of the American Legion Family to keep these traditions alive and inspire others by our actions of Patriotism and Americanism. According to The American Legion, **Americanism is an ideology, or belief in devotion, loyalty, or allegiance to the United States of America, or to its flag, traditions, customs, culture, symbols, institutions, or form of government.** And, in the words of [Theodore Roosevelt](#), our 26<sup>th</sup> President "Americanism is a question of spirit, conviction, and purpose, not of creed or birthplace."



Please consider reading up on our patriotic holidays, particularly [Flag Day](#) for this month and fly our US flag. We have a great country, and all our patriotic holidays are so very important to us to remember as a nation and to continue as a free people.

## Adjutant and Vice Notes

By Mike Calhoon



Hello from the Second Vice and Adjutant,

It has been a bit of a cool May but summer is definitely around the corner. Let's hope for a fun and safe summer for everyone.

Thanks to everyone who dedicated time and effort towards our May activities. We could not accomplish what we do without the great volunteers. Whether you volunteer often or just occasionally, we truly appreciate it. Thanks goes to everyone who helped during the Combat Fishing Tournament, particularly after we had to make an emergency vet run for one of our dogs. Too many to name but you were all awesome.

Of special note, Randy Kockritz and crew (mostly Air National Guard) got the last flagpole up at the cemetery in time for Memorial Day. Great Job!!! Connie Kullander was a great help in preparing the Prime Rib and Salmon dinner for the Firefighters fundraising dinner cruise. It was marvelous. Scott and Jackie Wilde mowed and weed wacked around the Post. Awesome. Clare Sullivan, Connie Kullander, Susie Martin, and some of the Army resort crew did a great job at the Armed Forces Day Hot Dog Feed.

This month we will be having the ALR breakfast on June 14<sup>th</sup> and our Father's Day/community breakfast on June 15<sup>th</sup>. Our Flag Day ceremony will take place on June 14<sup>th</sup> at a time TBD. We will have another gun raffle starting soon. Watch for the announcement.

I would like to ask everyone to be considerate of others when you come to enjoy the food here. We provide these meals as a benefit to our membership and would like to see as many members have had the opportunity to eat as possible. Please limit yourselves to one helping until it is apparent that most folks, who want to, have eaten. Thank you for your consideration.

We have reached our membership goal for 2025. Thanks to everyone who renewed their memberships or joined the Post this year. If you have not renewed, please consider doing so.

Your membership supports all the programs and activities of Post 5 and those of the Department of Alaska and the National Organization. I will let you know when the new 2026 cards are available. When the time comes to renew for 2026, you can go to [mylegion.org](http://mylegion.org) to renew online, you can mail your renewal when you receive it in the mail, or you can stop by the Post and we will get to see your smiling

face. The dues have remained \$60.00 for Post members, \$40.00 for Auxiliary members, and \$35.00 for SAL members.

Thanks to all of you who continue to support your Post, and all the activities designed to support our membership, our veterans, and the community. We look forward to seeing you all and please feel free to call if you have any questions or concerns.

## For God and Country

### Notes from the Sons

By Mike Calhoon



Greetings from the SAL First Vice Commander.

We are definitely rolling into summer. Take it easy and don't overdo on the yard work

I want to thank everyone for your continued support of our Legion Family here at Post 5. The support you provide is very important in helping the Legion family carry out its mission for the veterans and community.

Our great SAL volunteers continue to support the goals and mission of SAL Squadron 5. Deklan Finley has helped with the breakfasts and steak night, Scott Wilde has mowed around the Post while his wife Jackie wacked weeds and Memphis Stanley helped with Father's Day breakfast.

Shout out to Randy Kockritz and crew forgetting the final flagpole up before Memorial Day. Great job!

This month the Post will host the ALR breakfast on June 14<sup>th</sup>, the community breakfast on June 15<sup>th</sup>. Also, the Post will hold the Flag Day ceremony on June 14<sup>th</sup> with a time TBD.

