

Disappointment

I heard the Lord say, "Disappointment."

Disappointment (noun): the feeling of sadness or displeasure caused by the defeat of one's hopes or expectations

Disappointment cause a lot of damage in our life because they operate with doubt and unbelief. Any time our hopes are not realized or our expectations are not fulfilled, we feel disappointed. Disappointment can be a passing emotion, or it may strike powerfully when something unexpected happens in our lives.

Disappointment can remain within us all the time, shadowing our reactions to other things. Unfortunately, one disappointment can fester unknown within us for years causing us tremendous unnecessary pain. It can cause you to be so emotionally disturbed that you will be unable to think effectively.

Disappointment feeds on a doubtful attitude. Disappointment disrupts our ability to clearly discern things because we are operating in the flesh and out of our emotions. When we are disappointed there's a problem with our faith.

Any time we allow our flesh or emotions to dictate our thought process, spiritual decay begins operating in our hearts. Spiritual decay works silently beneath the surface of our heart trying to render it useless.

Your heart is who you are on the inside. It is what you think, your motives, and your desires. Every heart has a nature that seeks self-gratification and fulfillment apart from God. Your heart attitude is a precious commodity and plays a big part in your life and how you grow, or can cause you to remain stagnant.

Hebrews 4:12, "For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart."

I know it's hard to go through the disappointment of unfulfilled desires. However, we need to guard our hearts from the spiritual decay disappointments can bring.

Stop right now to see if you have allowed anything to creep in and infect you. The Lord wants to destroy those things that bring division against His ways.

He wants to cut through those disappointments that have become embedded in your heart. God's Word calls us to live by faith. And faith means trusting all that God promises to be for us in Christ Jesus. As He brings things to the surface, allow Him to do what He wants with what comes out.

Copyright@2015

Gina Cobb

gahf@gatheringathisfeet.org