



# L.B.J.&C Byrdstown Head Start 2025-2026 Daily Schedule Classroom A



7:00 a.m.-8:00 a.m.

8:00 a.m.-8:15 a.m.

8:15 a.m.-8:30 a.m.

8:30 a.m.-9:00 a.m.

9:00 a.m.-10:15 a.m.

10:15 a.m.-11:15 a.m.

11:15 a.m.-11:30 a.m.

11:30 a.m.-12:00 p.m.

12:00 p.m.-12:15 p.m.

12:15 p.m.-12:30 p.m.

12:30 p.m.-1:45 p.m.

1:45 p.m.-2:00 p.m.

2:00 p.m.-2:15 p.m.

2:15 p.m.-2:30 p.m.

**Teacher Planning Time**

Greet Parents and Children/ Free Choice  
Activities/Individualization

Large Group Time/ Preparation For  
Family Style Meal Service

**Breakfast**

Clean-Up/Free Choice  
Activities/Individualization/Brush  
Teeth

Outdoor Play (Gross Motor  
Activities)

Transition/Large Group Time/Preparation For  
Family Style Meal Service

**Lunch**

Clean-up/Brush Teeth/Large Group  
Time

**Small Group Activities**

Transition to Rest Time/Rest Time

**Transition to Snack**

**Snack**

Clean-up/Departure

**Inclement weather schedule:**

Gross Motor Moderate to Vigorous Physical  
Activities in the Big Room or Structure Gross  
Motor Activities in Classroom



Revised 7/25