We have reached our goal for the 2025 membership year. Thanks to everyone who joined this year or who renewed their membership. If you have not yet renewed, please consider doing so. Dues are \$35.00. You can renew online at [mySAL.org](http://mySAL.org), come to the Post to renew or mail in your \$35.00 to PO Box 3091. Remember, your membership helps us support the mission and goals of the Sons of American Legion and the Post 5 family. Our monthly meeting is held on the 2<sup>nd</sup> Thursday of the month and all Squadron 5 members are invited to attend.

If you have any questions or concerns, feel free to contact me at 907-224-5440. Thanks again for all your support of the Post 5 family and I look forward to seeing you all around the Post when possible.





## From the President's Desk

By Debbie VanTassel



As the whirlwind month of May comes to an end, I would like to take this opportunity to thank all of our great volunteers for their hours and hours of work to make all the events in May a success. Our American Legion family would not be able to accomplish all that we do without these amazing volunteers.

May is the month for remembering those who made the ultimate sacrifice to fight for and preserve the freedoms that we treasure today. On Memorial Day, the ceremony at the American Legion cemetery helped us to remember the military personal who made the ultimate sacrifice to keep us free. Thank you to the volunteers that helped put out the crosses and flags to help us remember and honor all of those who are no longer with us.



Reminder that every Monday night the Auxiliary hosts the ever popular BINGO night. Come on down for a fun and relaxing evening. Thank you to the volunteers that work every week to make BINGO possible. And, Thank you to all the people who come down and play.

Combat fishing held on May 21<sup>st</sup> was another big success. Although mother nature wasn't very nice that day, the military personnel that went out fishing for the day had a great time, caught some fish and enjoyed a great dinner and banquet. Again thank you to the many volunteers that made this program such a success year after year.

Also remember the Auxiliary as the Fun Fund Raiser Patriot Pet photo submission going. I know many or most of you have Pets, come on lets see those pictures! Lets show off our pets! Right now we only have a few sub August 31 to submit photos so still plenty of time!



As we move into June and hopefully summer weather, we have a several specials days and events on the calendar.

**D-Day is June 6<sup>th</sup>.** This day commemorates the day in 1944 that Allied forces stormed the beaches of Normandy. Five landing beaches were selected for the assault: Utah, Omaha, Gold, Juno, and Sword. As the day began, the

largest fleet assembled began its assault on the beaches of Normandy. By the end of the day, the Atlantic Wall, had fallen and the invasion was a success. The significance of the D-Day landings is that they represent a major turning point in World War II. Less than a year after the invasion, the Allies formally accepted Nazi Germany's surrender. D-Day is a day to remember those who made the ultimate sacrifice that day on the beaches of Normandy so that we can enjoy the freedoms we have today.

**The Auxiliary Meeting will be held on June 11<sup>th</sup> at 6 PM.** Please come join the meeting. We are always looking for new ideas and input to help the Auxiliary in its mission to help veterans, military personnel and the community. This is also Women Veterans Day. A day to remember and thank all the Women who have proudly served and continue to serve in our military forces.

**June 14<sup>th</sup> is Flag Day.** The Post does a nice ceremony to recognize and honor the American Flag. June 14<sup>th</sup>, commemorates the day in 1777 when the United States approved the first design for the American Flag. In 1916 Pres. Woodrow Wilson proclaimed June 14 as the official date for Flag Day, and in 1949 the U.S. Congress permanently established the date as National Flag Day. This is also the US Army Birthday-

**June 15<sup>th</sup> - Happy Father's Day!** This also happens to be the 3<sup>rd</sup> Sunday of the Month and Father's Day so the Post will be serving up a great breakfast for everyone to enjoy. Come to the Post between 9 and 11 am.

**June 20<sup>th</sup>- Happy Solstice.** The longest day of the year and the official start of hopefully a great summer.

**PTSD Awareness Day on June 27.** Post Traumatic Stress disorder was not widely recognized until about 1980 when it was finally recognized as a specific condition with identifiable symptoms. Previous to this it was often referred to as "shell shock" or "combat shock". June 27 designated as PTSD Awareness day encourages open communication and talk about the symptoms and effects of PTSD and suicide awareness. If you know someone who is suffering from PTSD or has the symptoms encourage them to seek assistance.

June will be another busy month and I hope everyone has a chance to get out and enjoy the summer.

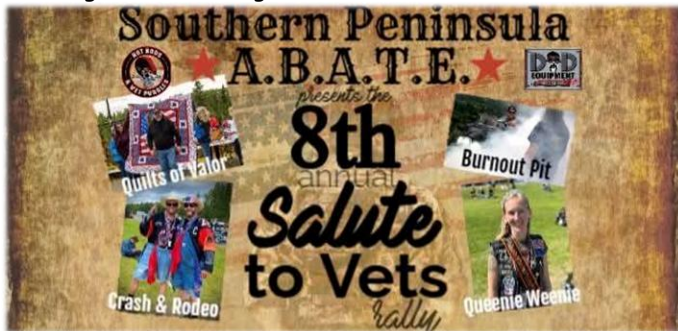
## For God and Country



## Chapter #5 Info



The Chapter 5 ALR is cooking up a breakfast storm every 2<sup>nd</sup> Saturday of the month and getting the chance to do some rides in between family, fun and rain. ☺☺☺ And, this July the SALUTE the VETS rally will be July 18th and 19th, 2025 for the 8th **Annual Salute to Vets Motorcycle Rally** at 39632 Swanson River Road Sterling. It is a good time and family friendly, all sponsored by the Southern Peninsula ABATE. Many of our ALR riders head to that every year and it is all good fun and a great excuse to ride!!!!



Some of the activities that will go on this year include....

**-VET AWARENESS RUN-KENAI LOOP-**  
SATURDAY 7/19 KSU @10AM  
(FROM AIRSTRIP)-

**-2 DAYS OF LIVE MUSIC-**  
**FT. HOT MESS,**  
**THE MIKA DAY SHOW,**  
**ROCKY D. BROWN, SUPERNOVA**  
**and a Special Veteran Comedy Show**

**-FOOD INCLUDED WITH ENTRY-**  
**-VETS FREE ON SATURDAY-**  
**-CASH BAR-**  
**-CAMPING WITH WEEKEND PASSES-**  
**-BIKE GAMES & PEOPLE GAMES-**  
**-THOUSANDS OF DOLLARS IN GIVEAWAYS & PRIZES-**  
**-BIKE BURN OUT PIT-**  
**-SEMI BURN OUT-**  
**-CANNONS BEING SHOT-**  
**-FLAG CEREMONY-**  
**-QUILTS OF VALOR CEREMONY-**  
**-DUNK TANK-**  
**-BIKE, CAR & TRACTOR SHOW-**  
**-AND MUCH MORE**

As we all know we live in a complicated world and most everything of a serious nature seems to require legal advice; and as such, we try at the post to bring in people who can lend a hand. We've had a few attorneys from the valley work with many of our members on wills and trusts. I wanted to give other opportunities for our members to access other avenues for help, so I am providing some brief information here on the Alaska Legal Services Corporation and to introduce Chad Gessel who would like to see where he can help our membership.

## Alaska Legal Services Corporation



Alaska Legal Services Corporation (ALSC) was established in 1967 as a private, nonprofit law firm. ALSC offers free civil legal services to low income and disadvantaged people to protect their safety, their health, and promote family stability. We are dedicated to bridging the statewide gap between those who need civil legal help and those who are able to get it. We have an unwavering and longstanding commitment to assuring that Alaska's rural communities have access to the justice system. Through advocacy, education, collaboration and litigation ALSC empowers individuals, protects fundamental rights, strengthens communities, creates opportunities, and achieves justice.

From Chad.... 😊

My name is Chad Gessel and I'm an attorney with a J.D. from the University of Oklahoma College of Law, Class of 2017. Since beginning my legal career, I've practiced in Utah, Idaho, and Washington, and recently made Alaska my home. Throughout the years I have developed a strong commitment to serving veterans and their families, helping them navigate the unique legal challenges they face — from public assistance and family law issues to estate planning and access to healthcare services. I'm passionate about advocating for those who have served our country, and I'm honored to bring that dedication to Alaska's veteran community. My office is located in Anchorage at Alaska Legal Services Corporation (ALSC) but I can also be contacted at my direct line (907)222-4511 or at [cgessel@alsc-law.org](mailto:cgessel@alsc-law.org).



**Check out their Facebook and web page to get yourself registered for a great time!**



## Why are Coins Left on Veterans' Gravestones

After this Memorial Day as we were clearing the cemetery of the crosses, poppies and flags I recalled an old tradition that some may not know about. If you ever visit a veteran's grave you may see coins on the gravestone. A coin left on the headstone is a message to the deceased veteran's family that someone has visited their grave and paid their respects and to show that someone has visited the grave site to let them know that they are not forgotten and are still cared for. Each coin left on the top of the headstone for the veteran has its own meaning.

- ✚ A penny left on the gravestone means the gravesite was visited.
- ✚ A nickel left on the gravestone means that the person visiting the grave trained at boot camp with the deceased veteran.
- ✚ A dime left on the gravestone means the person served with them while in the military.
- ✚ A quarter left on the gravestone means the person who left the coin was with the veteran when they were killed.

The money placed on the gravestones is collected and put toward cemetery maintenance and for future burial costs.



## June is PTSD Awareness Month

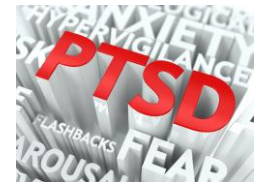
Info excerpts from [militarybenefits.info](http://militarybenefits.info)

PTSD Awareness Day is observed every year on June 27<sup>th</sup>. **PTSD stands for Post-Traumatic Stress Disorder** and is a condition that many veterans and non-veterans alike suffer. PTSD can occur when someone experiences or witnesses a traumatic event. This condition wasn't always understood properly by the medical or military community, and Department of Defense press releases often point to earlier attempts to identify PTSD symptoms in the wake of service in World War 2, Vietnam, and other conflicts.

## How Do People Observe Post-Traumatic Stress Disorder Awareness Day?

Much of what is done to observe PTSD Awareness Day involves encouraging open talk about PTSD, its causes, symptoms, and most important of all, getting help for the condition. PTSD is, even in modern times, often misunderstood by those with no firsthand experience with the condition or those who suffer from it. PTSD Awareness Day is designed to help change that.

"Shell shock" and "combat shock" were earlier attempts to define and understand the symptoms of PTSD. Post-traumatic Stress Disorder was often stigmatized in popular culture after the Vietnam conflict, and many films and television shows featured antagonists or unsympathetic characters suffering from "Vietnam flashbacks" or other issues.



The misunderstanding of PTSD slowly began to change in 1980 when it was recognized as a specific condition with identifiable symptoms. As a result, since that time, Post-Traumatic Stress Disorder is listed in the American Psychiatric Association's Diagnostic and Statistical Manual of Mental Disorders (DSM). This manual is a diagnostic tool for mental health professionals and paraprofessional workers in the healthcare field and is considered a definitive reference. The addition of PTSD to the DSM was a highly significant development.



**JUNE IS PTSD AWARENESS MONTH**

The Department of Defense publishes circulars, articles, and other materials to help educate and inform military members and their families about the condition. The VA official site has several pages dedicated to PTSD, and when military members retiring or separating from the service fill out **VA claim forms for service-connected injuries**, illnesses, or disabilities, there is an option to be evaluated for PTSD as a part of the VA claims process.

Today, the **symptoms of Post-Traumatic Stress Disorder** are better understood, treatable, and recognized by the VA as a service-connected condition. PTSD is not exclusive to veterans or currently serving members of the United States military, but a portion of those who serve are definitely at risk for PTSD.

## United States Army Birthday

By John R. Maass, Historian  
US Army Center of Military History

America's Revolutionary War began on 19 April 1775 with exchanges of musketry between British regulars and Massachusetts militiamen at Lexington and Concord. As their fellow citizen soldiers from New Hampshire, Connecticut and Rhode Island responded to the alarm, a state of war existed between the four colonies and the British government. Called the Army of Observation, a force of New Englanders surrounded Boston and had the British troops who occupied it under siege, but they needed help. They appealed to delegates who represented all thirteen colonies to join them in the struggle for American liberty.



When the delegates to the Second Continental Congress convened in Philadelphia on 10 May, they soon learned that armed men commanded by Ethan Allen and Benedict Arnold had captured the British forts at Ticonderoga and Crown Point on Lake Champlain in New York. The constitutional crisis, in which Americans sought a redress of grievances from the British King and Parliament, had become open hostilities. The delegates realized that even though many desired reconciliation, they would now have to address the new military situation. The Congress took the next step that eventually transformed a local rebellion into a war for independence when it established the Continental Army: the force we know today as the U.S. Army.

On 14 June 1775, Congress "Resolved, That six companies of expert riflemen, be immediately raised in Pennsylvania, two in Maryland, and two in Virginia... [and] as soon as completed, shall march and join the army near Boston, to be there employed as light infantry, under the command of the chief Officer in that army."



The delegates then prescribed an oath of enlistment that required the soldiers to swear:

***"I have, this day, voluntarily enlisted myself, as a soldier, in the American Continental Army, for one year, unless sooner discharged: And I do bind myself to conform, in all instances, to such rules and regulations, as are, or shall be, established for the government of the said. Army."***

The next day Congress voted to appoint George Washington "to command all the Continental Forces" and began laying the foundation for "the American Army."



With words that sound hauntingly familiar two hundred forty-five years later, "The delegates of the United Colonies ... reposing special trust and confidence in the patriotism, valor, conduct, and fidelity" of George Washington, issued its first commission by appointing him "General and Commander in chief of the Army of the United Colonies, and of all the forces now raised, or to be raised by them, and of all others who shall voluntarily offer their services, and join the Defense of American liberty, and for repelling every hostile invasion..."



## Flag Day Celebrated June 14, 1777

Flag Day! On May 30, 1916, President Woodrow Wilson issued a presidential proclamation establishing a national Flag Day on June 14<sup>th</sup>. Many Americans celebrate Flag Day by displaying the Red, White and Blue in front of homes and businesses. The day commemorates the adoption of the Stars and Stripes as the official flag of the United States.

According to American legend, in June 1776, George Washington commissioned Betsy Ross, a Philadelphia seamstress, to create a flag for the new nation in anticipation of a declaration of its independence.



On June 14, 1777, John Adams spoke about the flag at a meeting of the Continental Congress in Philadelphia. He said, "Resolved, that the flag of the thirteen United States shall be thirteen stripes, alternate red and white; that the Union be thirteen stars, white on a blue field, representing a new constellation." There have been twenty-seven official versions of the flag so far; stars have been added to it as states have entered the Union. The current version dates to July 4, 1960, when Hawaii became the 50th state.

Many Americans sing, pledge, and pay respect to the flag, "Old Glory," as a symbol of the country's democracy and independence. Saluting the flag is a way to celebrate and honor the United States of America.





## The History of Flag Day

The Fourth of July was traditionally celebrated as America's birthday, but the idea of an annual day specifically celebrating the Flag is believed to have first originated in 1885. BJ Cigrand, a schoolteacher, arranged



for the pupils in the Fredonia, Wisconsin Public School, District 6, to observe June 14 (the 108th anniversary of the official adoption of The Stars and Stripes) as 'Flag Birthday'. In numerous magazines and newspaper articles and public

addresses over the following years, Cigrand continued to enthusiastically advocate the observance of June 14<sup>th</sup> as 'Flag Birthday', or 'Flag Day'.



On June 14, 1889, George Balch, a kindergarten teacher in New York City, planned appropriate ceremonies for the children of his school, and his idea of observing Flag Day was later adopted by the State Board of Education of New York. On June 14, 1891, the Betsy Ross House in Philadelphia held a Flag Day celebration, and on June 14<sup>th</sup> of the following year, the New York Society of the Sons of the Revolution, celebrated Flag Day.

Following the suggestion of Colonel J Granville Leach (at the time historian of the Pennsylvania Society of the Sons of the Revolution), the Pennsylvania Society of Colonial Dames of America on April 25, 1893 adopted a resolution requesting the mayor of Philadelphia and all others in authority and all private citizens to display the Flag on June 14<sup>th</sup>. Leach went on to recommend that thereafter the day be known as 'Flag Day', and on that day, school children be assembled for appropriate exercises, with each child being given a small Flag.



Two weeks later on May 8<sup>th</sup>, the Board of Managers of the Pennsylvania Society of Sons of the Revolution unanimously endorsed the action of the Pennsylvania Society of Colonial

Dames. As a result of the resolution, Dr. Edward Brooks, then Superintendent of Public Schools of Philadelphia, directed that Flag Day exercises be held on June 14, 1893 in Independence Square. School children were assembled, each carrying a small Flag, and patriotic songs were sung and addresses delivered.

In 1894, the governor of New York directed that on June 14 the Flag be displayed on all public buildings. With BJ Cigrand and Leroy Van Horn as the moving spirits, the Illinois organization, known as the American Flag Day Association, was organized for the purpose of promoting the holding of Flag Day exercises. On June 14<sup>th</sup>, 1894, under the auspices of this association, the first general public school children's celebration of Flag Day in Chicago was held in Douglas, Garfield, Humboldt, Lincoln, and Washington Parks, with more than 300,000 children participating.



Inspired by these three decades of state and local celebrations, Flag Day - the anniversary of the Flag Resolution of 1777 - was officially established by the Proclamation of President Woodrow Wilson on May 30<sup>th</sup>, 1916. While Flag Day was celebrated in various communities for years after Wilson's proclamation, it was not until August 3<sup>rd</sup>, 1949, that President Truman signed an Act of Congress designating June 14<sup>th</sup> of each year as **National Flag Day**.



On June 14, 2004, 108th U.S. Congress unanimously voted on H.R. 662 declaring Flag Day originated in Waubeka, Ozaukee County, Wisconsin.



Now, Stony Hill School is a historical site and is located in Waubeka, WI, and the National Flag Day Foundation (of which Cigrand was once president) is still actively pursuing Cigrand's mission. A yearly

celebration of Flag Day occurs on the second Sunday in June, and patriots of not only Waubeka, WI but from across the Union gather to celebrate where Flag Day was founded.





Since not everyone can get to Facebook, I thought I would add a few select photos of the events and our great volunteers for the past month's activities. We have some great volunteers in our Seward Post 5 American Legion Family...

Thanks to all who attended and participated in all our May events!

### Bike Blessing, Harbor Opening, Armed Forces Day & Cemetery Prep



### Combat Fishing



### Memorial Day





Seward Auxiliary Unit 5 Fun Fund Raiser

# Patriot Pet Photo Calendar



## Rules:

1. Open to Post 5 Family Members only
2. Limit 2 photos per family \$5.00 submission fee per photo– at least 1 photo will be included on calendar (maybe both depending on number of submissions) Be creative– have fun with photos
3. Dogs, cats, birds, hamsters– let's see what you have- but it must show something patriotic
4. Deadline for submission August 31, 2025
5. Must be original photo- NO photoshop or AI generated photos please.
6. Submit photos to Debbie at [alaska99755@yahoo.com](mailto:alaska99755@yahoo.com) or provide on a SD card or thumb drive (media will be returned)
7. 2026 Calendars will be created and then can be purchased. Price estimated around \$30.00

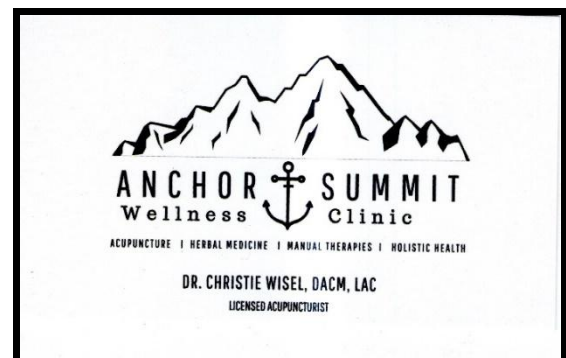
PLACE YOUR BUSINESS CARD SIZE HERE

June is adopt a cat month... 

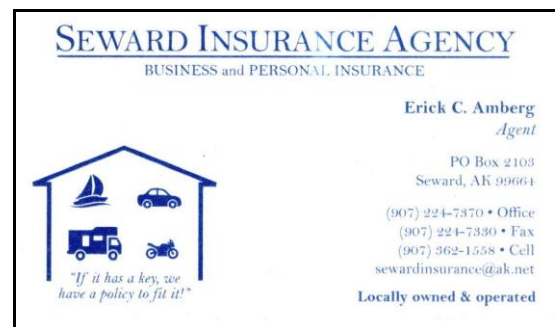


VA Approved Provider



VA Approved Provider







June 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	Mexican Martes 3	4	B,B,M&C 5	Steak Night 6	7
<b>Luscious Leftovers</b> 	<b>Chili Dogs</b>  <b>BINGO!!!! 6:30PM</b> 			<b>ALR Meeting 5:30 pm</b>  <b>Igloo #9 Meeting 6:30 pm</b>	 <b>D-Day, 1944</b>	
8	9	Mexican Martes 10	11	B,B,M&C 12	Steak Night 13	US Army Birthday 14
<b>LEFTOVERS</b>  <b>Luscious Leftovers</b>	<b>Chili Dogs</b>  <b>BINGO!!!! 6:30PM</b> 	<b>Post Meeting 5:30pm</b> 	<b>Auxiliary Meeting 6:00pm</b> 	<b>SAL Meeting 7:00pm</b> 	 <b>Flag Retirement Ceremony</b>	<b>ALR Breakfast 9-11am</b>  <b>FLAG DAY</b>
15	16	Mexican Martes 17	18	B,B,M&C 19	Steak Night 20	21
<b>Father's Day Breakfast 9-11</b>  <b>Luscious Leftovers</b>	<b>Chili Dogs</b>  <b>BINGO!!!! 6:30PM</b> 				<b>Summer Solstice "Summer" Begins</b> 	
22	23	Mexican Martes 24	25	B,B,M&C 26	Steak Night 27	28
<b>I ♥ LEFTOVERS</b> <b>Luscious Leftovers</b>	<b>BINGO!!!! 6:30PM</b>  <b>Chili Dogs</b> 				 <b>PTSD Awareness Day</b>	
29	30					
<b>Luscious Leftovers</b> 	<b>Chili Dogs</b>  <b>BINGO!!!! 6:30PM</b> 		<b>Flag Day!</b> 			
	<b>Food Served Every Night at the Post!!!</b> 					

New Membership Year begins on 1 July 2025, get your cards now!!!!